

Friday • November 3, 2023
Fairview Golf Course | Caldwell, Idaho

CASCADE COLLEGIATE CONFERENCE

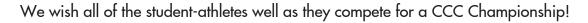
WELCOME TO THE 2023 CASCADE COLLEGE CONFERENCE CROSS COUNTRY CHAMPIONSHIPS

On behalf of the Cascade Collegiate Conference and our participating schools, welcome to the 2023 Men's and Women's Cross Country Championships.

Like the expansive mountain range from which we draw our name (Cascade) — which runs from northern California to southern British Columbia — the CCC has evolved into one of the largest conferences in the NAIA. Formed in 1993, the CCC now boasts 23 member schools, including full and associate members located in Idaho, Oregon, Washington, Montana, Arizona, California and British Columbia, Canada.

Our vast geographical footprint and diversity among institutions provides over 3,000 student-athletes in the CCC an incredible experience to compete all around the western United States in: baseball, basketball, cross country, golf, soccer, softball, track and field, volleyball and wrestling. Supported by wonderful athletic administrators and coaches, CCC student-athletes

compete with fire and passion on the fields, courts, mats and tracks. It is within this competition that bonds are formed among teammates, as well as opponents, taking part in the shared experience that is intercollegiate athletics!



#ThisIsTheCCC

Sincerely,

Robert Cashell

Robert Cashell Commissioner Cascade Collegiate Conference





CASCADE COLLEGIATE CONFERENCE CROSS COUNTRY CHAMPIONSHIPS

PRESENTED BY U.S. BANK



<u>Teams</u>

Bushnell University
College of Idaho
Corban University
Eastern Oregon University
The Evergreen State College
Lewis-Clark State College
Multnomah University
Northwest University
Oregon Tech
Southern Oregon University
Walla Walla University

Event Schedule

11:00 am- Women's 6K

12:00 pm- Men's 8K

Awards Ceremony: On site, 30 minutes after completion of last race

THANK YOU TO OUR SPONSORS









PAST CCC TEAM CHAMPIONS

Year	Men	Women
1993	Eastern Oregon University	George Fox University
1994	Eastern Oregon University	George Fox University
1995	Eastern Oregon University	Eastern Oregon University
1996	Eastern Oregon University	Eastern Oregon University
1997	Eastern Oregon University	Eastern Oregon University
1998	Eastern Oregon University	Eastern Oregon University
1999	Eastern Oregon University	Eastern Oregon University
2000	Eastern Oregon University	Northwest University
2001	Eastern Oregon University	Northwest University
2002	Eastern Oregon University	Northwest University
2003	Eastern Oregon University	Northwest University
2004	Southern Oregon University	Northwest University
2005	Southern Oregon University	Eastern Oregon University
2006	Concordia University	Corban University
2007	Eastern Oregon University	Eastern Oregon University
2008	Southern Oregon University	College of Idaho
2009	Southern Oregon University	College of Idaho
2010	Southern Oregon University	Concordia University
2011	Southern Oregon University	College of Idaho
2012	Southern Oregon University	College of Idaho
2013	Southern Oregon University	College of Idaho
2014	Southern Oregon University	Northwest Christian University
2015	Southern Oregon University	Northwest Christian University
2016	Southern Oregon University	Northwest Christian University
2017	Southern Oregon University	Oregon Tech
2018	College of Idaho	Oregon Tech
2019	College of Idaho	College of Idaho
2020	Lewis-Clark State	College of Idaho
2021	College of Idaho	College of Idaho
2022	Southern Oregon University	College of Idaho

PAST CCC TEAM CHAMPIONS

Men's Team	Titles	Women's Team	Titles
Southern Oregon	13	College of Idaho	9
Eastern Oregon	12	Eastern Oregon	7
College of Idaho	3	Northwest	5
Concordia Lewis-	1	Northwest Christian	3
Clark State	1	George Fox	2
		Oregon Tech	2
		Concordia	1
		Corban	1







