



Cross Country 2012

This Week

Sept. 11, 2012

CCC action gets going in earnest this week as most teams will be in action. The annual Sundodger Invitational in Seattle will be host to NAIA and NCAA teams. Oregon Tech will host an invite also. SOU men and COI women continue to pace the CCC teams on a national level.

CCC Preseason Coaches' Polls

Men

	Men	Women
1.	Southern Oregon (10) . 100	1. College of Idaho (10).....100
2.	College of Idaho 86	2. Northwest Christian.....75
3.	Concordia 79	3. Concordia.....79
4.	Eastern Oregon 75	4. Southern Oregon73
5.	Oregon Tech..... 54	5. Eastern Oregon.....64
6.	Corban..... 50	6. Northwest.....43
7.	Northwest Christian 40	7. Corban.40
8.	Warner Pacific.....31	8. Oregon Tech39
9.	Northwest 25	9. Warner Pacific.....19
10.	Evergreen..... 10	10. Evergreen.....11

First place votes in parentheses

CCC in NAIA Top 25 Polls

A look at CCC teams in the weekly NAIA Top 25 polls:

MEN'S TOP 25

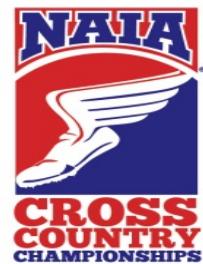
Tm.	A24	S12	S19	S26	O3	O10	O17	O24	N4	N22	Pre	#1	#2	#3	#4	#5	#6	#7	#8	Final
SOU	1	1																		
EOU	11	12																		
COI	15	9																		
SOU	NR	RV																		

WOMEN'S TOP 25

Tm.	A25	S12	S19	S26	O3	O10	O17	O24	N4	N22	Pre	#1	#2	#3	#4	#5	#6	#7	#8	Final
COI	4	4																		
NCU	5	7																		
SOU	13	12																		
NU	25	RV																		
EOU	RV	RV																		

RV indicates receiving votes; NR indicates not ranked

CCC, Concordia to Co-Host 2012 NAIA XC Championships



► The NAIA Championships will be held at Fort Vancouver National Historic Site in Vancouver, Wash., for the fourth consecutive year. This year's event, co-hosted again by the Cascade Collegiate Conference office and Concordia University, is Saturday, Nov. 17. Admission is free.

Cascade Collegiate Conference Notes

- Eight Cascade Collegiate Conference teams are rated in the NAIA's preseason Top 25 polls.
- Four CCC women's programs are listed in the preseason Top 25: No. 4 College of Idaho, No. 5 Northwest Christian, No. 13 Southern Oregon and, No. 25 Northwest. Eastern Oregon is in the receiving vote's category.
- Three CCC men's programs are listed in the preseason Top 25: No. 1 Southern Oregon, No. 11 Eastern Oregon and No. 15 College of Idaho.
- Southern Oregon men's team is the preseason favorite to win the national title. The Raiders were 3rd last year and won the Championship in 2010.
- The College of Idaho women are the favorites to win the CCC title. The Championships for both men and women will be held in Lents Park-Portland on November 3.

