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### COMPLIANCE MONTHLY

VOLUME 5, ISSUEII

JUNE 2011

## PROPOSAL 2010-08: DESIGNATION OF ATHLETICS DEPARTMENT RESOURCE AND EDUCATION RELATED TO BANNED DRUGS AND NUTRITIONAL SUPPLEMENTS

Effective August 1, 2011, NCAA Division I institutions will be required to designate a resource person to answer questions from student-athletes and athletic staff members related to nutritional supplements and NCAA banned drugs. This legislation does not require the resource person to possess or develop any particular level of expertise related to NCAA banned drugs or nutritional supplements, but rather to access the Resource Exchange Center (REC), staffed by the National Center for Drug Free Sport, the NCAA third party drug-testing administrator. The NCAA relies on the REC as the sole authoritative resource for questions about whether the ingredients in nutritional supplements or medications contain NCAA banned substances.

#### RESOURCE CENTER

Thomas E. Yeager Commissioner

Kathleen Batterson Senior Associate Commissioner kbatterson@caasports.com Office ext. 13

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Visit the Compliance Corner on www.caasports.com

To access the REC, call toll free 1-877-202-0769, or go to: <a href="www.drugfreesport.com/rec">www.drugfreesport.com/rec</a>, select NCAA, and insert password ncaa1. For supplement questions, select "Ask about Dietary Supplements". For medication questions, select "Prescription/over the counter drug search".

Institutional representatives should be aware that dietary supplements may contain "designer" drugs and proprietary ingredients that are not easily matched to any banned drug list. Because of this, the NCAA provides only the classes of banned substances with some examples, rather than longer lists which are constantly changing. The REC is the sole resource to provide thorough and accurate review of listed ingredients.

Further, institutional representatives should advise student-athletes that nutritional supplements are not well regulated and could be contaminated with banned substances that are not listed on the ingredients label. Ultimately, student-athletes are responsible for anything they ingest.

Please contact Mary Wilfert at <a href="mwilfert@ncaa.org">mwilfert@ncaa.org</a> or at 317/917-6319 with any questions.

### STAFF INTERPRETATION-- MAY 13, 2011-- SUMMER FINANCIAL AID AND VACATION PERIOD EXPENSES

The academic and membership affairs staff confirmed that a student-athlete who is enrolled in an institution's summer term, and is required to remain on campus for organized practice sessions (e.g., practice in preparation for an NCAA championship), may receive financial aid in accordance with the summer financial-aid legislation and vacation-period expenses, provided the student-athlete does not receive vacation-period expenses, in combination with any room and board financial aid, in excess of the full cost of room and board (as determined for financial aid purposes) during the time in which the student-athlete is required to remain on campus for practice or competition.

[References: NCAA Bylaws 15.2.8.1.2 (enrolled student-athletes), 16.5.2 (vacation-period expenses) and staff interpretation (04/12/1991, Item Ref d), which has been archived]

#### RECRUITING CALENDAR

#### **Cross Country/Track & Field**

Jun 1 – Jun 8 ~ Contact Period Jun 9 (12:01 am) - Jun 12 (12:01 am) ~ Dead Period

Jun 12 (12:02 am) - Jun 30 ~ Contact Period

#### Men's Basketball

Jun 1- Jun 30 ~Quiet Period

#### Women's Basketball

Jun 1- Jun 30 ~ Quiet Period

#### **Baseball**

Jun 1- Jun 30 ~ Contact Period

#### Softball

Jun 1 – Jun 9 (noon) ~ Dead Period Jun 9 (12:01 pm) – Jun 30 ~ Contact Period

\*Note- Each institution is limited to 50 evaluation days (Aug 1 - July 31), per Bylaw 13.02.6.2, which do not include employment of coaches in institutional camps/clinics or the observation of prospects participating in high school softball competition.

#### Women's Volleyball

Jun 1 – Jun 30 ~ Contact Period

#### Men's Lacrosse

Jun 1- Jun 30 ~ Contact Period

#### Women's Lacrosse

Jun 1- Jun 30 ~ Contact Period

#### Football, Championship Division

Jun 1– Jun 30 ~ Quiet Period

## STAFF INTERPRETATION-- MAY 13, 2011-RECREATIONAL ACTIVITIES DURING OFFICIAL OR UNOFFICIAL VISIT

The academic and membership affairs staff determined that during an official or unofficial visit, a prospective student-athlete may participate in recreational activities in a facility (on- or off-campus) that is not open to the general public (e.g., campus recreation center, golf course, swimming pool), provided such activities are not organized or observed by members of the athletics department coaching staff (including strength and conditioning coaches) and are not designed to test the athletics abilities of the prospective student-athlete. Further, in situations in which there is a fee associated with the use of the facility (e.g., guest fee at a private facility used by the institution for practice or competition, admission fee for open swim session at institutional recreation center), a prospective student-athlete shall pay the going rate associated with the use of that facility.

[References: NCAA Division I Bylaws 12.1.2.1.6 (preferential treatment, benefits, or services), 13.2 (offers and inducements), 13.6 (official (paid) visit), 13.7 (unofficial (nonpaid) visit) and 13.11.2.2 (recreational activities); staff interpretations (5/26/10, Item No. 1) and (9/4/08, Item No. a), which has been archived]

### STAFF INTERPRETATION -- MAY 16, 2011 -- COACHES' ATTENDANCE AT INTERNATIONAL JUNIOR COMPETITION

The academic and membership affairs staff confirmed that the legislation permitting coaches to attend elite international events (e.g., Olympic Games, World Championships) outside of a contact or evaluation period applies only to the events specified in the legislation and does not extend to junior level competition (e.g., Youth Olympic Games, Junior World Championships, U19 World University Games) that may be associated with the specified events.

[Reference: NCAA Division I Bylaw 13.1.7.18 (coaches' attendance at elite international events)]

# STAFF INTERPRETATION-- MAY 16, 2011-PROVIDING TRANSPORTATION TO THOSE PERSONS ACCOMPANYING A PROSPECTIVE STUDENTATHLETE ON AN UNOFFICIAL VISIT

The academic and membership affairs staff confirmed that an institution may provide those persons accompanying the prospective student-athlete on an unofficial visit with transportation only to view off-campus practice and competition sites in the prospective student-athlete's sport and other institutional facilities.

[References: NCAA Bylaws 13.5.1 (general restrictions) and 13.5.3 (transportation on unofficial visit), and staff interpretation (7/11/90, Item No. d), which has been archived]