BUSHNELL UNIVERSITY

MEN

WOMEN

Name	Year	Hometown/Previous School	Name	Year	Hometown/Previous School
Andrew Bennett	JR	Tacoma, Wash./Silas HS/Lane CC	Hannah Beers	JR	Medford, Ore./South Medford HS
Isaac Bodley	SO	Junction City, Ore./Junction City HS	Madison Bender	SR	Springfield, Ore./Springfield HS
Will Callahan	SO	Dalton Gardens, Idaho/Coeur d'Alene HS	Kaitlin Cook	SR	Elmira, Ore./Elmira HS
Logan Gant	FR	Drain, Ore./North Douglas HS	Alsea Diffenderfer	JR	Eugene, Ore./Sheldon HS
Noah Mancione	JR	Hillsboro, Ore./Hillsboro HS	Harmony Goodman	SO	Creswell, Ore./Creswell HS
Wyatt Pepiot	FR	Cottage Grove, Ore./Cottage Grove HS	Sidney Lane	RS-FR	Albany, Ore./East Linn Christian HS
Sayer Pescosolido	SO	Eugene, Ore./North Eugene HS	Kennedy Larson	SR	Prineville, Ore./Crook County HS
Christopher Rosebrook	SR	Eugene, Ore./Home School	Mariah Summers	JR	Sutherlin, Ore./Sutherlin HS/Umpqua CC

Head Coach: Kyle Will Assistant Coach: Riley Bell Volunteer Assistant: Jason Bell





COLLEGE OF IDAHO MEN

WOMEN

Name	Year	Hometown/Previous School	Name
Hunter Agsten	SR	Roseburg, Ore./Roseburg HS	Zoe Butler
Michael Altenburg	FR	Eagle, Idaho/Eagle HS	Emma Campbell
Luke Ammirati	JR	Boise, Idaho/Boise HS	Charlie Duff
Hayden Bostrom	JR	Boise, Idaho/Timberline HS	Shelby Farler
Lukas Brown	SR	Spokane, Wash./Mount Spokane HS	Kahea Figueira
Daniel Butler	SR	Buhl, Idaho/Buhl HS	Julia Gilbert
Justin Canals	JR	Midvale, Utah/Hillcrest HS	Jovi Kuskie
Casey Crumley	FR	Boise, Idaho/Timberline HS	Bree Lewis
Elias Everist	SR	Meridian, Idaho/Rocky Mountain HS	Sage Martin
Braden Heath	GR	Meridian, Idaho/Rocky Mountain HS	Kiely Munson
Will Kracaw	SR	Winnemucca, Nev./Lowry HS	Kylee Quinton
Oclan Ryan	FR	Meridian, Idaho/Mountain View HS	Abbey Shirts
Enrique Soto	FR	Nampa, Idaho/Nampa HS	Ellyse Tingelstad
Nizar Sweileh	GR	San Francisco, Calif./Davis & Elkins College	
Easton Utz	FR	Gooding, Idaho/Gooding HS	
Brevin Vaughan	JR	Pocatello, Idaho/Pocatello HS	
Aaron Williamson	FR	Caldwell, Idaho/Vallivue HS	
Cyress Wilson	JR	Caldwell, Idaho/Caldwell HS	

Name	Year	Hometown/Previous School
Zoe Butler	SR	Roseburg, Ore./Roseburg HS
Emma Campbell	FR	Eagle, Idaho/Eagle HS
Charlie Duff	JR	Boise, Idaho/Boise HS
Shelby Farler	JR	Boise, Idaho/Timberline HS
Kahea Figueira	SR	Spokane, Wash./Mount Spokane HS
Julia Gilbert	SR	Buhl, Idaho/Buhl HS
Jovi Kuskie	JR	Midvale, Utah/Hillcrest HS
Bree Lewis	FR	Boise, Idaho/Timberline HS
Sage Martin	SR	Meridian, Idaho/Rocky Mountain HS
Kiely Munson	GR	Meridian, Idaho/Rocky Mountain HS
Kylee Quinton	SR	Winnemucca, Nev./Lowry HS
Abbey Shirts	FR	Meridian, Idaho/Mountain View HS
Ellyse Tingelstad	FR	Nampa, Idaho/Nampa HS

