

# BIG SKY CHAMPIONSHIP RESULTS

## Race Distance - 5,000 Meters

Year	Site	Team Champion, Points	Individual Champion, Time
2012	Flagstaff, Ariz.	Weber State, 29	Ambre Henry, Weber State, 16:59.7
2011	Pocatello, Idaho	Weber State, 40	Amber Henry, Weber State, 17:30.50
2010	Cheney, Washington	Montana, 49	Erica Wendt-Richardson, Idaho State, 15:46.55
2009	Greeley, Colorado	Northern Arizona, 28	Veronica Pohl, Northern Arizona, 19:04.7
2008	Portland, Oregon	Northern Arizona, 31	Veronica Pohl, Northern Arizona, 17:03.1
2007	Missoula, Montana	Northern Arizona, 33	Sariah Long, Weber State, 17:13.9
2006	Sacramento, California	Weber State, 39	Nicole Gueldemeister, Northern Arizona, 17:14.6
2005	Ogden, Utah	Northern Arizona, 27	Johanna Nilsson, Northern Arizona, 17:28.7
2004	Bozeman, Montana	Northern Arizona, 30	Ida Nilsson, Northern Arizona, 16:46
2003	Flagstaff, Arizona	Northern Arizona, 29	Ida Nilsson, Northern Arizona, 16:46
2002	Pocatello, Idaho	Northern Arizona, 18	Ida Nilsson, Northern Arizona, 18:16.1
2001	Cheney, Washington	Northern Arizona, 19	Ida Nilsson, Northern Arizona, 17:29.0
2000	Riverside, California	Weber State, 33	Sabrina Monro, Montana, 17:07.22
1999	Portland, Oregon	Northern Arizona, 36	Sabrina Monro, Montana, 17:07.7
1998	Missoula, Montana	Northern Arizona, 29	Rikke Pedersen, Northern Arizona, 17:33.31
1997	Rocklin, California	Weber State, 38	Amy Swier, Northern Arizona, 17:28
1996	Riverdale, Utah	Northern Arizona, 30	Summer Schenck, Weber State, 17:26.48
1995	Salt Lake City, Utah	Montana State, 40	Niamh Beirne, Boise State, 17:36.6
1994	Salt Lake City, Utah	Montana State, 52	Rikke Pedersen, Northern Arizona, 17:43.98
1993	Salt Lake City, Utah	Weber State, 47	Angie Mathison, Idaho, 17:11.50
1992	Salt Lake City, Utah	Northern Arizona, 21	Jennifer Cleary, Montana State, 17:12.0
1991	Salt Lake City, Utah	Northern Arizona, 22	Kristi Klinnert, Northern Arizona, 17:15.0
1990	Salt Lake City, Utah	Northern Arizona, 27	Kristi Klinnert, Northern Arizona, 17:18.0
1989	Salt Lake City, Utah	Northern Arizona, 25	Larah Treadwell, Northern Arizona, 17:09.0
1988	Salt Lake City, Utah	Northern Arizona, 32	Patty Young, Nevada, 17:29.4
1987*	Pocatello, Idaho	Northern Arizona, 19	Nikki Toms, Northern Arizona, 18:02.0
1986*	Moscow, Idaho	Montana State, 55	Loreen McRae, Montana, 18:18.0
1985*	Bozeman, Montana	Montana State, 48	Annette Hand, Montana State, 17:36.6
1984*	Ogden, Utah	Montana, 53	Annette Hand, Montana State, 18:05.3
1983*	Missoula, Montana	Montana, 37	Patsy Sharples, Idaho, 17:41.1
1982*	Portland, Oregon	Idaho, 26	Patsy Sharples, Idaho, 18:15.7

\* Indicates Mountain West Conference

## TEAM AND INDIVIDUAL CHAMPIONSHIPS

NUMBER OF TEAM CHAMPIONS		NUMBER OF INDIVIDUAL CHAMPIONS	
Idaho	1	Boise State	1
Montana	3	Idaho	3
Montana State	4	Idaho State	1
Northern Arizona	17	Montana	3
Weber State	6	Montana State	3
		Nevada	1
		Northern Arizona	15
		Weber State	4

# NCAA FINISHES

## TEAM FINISHES

3rd	Northern Arizona, 184-points	1991	14th	Northern Arizona, 318-points	1990
7th	Northern Arizona, 357-points	2007		Northern Arizona, 291-points	1988
9th	Northern Arizona, 267-points	1992	15th	Northern Arizona, 407-points	2003
10th	Northern Arizona, 333-points	2002		Montana State, 379-points	1995
	Northern Arizona, 261-points	1996	17th	Northern Arizona, 423-points	1998
11th	Northern Arizona, 381-points	1999		Weber State, 428-points	2012
	Northern Arizona, 226-points	1987	21st	Weber State, 461-points	1991
12th	Northern Arizona, 367-points	2001	22nd	Weber State, 505-points	2000
12th	Northern Arizona, 388-points	2005	23rd	Northern Arizona	2008
13th	Northern Arizona, 293-points	1989	25th	Weber State, 488-points	2006
			29th	Weber State, 647-points	2011

## INDIVIDUAL FINISHES

1st	Johanna Nilsson, Northern Arizona, 19:33.9 (2005)	129th	Ariana Lee, Montana State, 21:25.8 (2003)
	Angela Chalmers, Northern Arizona, 16:55.49 (1986)	132nd	Nell Rojas, Northern Arizona, 21:42 (2008)
2nd	Sabrina Monro, Montana, 20:37.8 (2000)	133rd	Amanda Griggs, Northern Arizona, 21:46.7 (2007)
6th	Marisa Avendano, Sacramento State, 17:49 (1996)	135th	Sarah Callister, Weber State, 21:17.0 (2011)
8th	Ida Nilsson, Northern Arizona, 19:57.7 (2002)	140th	Heidi Bouwhuis, Weber State, 22:28 (2006)
	Angela Chalmers, Northern Arizona, 16:38 (1985)	147th	Jamie Stubbs, Weber State, 22:31 (2006)
9th	Ida Nilsson, Northern Arizona, 20:05.5 (2003)	148th	Ariana Lee, Montana State, 21:36.9 (2002)
	Rikke Pedersen, Northern Arizona, 17:54 (1996)	149th	Astrid Leutert, Northern Arizona, 21:53.4 (2007)
10th	Johanna Nilsson, Northern Arizona, 20:07 (2003)	152nd	Sariah Long, Weber State, 22:32 (2006)
	Amy Swier, Northern Arizona, 16:59 (1997)	160th	Laken Hintze, Weber State, 21:26.2 (2011)
12th	Veronica Pohl, Northern Arizona, 20:25 (2008)	164th	Laken Hintze, Weber State, 21:13.4 (2012)
	Johann Nilsson, Northern Arizona, 20:01.8 (2002)	174th	Katrina Drennan, Montana, 21:51.2 (2009)
	Ida Nilsson, Northern Arizona, 20:58 (2001)	177th	Kayla Blackford, Weber State, 21:21.3 (2012)
21st	Kendra Versendaal, Northern Arizona, 17:40.6 (1999)	178th	Haley Lawrence, Northern Arizona, 22:07 (2008)
	Tracy Jarman, Northern Arizona, 17:17.2 (1991)	180th	Kortnee Burton, Northern Arizona, 22:12
	Larah Treadwell, Northern Arizona, 17:13.09 (1989)	185th	Jamie Stokes, Weber State, 21:25.5 (2012)
24th	Sharlyn Maughan, Weber State, 17:15 (1997)	189th	Vanessa Hancock, Northern Arizona, 22:30 (2008)
25th	Maurie Wood, Northern Arizona, 17:13 (1988)	206th	Nikki Codd, Northern Arizona, 23:11 (2008)
26th	Kristi Klinnert, Northern Arizona, 17:19.7 (1991)	210th	Cassie Ricks, Weber State, 23:21 (2006)
30th	Ilsa Paulson, Northern Arizona, 20:56.1 (2007)	224th	Nell Rojas, Northern Arizona, 22:46.4 (2007)
	Marisa Avendano, Sacramento State, 17:19 (1997)	227th	Taylor Thornley, Weber State, 22:11.0 (2011)
32nd	Jen Cleary (Bayliss), Montana State, time NA (1992)		Suzanna Cressall, Weber State, 21:46.6 (2012)
	Amber Henry, Weber State, 20:11.6 (2012)	228th	Lesley Dalton, Weber State, 23:41 (2006)
33rd	Rebecca Bennion, Weber State, 21:24 (2000)	230th	Kayla Blackford, Weber State, 22:12.1 (2011)
	Kari McKay, Eastern Washington, 17:28.0 (1991)	232nd	Kelsy Hardt, Northern Arizona, 23:02.1 (2007)
34th	Astrid Leutert, Northern Arizona, 20:45 (2008)	246th	Suzie Sorensen, Weber State, 22:42.9 (2011)
	Mattie Bridgmon, Eastern Washington, 21:16.2 (2007)	250th	Jenna Deelstra, Weber State, 23:09.7 (2011)
38th	Veronica Pohl, Northern Arizona, 20:43.5 (2009)		
29th	Annette Hand, Montana State, time NA (1982)		
42nd	Heidi Hess, Weber State, 17:46.01 (1998)		
46th	Amber Henry, Weber State, 20:34.7 (2011)		
	Rochelle Kanuho, Northern Arizona, 20:20.4 (2012)		
54th	Sariah Long, Weber State, 21:12.9 (2007)		
55th	Lesley Van Miert, Northern Arizona, 21:13.8 (2007)		
	Kathleen Monaghan, Montana State, 17:45.69 (1989)		
62nd	Lindsey Anderson, Weber State, 21:46 (2006)		
64th	Amber Johnson, Eastern Washington, 17:47.5 (1999)		
69th	Kari McKay, Eastern Washington, 17:28.0 (1990)		
79th	Sarah Callister, Weber State, 20:38.3 (2012)		
88th	Morgan Haws, Weber State, 21:29.2 (2007)		
91st	Nicole Geuldemeister, Northern Arizona, 22:05.5 (2006)		
99th	Allie Brosh, Montana, 22:08.3 (2006)		
106th	Taylor Thornley, Weber State, 20:50.9		
113th	Amanda Boyd, Northern Arizona, 21:38.6 (2007)		
114th	Katja Rosenplaenter, Northern Arizona, 22:15.3 (2006)		
128th	Morgan Haws, Weber State, 22:22 (2006)		



NORTHERN ARIZONA'S  
JOHANNA NILSSON WON THE  
2005 NCAA CROSS  
COUNTRY CHAMPIONSHIP.

