



Delaware * Georgia State * James Madison * Maine * Massachusetts * New Hampshire * Old Dominion * Rhode Island * Richmond * Towson * Villanova * William & Mary

**June 2011 Football
Recruiting Calendar**

S	Mo	Tu	We	Th	Fri	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

1-30 ~ Quiet Period

**PROPOSAL 2010-8: DESIGNATION OF ATHLETICS
DEPARTMENT RESOURCE AND EDUCATION RELATED TO
BANNED DRUGS AND NUTRITIONAL SUPPLEMENTS**

Effective August 1, 2011, NCAA Division I institutions will be required to designate a resource person to answer questions from student-athletes and athletic staff members related to nutritional supplements and NCAA banned drugs. This legislation does not require the resource person to possess or develop any particular level of expertise related to NCAA banned drugs or nutritional supplements, but rather to access the Resource Exchange Center (REC), staffed by the National Center for Drug Free Sport, the NCAA third party drug-testing administrator. The NCAA relies on the REC as the sole authoritative resource for questions about whether the ingredients in nutritional supplements or medications contain NCAA banned substances.

To access the REC, call toll free 1-877-202-0769, or go to: www.drugfreesport.com/rec, select NCAA, and insert password *ncaa1*. For supplement questions, select "Ask about Dietary Supplements". For medication questions, select "Prescription/over the counter drug search".

Institutional representatives should be aware that dietary supplements may contain "designer" drugs and proprietary ingredients that are not easily matched to any banned drug list. Because of this, the NCAA provides only the classes of banned substances with some examples, rather than longer lists which are constantly changing. The REC is the sole resource to provide thorough and accurate review of listed ingredients.

Further, institutional representatives should advise student-athletes that nutritional supplements are not well regulated and could be contaminated with banned substances that are not listed on the ingredients label. Ultimately, student-athletes are responsible for anything they ingest.

Please contact Mary Wilfert at mwilfert@ncaa.org or at 317/917-6319 with any questions.

Resource Center

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*Visit the Compliance Corner on
www.caasports.com*

**STAFF INTERPRETATION-- MAY 13, 2011-- SUMMER
FINANCIAL AID AND VACATION PERIOD EXPENSES**

The academic and membership affairs staff confirmed that a student-athlete who is enrolled in an institution's summer term, and is required to remain on campus for organized practice sessions (e.g., practice in preparation for an NCAA championship), may receive financial aid in accordance with the summer financial-aid legislation and vacation-period expenses, provided the student-athlete does not receive vacation-period expenses, in combination with any room and board financial aid, in excess of the full cost of room and board (as determined for financial aid purposes) during the time in which the student-athlete is required to remain on campus for practice or competition.

[References: NCAA Bylaws 15.2.8.1.2 (enrolled student-athletes), 16.5.2 (vacation-period expenses) and staff interpretation (04/12/1991, Item Ref d), which has been archived]

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STAFF INTERPRETATION-- MAY 13, 2011-- RECREATIONAL ACTIVITIES DURING OFFICIAL OR UNOFFICIAL VISIT

The academic and membership affairs staff determined that during an official or unofficial visit, a prospective student-athlete may participate in recreational activities in a facility (on- or off-campus) that is not open to the general public (e.g., campus recreation center, golf course, swimming pool), provided such activities are not organized or observed by members of the athletics department coaching staff (including strength and conditioning coaches) and are not designed to test the athletics abilities of the prospective student-athlete. Further, in situations in which there is a fee associated with the use of the facility (e.g., guest fee at a private facility used by the institution for practice or competition, admission fee for open swim session at institutional recreation center), a prospective student-athlete shall pay the going rate associated with the use of that facility.

[References: NCAA Division I Bylaws 12.1.2.1.6 (preferential treatment, benefits, or services), 13.2 (offers and inducements), 13.6 (official (paid) visit), 13.7 (unofficial (nonpaid) visit) and 13.11.2.2 (recreational activities); staff interpretations (5/26/10, Item No. 1) and (9/4/08, Item No. a), which has been archived]

STAFF INTERPRETATION-- MAY 16, 2011-- PROVIDING TRANSPORTATION TO THOSE PERSONS ACCOMPANYING A PROSPECTIVE STUDENT-ATHLETE ON AN UNOFFICIAL VISIT

The academic and membership affairs staff confirmed that an institution may provide those persons accompanying the prospective student-athlete on an unofficial visit with transportation only to view off-campus practice and competition sites in the prospective student-athlete's sport and other institutional facilities.

[References: NCAA Bylaws 13.5.1 (general restrictions) and 13.5.3 (transportation on unofficial visit), and staff interpretation (7/11/90, Item No. d), which has been archived]

BYLAW 17.9.6.2--CONDITIONING ACTIVITIES- - CHAMPIONSHIP SUBDIVISION (FCS)

In championship subdivision football, student-athletes may participate in conditioning activities pursuant to Bylaw [17.1.6.2](#). Between the conclusion of the academic year and the institution's reporting date for the preseason practice, an institution shall conduct its summer conditioning period as follows: (*Revised: 1/16/10*)

(a) An institution shall designate nine consecutive weeks as its summer conditioning period. During this nine-week period, institutions shall designate one week as student-athlete discretionary time. (*Adopted: 4/24/03 effective 5/1/03, Revised: 1/16/10*)

(b) During the remaining eight weeks of the summer conditioning period, student-athletes may be involved in voluntary weight training and conditioning activities pursuant to Bylaw [17.1.6.2.1.2](#) and prospective student-athletes may be involved in voluntary weight training and conditioning activities pursuant to Bylaw [13.11.3.7](#). Such activities are limited to eight hours per week. (*Adopted: 4/24/03 effective 5/1/03, Revised: 1/14/08, 1/16/10*)

(c) All remaining days between the conclusion of the academic year and the institution's reporting date for preseason practice that are not part of the institution's designated summer conditioning period and not already designated as student-athlete discretionary time shall be considered student-athlete discretionary time. (*Adopted: 1/16/10*)