Head Coach: Dominic Bolin Assistant Coach: Ben Bradley





CORBAN UNIVERSITY

MEN

WOMEN

Name	Year	Hometown/Previous School
Grant Anderson	SO	Hermiston, Ore./Hermiston HS
Noah Andres	SO	Kettle Falls, Wash./Colville HS
Hunter Bensman	SR	Dundee, Ore./Newberg HS
Forrest Cooley	JR	Warrenton, Ore./Warrenton HS
Luke DeVault	FR	Klamath Falls, Ore./Crosspoint Christian HS
Kaleb Floyd	SO	Willamina, Ore./Willamina HS
Jack Gladfelter	FR	Port Angeles, Wash./Port Angeles HS
Isaac Immel	RS-FR	Yakima, Wash./Riverside Christian HS
Braydon Lee	FR	Boring, Ore./Sam Barlow HS
Zander Moha	SO	Warrenton, Ore./Warrenton HS
Nathan Pfaff	SO	Florence, Ore./Home School
Noah Platz	FR	Union, Ore./Union HS
Jamin Potloff	FR	Salem, Ore./Salem Academy HS
Robert Swoboda	GR	Ukiah, Calif./Ukiah HS

Name	Year	Hometown/Previous School
Samantha Dara	JR	Grants Pass, Ore./Grants Pass HS
Judah Koehler	JR	Christmas Valley, Ore./North Lake HS
Abigail Miller	SO	Warrenton, Ore./Home School
Anne Morud	RS-SO	Warren, Ore./Home School
Rebecca Noordam	FR	Mt. Angel, Ore./Silverton HS
Abigail Scott	FR	Turner, Ore./Cascade HS
Kynzee Syverson	RS-FR	Salem, Ore./Cascade HS
Johnna Waddell	FR	Mt. Vernon, Wash./Home School
Laela Wood	FR	Canby, Ore./Canby HS

Head Coach: Todd Bos Assistant Coaches: Stuart Eagon, Helena Jones





EASTERN OREGON UNIVERSITY

MEN

WOMEN

Name	Yea	Hometown/Previous School	Name	Year	Hometown/Previous School
Justin Ash	JR	Baker City, Ore./Powder Valley	Kendall Bonzani	JR	Pendleton, Ore./Baker Web Academy
Caleb Brown	SO	Halfway, Ore./Pine Eagle HS	Jaiden Cochran	FR	Arlington, Wash./Arlington HS
Luke Davis	FR	Haines, Alaska/Haines HS	Kaleah Hines	FR	Union, Ore./Oregon HS
Taylor Fox	FR	Cove, Ore./Cove HS	Emma Hollon	JR	Cambridge, Idaho/Cambridge HS
Myles Guerrero	SO	Pocatello, Idaho/Century HS	Sadie McCoy	FR	Maupin, Ore./South Wasco County HS
Cristian Mendoza	JR	La Grande, Ore./La Grande HS	Jessica McDonald	SR	Zillah, Wash./Zillah HS
Hunter Nichols	GR	Heppner, Ore./Heppner HS	Lauryn Mitchell	JR	Midvale, Idaho/Midvale HS
Trevor Nichols	FR	Heppner, Ore./Heppner HS	Riley Morris	SO	Burns, Ore./Burns HS
Thomas Ogden	SO	Boise, Idaho/Timberline HS	Madelyn Nichols	JR	Heppner, Ore./Heppner HS
Rafael Ozoroco	SR	Stanfield, Ore./Stanfield HS/Warner Pacific	Macey Reed	FR	Spring Creek, Nev./ Spring Creek HS
Pedro Pacheco-Alvarado	FR	Hermiston, Ore./Hermiston HS	Ashley Treadwell	FR	Hermiston, Ore./Hermiston HS
Skyler Perkins	SO	Cove, Ore./Cove HS	Mattie Woodbury	FR	Hines, Ore./Burns HS
George Showers	JR	Jerome, Idaho/Jerome HS/Southern Idaho			
Winston Telford	SR	Davenport, Wash./Davenport HS			
James Thatcher	SO	Pendleton, Ore./Pendleton HS			
Bennett Welch	SR	La Grande, Ore./La Grande HS			
Jonathan Wind	SR	Meridian, Idaho/Rocky Mountain HS			