# COACH OF THE YEAR & ATHLETES OF THE WEEK

## COACH OF THE YEAR

2012	Paul Pilkington, Weber State	1995	Dale Kennedy, Montana State
2011	Paul Pilkington, Weber State	1994	Dale Kennedy, Montana State
2010	Courtney Babcock, Montana	1993	Jim Blaisdell, Weber State
2009	Eric Heins, Northern Arizona	1992	Ron Mann, Northern Arizona
2008	Scott Abbott, Sacramento State	1991	Ron Mann, Northern Arizona
2007	Eric Heins, Northern Arizona	1990	Ron Mann, Northern Arizona
2006	Jim Blaisdell, Weber State	1989	Ron Mann, Northern Arizona
2005	John Hayes, Northern Arizona	1988	Ron Mann, Northern Arizona
2004	John Hayes, Northern Arizona	1987*	Ron Mann, Northern Arizona
2003	Ron Mann, Northern Arizona	1986*	Dale Kennedy, Montana State
2002	Ron Mann, Northern Arizona	1985*	Dale Kennedy, Montana State
2001	Ron Mann, Northern Arizona	1984*	Dick Koontz, Montana
2000	Jim Blaisdell, Weber State	1983*	Dick Koontz, Montana
1999	Ron Mann, Northern Arizona	1982*	Roger Norris, Idaho
1998	Ron Mann, Northern Arizona		
1997	Jim Blaisdell, Weber State		
1996	Ron Mann, Northern Arizona		

\*Indicates Mountain West Conference

Women's Cross Country

## ATHLETES OF THE WEEK

<u>2012</u> Amber Henry, WSU (4) Rikki Gonzales, NC	<u>2005</u> Johanna Nilsson, Northern Ariz. (2) Allie Brosh, Montana Katie Bowen, Weber State (2) Krista Stepa, Northern Arizona	<u>1999</u> Katie Fontana, Sacramento State Sabrina Monro, Montana (2) Melissa Telford, Portland State Jordan Vaughn, Idaho State Kenra Versendaal, Northern Arizona
<u>2011</u> Rochelle Kanuho, NAU (2) Rachel Mitchell, SAC Bradi Hutchison, ISU (2) Amber Henry, WSU (2)	<u>2004</u> Erika Edwards, Northern Arizozna Camille Gibb, Eastern Washington Elisabeth Driscoll, Montana State Ida Nilsson, Northern Arizona (2)	<u>1998</u> Sharlyn Maughan, Weber State (2) Rikke Pedersen, Northern Arizona Amy Swier, Northern Arizona Jordan Vaughn, Idaho State Melissa Waggener, Portland State
<u>2010</u> Amy Kolin, Eastern Washington Sarah Callister, Weber State (2) Katrina Drennen, Montana	<u>2003</u> Johanna Nilsson, Northern Arizona Ariana Lee, Montana State Heidi Bouwhuis, Weber State Ida Nilsson, Norther Arizona	<u>1997</u> Anita Gilbert, Montana Sharlyn Maughan, Weber State (2) Jordan Vaughn, Idaho State Amy Swier, Northern Arizona (2)
<u>2009</u> Veronica Pohl, Northern Arizona (3) Astrid Leutert, Northern Arizona Sarah Callister, Weber State	<u>2002</u> Ida Nilsson, Northern Arizona (2) Ariana Lee, Montana State Kerry Bogner, Montana Jessica Winters, Weber State Lanaia Jones, Eastern Washington Johanna Nilsson, Northern Arizona	<u>1996</u> Marisa Avendano, Sacramento St. (2) Rosy Gardner, Weber State Rikke Pedersen, Northern Arizona (3) Summer Schenck, Weber State
<u>2008</u> Veronica Pohl, Northern Arizona (3) Allie Brosh, Montana	<u>2001</u> Heidi Colpitts, Montana State Ida Nilsson, Northern Arizona Annette Corey, Sacramento State	<u>1995</u> Niamh Beirne, Boise State Faith Harvel, Montana State Kelly Jordan, Northern Arizona Katie McGee, Montana State (2) Darcee O'Donnell, Montana State (2) Molly Robins, Weber State
<u>2007</u> Ilsa Paulson, Northern Arizona (3) Sariah Long, Weber State	<u>2000</u> Amy Swier, Northern Arizona Melissa Madeson, Sacramento St. (2) Rebecca Bennion, Weber State Kendra Versendaal, Northern Arizona Jamie Breese, Portland State Sabrina Monro, Montana	
<u>2006</u> Lindsey Anderson, Weber State (3) Kamila Bocian, Portland State Nicole Gueldemeister, Northern Arizona Sarah Skeem, Idaho State		

# ATHLETES OF THE WEEK

## 1994

Shawna Cox, Weber State  
Faith Harvel, Montana State (2)  
Rikke Pedersen, Northern Arizona (4)  
Jamie Tuell, Montana State

## 1993

Robin Betz, Idaho  
Angie Mathison, Idaho  
Christy Michaels, Northern Arizona (3)  
Michelle Sloan-Huff, Weber State  
Shelley Smathers, Montana (3)

## 1992

Jennifer Cleary, Montana State (2)  
Jeni Cushman, Northern Arizona  
Tracy Jarman, Northern Arizona (2)  
Lauren Jefferson, Idaho  
Shelley Smathers, Montana (2)  
Denise Sprigg, Weber State  
Larah Treadwell, Northern Arizona

## 1991

Debbie Howard, Weber State  
Tracy Jarman, Northern Arizona (2)  
Kristi Klinnert, Northern Arizona  
Kelly Malby, Montana State  
Kari McKay, Eastern Washington (3)

## 1990

Kathy Karpel, Boise State  
Kristi Klinnert, Northern Arizona (2)  
Kari McKay, Eastern Washington  
Karen Packham, Weber State  
Amy Williams, Montana  
Natalie Wood, Nevada

## 1989

Jennifer Beatty, Boise State  
Kathy Karpel, Boise State  
Kathleen Monaghan, Montana State (3)  
Larah Treadwell, Northern Arizona  
Bobbi Jo Waite, Idaho State

## 1988

Kathy Karpel, Boise State  
Loreen McRae, Montana (2)  
Kathleen Monaghan, Montana St. (2)  
Maurie Wood, Northern Arizona (2)

## 1987\*

Joyce Cheruiyot, Nevada (2)  
Loreen McRae, Montana  
Kathleen Monaghan, Montana St. (2)  
Karen Packham, Weber State  
Nikki Toms, Northern Arizona

## 1986\*

Diane Goebel, Idaho State  
Mari Green, Weber State  
Michelle Green, Weber State (2)  
Loreen McRae, Montana (2)  
Cathy Wall, Idaho

## 1985\*

Catrina Campbell, Idaho State  
Gina Drumm, Montana  
Annette Hand, Montana State (3)  
Jamie Shields, Idaho State  
Cathy Wall, Idaho

## 1984\*

Janet Beaudry, Idaho  
Annette Hand, Montana State (3)  
Lisa Valle, Idaho State (2)

## 1983\*

Gina Castagna, Montana  
Annette Hand, Montana State  
Diana Jones, Weber State  
Tina Ostroot, Idaho State  
Patsy Sharples, Idaho (2)

## 1982\*

Mary Guyer, Montana State  
Kristy Hamasaki, Weber State  
Diedre Hathhorn, Montana  
Patsy Sharples, Idaho

*\* Indicates Mountain West Conference*

# YEAR-BY-YEAR CHAMPIONSHIP RESULTS

## 2012 - October 27, Flagstaff, Ariz., 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Weber State		29	1. Amber Henry, Weber State		16:59.7
2. Southern Utah		36	2. Sarah Callister, Weber State		17:02.1
3. Northern Arizona		112	3. Taylor Thornley, Weber State		17:06.9
4. Idaho State		126	4. Jamie Smith, Southern Utah		17:11.9
5. Northern Colorado		169	5. Rochelle Kanuho, Northern Arizona		17:16.4
6. Montana State		179	6. Danielle Jewkes, Southern Utah		17:27.5
7. North Dakota		204	7. Kirsten Bradford, Southern Utah		17:31.4
8. Sacramento State		209	8. Sylvia Bedford, Southern Utah		17:32.2
9. Portland State		245	9. Laken Hintze, Weber State		17:39.2
10. Montana		247	10. Rolonda Jumbo, Northern Arizona		17:46.4
11. Eastern Washington		262			

## 2011 - October 29, Pocatello, Idaho, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Weber State		40	1. Amber Henry, Weber State		17:30.50
2. Idaho State		50	2. Bradi Hutchison, Idaho State		17:43.52
3. Northern Arizona		82	3. Kortnee Burton, Northern Arizona		17:46.95
4. Montana State		89	4. Heather Haug, Montana State		17:52.02
5. Montana		116	5. Sarah Callister, Weber State		17:56.92
6. Sacramento State		139	6. Laken Hintze, Weber State		18:10.98
7. Eastern Washington		192	7. Keely West, Montana State		18:18.43
8. Northern Colorado		215	8. Cydney Jacobsen, Idaho State		18:22.07
9. Portland State		273	9. Kylie Hutchison, Idaho State		18:22.56
			10. Rochelle Kanuho, Northern Arizona		18:23.35

## 2010 - October 30, Cheney, Washington, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Montana		49	1. Erica Wendt-Richardson, Idaho State		15:46.55
2. Weber State		63	2. Katrina Drennen, Montana		15:51.80
3. Idaho State		68	3. Natalie Haws, Weber State		15:52.03
4. Sacramento State		105	4. Keli Dennehy, Montana		16:00.45
5. Northern Arizona		124	5. Rochelle Kanuho, Northern Arizona		16:03.82
6. Montana State		168	6. Amy Kolin, Eastern Washington		16:06.58
7. Eastern Washington		197	7. Amber Henry, Weber State		16:07.38
8. Portland State		213	8. Bradi Hutchison, Idaho State		16:08.97
9. Northern Colorado		237	9. Taylor Thornley, Weber State		16:10.56
			10. Renisha Robinson, Sacramento State		16:14.87

## 2009 - October 31, Greeley, Colorado, 5,200 Meters

Final Team Results		Points	Final Individual Results		Time
1. Northern Arizona		28	1. Veronica Pohl, Northern Arizona		19:04.7
2. Weber State		64	2. Kortnee Burton, Northern Arizona		19:27.6
3. Montana		66	3. Katrina Drennen, Montana		19:29.1
4. Sacramento State		99	4. Sarah Callister, Weber State		19:36.8
5. Idaho State		120	5. Laken Skidmore, Weber State		19:52.1
6. Montana State		162	6. Haley Lawrence, Northern Arizona		19:54.9
7. Northern Colorado		221	7. Kessle Payne, Montana		20:02.8
8. Portland State		227	8. Renisha Robinson, Sacramento State		20:02.8
9. Eastern Washington		276	9. Nell Rojas, Northern Arizona		20:07.5
			10. Astrid Leutert, Northern Arizona		20:07.5

## 2008 - November 1, Portland, Oregon, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Northern Arizona		31	1. Veronica Pohl, Northern Arizona		17:03.1
2. Sacramento State		59	2. Astrid Leutert, Northern Arizona		17:10.3
3. Weber State		63	3. Katrina Drennen, Montana		17:20.1
4. Idaho State		107	4. Nell Rojas, Northern Arizona		17:21.4
5. Montana		121	5. Natalie Haws, Weber State		17:21.6
6. Montana State		134	6. Kristina Holtz, Sacramento State		17:22.4
7. Eastern Washington		206	7. Renisha Robinson, Sacramento State		17:33.5
8. Portland State		214	8. Amy Cook, Weber State		17:34.5
9. Northern Colorado		221	9. Caprice Bradshaw, Sacramento State		17:35.4
			10. Erica Wendt, Idaho State		17:37.5

# YEAR-BY-YEAR CHAMPIONSHIP RESULTS

## 2007 - October 27, Missoula, Montana, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Northern Arizona		33	1. Sariah Long, Weber State		17:13.9
2. Weber State		51	2. Lesley Van Miert, Northern Arizona		17:38.2
3. Montana		89	3. Morgan Haws, Weber State		17:45.2
4. Eastern Washington		119	4. Ilsa Paulson, Northern Arizona		17:55.0
5. Montana State		129	5. Mattie Bridgmon, Eastern Washington		17:58.6
6. Portland State		175	6. Katrina Drennen, Montana		18:02.0
7. Idaho State		185	7. Amanda Boyd, Northern Arizona		18:02.9
Sacramento State		185	8. Gemma Maini, Idaho State		18:05.5
9. Northern Colorado		192	9. Astrid Leutert, Northern Arizona		18:06.8
			10. Samantha Modderman, Eastern Washington		18:08.0

## 2006 - October 28, Sacramento, California, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Weber State		39	1. Nicole Gueldemeister, Northern Arizona		17:14.6
2. Montana		82	2. Katja Rosenplaenter, Northern Arizona		17:30.5
3. Northern Arizona		86	3. Sariah Long, Weber State		17:39.9
4. Montana State		105	4. Allie Brosh, Montana		17:47.1
5. Idaho State		131	5. Elisabeth Driscoll, Montana State		17:53.7
6. Eastern Washington		135	6. Heidi Bouwhuis, Weber State		17:54.7
7. Sacramento State		164	7. Kristina Holtz, Sacramento State		17:56.2
8. Portland State		187	8. Sarah Skeem, Idaho State		18:01.2
9. Northern Colorado		255	9. Morgan Haws, Weber State		18:06.6
			10. Jamie Stubbs, Weber State		18:06.6

