



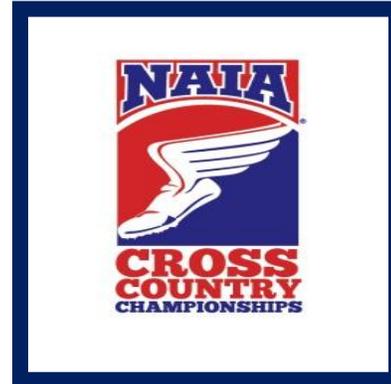
Cross Country 2012

This Week

Oct. 3, 2012

CCC teams will take a much needed break before the CCC preview meet held next week at Lents Park in Portland, Ore. The meet, hosted by Warner Pacific, will serve as a tune-up to the championships held November 3rd on the same course.

CCC, Concordia to Co-Host 2012 NAIA XC Championships



CCC Preseason Coaches' Polls

Men

1. Southern Oregon (10) . 100
2. College of Idaho 86
3. Concordia 79
4. Eastern Oregon 75
5. Oregon Tech 54
6. Corban 50
7. Northwest Christian 40
8. Warner Pacific 31
9. Northwest 25
10. Evergreen 10

Women

1. College of Idaho (10) 100
2. Northwest Christian 75
3. Concordia 79
4. Southern Oregon 73
5. Eastern Oregon 64
6. Northwest 43
7. Corban 40
8. Oregon Tech 39
9. Warner Pacific 19
10. Evergreen 11

First place votes in parentheses

► The NAIA Championships will be held at Fort Vancouver National Historic Site in Vancouver, Wash., for the fourth consecutive year. This year's event, co-hosted again by the Cascade Collegiate Conference office and Concordia University, is Saturday, Nov. 17. Admission is free.

CCC in NAIA Top 25 Polls

A look at CCC teams in the weekly NAIA Top 25 polls:

MEN'S TOP 25

Tm.	A24	S12	S19	S26	O3	O10	O17	O24	N4	N22
	Pre	#1	#2	#3	#4	#5	#6	#7	#8	Final
SOU	1	1	1	1	1					
EOU	11	12	13	13	14					
C of I	15	9	12	11	12					
CU	NR	RV	RV	RV	7					
OIT	NR	NR	NR	NR	21					
NCU	NR	NR	NR	NR	25					

WOMEN'S TOP 25

Tm.	A25	S12	S19	S26	O3	O10	O17	O24	N4	N22
	Pre	#1	#2	#3	#4	#5	#6	#7	#8	Final
C of I	4	4	4	4	4					
NCU	5	7	7	7	7					
SOU	13	12	12	12	19					
NU	25	RV	RV	RV	NR					
EOU	RV	RV	RV	RV	NR					
CU	NR	NR	RV	RV	RV					
OIT	NR	NR	NR	NR	RV					

RV indicates receiving votes; NR indicates not ranked

Cascade Collegiate Conference Notes

- Thirteen Cascade Collegiate Conference teams are either rated or receiving votes in the latest NAIA's Top 25 polls.
- Four CCC women's programs are listed in the Top 25: No. 4 College of Idaho, No. 7 Northwest Christian, No. 19 Southern Oregon and, No. 25 Eastern Oregon. Oregon Tech and Concordia are in the receiving vote's category.
- Three CCC men's programs are listed in Top 15: No. 1 Southern Oregon, No. 14 Eastern Oregon and No. 12 College of Idaho.
- Concordia men make a huge jump from receiving votes to No. 7.
- Oregon Tech and Northwest Christian men enter poll at No. 21 and No. 25.

Runners of the week for Sept. 24-30

Men- Sergio Gonzalez, CU
Women- Karlee Coffey, EOU