Head Coach: Ben Welch Assistant Coach: Nic Maszk





THE EVERGREEN STATE COLLEGE

MEN

WOMEN

Name	Year	Hometown/Previous School	Name	Year	Hometown/Previous School
Drew Bland	FR	Ellensburg, Wash./Ellensburg HS	Alauna Carstens	SO	Shelton, Wash./Shelton HS
Mitchell Butler	SR	Florence, Ore./Siuslaw HS	Nadya Miller	FR	
Alex Crowell	FR	Puyallup, Wash./Rogers HS	Corona Parker	FR	Tualatin, Ore./Tualatin HS
Kaleb Everson	FR	Lakewood, Wash./Lakes HS	Janti Robinson	FR	Irvington, Ala./Alma-Bryant
Chase Fidiam	FR	Moorestown, N.J./Moorestown HS	Tabea Shepler	FR	
Koby Frandsen	FR	Spokane, Wash./North Central HS	Haley Steen	FR	Bend, Ore./Summit HS
Carter Middleton	FR	Mountlake Terrace, Wash./Mountlake Terrace HS	Abigail Strickland	FR	
Joseph O'Sullivan	SR	Olympia, Wash./Capital HS			
River Scheuerell	FR	Olympia, Wash./Olympia Regional Learning Academy			
Mark Tiersma	FR	Mountlake Terrace, Wash./Mountlake Terrace HS			

Head Coach: Joel Pearson Assistant Coaches: Katie Burnett, Jason McConnell



LEWIS-CLARK STATE COLLEGE

MEN

WOMEN

Name	Year	Hometown/Previous School
Jacob Adams	SO	Boise, Idaho/Monterey Bay Academy
Connor Alexander	SO	Bonners Ferry, Idaho/Bonners Ferry HS
Brycen Brown	SR	Scottsdale, Ariz./Horizon HS/Paradise Valley CC
Cooper Carlson	JR	Meridian, Idaho/Mountain View HS
Alexander Fry	RS-FR	Meridian, Idaho/Fry Academy
Carter Gordon	JR	Coeur d'Alene, Idaho/Lake City HS
Brycen Kempton	JR	Post Falls, Idaho/Post Falls HS
Conner May	JR	Hailey, Idaho/Wood River HS
Ian Moniz-Shawk	JR	Sparks, Nev./Spanish Springs HS/CSI
Tristin O'Brien	SO	Moscow, Idaho/Moscow HS
Liam Page	FR	Meridian, Idaho/Owyhee HS
Griffin Parsells	JR	Rheinland Pfalz, Germany/Kaiserslautern HS
Luke Sellmann	JR	Willmar, Minn./Willmar Senior HS
Clay Shumaker	RS-FR	Nampa, Idaho/Skyview HS
Keith Uitdeweilligean	FR	Meridian, Idaho/Rocky Mountain HS
Kobe Wessels	SO	Lewiston, Idaho/Lewiston HS

Name	Year	Hometown/Previous School
Geraldin Correa	JR	Kennewick, Wash./Kennewick HS
Grace Dixon	SO	Greenleaf, Idaho/Greenleaf Friends Academy
Abigail Gorton	JR	Bonner's Ferry, Idaho/Bonner's Ferry HS
Madison Howe	JR	Stanwood, Wash./Lakewood HS
Haileyann Johnson	SO	Athol, Idaho/Timberlake HS
Grace McCormick	JR	Boise, Idaho/Boise Senior HS
Chloe Overberg	SO	Clarkston, Wash./Asotin HS/Idaho
Piper Parsells	FR	Rheinland Pfalz, Germany/ Kaiserslautern HS
Abigail Peightal	SR	Spirit Lake, Idaho/Timberlake HS
Emma Peltier	FR	Eagle, Idaho/Eagle HS
Brooklyn Shell	SR	Hayden, Idaho/Coeur d'Alene HS
Kristen Thomas	JR	Blackfoot, Idaho/Blackfoot HS/Umpqua CC
Grace Tiegs	SO	Nezperce, Idaho/Nezperce HS
Aubree Williams	FR	Declo, Idaho/Declo HS