## 2005 - October 29, Ogden, Utah, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Northern Arizona		27	1. Johanna Nilsson, Northern Arizona		17:28.7
2. Weber State		40	2. Nicole Gueldemeister, Northern Arizona		17:54.0
3. Montana		94	3. Katie Bowen, Weber State		18:03.4
4. Montana State		101	4. Lindsey Anderson, Weber State		18:09.3
5. Eastern Washington		115	5. Katja Rosenplaenter, Northern Arizona		18:17.0
6. Idaho State		154	6. Allie Brosh, Montana		18:19.8
7. Portland State		162	7. Sariah St. Laurent, Weber State		18:22.2
8. Sacramento State		212	8. Julie Fisher, Northern Arizona		18:39.4
			9. Morgan Haws, Weber State		18:47.5
			10. Elisabeth Driscoll, Montana State		18:43.4

## 2004 - October 30, Bozeman, Montana, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Northern Arizona		30	1. Ida Nilsson, Northern Arizona		16:46
2. Weber State		52	2. Jinny Hanifan, Northern Arizona		17:25
3. Montana State		72	3. Erika Edwards, Northern Arizona		17:27
4. Montana		104	4. Ashley Hadaway, Montana State		17:30
5. Idaho State		121	5. Lindsey Anderson, Weber State		17:35
6. Portland State		128	6. Elisabeth Driscoll, Montana State		17:35
7. Eastern Washington		167	7. Ashley Rasmussel, Weber State		17:37
8. Sacramento State		243	8. Allie Brosh, Montana		17:44
			9. Julie Fisher, Northern Arizona		17:46
			10. Mayra Morgado, Montana State		17:52

## 2003 - November 1, Flagstaff, Arizona, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Northern Arizona		29	1. Ida Nilsson, Northern Arizona		16:46
2. Weber State		46	2. Johanna Nilsson, Northern Arizona		17:20
3. Montana		83	3. Erika Edwards, Northern Arizona		17:25
4. Montana State		95	4. Arianna Lee, Montana State		17:37
5. Eastern Washington		1355.	Heidi Bouwhuis, Weber State		17:44
6. Portland State		1516.	Kerry Bogner, Montana		17:49
7. Idaho State		1727.	Caroline Pebley, Weber State		17:57
8. Sacramento State		2458.	Janae Johnson, Weber State		18:12
			9. Mayra Morgado, Montana State		18:14
			10. Lindsey Olson, Weber State		18:17

## 2002 - November 2, Pocatello, Idaho, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Northern Arizona		18	1. Ida Nilsson, Northern Arizona		18:16
2. Weber State		49	2. Johanna Nilsson, Northern Arizona		18:30
3. Montana State		92	3. Erika Edwards, Northern Arizona		18:58
4. Montana		96	4. Jessica Winters, Weber State		19:05
5. Portland State		134	5. Natalie Rogers, Northern Arizona		19:09
6. Eastern Washington		183	6. Julie Ham, Montana		19:12
7. Idaho State		185	7. Jinny Hanifan, Northern Arizona		19:14
8. Sacramento State		197	8. Ariana Lee, Montana State		19:16
			9. Cynthia Losee, Weber State		19:22
			10. Genny Minnoch, Weber State		19:27

# YEAR-BY-YEAR CHAMPIONSHIP RESULTS

## 2001 - October 27, Cheney, Washington, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Northern Arizona		19	1. Ida Nilsson, Northern Arizona		17:29.0
2. Weber State		39	2. Susan Rutherford, Northern Arizona		17:34.5
3. Montana State		94	3. Jinny Hanifan, Northern Arizona		18:07.0
4. Montana		98	4. Caroline Jolley, Weber State		18:09.0
5. Idaho State		120	5. Heidi Bouwhuis, Weber State		18:10.4
6. Sacramento State		170	6. Jaime Herman, Northern Arizona		18:12.1
7. Eastern Washington		182	7. Erika Edwards, Northern Arizona		18:16.7
8. Portland State		196	8. Rachel Bennion, Weber State		18:17.2
			9. Julie Ham, Montana		18:18.6
			10. Jessica Winters, Weber State		18:19.0

## 2000 - October 29, Riverside, California, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Weber State		33	1. Sabrina Monro, Montana		17:07.2
2. Montana		54	2. Heather Anderson, Montana		17:32.2
3. Northern Arizona		60	3. Rebecca Bennion, Weber State		17:39.3
4. Montana State		100	4. Susan Rutherford, Northern Arizona		17:43.0
5. Idaho State		145	5. Melissa Madeson, Sacramento State		17:46.4
6. Sacramento State		167	6. Cynthia Losee, Weber State		17:58.1
7. Portland State		191	7. Genny Minnoch, Weber State		17:59.2
8. Cal State Northridge		217	8. Janae Johnson, Weber State		18:00.7
9. Eastern Washington		224	9. Carrie Long, Weber State		18:03.7
			10. Kendra Versendaal, Northern Arizona		18:06.0

## 1999 - October 30, Portland, Oregon, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Northern Arizona		36	1. Sabrina Monro, Montana		17:07.7
2. Montana State		65	2. Kendra Versendaal, Northern Arizona		17:18.3
3. Idaho State		94	3. Amy Swier, Northern Arizona		17:31.1
4. Weber State		102	4. Jordan Vaughn, Idaho State		17:37.1
5. Eastern Washington		119	5. Emily Allison, Northern Arizona		17:38.8
6. Montana		142	6. Darcy Steele, Eastern Washington		17:41.3
7. Portland State		156	7. Melissa Telford, Portland State		17:44.9
8. Cal State Northridge		193	8. Amber Johnson, Eastern Washington		17:48.1
9. Sacramento State		262	9. Heidi Johnson, Montana State		17:50.7
			10. Jackie Jensen, Weber State		17:51.4

## 1998 - October 31, Missoula, Montana, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Northern Arizona		29	1. Rikke Pedersen, Northern Arizona		17:33.31
2. Weber State		55	2. Sharlyn Maughan, Weber State		17:35.48
3. Montana		74	3. Emily Allison, Northern Arizona		17:37.26
4. Idaho State		100	4. Heidi Hess, Weber State		17:45.00
5. Montana State		152	5. Amy Swier, Northern Arizona		17:48.41
6. Eastern Washington		162	6. Sabrina Monro, Montana		18:00.70
7. Portland State		174	7. Heather Anderson, Montana		18:07.45
8. Sacramento State		220	8. Jordan Vaughn, Idaho State		18:12.43
9. Cal State Northridge		227	9. Marci Madsen, Northern Arizona		18:16.01
			10. Melissa Waggener, Portland State		18:16.80

## 1997 - November 1, Rocklin, California, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Weber State		38	1. Amy Swier, Northern Arizona		17:28
2. Northern Arizona		55	2. Sharlyn Maughan, Weber State		17:53
3. Idaho State		76	3. Janet Nelson, Northern Arizona		18:08
4. Montana State		95	4. Jenny Mortensen, Weber State		18:10
5. Montana		124	5. Stefanie Hansen, Weber State		18:15
6. Sacramento State		166	6. Emily Mulick, Idaho State		18:19
7. Cal State Northridge		186	7. Anita Gilbert, Montana		18:19
8. Eastern Washington		200	8. Rachel Rieke, Northern Arizona		18:20
Portland State		inc.	9. Holly Stanish, Montana State		18:24
			10. Shawna Carr, Idaho State		18:28

## 1996 - November 2, Riverdale, Utah, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Northern Arizona		30	1. Summer Schenck, Weber State		17:26.48
2. Weber State		49	2. Jenny Mortensen, Weber State		17:28.74
3. Idaho State		85	3. Katie Dawson, Northern Arizona		17:30.34
4. Montana State		122	4. Rikke Pedersen, Northern Arizona		17:34.80
5. Portland State		151	5. Sarah Thornber, Northern Arizona		17:51.28
6. Montana		159	6. Marisa Avendano, Sacramento State		17:55.10
7. Cal State Northridge		180	7. Janet Nelson, Northern Arizona		17:57.91
8. Eastern Washington		196	8. Anna Hurd, Montana		17:58.71
9. Sacramento State		201	9. Stefanie Hansen, Weber State		17:59.02
			10. Kim Shellman, Portland State		18:00.11

# YEAR-BY-YEAR CHAMPIONSHIP RESULTS

## 1995 - November 11, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
1. Montana State	40	1. Niamh Beirne, Biose State	17:36.6
2. Weber State	55	2. Sarah Thornber, Northern Arizona	17:38.7
3. Boise State	83	3. Darcee O'Donnell, Montana State	17:43.0
4. Northern Arizona	89	4. Heidi Weir, Weber State	17:47.1
5. Idaho State	103	5. Molly Robins, Weber State	17:50.4
6. Montana	142	6. Faith Harvel, Montana State	17:51.5
7. Idaho	202	7. Emily Thompson, Montana State	17:53.4
8. Eastern Washington	223	8. Gretchen Carr, Idaho State	17:58.2
		9. Katie Dawson, Northern Arizona	17:58.9
		10. Katie McGee, Montana State	18:00.3

## 1994 - November 13, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
1. Montana State	52	1. Rikke Pedersen, Northern Arizona	17:43.98
2. Northern Arizona	78	2. Faith Harvel, Montana State	17:45.74
3. Weber State	82	3. Gretchen Carr, Idaho State	17:46.11
4. Idaho State	95	4. Jill Taylor, Idaho State	17:57.17
5. Idaho	123	5. Molly Fugal, Weber State	17:59.26
6. Montana	129	6. Nikki Prisbrey, Weber State	18:02.30
7. Boise State	131	7. Cori Knoeller, Boise State	18:03.72
8. Eastern Washington	235	8. Karin Clark, Montana	18:05.61
		9. Jamie Tuell, Montana State	18:06.89
		10. Shelley Zickler, Idaho	18:08.10

## 1993 - November 13, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
1. Weber State	47	1. Angie Mathison, Idaho	17:11.50
2. Idaho	75	2. Shelley Smathers, Montana	17:14.20
3. Montana State	79	3. Christy Michaels, Northern Arizona	17:16.60
4. Northern Arizona	94	4. Cathy Jolley, Weber State	17:37.40
5. Idaho State	112	5. Darcee Gilbert, Montana State	17:40.00
6. Montana	136	6. Shawna Cox, Weber State	17:43.90
7. Boise State	141	7. Jeni Cushman, Northern Arizona	17:46.30
8. Eastern Washington	222	8. Christine Oliveira, Idaho State	17:47.00
		9. Robin Betz, Idaho	17:50.80
		10. Denise Spriggs, Weber State	17:58.10

## 1992 - November 14, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
1. Northern Arizona	21	1. Jennifer Bayliss, Montana State	17:12
2. Montana State	92	2. Tracy Jarman, Northern Arizona	17:19
3. Weber State	97	3. Kristi Klinnert, Northern Arizona	17:27
4. Idaho State	99	4. Calley Nelson, Northern Arizona	17:28
5. Montana	117	5. Larah Treadwell, Northern Arizona	17:30
6. Idaho	118	6. Darcee Gilbert, Montana State	17:53
7. Boise State	124	7. Christy Michaels, Northern Arizona	17:56
8. Eastern Washington	238	8. Laura Moore, Idaho	17:56
		9. Jeni Cushman, Northern Arizona	17:56
		10. Cathy Jolley, Weber State	17:59

## 1991 - November 16, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
1. Northern Arizona	22	1. Kristi Klinnert, Northern Arizona	17:15
2. Weber State	48	2. Kari McKay, Eastern Washington	17:18
3. Idaho	108	3. Tracy Jarman, Northern Arizona	17:24
4. Idaho State	136	4. Larah Treadwell, Northern Arizona	17:31
5. Montana State	142	5. Calley Nelson, Northern Arizona	17:53
6. Nevada	145	6. Michelle Sloan, Weber State	18:00
7. Montana	151	7. Cindy Fowers, Weber State	18:02
8. Eastern Washington	155	8. Debbie Howard, Weber State	18:03
9. Boise State	DNS	9. Christy Michaels, Northern Arizona	18:09
		10. Denise Sprigg, Weber State	18:10

