



# Cross Country *2012*

**This Week**

**Sept. 11, 2012**

CCC action gets going in earnest this week as most teams will be in action. The annual Sundodger Invitational in Seattle will be host to NAIA and NCAA teams. Oregon Tech will host an invite also. SOU men and COI women continue to pace the CCC teams on a national level.

**CCC, Concordia to Co-Host 2012 NAIA XC Championships**



## CCC Preseason Coaches' Polls

### Men

1. Southern Oregon (10) . 100	1. College of Idaho (10).....100
2. College of Idaho ..... 86	2. Northwest Christian .....75
3. Concordia ..... 79	3. Concordia.....79
4. Eastern Oregon ..... 75	4. Southern Oregon .....73
5. Oregon Tech..... 54	5. Eastern Oregon .....64
6. Corban..... 50	6. Northwest.....43
7. Northwest Christian ..... 40	7. Corban.. .....40
8. Warner Pacific.....31	8. Oregon Tech .....39
9. Northwest ..... 25	9. Warner Pacific.....19
10. Evergreen ..... 10	10. Evergreen.....11

### Women

1. College of Idaho (10).....100
2. Northwest Christian .....75
3. Concordia.....79
4. Southern Oregon .....73
5. Eastern Oregon .....64
6. Northwest.....43
7. Corban.. .....40
8. Oregon Tech .....39
9. Warner Pacific.....19
10. Evergreen.....11

*First place votes in parentheses*

► The NAIA Championships will be held at Fort Vancouver National Historic Site in Vancouver, Wash., for the fourth consecutive year. This year's event, co-hosted again by the Cascade Collegiate Conference office and Concordia University, is Saturday, Nov. 17. Admission is free.

## CCC in NAIA Top 25 Polls

A look at CCC teams in the weekly NAIA Top 25 polls:

### MEN'S TOP 25

	A24	S12	S19	S26	O3	O10	O17	O24	N4	N22
Tm.	Pre	#1	#2	#3	#4	#5	#6	#7	#8	Final
SOU	1	1								
EOU	11	12								
COI	15	9								
SOU	NR	RV								

### WOMEN'S TOP 25

	A25	S12	S19	S26	O3	O10	O17	O24	N4	N22
Tm.	Pre	#1	#2	#3	#4	#5	#6	#7	#8	Final
COI	4	4								
NCU	5	7								
SOU	13	12								
NU	25	RV								
EOU	RV	RV								

*RV indicates receiving votes; NR indicates not ranked*

## Cascade Collegiate Conference Notes

► Eight Cascade Collegiate Conference teams are rated in the NAIA's preseason Top 25 polls.

► Four CCC women's programs are listed in the preseason Top 25: No. 4 College of Idaho, No. 5 Northwest Christian, No. 13 Southern Oregon and, No. 25 Northwest. Eastern Oregon is in the receiving vote's category.

► Three CCC men's programs are listed in the preseason Top 25: No. 1 Southern Oregon, No. 11 Eastern Oregon and No. 15 College of Idaho.

► Southern Oregon men's team is the preseason favorite to win the national title. The Raiders were 3<sup>rd</sup> last year and won the Championship in 2010.

► The College of Idaho women are the favorites to win the CCC title. The Championships for both men and women will be held in Lents Park-Portland on November 3.