Head Coach: Mike Collins





MULTNOMAH UNIVERSITY

MEN

WOMEN

Name	Year	Hometown/Previous School	Name	Yea	r Hometown/Previous School
Justin Almendarez	SO	Fort Worth, Texas/Oklahoma Weslyn Uni.	Gabrielle Metzger	JR	Cadillac, Michigan/Lansing Community College
Damian Avalos	FR	Bandon, Ore./Bandon HS	Elizabeth Valencia	SO	Salem, Ore./North Salem HS
Cade Kooch	SR	Gresham, Ore./Warner Pacific Uni.	DeAsia Wosachlo	JR	Thorton, Colo./Northglenn High School
Noa Miller	SR	Houston, Texas/Lutheran South Academy			
Raheem Richards	FR	Saint Catherine, Jamaica			
Jordan Russell	FR	Portland, Ore./Home School			
Fred Watkins	SO	Wildomar, Calif./Elsinore HS			

Head Coach: Ben Barber





NORTHWEST UNIVERSITY

MEN

WOMEN

Year	Hometown/Previous School
JR	Gresham, Ore/Gresham HS
SO	Onalaska, Wash/Onalaska HS
SO	Lynwood, Wash/Shoreline Christian
FR	Marysville, Wash/Lakewood HS
SO	Olympia, Wash/Olympia HS
SO	Port Orchard, Wash/South Kitsap HS
JR	Bothell, Wash/North Creek HS
SR	Lynwood, Wash/Lynwood HS
FR	Snohomish, Wash/Glacier Peak HS
SR	Olympia, Wash/Northwest Christian HS
SO	Marysville, Wash/Lakewood HS
SO	Erie, Penn/Iroquois HS
FR	Lynwood, Wash/Edmonds Woodway HS
FR	Redmond, Wash/The Bear Creek School
	JR SO SO FR SO JR SR FR SR SR FR SO SO FR

Name	Year	Hometown/Previous School
Acacia Crees	FR	Renton, Wash/Lynwood HS
Elizabeth Behnke	JR	Phoenixville, Penn/Phoenixville HS
Rachel Elliot	FR	Lynwood, Wash/Lynwood HS
Felicia Franco	JR	Portland, Ore/David Douglas HS
Marissa Guthrie	FR	Bellingham, Wash/Bellingham HS
Kaylea Hartman	GR	Selah, Wash/Selah HS
Carissa Porter	SO	Port Orchard, Wash/South Kitsap HS
Johanna Schmidt	FR	Marysville, Wash/Lakewood HS

Head Coach: Mark Mandi Assistant Coach: Kyle Cole



OREGON TECH

V	A	1	F	M
	# V			

Name	Year	Hometown/Previous School	Name	Year	Hometown/Previous School
Maxwell Cox	SR	Rancho Santa Margarita, Calif./El Toro HS	Eva Brady	JR	Eugene, Ore./Willamette HS
Dylan Davis	FR	Glide, Ore./Glide HS	Charis Childers	FR	Roseburg, Ore./Roseburg HS
Braedan Doherty	FR	Lake Forest, Calif./El Toro HS	Corinne Childers	FR	Roseburg, Ore./Roseburg HS
Jonas Hartline	SR	Lake Forest, Calif./El Toro HS	Jane Kuebrich	JR	Ridgefield, Wash./Ridgefield HS/Clark CC
Austin Kuromi	SO	Los Angeles, Calif./Marshall HS/Glendale CC	McKenzie Morgan	SR	Las Vegas, Nev./Centennial HS
Thomas Long	JR	Barstow, Calif./Riverside Prep	Kira Morrow	SR	Klamath Falls, Ore./Henley HS/Southern Oregon Uni.
Ryan Mickle	FR	Gresham, Ore./Barlow HS	Rachel Newhard	JR	Bremerton, Wash./Klahowya HS
Tucker Piper	FR	Salem, Ore./Sprague HS	Mackenzie Peterson	SR	Klamath Falls, Ore./Henley HS
Tychon Preston	JR	Snoqualmie, Wash./Mount Si HS			·
Toby Ruston	JR	Dallas, Ore./Dallas HS			
Joseph Wilkinson	SR	Neskowin, Ore./Nestucca HS			
Bryce Worrell	FR	Klamath Falls, Ore./Mazama HS			