## 1990 - November 10, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
1. Northern Arizona	27	1. Kristi Klinnert, Northern Arizona	17:18
2. Weber State	56	2. Kathy Karpel, Boise State	17:32
3. Boise State	102	3. Tracy Jarman, Northern Arizona	17:33
4. Nevada	125	4. Kari McKay, Eastern Washington	17:41
5. Idaho State	128	5. Larah Treadwell, Northern Arizona	17:43
6. Montana State	135	6. Karen Packham, Weber State	17:50
7. Idaho	146	7. Cindy Reeder, Weber State	17:56
8. Eastern Washington	201	8. Calley Nelson, Northern Arizona	17:58
9. Montana	210	9. Diane Knudson, Idaho	17:59
		10. Christy Michaels, Northern Arizona	18:01

# YEAR-BY-YEAR CHAMPIONSHIP RESULTS

## 1989 - November 11, Salt Lake City, Utah, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Northern Arizona		25	1. Larah Treadwell, Northern Arizona		17:09
2. Weber State		74	2. Maurie Wood, Northern Arizona		17:23
3. Boise State		81	3. Kristi Klinnert, Northern Arizona		17:24
4. Idaho State		106	4. Kathleen Monaghan, Montana State		17:27
5. Montana State		124	5. Kathy Karpel, Boise State		17:41
6. Nevada		137	6. Bobbi Jo Waite, Idaho State		17:55
7. Montana		145	7. Nikki Toms, Northern Arizona		17:57
8. Idaho		187	8. Karen Packham, Weber State		18:03
9. Eastern Washington		208	9. Natalie Wood, Nevada		18:07
			10. Laura Jensen, Weber State		18:13

## 1988 - November 12, Salt Lake City, Utah, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Northern Arizona		32	1. Patty Young, Nevada		17:29.4
2. Montana State		88	2. Maurie Wood, Northern Arizona		17:34.5
3. Montana		94	3. Brenda Payton, Northern Arizona		17:46.9
4. Weber State		99	4. Kathy Karpel, Boise State		17:59.3
5. Nevada		100	5. Dana Willie, Weber State		18:11.2
6. Boise State		140	6. Kathleen Monaghan, Montana State		18:12.3
7. Idaho		189	7. Beth Ellickson, Northern Arizona		18:13.2
8. Idaho State		198	8. Patrice Hageman, Northern Arizona		18:15.1
9. Eastern Washington		210	9. Vonda Harmon, Montana		18:16.8
			10. Paula Parsell, Idaho		18:18.9

## \*1987 - October 31, Pocatello, Idaho, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Northern Arizona		19	1. Nikki Toms, Northern Arizona		18:02
2. Montana State		67	2. Theresa Zacher, Montana State		18:19
3. Montana		87	3. Brenda Payton, Northern Arizona		18:24
4. Boise State		124	4. Maurie Wood, Northern Arizona		18:31
5. Idaho		132	5. Beth Ellickson, Northern Arizona		18:36
6. Weber State		149	6. Jamie Bisplinghoff, Northern Arizona		18:54
7. Nevada		159	7. Michelle Buresh, Montana		18:57
8. Idaho State		198	8. Patty Young, Nevada		18:58
9. Eastern Washington		231	9. Kathleen Monaghan, Montana State		19:00
			10. Vonda Harmon, Montana		19:09

## \*1986 - November 1, Moscow, Idaho, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Montana State		55	1. Loreen McRae, Montana		18:18
2. Montana		66	2. Cathy Wall, Idaho		18:26
3. Idaho		71	3. Michelle Green, Weber State		18:36
4. Weber State		78	4. Kim Denham, Idaho		18:39
5. Idaho State		79	5. Theresa Zacher, Montana State		18:40
6. Boise State		141	6. Mari Green, Weber State		18:51
7. Eastern Washington		196	7. Kathleen Monaghan, Montana State		18:56
			8. Dana Willie, Weber State		18:57
			9. Lynn Kaiser, Idaho State		19:00

## \*1985 - November 2, Bozeman, Montana, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Montana State		48	1. Annette Hand, Montana State		17:36
2. Idaho		57	2. Sherrie Crang, Idaho		18:01
3. Weber State		67	3. Janet Beaudry, Idaho		18:06
4. Idaho State		89	4. Molly Trittle, Montana State		18:10
5. Montana		99	5. Michelle Green, Weber State		18:11
6. Portland State		158	6. Cathy Wall, Idaho		18:15
7. Eastern Washington		187	7. Catrina Campbell, Idaho State		18:24
8. Boise State		200	8. Diane Goebel, Idaho State		18:27
			9. Lucia Wanders, Montana		18:29
			10. Gina Drumm, Montana		18:30

## \*1984 - October 27, Ogden, Utah, 5,000 Meters

Final Team Results		Points	Final Individual Results		Time
1. Montana		53	1. Annette Hand, Montana State		18:05
2. Weber State		54	2. Pam Paudler, Idaho		18:18
3. Idaho		77	3. Janet Beaudry, Idaho		18:22
4. Montana State		82	4. Nancy Woods, Montana		18:24
5. Idaho State		124	5. Lucia Wanders, Montana		18:32
6. Boise State		148	6. Lisa Taylor, Idaho		18:52
7. Eastern Washington		167	7. Michelle Green, Weber State		18:55
8. Portland State		inc.	8. Lisa Fransen, Montana		19:02
			9. Camille Tueller, Weber State		19:04

# YEAR-BY-YEAR CHAMPIONSHIP RESULTS

**\*1983 - November 5, Missoula, Montana, 5,000 Meters**

Final Team Results		Points	Final Individual Results		Time
1. Montana		37	1. Patsy Sharples, Idaho		17:41
2. Idaho		44	2. Sherrie Crang, Idaho		17:50
3. Weber State		75	3. Gina Castagna, Montana		18:06
4. Idaho State		84	4. Becky Wayment, Weber State		18:07
5. Montana State		112	5. Diana Jones, Weber State		18:07
6. Eastern Washington		178	6. Lisa Kindelan, Idaho		18:10
7. Boise State		182	7. Lucia Wanders, Montana		18:15
			8. Deidre Hathhorn, Montana		18:23

**\*1982 - October 23, Portland, Oregon, 5,000 Meters**

Final Team Results		Points	Final Individual Results		Time
1. Idaho		26	1. Patsy Sharples, Idaho		18:15
2. Montana State		59	2. Mary Lynn Guyer, Montana State		18:24
3. Montana		60	3. Pam Paudler, Idaho		18:27
4. Idaho State		120	4. Deirdre Hathhorn, Montana		18:31
5. Weber State		140	5. Caroline Crabtree, Idaho		18:42
6. Eastern Washington		163	6. Karen Voss, Idaho		18:46
7. Portland State		171	7. Nancy Woods, Montana		18:53
8. Boise State		217	8. Lisa Fransen, Montana		19:03
			9. Debi Sticha, Idaho State		19:05
			10. Lynn Creek, Montana State		19:07

*\*Denotes Mountain West Championship*

# YEAR-BY-YEAR MOUNTAIN REGION RESULTS

## 2012 - November 9, 2012, Fort Collins, Colo., 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
top 10 of 20			
<b>1. Weber State</b>	<b>63</b>	1. Risper Kimaiyo, Texas El Paso	20:10.8
2. New Mexico	95	2. Shalaya Kipp, Colorado	20:18.1
3. Colorado	107	<b>3. Amber Henry, Weber State</b>	<b>20:18.4</b>
<b>4. Southern Utah</b>	<b>132</b>	4. Amanda Mergaert, Utah	20:18.7
5. Colorado State	173	5. Josephine Moultrie, New Mexico	20:25.1
6. Utah	198	6. Courtney Schultz, New Mexico St.	20:26.6
7. Brigham Young	210	7. Carrie Verdon, Colorado	20:42.1
<b>8. Northern Arizona</b>	<b>225</b>	<b>8. Sarah Callister, Weber State</b>	<b>20:45.1</b>
9. Utah Valley	230	<b>9. Rochelle Kanuho, Northern Arizona</b>	<b>20:49.1</b>
10. Utah State	326	10. Charlotte Arter, New Mexico	20:54.3

## 2011 - November 12, 2011, Provo, Utah, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
top 10 of 19			
1. New Mexico	84	1. Risper Kimaiyo, Texas-El Paso	20:35.2
1. Colorado	84	2. Mordan Haws, Brigham Young	20:53.2
<b>3. Weber State</b>	<b>135</b>	3. Rose Tanui, Texas Tech	20:54.0
4. Brigham Young	140	4. Shalaya Kipp, Colorado	20:59.7
5. Colorado State	154	5. Emma Coburn, Colorado	21:00.0
6. Texas Tech	191	<b>6. Amber Henry, Weber State</b>	<b>21:04.0</b>
<b>7. Northern Arizona</b>	<b>204</b>	7. Ruth Senior, New Mexico	21:05.8
8. Utah	221	8. Cortney Schultz, New Mexico State	21:09.8
<b>9. Idaho State</b>	<b>242</b>	9. Amanda Mergaert, Utah	21:14.5
10. New Mexico State	278	10. Diana Medina, Southern Utah	21:16.0

## 2010 - November 13, 2010, Eugene, Oregon, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
top 10 of 31			
1. New Mexico	53	1. Risper Kimaiyo, Texas Tech	20:02.5
2. Texas Tech	55	2. Rose Tanui, Texas Tech	20:11.5
3. Colorado	59	3. Laura Tremblay, Colorado	20:23.9
4. BYU	156	4. Natalie Gray, New Mexico	20:28.6
5. Colorado State	175	5. Sarah Waldron, New Mexico	20:30.8
<b>6. Montana</b>	<b>215</b>	6. Ruth Senior, New Mexico	20:32.9
7. Texas - El Paso	218	7. Winrose Karunde, Texas Tech	20:40.9
<b>8. Weber State</b>	<b>243</b>	<b>8. Laura Thweatt, Colorado</b>	<b>20:42.7</b>
<b>9. Idaho State</b>	<b>252</b>	9. Amanda Mergaert, Utah	20:45.2
10. Utah Valley	287	10. Shalaya Kipp, Colorado	20:48.2

## 2009 - November 14, 2009, Albuquerque, New Mexico, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
top 10 of 18			
1. Colorado	48	1. Jenny Barringer, Colorado	20:29.0
2. Texas Tech	53	2. Cecily Lemmon, BYU	20:41.1
3. BYU	114	3. Allie McLaughlin, Colorado	20:45.1
4. UTEP	116	4. Risper Kimaiyo, UTEP	20:46.5
5. New Mexico	120	5. Lillian Badaru, Texas Tech	20:51.5
6. Colorado State	145	6. Caroline Karunde, Texas Tech	20:57.3
7. Northern Arizona	176	7. Purity Biwott, Texas Tech	21:07.5
8. Utah Valley	261	<b>8. Veronica Pohl, Northern Arizona</b>	<b>21:09.0</b>
9. New Mexico	262	9. Laura Tremblay, Colorado	21:11.5
10. Southern Utah	266	10. Kristen Hemphill, Colorado State	21:16.3

## 2008 - November 15, Fort Collins, Colorado, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
top 10 of 18			
1. Texas Tech	42	1. Sally Kipyego, Texas Tech	19:31.9
2. New Mexico	70	2. Lillian Badaru, Texas Tech	20:12.3
<b>3. Northern Arizona</b>	<b>92</b>	<b>3. Veronica Pohl, Northern Arizona</b>	<b>20:25.3</b>
4. Colorado	133	4. Angela Wagner, BYU	20:43.4
5. BYU	152	5. Michelle Corrigan, New Mexico	20:44.8
6. Utah	188	6. Asia Diaz, Texas Tech	20:49.8
7. Colorado State	212	<b>7. Astrid Leutert, Northern Arizona</b>	<b>20:50.3</b>
8. Utah State	218	8. Gladys Kipsang, Texas Tech	20:50.7
9. Wyoming	234	9. Alyssa Abbott, Utah	20:52.4
10. Nevada	264	<b>10. Natalie Haws, Weber State</b>	<b>20:53.5</b>

