



2019 BIG SOUTH WOMEN'S OUTDOOR TRACK & FIELD CHAMPIONSHIP SCHEDULE

WEDNESDAY, MAY 8

Heptathlon

12:00pm 100m Hurdles
 12:45pm High Jump
 2:30pm Shot Put
 3:30pm 200m

Field Events

2:00pm Discus – Trials/Final
 5:00pm Javelin – Trials/Final
 7:00pm Long Jump – Trials/Final

Track Events

6:00pm 400m Hurdles – Prelims
 6:30pm 200m – Prelims
 7:00pm 1500m – Prelims
 8:15pm 10,000m

THURSDAY, MAY 9

Heptathlon

12:00pm Long Jump
 1:10pm Javelin
 2:30pm 800m

Field Events

4:30pm Shot Put – Trials/Final
 5:30pm Pole Vault – Final
 6:30pm High Jump – Final

Track Events

6:00pm 100m Hurdles – Prelims
 6:35pm 400m – Prelims
 7:10pm 100m – Prelims
 7:45pm 800m – Prelims
 8:15pm 3K Steeplechase – Final

FRIDAY, MAY 10

Field Events

1:00pm Hammer – Trials/Final
 2:00pm Triple Jump – Trials/Final

Track Events

3:30pm 4x100m Relay – Final
 4:00pm 1500m – Final
 4:30pm 100m Hurdle – Final
 5:00pm 400m – Final
 5:20pm 100m – Final
 5:40pm 800m – Final
 6:05pm 400m Hurdle – Final
 6:30pm 200m – Final
 6:50pm 5,000m – Final
 7:35pm 4x400m – Final