

## Updated Schedule (3/1/18)

### Tuesday, May 8, 2018

Time	Event
10:00am	Decathlon
10:30am	Heptathlon

### Wednesday, May 9, 2018

Time	Event
10:00am	Decathlon
10:30am	Heptathlon

### Thursday, May 10, 2018

Time	Event
10:00am	W Hammer
1:30pm	W Discus
4:45pm	M Javelin
1:30pm	W Long Jump
4:45pm	M Long Jump
2:30pm	M Pole Vault
12:00pm	W High Jump
12:30pm	M Shot Put
1:30pm	M 1500 Prelims
1:45pm	W 1500 Prelims
2:10pm	M 110 Hurdle Prelims
2:30pm	W 100 Hurdle Prelims
2:50pm	M 400 Prelims
3:05pm	W 400 Prelims
3:25pm	M 100 Prelims
3:40pm	W 100 Prelims
4:00pm	M 3000 Steeplechase
4:20pm	W 3000 Steeplechase
4:40pm	M 800 Prelims
4:55pm	W 800 Prelims
5:15pm	M 400 Hurdle Prelims
5:30pm	W 400 Hurdle Prelims
5:50pm	M 200 Prelims
6:05pm	W 200 Prelims
6:25pm	M 10000 Final
7:05pm	W 10000 Final

**Friday, May 11, 2018**

<b>Time</b>	<b>Event</b>
9:00am	M Hammer
12:30pm	M Discus
3:45pm	W Javelin
12:30pm	W Triple Jump
2:45pm	M Triple Jump
1:30pm	W Pole Vault
11:00am	M High Jump
11:30am	W Shot Put
2:00pm	M 4x100 Relay Final
2:15pm	W 4x100 Relay Final
2:35pm	M 1500 Final
2:45pm	W 1500 Final
3:05pm	M 110 Hurdle Final
3:15pm	W 100 Hurdle Final
3:30pm	M 400 Final
3:35pm	W 400 Final
3:45pm	M 100 Final
3:50pm	W 100 Final
4:00pm	M 800 Final
4:05pm	W 800 Final
4:20pm	M 400 Hurdle Final
4:30pm	W 400 Hurdle
4:45pm	M 200 Final
4:50pm	W 200 Final
5:00pm	M 5000 Final
5:25pm	W 5000 Final

**When all other events are done (W Jav, W 5k):**

M 1600 Relay Final  
W 1600 Relay Final

Awards