# YEAR-BY-YEAR DISTRICT SEVEN/MOUNTAIN REGION

## 2007 - November 10, Ogden, Utah, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 17</i>			
1. Colorado St.	75	1. Sally Kipyego, Texas Tech	19:29.4
<b>2. Northern Arizona</b>	<b>81</b>	2. Jenny Barringer, Colorado	19:43.9
3. BYU	90	<b>3. Ilsa Paulson, Northern Arizona</b>	<b>20:34.8</b>
4. Colorado	105	4. Irene Kimaiyo, Texas Tech	20:57.2
5. Texas Tech	113	5. April Thomas, Colorado St.	21:00.0
6. New Mexico	202	6. Sara Vaughn, Colorado	21:00.2
<b>7. Weber State</b>	<b>251</b>	<b>7. Sariah Long, Weber State</b>	<b>21:06.2</b>
8. Utah State	260	8. Gladys Kipsang, Texas Tech	21:10.7
9. Wyoming	261	9. Angela Wagner, BYU	21:12.1
10. Nevada	265	10. Gretchen Fagley-Johnson, Wyoming	21:13.3

## 2006 - November 11, Albuquerque, New Mexico, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 18</i>			
1. Colorado	64	1. Sally Kipyego, Texas Tech	19:45.9
2. Texas Tech	87	2. Jenny Barringer, Colorado	20:30.5
<b>3. Brigham Young</b>	<b>94</b>	3. Kassi Andersen, Brigham Young	20:41.6
4. Colorado State	96	<b>4. Lindsey Anderson, Weber State</b>	<b>20:59.3</b>
<b>5. Weber State</b>	<b>98</b>	5. Timmie Murphy, New Mexico	21:00.0
<b>6. Northern Arizona</b>	<b>137</b>	<b>6. Nicole Gueldemeister, Northern Arizona</b>	<b>21:04.7</b>
7. New Mexico	179	7. Amber Dufin, Brigham Young	21:05.4
<b>8. Montana</b>	<b>238</b>	8. Liza Pasciuto, Colorado	21:06.5
9. Utah State	247	<b>9. Allie Brosh, Montana</b>	<b>21:09.2</b>
10. Wyoming	288	10. Irene Kimaiyo, Texas Tech	21:14.0

## 2005 - November 12, Provo, Utah, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 18</i>			
<b>1. Colorado</b>	<b>53</b>	<b>1. Johanna Nilsson, Northern Arizona</b>	<b>20:39.5</b>
2. Brigham Young	59	2. Liza Pasciuto, Colorado	20:52.8
<b>3. Northern Arizona</b>	<b>93</b>	3. Christine Bolf, Colorado	20:59.5
4. Colorado State	110	4. Heidi Magill, Brigham Young	21:03.3
<b>5. Weber State</b>	<b>148</b>	5. Chelsea Smith-Mckell, Brigham Young	21:07.4
6. New Mexico	163	6. Irene Kimaiyo, Texas Tech	21:21.1
7. Utah State	188	7. Kalin Toedebusch, Colorado	21:28.2
8. Texas Tech	280	8. Jenny Barringer, Colorado	21:29.0
<b>9. Montana</b>	<b>283</b>	<b>9. Nicole Gueldemister, Northern Arizona</b>	<b>21:31.3</b>
10. Air Force	284	10. Tiffany Strickland, Utah State	21:36.3

## 2004 - November 13, Fort Collins, Colorado, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 16</i>			
1. Colorado	32	1. Renee Metivier, Colorado	20:05.4
2. Brigham Young	54	<b>2. Ida Nilsson, Northern Arizona</b>	<b>20:25.1</b>
3. Colorado State	129	3. Laura Turner, Brigham Young	20:31.6
Utah State	129	4. Sarah Slattery, Colorado	20:46.8
5. Wyoming	154	5. Christine Bolf, Colorado	20:51.0
<b>6. Northern Arizona</b>	<b>196</b>	6. Heidi Magill, Brigham Young	20:52.8
<b>7. Weber State</b>	<b>202</b>	7. Rean Chesser, Brigham Young	20:59.0
<b>8. Montana State</b>	<b>211</b>	8. Jacquelyn Gallegos, New Mexico	21:03.2
9. University of Utah	247	9. Elise Greenwood-Bahr, Utah	21:05.2
10. Air Force	264	10. Natalie Florence, Colorado	21:06.2
Texas Tech	264		

## 2003 - November 15, Ogden, Utah, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 16</i>			
1. Brigham Young	34	<i>top 10</i>	
2. Colorado	67	1. Michaela Mannova, Brigham Young	20:33.8
3. Colorado State	104	<b>2. Ida Nilsson, Northern Arizona</b>	<b>20:47.8</b>
<b>4. Northern Arizona</b>	<b>111</b>	3. Laura Turner, Brigham Young	20:53.4
5. Texas Tech	144	4. Renee Metivier, Colorado	21:05.4
6. Nevada	169	5. Kassi Andersen, Brigham Young	21:09.2
<b>7. Weber State</b>	<b>222</b>	<b>6. Johanna Nilsson, Northern Arizona</b>	<b>21:17.0</b>
8. Utah State	247	7. Kalin Toedebusch, Colorado	21:21.3
9. Southern Utah	255	8. Christine Bolf, Colorado	21:26.5
10. UTEP	272	9. Alba Garcia, UTEP	21:29.1
		10. Breanne Sandberg, Brigham Young	21:31.5

# YEAR-BY-YEAR DISTRICT SEVEN RESULTS

## 2002 - November 16, Albuquerque, New Mexico, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 17</i>		<i>top 10</i>	
1. Brigham Young	29	1. Michaela Manova, BYU	20:31
2. Colorado	66	<b>2. Ida Nilsson, Northern Arizona</b>	<b>20:32</b>
<b>3. Northern Arizona</b>	<b>90</b>	3. Kassie Anderson, BYU	20:33
4. Colorado State	99	4. Sara Gorton, Colorado	20:39
<b>5. Weber State</b>	<b>105</b>	5. Molly Austin, Colorado	20:42
6. Air Force	209	<b>6. Johanna Nilsson, Northern Arizona</b>	<b>20:45</b>
<b>7. Montana State</b>	<b>219</b>	7. Katie Martin, BYU	20:52
8. Utah State	220	8. Jaime Cottle, BYU	21:16
9. Utah	235	9. Natalie Florence, Colorado	21:20
10. Texas Tech	269	10. Breanne Sandberg, BYU	21:22

## 2001 - November 10, Provo, Utah, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 17</i>		<i>top 10</i>	
1. Brigham Young	31	1. Jodi Hughes, Colorado	21:13.9
2. Colorado	48	2. Tara Northcutt, BYU	21:21.0
<b>3. Northern Arizona</b>	<b>81</b>	3. Molly Austin, Colorado	21:21.6
4. Colorado State	85	<b>4. Ida Nilsson, Northern Arizona</b>	<b>21:26.2</b>
<b>5. Weber State</b>	<b>159</b>	5. Jessie Kindschi, BYU	21:32.7
6. Southern Utah	238	<b>6. Susan Rutherford, Northern Arizona</b>	<b>21:37.2</b>
7. Air Force	243	7. Lindsey Thomsen, BYU	21:42.4
8. Utah	267	8. Sarah Taylor, BYU	21:47.0
9. Utah State	272	9. Nan Evans, BYU	21:49.4
10. Texas Tech	293	10. Marget Larson, Colorado	21:51.5

## 2000 - November 11, Riverdale, Utah, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 17</i>		<i>top 10</i>	
1. Colorado	38	1. Kara Grgas-Wheeler, Colorado	20:46.0
2. Brigham Young	50	<b>2. Sabrina Monro, Montana</b>	<b>20:54.0</b>
3. Colorado State	102	3. Sara Gorton, Colorado	21:13.5
<b>4. Weber State</b>	<b>105</b>	4. Sharolyn Shields, Brigham Young	21:31.1
<b>5. Montana</b>	<b>160</b>	5. Anita Looper, UTEP	21:31.6
<b>6. Northern Arizona</b>	<b>163</b>	6. Sarah Ellett, Brigham Young	21:32.5
<b>7. Montana State</b>	<b>201</b>	7. Lesley Higgins, Colorado	21:33.9
8. Utah State	228	<b>8. Heather Anderson, Montana</b>	<b>21:35.0</b>
9. Air Force	243	9. Melanie Steere, Brigham Young	21:35.8
10. Utah	317	<b>10. Rebecca Bennion, Weber State</b>	<b>21:36.5</b>

## 1999 - November 13, Ft. Collins, Colorado, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 17</i>		<i>top 10</i>	
1. Brigham Young	20	1. Kara Wheeler, Colorado	16:39.9
2. Colorado	61	2. Sharolyn Shields, Brigham Young	17:04.1
<b>3. Northern Arizona</b>	<b>116</b>	3. Elizabeth Jackson, Brigham Young	17:05.4
<b>4. Montana State</b>	<b>191</b>	4. Susan Taylor, Brigham Young	17:06.4
5. Utah State	205	5. Tara Rohatinsky, Brigham Young	17:07.4
<b>6. Idaho State</b>	<b>207</b>	6. Kara Ormand, Brigham Young	17:08.1
<b>7. Weber State</b>	<b>208</b>	7. Leigh Daniel, Texas Tech	17:08.5
8. Texas Tech	212	8. Elizabeth Roodell, Colorado State	17:22.7
9. Colorado State	221	9. Carrie Messner, Colorado	17:23.3
<b>10. Montana</b>	<b>274</b>	<b>10. Amy Swier, Northern Arizona</b>	<b>17:24.6</b>

## 1998 - November 14, Provo, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 13</i>		<i>top 10</i>	
1. Brigham Young	28	1. Maggie Chan, Brigham Young	17:33.0
2. Colorado	69	2. Elizabeth Jackson, Brigham Young	17:50.2
<b>3. Northern Arizona</b>	<b>95</b>	3. Kara Ormond, Brigham Young	17:55.6
4. Colorado State	125	<b>4. Heidi Hess, Weber State</b>	<b>17:57.0</b>
5. Utah State	165	<b>5. Emily Allison, Northern Arizona</b>	<b>18:02.0</b>
<b>6. Weber State</b>	<b>172</b>	<b>6. Heather Anderson, Montana</b>	<b>18:02.5</b>
<b>7. Montana</b>	<b>210</b>	7. Heather Burroughs, Colorado	18:04.3
8. Southern Utah	211	8. Briana Stott-Messick, Colorado	18:04.9
9. Utah	234	<b>9. Amy Swier, Northern Arizona</b>	<b>18:07.2</b>
<b>10. Montana State</b>	<b>248</b>	10. Courtney Meldrum, Brigham Young	18:14.7

# YEAR-BY-YEAR DISTRICT SEVEN RESULTS

## 1997 - November 15, Ogden, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 17</i>		<i>top 10</i>	
1. Brigham Young	29	1. Maggie Chan, Brigham Young	17:13.3
2. Colorado	64	<b>2. Amy Swier, Northern Arizona</b>	<b>17:16.5</b>
3. Colorado State	103	3. Kelly Smith, Colorado	17:20.8
<b>4. Weber State</b>	<b>118</b>	<b>4. Sharlyn Maughan, Weber State</b>	<b>17:21.0</b>
<b>5. Northern Arizona</b>	<b>141</b>	5. Courtney Pugmire, Brigham Young	17:26.4
<b>6. Idaho State</b>	<b>175</b>	6. Emily Nay, Brigham Young	17:32.3
7. Utah	224	7. Marne Findlay, Colorado State	17:37.2
8. Texas Tech	231	8. Caisa Monahan, Brigham Young	17:44.3
<b>9. Montana State</b>	<b>239</b>	9. Elizabeth Jackson, Brigham Young	17:50.4
10. Utah State	263	10. April Brannon, New Mexico	17:50.9

## 1996 - November 16, Fort Collins, Colorado, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 14</i>		<i>top 10</i>	
1. Colorado	43	1. Courtney Pugmire, Brigham Young	18:18.81
2. Brigham Young	55	2. Sarah Piccolo, Colorado State	18:19.26
3. Colorado State	108	3. Kelly Smith, Colorado	18:27.35
<b>4. Northern Arizona</b>	<b>118</b>	4. Marne Findlay, Colorado State	18:29.66
5. Utah	130	5. Maggie Chan, Brigham Young	18:30.81
<b>6. Weber State</b>	<b>133</b>	6. Carrie Messner, Colorado	18:36.82
<b>7. Montana State</b>	<b>199</b>	7. Lauren Adams, Utah	18:40.61
8. Boise State	223	8. Colleen Glyde, Colorado	18:43.37
<b>9. Idaho State</b>	<b>227</b>	9. Niamh Beirne, Boise State	18:49.99
10. New Mexico	264	<b>10. Rikke Pedersen, Northern Arizona</b>	<b>18:53.76</b>

## 1995 - November 13, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 16</i>		<i>top 10</i>	
1. Brigham Young	24	1. Janeth Caizalitin, Brigham Young	16:54.0
2. Colorado	31	2. Colleen Glyde, Colorado	16:56.0
<b>3. Montana State</b>	<b>109</b>	3. Courtney Pugmire, Brigham Young	17:16.3
<b>4. Weber State</b>	<b>135</b>	4. Patty Roberts, Colorado	17:18.5
5. Colorado State	174	5. Marty Aparicio, Brigham Young	17:18.6
<b>6. Boise State</b>	<b>180</b>	6. Kelly Smith, Colorado	17:22.5
<b>7. Northern Arizona</b>	<b>197</b>	7. Diane Wilson, Brigham Young	17:30.9
<b>8. Idaho State</b>	<b>218</b>	8. Maggie Chan, Brigham Young	17:31.6
9. Utah	279	9. Kristina Dahlberg, Colorado	17:33.6
10. Wyoming	285	10. Heather Burroughs, Colorado	17:34.3

## 1994 - November 13, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 19</i>		<i>top 10</i>	
1. Colorado	26	1. Janeth Caizalitin, Brigham Young	17:06.57
2. Brigham Young	42	2. Patty Roberts, Colorado	17:07.44
<b>3. Montana State</b>	<b>132</b>	3. Natalie Raveling, Colorado	17:21.83
<b>4. Northern Arizona</b>	<b>181</b>	4. Amy McNitt, Colorado	17:31.78
<b>5. Weber State</b>	<b>198</b>	5. Allison Lusby, Colorado	17:32.45
6. Utah	211	6. Julie Orton, Brigham Young	17:39.82
7. Colorado State	225	7. Tara Kauffman, Brigham Young	17:43.01
<b>8. Idaho State</b>	<b>227</b>	<b>8. Rikke Pedersen, Northern Arizona</b>	<b>17:43.98</b>
9. Wyoming	240	9. Angie Lee, Brigham Young	17:44.77
10. Fresno State	254	<b>10. Faith Harvel, Montana State</b>	<b>17:45.74</b>

## 1993 - November 13, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 19</i>		<i>top 10</i>	
1. Brigham Young	49	1. Janeth Caizalitin, Brigham Young	17:03.20
2. Colorado	57	2. Trine Pilskog, Texas-El Paso	17:08.40
<b>3. Weber State</b>	<b>108</b>	3. Tonya Todd, Brigham Young	17:08.80
<b>4. Montana State</b>	<b>165</b>	4. Brooks Baughman, Colorado	17:11.10
<b>5. Idaho</b>	<b>166</b>	<b>5. Angie Mathison, Idaho</b>	<b>17:11.50</b>
6. Colorado State	169	<b>6. Shelley Smathers, Montana</b>	<b>17:14.20</b>
7. Utah	187	<b>7. Christy Michaels, Northern Arizona</b>	<b>17:16.60</b>
<b>8. Northern Arizona</b>	<b>205</b>	8. Patty Roberts, Colorado	17:26.10
<b>9. Idaho State</b>	<b>250</b>	9. Heather Witney, Brigham Young	17:30.60
10. Wyoming	256	10. Natalie Raveling, Colorado	17:32.10

# YEAR-BY-YEAR DISTRICT SEVEN RESULTS

## 1992 - November 14, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 19</i>		<i>top 10</i>	
<b>1. Northern Arizona</b>	<b>48</b>	1. Brooke Baughman, Colorado	16:53
2. Brigham Young	52	2. Tonya Todd, Brigham Young	16:59
3. Colorado	125	<b>3. Jennifer Cleary, Montana State</b>	<b>17:12</b>
4. Colorado State	183	4. Dorota Buczkowska, Brigham Young	17:14
<b>5. Weber State</b>	<b>203</b>	5. Alisa Nicodemus, Utah State	17:14
<b>6. Montana State</b>	<b>206</b>	<b>6. Tracy Jarman, Northern Arizona</b>	<b>17:19</b>
7. Wyoming	214	<b>7. Kristi Klinnert, Northern Arizona</b>	<b>17:27</b>
<b>8. Idaho State</b>	<b>218</b>	<b>8. Calley Nelson, Northern Arizona</b>	<b>17:28</b>
<b>9. Montana</b>	<b>249</b>	9. Kelly Dix, New Mexico	17:30
<b>10. Boise State</b>	<b>259</b>	<b>10. Larah Treadwell, Northern Arizona</b>	<b>17:30</b>

## 1991 - November 16, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 18</i>		<i>top 10</i>	
<b>1. Northern Arizona</b>	<b>50</b>	1. Leanne Whitesides, Brigham Young	17:01
2. Brigham Young	67	<b>2. Kristi Klinnert, Northern Arizona</b>	<b>17:15</b>
<b>3. Weber State</b>	<b>112</b>	<b>3. Kari McKay, Eastern Washington</b>	<b>17:18</b>
4. Colorado State	122	4. Sandy Ham, Colorado State	17:19
5. Colorado	138	5. Brooke Baughman, Colorado	17:19
6. Texas-El Paso	140	<b>6. Tracy Jarman, Northern Arizona</b>	<b>17:24</b>
7. Wyoming	175	<b>7. Larah Treadwell, Northern Arizona</b>	<b>17:31</b>
<b>8. Idaho</b>	<b>256</b>	8. Tonya Todd, Brigham Young	17:39
9. Southern Utah	284	9. Trine Pilskog, Texas-El Paso	17:43
10. New Mexico	289	10. Tara Kauffman, Brigham Young	17:45

## 1990 - November 10, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 19</i>		<i>top 10</i>	
1. Brigham Young	45	1. Wilma Onna, Texas-El Paso	16:41
<b>2. Northern Arizona</b>	<b>57</b>	2. Nicole Birk, Brigham Young	17:11
<b>3. Weber State</b>	<b>118</b>	<b>3. Kristi Klinnert, Northern Arizona</b>	<b>17:18</b>
4. Colorado	158	<b>4. Kathy Karpel, Boise State</b>	<b>17:32</b>
5. Wyoming	189	<b>5. Tracy Jarman, Northern Arizona</b>	<b>17:33</b>
<b>6. Boise State</b>	<b>199</b>	6. Tonya Todd, Brigham Young	17:35
7. Colorado State	220	7. Sandy Ham, Colorado State	17:37
8. Utah	257	<b>8. Kari McKay, Eastern Washington</b>	<b>17:41</b>
9. Nevada	261	9. Necia Hoffman, Wyoming	17:41
<b>10. Idaho State</b>	<b>262</b>	<b>10. Larah Treadwell, Northern Arizona</b>	<b>17:43</b>

## 1989 - November 11, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 19</i>		<i>top 10</i>	
1. Brigham Young	53	1. Wilma Onna, Texas-El Paso	16:26
<b>2. Northern Arizona</b>	<b>60</b>	2. Rita Delnoye, Texas-El Paso	16:42
<b>3. Weber State</b>	<b>157</b>	<b>3. Larah Treadwell, Northern Arizona</b>	<b>17:09</b>
<b>4. Boise State</b>	<b>159</b>	4. Leanne Martin, Brigham Young	17:13
4. Colorado	159	<b>5. Maurie Wood, Northern Arizona</b>	<b>17:23</b>
6. Wyoming	183	<b>6. Kristi Klinnert, Northern Arizona</b>	<b>17:24</b>
7. Colorado State	190	<b>7. Kathleen Monaghan, Montana State</b>	<b>17:27</b>
<b>8. Idaho State</b>	<b>202</b>	8. Nicole Birk, Brigham Young	17:36
<b>9. Montana State</b>	<b>251</b>	<b>9. Kathy Karpel, Boise State</b>	<b>17:41</b>
10. Texas-El Paso	263	10. Lisa Chipman, Brigham Young	17:50

## 1988 - November 12, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 18</i>		<i>top 10</i>	
<b>1. Northern Arizona</b>	<b>77</b>	1. Tina Ljungberg, Texas-El Paso	16:32.1
2. Brigham Young	86	2. Noeleen Mullan, Brigham Young	17:16.5
3. Wyoming	124	3. Gwen Willink, New Mexico	17:18.5
4. Colorado State	152	4. Nicole Boes, Colorado State	17:22.3
5. New Mexico	158	<b>5. Patty Young, Nevada</b>	<b>17:29.4</b>
6. Utah	185	<b>6. Maurie Wood, Northern Arizona</b>	<b>17:34.5</b>
<b>7. Montana State</b>	<b>190</b>	7. Cindy Herhand, New Mexico	17:43.8
<b>8. Nevada</b>	<b>194</b>	<b>8. Brenda Payton, Northern Arizona</b>	<b>17:46.9</b>
<b>9. Montana</b>	<b>195</b>	<b>9. Nicole Birk, Northern Arizona</b>	<b>17:50.7</b>
<b>10. Weber State</b>	<b>209</b>	<b>10. Kathy Karpel, Boise State</b>	<b>17:59.2</b>

# YEAR-BY-YEAR DISTRICT SEVEN RESULTS

## 1987 - November 14, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 12</i>		<i>top 10</i>	
<b>1. Northern Arizona</b>	<b>48</b>	1. Kristina Ljungberg, Texas-El Paso	17:08
2. Texas-El Paso	54	2. Rita Delnoye, Texas-El Paso	17:22
3. Brigham Young	55	3. Noeleen Mullan, Brigham Young	17:36
<b>4. Montana State</b>	<b>134</b>	4. Angela Cook, Brigham Young	17:39
5. New Mexico	139	5. Celsa Bowman, Utah	17:39
6. Utah	157	<b>6. Nikki Toms, Northern Arizona</b>	<b>17:41</b>
7. Colorado State	176	<b>7. Maurie Wood, Northern Arizona</b>	<b>17:44</b>
<b>8. Idaho</b>	<b>218</b>	8. Nancy Anderson, Brigham Young	17:46
9. Wyoming	234	<b>9. Brenda Payton, Northern Arizona</b>	<b>17:53</b>
<b>10. Boise State</b>	<b>257</b>	<b>10. Kathleen Monaghan, Montana State</b>	<b>17:59</b>

## 1986 - November 16, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 17</i>		<i>top 10</i>	
1. Brigham Young	57	<b>1. Angela Chalmers, Northern Arizona</b>	<b>16:33</b>
<b>2. Northern Arizona</b>	<b>87</b>	2. Carole Roybal, New Mexico	16:51
3. Colorado State	110	3. Elizabeth Brax, Texas-El Paso	16:53
4. New Mexico	113	4. Nicole Boes, Colorado State	16:59
5. Texas-El Paso	123	5. Nancy Anderson, Brigham Young	17:08
<b>6. Montana State</b>	<b>172</b>	6. Noeleen Mullan, Brigham Young	17:21
7. Wyoming	198	7. Julie Jenkins, Brigham Young	17:17
<b>8. Weber State</b>	<b>230</b>	8. Claudina Navarro, Texas-El Paso	17:24
<b>9. Idaho State</b>	<b>239</b>	9. Elizabeth Johnson, Colorado State	17:31
<b>10. Montana</b>	<b>247</b>	<b>10. Loreen McRae, Montana</b>	<b>17:38</b>

## 1985 - November 16, Boise, Idaho, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 13</i>		<i>top 10</i>	
1. Brigham Young	37	1. Jill Holiday, Brigham Young	16:53.3
2. New Mexico	88	<b>2. Angela Chalmers, Northern Arizona</b>	<b>16:53.7</b>
<b>3. Northern Arizona</b>	<b>98</b>	3. Carole Roybal, New Mexico	17:10.0
<b>4. Montana State</b>	<b>112</b>	<b>4. Annette Hand, Montana State</b>	<b>17:24.7</b>
5. Colorado State	123	5. Noeleen Mullan, Brigham Young	17:30.7
6. Wyoming	170	<b>6. Ronda Sterkenberg, Northern Arizona</b>	<b>17:32.4</b>
<b>7. Idaho</b>	<b>187</b>	7. Regina Nelson, Utah State	17:46.1
<b>8. Idaho State</b>	<b>192</b>	8. Liz Brittin, Brigham Young	17:49.3
9. Utah	197	9. Dawn Eriacho, New Mexico	17:51.2
<b>10. Weber State</b>	<b>219</b>	10. Avril McCluna, Brigham Young	17:53.1

## 1984 - November 10, American Fork, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 12</i>		<i>top 10</i>	
1. Brigham Young	40	1. Jill Holiday, Brigham Young	16:12.5
2. New Mexico	79	2. Carole Roybal, New Mexico	16:18.7
<b>3. Montana</b>	<b>98</b>	<b>3. Annette Hand, Montana State</b>	<b>16:30.5</b>
4. Colorado State	111	4. Janell Burgon, Brigham Young	16:33.6
<b>5. Northern Arizona</b>	<b>116</b>	5. Regina Nelson, Colorado State	16:36.4
6. Utah	160	6. Nancy Woods, New Mexico	16:38.2
<b>7. Weber State</b>	<b>166</b>	7. Carla Pittelkow, Utah	16:42.0
<b>8. Montana State</b>	<b>226</b>	8. Kelly Champagne, New Mexico	16:43.3
9. Wyoming	237	9. Karen Plummer, Colorado State	16:44.6
<b>10. Idaho State</b>	<b>274</b>	<b>10. Janet Beaudry, Idaho</b>	<b>16:44.9</b>

## 1983 - November 12, Eden, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 13</i>		<i>top 10</i>	
1. Brigham Young	54	<b>1. Patsy Sharples, Idaho</b>	<b>17:33.1</b>
<b>2. Montana</b>	<b>83</b>	2. Andrea Everett, Wyoming	17:37.2
3. Texas-El Paso	111	3. Jill Holiday, Brigham Young	17:49.0
<b>4. Idaho</b>	<b>122</b>	4. Carey May, Brigham Young	17:55.6
5. New Mexico	123	<b>5. Angela Chalmers, Northern Arizona</b>	<b>18:05.7</b>
<b>6. Northern Arizona</b>	<b>160</b>	6. Marith Risan, Texas-El Paso	18:24.2
7. Wyoming	162	<b>7. Gina Castagna, Montana</b>	<b>18:28.8</b>
8. Colorado State	175	8. Janell Neeley, Brigham Young	18:29.2
<b>9. Idaho State</b>	<b>225</b>	<b>9. Rhonda Sterkenberg, Northern Arizona</b>	<b>18:31.5</b>
<b>10. Weber State</b>	<b>230</b>	10. Julie Benzel, Colorado State	18:32.0

# YEAR-BY-YEAR DISTRICT SEVEN RESULTS

## 1982 - November 12, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 15</i>			
1. Brigham Young	41	1. Jill Molen, Utah	16:01.8
<b>2. Idaho</b>	<b>102</b>	<b>2. Patsy Sharples, Idaho</b>	<b>17:00.8</b>
3. Colorado State	104	3. Carey May, Brigham Young	17:01.0
4. Wyoming	113	4. Janell Neeley, Brigham Young	17:10.6
5. New Mexico	126	5. Andrea Everett, Wyoming	17:11.4
6. Utah	138	6. Robin Wolfe, Colorado State	17:12.8
<b>7. Montana State</b>	<b>145</b>	7. Allison Hollingt, Wyoming	17:16.7
<b>8. Northern Arizona</b>	<b>185</b>	<b>8. Mary Guyer, Montana State</b>	<b>17:22.2</b>
<b>9. Weber State</b>	<b>236</b>	9. Lisa Larson, Brigham Young	17:29.2
<b>10. Idaho State</b>	<b>272</b>	<b>10. Angela Chalmers, Northern Arizona</b>	<b>17:29.9</b>

## 1981 - November 11, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 6 of 6</i>			
1. Utah	30	<b>1. Carmen Garduno, Weber State</b>	<b>17:47</b>
2. Air Force	42	2. Jill Molen, Utah	17:51
<b>3. Weber State</b>	<b>102</b>	3. Marilyn French, Utah	18:31
<b>4. Northern Arizona</b>	<b>111</b>	4. Rita Burr, Air Force	18:38
5. Northern Colorado	126	5. Kim Sheridan, Air Force	18:48
6. Colorado College	138	6. Julie Dunn, Colorado College	18:52
		7. Renee Martin, Utah	18:53
		8. Mary Lou Sedgwick, Utah	18:54
		9. Anetta Weber, Air Force	19:05
		10. Heather Allen, Utah	19:10

## 1980 - November 1, Salt Lake City, Utah, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 9 of 10</i>			
1. Colorado	65	<b>1. Carmen Garduno, Weber State</b>	<b>18:29.7</b>
2. Colorado State	84	2. Lisa Nickel, Wyoming	18:42.9
3. Wyoming	88	3. Carla Pittelkow, Utah	18:50.1
4. Utah	116	4. Alison Butterworth, Colorado	18:54.6
5. Brigham Young	130	5. Juanita Neff, Wyoming	19:02.4
6. New Mexico	131	6. Jacqueline Richards, Texas-El Paso	19:03.5
<b>7. Idaho State</b>	<b>142</b>	7. Lori Jorgensen, Colorado	19:03.9
8. Utah State	193	8. Robin Wolfe, Colorado State	19:05.4
<b>9. Weber State</b>	<b>226</b>	9. Bonnie Tamis, Colorado State	19:06.9

## 1979 - November 3, Albuquerque, New Mexico, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 9 of 9</i>			
1. Colorado State	46	1. Amy Laffeca, Colorado State	17:08.5
2. Colorado	58	2. Debbie Mitchell, Texas-El Paso	17:39.4
3. Wyoming	77	3. Jill Molen, Utah	17:54.9
4. Utah	84	4. Terri Wells, Colorado State	18:04.5
5. Texas-El Paso	141	5. Lori Jorgensen, Colorado	18:19.6
6. New Mexico	163	6. Leandra Barinaga, Wyoming	18:20.9
<b>7. Idaho State</b>	<b>181</b>	7. Jacqueline Richards, Texas-El Paso	18:32.3
8. Brigham Young	207	8. Pam Crockett, Utah	18:33.0
<b>9. Weber State</b>	<b>218</b>	9. Fran Montes, Colorado	18:36.8
		10. Dana Derichsweiler, Colorado State	18:39.6

## 1978 - November 4, Laramie, Wyoming, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 13</i>			
1. Colorado	52	1. Mary Decker, Colorado	18:42
2. New Mexico	68	2. Amy Laffoon, Colorado State	18:59
3. Colorado State	85	3. Janet Wroblewski, New Mexico	19:06
4. Arizona	106	4. Judy McCreery, Northern Colorado	19:16
5. Northern Colorado	131	5. Debbie Mitchell, Texas-El Paso	19:23
6. Brigham Young	147	6. Terri Wells, Colorado State	19:28
7. Wyoming	149	7. Joan Hansen, Arizona	19:34
<b>8. Idaho State</b>	<b>199</b>	8. Kathy Wilson, Colorado	19:39
9. Texas-El Paso	207	9. Susan Vigil, New Mexico	19:47
10. Air Force	212	10. Linda Carlson, Northern Colorado	20:01

# YEAR-BY-YEAR WEST REGION RESULTS

## 2012 - November 9, Seattle, Wash., 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 28</i>			
1. Oregon	64	1. Jordan Hasay, Oregon	19:16
2. Stanford	85	2. Laura Hollander, Cal Poly	19:22
2. Arizona	85	3. Kathy Kroeger, Stanford	19:27
4. Washington	96	4. Shelby Houlihan, Arizona St.	19:50
5. San Francisco	151	5. Carla Hatton, Stanford	19:51
6. UC Davis	177	6. Jennifer Bergman, Arizona	19:52
7. UCLA	217	7. Allie Woodward, Oregon	19:52
8. Portland	230	8. Kelsey Santisteban, California	19:52
9. California	305	9. Aisling Cuffe, Stanford	19:53
10. Boise State	308	10. Alexi Pappas, Oregon	19:54

## 2011 - November 12, Stanford, Calif., 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 31</i>			
1. Washington	50	1. Jordan Hasay, Oregon	19:44
2. Arizona	98	2. Deborah Maier, California	19:51
3. Stanford	111	3. Tara Erdmann, Loyola Marymount	19:53
4. Oregon	120	4. Elvin Kibet, Arizona	20:09
5. California	141	5. Katie Flood, Washington	20:14
6. San Francisco	169	6. Jennifer Bergman, Arizona	20:15
7. Arizona State	241	7. Kathy Kroeger, Stanford	20:16
8. UC Davis	270	8. Megan Goethals, Washington	20:17
9. Cal Poly	270	9. Chelsea Reilly, California	20:18
10. Portland	315	10. Lindsay Flanagan, Washington	20:27

## 2010 - November 13, Eugene, Oregon, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 31</i>			
1. Washington	73	1. Jordan Hasay, Oregon	20:01.9
2. Oregon	77	2. Deborah Maier, California	20:06.81
3. Stanford	86	3. Alex Kosinski, Oregon	20:09.53
4. Arizona	90	4. Tara Erdmann, LMU	20:11.96
5. California	159	5. Kathy Kroeger, Stanford	20:13.47
6. UC Santa Barbra	159	6. Katie Flood, Washington	20:17.03
7. San Francisco	200	7. Justine Johnson, Washington	20:17.74
8. Cal Poly	289	8. Amanda Moreno, UCSB	20:20.70
9. Portland	303	9. Jennifer Bergman, Arizona	20:23.13
10. UCLA	312	10. Zoe Buckman, Oregon	20:24.73

## 2009 - November 14, Eugene, Oregon, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 30</i>			
1. Washington	25	1. Kendra Schaaf, Washington	20:41.70
2. Oregon	66	2. Jordan Hasay, Oregon	20:52.46
3. Stanford	94	3. Marie Lawrence, Washington	20:58.87
4. Arizona State	119	4. Kailey Campbell, Washington	21:00.31
5. Arizona	202	5. Nicole Blood, Oregon	21:01.00
6. UC Santa Barbra	228	6. Stephanie Wilson, Santa Clara	21:01.30
7. UC Davis	232	7. Katie Follett, Washington	21:02.93
8. California	255	8. Alex Kosinski, Oregon	21:07.25
9. Oregon state	302	9. Stephanie Marcy, Stanford	21:09.67
10. San Francisco	304	10. Christine Babcock, Washington	21:12.90

# YEAR-BY-YEAR WEST REGION RESULTS

## 2008 - November 15, Stanford, California, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 30</i>		<i>top 10</i>	
1. Washington	25	1. Alexandra Kosinski, Oregon	19:59.01
2. Oregon	62	2. Nicole Blood, Oregon	20:01.23
3. Stanford	91	3. Christine Babcock, Washington	20:02.25
4. Arizona State	128	4. Marie Lawrence, Washington	20:03.21
5. Portland	215	5. Katie Follett, Washington	20:07.90
6. UC Davis	225	6. Anita Campbell, Washington	20:12.08
7. California	269	7. Amanda Miller, Washington	20:13.04
8. Arizona	290	8. Zsofia Erdelyi, USC	20:17.01
9. Oregon State	321	9. Lauryne Chetelat, Stanford	20:17.34
10. Washington State	328	10. Kari Hardt, Arizona State	20:18.96

## 2007 - November 10, Eugene, Oregon, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 31</i>		<i>top 10</i>	
1. Stanford	33	1. Teresa McWalters, Stanford	19:57.30
2. Oregon	72	2. Nicole Blood, Oregon	20:05.35
3. Arizona State	106	3. Alex Gits, Stanford	20:23.40
4. Washington	118	4. Anita Campbell, Washington	20:24.40
5. UC Santa Barbara	143	5. Arianna Lambie, Stanford	20:31.25
6. Washington State	249	6. Alexandra Kosinski, Oregon	20:36.45
7. Portland	250	7. Katie Follett, Washington	20:39.70
8. UC Riverside	304	8. Jenna Kingma, Arizona State	20:41.30
9. California	328	9. Dana Morgan, Portland	20:41.40
10. Long Beach State	334	10. Lauren Centrowitz, Stanford	20:44.80

## 2006 - November 11, Portland, Oregon, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 30</i>		<i>top 10</i>	
1. Stanford	42	1. Arianna Lambie, Stanford	20:58.8
2. UC Santa Barbara	72	2. Kathleen Trotter, Stanford	21:12.1
3. Arizona State	83	3. Laura Olvera, UC Irvine	21:16.2
4. Washington	140	4. Amanda Trotter, Stanford	21:16.8
5. UCLA	170	5. Lauren Christman, UC Santa Barbara	21:17.5
6. Oregon	177	6. Anita Campbell, Washington	21:18.4
7. Portland	256	7. Laura Mickelson, Loyola Marymount	21:19.5
8. UC Irvine	264	8. Amy Lia, Washington	21:21.2
9. Washington State	275	9. Jenna Kingma, Arizona State	21:25.1
10. Arizona	309	10. Lindsay Christman, UC Santa Barbara	21:36.0

## 2005 - November 12, Stanford, California, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 30</i>		<i>top 10</i>	
1. Stanford	24	1. Arianna Lambie, Stanford	19:29.3
2. Arizona State	48	2. Amy Hastings, Arizona State	19:58.4
3. Washington	117	3. Ashley Caldwell, UCLA	20:12.5
4. Oregon	139	4. Teresa McWalters, Stanford	20:16.8
5. UCLA	196	5. Kathleen Trotter, Stanford	20:17.1
6. Portland	228	6. Lindsay Flacks, Stanford	20:17.3
7. San Diego State	290	7. Victoria Jackson, Arizona State	20:25.0
8. Washington State	299	8. Amanda Trotter, Stanford	20:26.4
9. UC Irvine	310	9. Haley Paul, Washington State	20:27.5
10. Long Beach State	311	10. Anna Massinelli, Arizona State	20:30.7

# YEAR-BY-YEAR WEST REGION RESULTS

## 2004 - November 13, Fresno, California, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 28</i>		<i>top 10</i>	
1. Stanford	29	1. Alicia Craig, Stanford	20:03
2. Arizona State	45	2. Amy Hastings, Arizona State	20:14
3. UC Santa Barbara	92	3. Anita Siraki, Stanford	20:17
4. Idaho	140	4. Desi Davila, Arizona State	20:36
5. Washington	143	5. Teresa McWalters, Stanford	20:37
6. UCLA	151	6. Victoria Jackson, Arizona State	20:45
7. Arizona	245	7. Katy Trotter, Stanford	20:47
8. Oregon	272	8. Lauren Christman, UC Santa Barbara	20:48
9. Cal Poly	278	9. Laura Harmon, Oregon	20:52
10. Washington State	320	10. Letiwe Marakurwa, Idaho	21:02

## 2003 - November 15, Portland, Oregon, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 31</i>		<i>top 10</i>	
1. Stanford	45	1. Alicia Craig, Stanford	20:06
2. UCLA	69	2. Amy Hastings, Arizona State	20:22
3. Washington	94	3. Sara Bei, Stanford	20:27
4. Arizona State	112	4. Valerie Flores, UCLA	20:30
5. UC Santa Barbara	175	5. Ingvill Makestad, Washington	20:37
6. Idaho	193	6. Iryna Vashchuk, USC	20:38
7. Cal Poly	274	7. Anna Masinelli, Arizona State	20:42
8. Arizona	290	8. Bridget Duffy, Cal Berkley	20:46
9. Oregon	290	9. Magdalena Sandoval, Oregon	20:48
10. Cal Berkley	308	10. Kathleen Trotter, Stanford	20:49

## 2002 - November 16, Palo Alto, California, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 25</i>		<i>top 10</i>	
1. Stanford	24	1. Alecia Craig, Stanford	20:39
2. Arizona	70	2. Lena Nilsson, UC Santa Barbara	20:45
3. Arizona State	83	3. Lauren Fleshman, Stanford	20:54
4. Washington	115	4. Malindi Elmore, Stanford	21:07
5. UCLA	159	5. Sara Bei, Stanford	21:08
6. Washington State	214	6. Carrie Zografos, Oregon	21:26
7. UC Irvine	224	7. Courtney Inman, Washington	21:41
8. Cal Poly	246	8. Jessica Scalzo, Arizona State	21:45
9. Boise State	265	9. Jenna Timinsky, UCLA	21:46
10. Hawai'i	295	10. Amy Hastings, Arizona State	21:48

## 2001 - November 10, Tucson, Arizona, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 25</i>		<i>top 10</i>	
1. Stanford	39	1. Tara Chaplin, Arizona	20:40
2. Arizona	80	2. Lauren Fleshman, Stanford	20:52
3. Arizona State	83	3. Lisa Aguilera, Arizona State	20:53
4. Washington	115	4. Alicia Craig, Stanford	21:04
5. UCLA	159	5. Everlyne Lagat, Washington State	21:06
6. Washington State	214	6. Kelly MacDonald, Arizona State	21:08
7. UC Irvine	224	7. Sara Bei, Stanford	21:20
8. Cal Poly	246	8. Cheryl Smith, Hawaii	21:36
9. Boise State	265	9. Brianna Tores, Arizona State	21:41
10. Hawai'i	295	10. Katie Appenrodt, UC Santa Barbara	

# YEAR-BY-YEAR WEST REGION RESULTS

## 2000 - November 11, Fresno, California, 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 25</i>		<i>top 10</i>	
1. Stanford	58	1. Lisa Aguilera, Arizona State	20:25
2. Arizona State	88	2. Lauren Fleshman, Stanford	20:33
3. Arizona	126	3. Mary Duerbeck, Arizona State	20:36
4. Oregon	169	4. Elena Villarreal, Stanford	20:37
5. Washington	170	5. Kate Bradshaw, Washington	20:37
6. Cal Poly	187	6. Katie Barto, UNLV	20:38
7. Washington State	188	7. Cami Matson, Washington	20:40
8. UCLA	199	8. Hanna Smedstad, Oregon	20:42
9. UC Irvine	219	9. Tara Chaplin, Arizona	20:44
10. Idaho	221	10. Christina Bowen, UCLA	20:44

## 1999 - November 13, Troutdale, Oregon, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 28</i>		<i>top 10</i>	
1. Stanford	29	1. Julia Stamps, Stanford	16:50
2. Washington	63	2. Erin Sullivan, Stanford	16:51
3. Arizona State	86	3. Lauren Fleshman, Stanford	16:59
4. UCLA	139	4. Kelly MacDonald, Arizona State	17:04
5. Oregon	158	5. Lisa Aguilera, Arizona State	17:15
6. Arizona	166	6. Kate Vermeulen, UCLA	17:19
7. UC Irvine	246	7. Jen Schindler, Washington	17:20
8. Boise State	277	8. Anna Aoki, Washington	17:22
9. Washington State	281	9. Melinda Campbell, Washington	17:24
10. Cal Poly	315	10. Sally Glynn, Stanford	17:24

## 1998 - November 14, Fresno, California, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 28</i>		<i>top 10</i>	
1. Arizona	78	1. Amy Skieresz, Arizona	16:26
2. Stanford	80	2. Julia Stamps, Stanford	16:33
3. Washington	110	3. Christy Villa, UC Irvine	16:54
4. Oregon	118	4. Marie Davis, Oregon	16:58
5. UCLA	164	5. Melinda Campbell, Boise State	17:02
6. Arizona State	176	6. Angie Fortner, UNLV	17:04
7. UC Irvine	188	7. Elissa Riedy, UC Berkeley	17:08
8. Washington State	225	8. Sally Glynn, Stanford	17:12
9. UC Berkeley	270	9. Megan Maynard, Washington State	17:12
10. Boise State	280	10. Grazyna Penc, USC	17:14

## 1997 - West Region - November 15, Tucson, Arizona, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 25</i>		<i>top 10</i>	
1. Stanford	37	1. Amy Skieresz, Arizona	16:59.9
2. Oregon	78	2. Julia Stamps, Stanford	17:13.4
3. Washington	98	3. Sally Glynn, Stanford	17:17.0
4. Arizona	127	4. Mary Cobb, Stanford	17:18.9
5. UCLA	149	5. Sara Renfro, Stanford	17:20.8
6. Boise State	165	6. Marie Davis, Oregon	17:26.8
7. Washington State	201	7. Milena Glusac, Oregon	17:28.9
8. Southern California	240	8. Elissa Riedy, Cal-Berkeley	17:35.0
9. Cal-Berkeley	264	<b>9. Marisa Avendano, Sacramento State</b>	<b>17:38.9</b>
10. Arizona State	304	10. Nicole Kulikov, Fresno State	17:43.3

## 1996 - November 16, Fresno, California, 5,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 24</i>		<i>top 10</i>	
1. Stanford	51	1. Amy Skieresz, Arizona	16:13
2. Arizona	69	2. Emebet Gulilat-Shifaraw, USC	17:03
3. Washington	98	<b>3. Marisa Avendano, Sacramento State</b>	<b>17:08</b>
4. Oregon	153	4. Jessica Fry, Stanford	17:09
5. UCLA	172	5. Monai Chokshi, Stanford	17:13
6. UC Berkeley	232	6. Marie Davis, Oregon	17:14
7. USC	233	7. Mary Cobb, Stanford	17:14
8. Washington State	236	8. Francesca Fairbanks, Gonzaga	17:15
9. Cal Poly SLO	237	9. Emily Nay, Arizona	17:22
10. Fresno State	276	10. Kristen Parrish, Arizona	17:22

# YEAR-BY-YEAR MIDWEST REGION RESULTS

## 2012 - November 9, Springfield, Mo., 6,000 Meters

Final Team Results	Points	Final Individual Results	Time
<i>top 10 of 31</i>			
1. Iowa State	63	1. Betsy Saina, Iowa State	19:51.46
2. Oklahoma State	95	2. Al Tuliauk-Bolton, Wichita State	19:55.67
3. Minnesota	96	3. Mareike Schruelle, Iowa	20:09.31
4. Northwestern	204	4. Jessica Engel, Oklahoma	20:29.89
5. Tulsa	218	5. Meaghan Nelson, Iowa State	20:36.23
6. Iowa	220	6. Gina Valgoi, Loyola (Ill.)	20:37.83
7. North Dakota St.	232	7. Laura Galvan, Kansas State	20:45.72
8. Illinois State	278	8. Molly Kayfes, Minnesota	20:47.87
9. Illinois	290	9. Monika Juodeskaite, Oklahoma State	20:51.34
10. Saint Louis	292	10. Lexi Goldsmith, Northwestern	20:53.73

# BIG SKY ALL-ACADEMIC TEAMS

## 2012

### Eastern Washington

Lauren Brewington  
Monica Jaenicke  
Jessi Johnson  
Danie Moon  
Acacia Smith  
Brittney Swanson

### Idaho State

Kylie Hutchison  
Callie Kettner  
Sasha Kent  
Kate Nicholls  
Chloe Palakovich  
Laura Porras  
Audrey Urlacher  
Hayli Worthington

### Montana

Mariah Meyer  
Allie Parks  
Autumn Taniguchi  
Carly Wilczynski

### Montana State

Rachel Atwood  
Megan Beam  
Michelle Ciine  
Emily Garneau  
Kaylee Schmitz  
Rachel Sullivan

### North Dakota

Lindsay Anderson  
Jami Johnson  
McKenzie Lee  
Anna Lipetzky  
Lydia Lutz  
Jessica Lynch  
Rachel Miesbauer  
Erin Wysocki

### