



2018 CAA Track & Field Championship Schedule of Events



Friday, May 4, 2018

FIELD EVENTS

9:30 am Women's Javelin
11:30 am Men's Javelin
12:00 pm Women's Pole Vault
1:30 pm Men's Long Jump
1:30 pm Men's Hammer
3:30 pm Women's Hammer
4:00 pm Women's Long Jump
4:30 pm Men's Pole Vault
5:30 pm Men's Discus

MULTI-EVENTS

DECATHLON

11:00 am 100m
11:45 am Long Jump
1:00 pm Shot Put
2:15 pm High Jump
4:05 pm 400m

HEPTATHLON

11:15 am 100m HH
12:00 pm High Jump
2:00 pm Shot Put
3:25 pm 200m

RUNNING EVENTS

1:00 pm Men's 1500m Trials
1:15 pm Women's 1500m Trials
1:30 pm Men's 110m HH Trials
1:50 pm Women's 100m H Trials
2:20 pm Men's 400m Trials
2:35 pm Women's 400m Trials
2:50 pm Men's 100m Trials
3:10 pm Women's 100m Trials
3:25 pm Heptathlon 200m
3:40 pm Men's 800m Trials
3:55 pm Women's 800m Trials
4:05 pm Decathlon 400m
4:15 pm Men's 400m H Trials
4:35 pm Women's 400m H Trials
4:45 pm Men's 200m Trials
5:00 pm Women's 200m Trials

BREAK

6:00 pm Men's 10,000m Final
6:40 pm Women's 10,000m Final

Saturday, May 5, 2018

FIELD EVENTS

10:00 am Women's Shot Put
12:00 pm Men's Shot Put
12:00 pm Women's Triple Jump
12:30 pm Men's High Jump
2:00 pm Men's Triple Jump
2:30 pm Women's Discus
2:30 pm Women's High Jump

MULTI-EVENTS

DECATHLON

9:00 am 110m HH
9:45 am Discus
11:00 am Pole Vault
1:15 pm Javelin
3:20 pm 1500m

HEPTATHLON

10:00 am Long Jump
11:30 am Javelin
1:55 pm 800m

RUNNING EVENTS

12:00 pm Men's 3000m Steeplechase Final
12:20 pm Women's 3000m Steeplechase Final
12:35 pm Men's 4x100m Relay Final
12:45 pm Women's 4x100m Relay Final
12:50 pm Men's 1500 M Final
1:00 pm Women's 1500m Final
1:15 pm Men's 110m HH Final
1:25 pm Women's 100m H Final
1:35 pm Men's 400m Final
1:45 pm Women's 400m Final
1:55 pm Heptathlon 800m
2:05 pm Men's 100m Final
2:15 pm Women's 100m Final
2:25 pm Men's 800m Final
2:35 pm Women's 800m Final
2:45 pm Men's 400m H Final
2:55 pm Women's 400m H Final
3:05 pm Men's 200m Final
3:10 pm Women's 200m Final
3:20 pm Decathlon 1500m Final
3:30 pm Men's 5000m final
3:50 pm Women's 5000m final
4:10 pm Men's 4x400m Relay Final
4:20 pm Women's 4x400m Relay Final