Head Coach: Mike Anderson Assistant Coach: Hunter Drops





SOUTHERN OREGON UNIVERSITY

MEN

WOMEN

Name	Year	Hometown/Previous School
Trenton Abraham	FR	Hillsboro, Ore./Glencoe HS
Rafe Blandini	FR	Portland, Ore./McDaniel HS
Jalen Griego	JR	Barstow, Calif./Barstow HS/Mt. San Antonio CC
Logan Jones	SO	Atascadero, Calif./Atascadero HS
Ben Jordan	SO	Portland, Ore./Ida B. Wells HS
Ethan Kuntz	FR	Turner, Ore./Cascade HS
Luke Lucchesi	JR	Stockton, Calif./St. Mary's HS
Frankie Maciel	SR	Salinas, Calif./Everett Alvarez HS/Hartnell CC
Hayden Roth	FR	Sisters, Ore./Sisters HS
Asher Tatsumi	JR	Newberg, Ore./Newberg HS
Landon Theisen	SO	Huntsville, Ala./Grissom HS/Southwestern Oregon CC
Mason Weisgerber	FR	Wilsonville, Ore./Wilsonville HS

Name	Year	Hometown/Previous School
Emma Baeth	SO	Baker City, Ore./Baker HS
Haylee Brodahl	SR	Vancouver, Wash./Union HS
Lauren Forster	JR	Couer d'Alene, Idaho/Couer d'Alene HS
Gracie Freudenthal	JR	Florence, Ore./Siuslaw HS
Alyssa Gerard	FR	Conifer, Colo./Conifer HS
Mercedes Harms	FR	Tigard, Ore./Tigard HS
Ashley Jentzsch	FR	La Pine, Ore./La Pine HS
Alyssa Johnson	FR	Veneta, Ore./Elmira HS
Alejandra Lopez	SR	Mt. Angel, Ore./Kennedy HS
Sarah Mauk	JR	Hillsboro, Ore./Glencoe HS
Samantha Payne	FR	Central Point, Ore./Crater HS
Cammeo Ramirez	JR	Medford, Ore./North Medford HS/Lane CC

Head Coach: Grier Gatlin Assistant Coach: Natalie Lindo





WALLA WALLA UNIVESITY

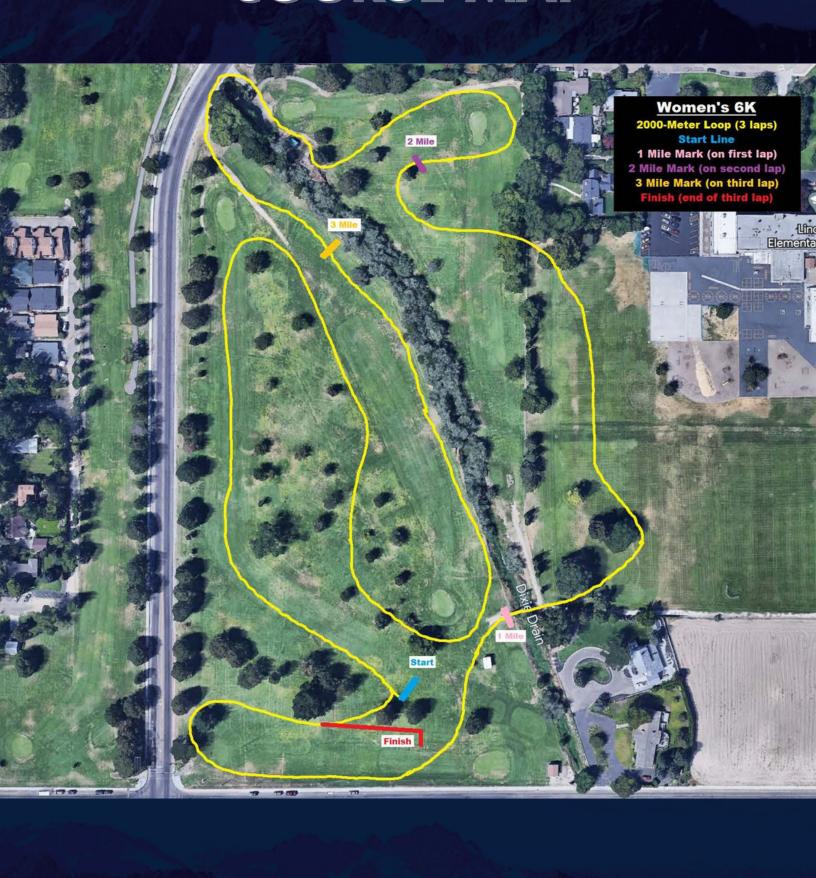
MEN

Name	Year	Hometown/Previous School
Wilfredo Gomez Martinez	SO	Valle de Angeles, Honduras/Universidad Jose Cecilio del Valle
Ethan Heisler	SO	Auburn, Wash./Auburn Adventist Academy
Joshua Marjee	SO	Bengaluru, India/Hong Kong Adventist Academy
Pavel Rudoi	FR	Zaoksky, Tula Region, Russia/Upper Columbia Academy
William Su	SO	Utrecht, Netherlands/Newberry Park Academy

Head Coach: Daniel Solis



COURSE MAP



COURSE MAP



Victory starts with believing in yourself.



At U.S. Bank, we proudly cheer on sports teams from amateur to professional. Athletics teach us to set goals and accomplish them through hard work, dedication and teamwork. We know that when you set out to achieve a goal, you're making possible happen in our community. usbank.com/communitypossible

U.S. Bank is proud to support the Cascade Collegiate Conference's member institutions based in Oregon, Washington, Idaho, Montana, California, Arizona and Canada.

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ABOUT THE CASCADE COLLEGIATE CONFERENCE

Originally formed in 1978 as a scheduling alliance for volleyball, the Cascade Collegiate Conference has evolved into one of the NAIA's most formidable leagues. Due to the abolition of the district format as a means of qualification for national championships in 1993, the CCC became an NAIA affiliated Conference and now sanctions championship competition for men and women in basketball, cross country, golf, soccer, track and field, and wrestling along with baseball for men, and softball and volleyball for women.

Original members of the conference included The College of Idaho, Concordia University, Eastern Oregon University, George Fox University, Northwest Nazarene University, Oregon Institute of Technology, Southern Oregon University, Western Baptist College (now Corban University), and Western Oregon University.

Four original members have since left – George Fox in 1995 (now NCAA Division III), Western Oregon in 1998 (now NCAA Division II), Northwest Nazarene in 2000 (now NCAA Division II) and Concordia in 2015 (now NCAA D II).

New members have joined the ranks of the conference -- Cascade College and Northwest University in 1997, The Evergreen State College and Warner Pacific College (now University) in 1999, with Northwest Christian University joining the league in the fall of 2007. In 2009 Cascade College ceased to operate thus leaving the conference.

In 2014 Walla Walla University and Multnomah University joined the CCC as full members with competition starting in fall of 2015. NAIA legislation sponsored by the conference Council of President's was passed in 2014 allowing for per-sport membership. That outcome led to the February of 2015 acceptance of Carroll College (m/w soccer, softball), Rocky Mountain College (m/w soccer) and the University of Providence (m/w soccer, softball) as associate members in those sports. In June of 2015 The University of British Columbia became the fourth associate member when their application to join the CCC in softball was accepted by the Council of President's. British Columbia baseball was approved for associate membership in March of 2016 with m/w golf and m/w track & field joining in 2018. In July of 2017 men's wrestling became the 7th men's sport sponsored by the conference. Four new schools joined the CCC as associate members to participate including Embry-Riddle Aeronautical University, Menlo College, Montana State Northern and Simpson University. In 2018 Life Pacific College was approved for associate membership in men's wrestling. In 2019 Arizona Christian University and Vanguard University were approved for associate membership in men's wrestling. In May of 2019 Lewis-Clark State College was approved for full membership with competition set to begin during the 2020-21 season and women's wrestling was approved as a conference addition bringing women's sports sponsorship to eight. In 2022 Life Pacific eliminated wrestling from their offerings thus departing the conference.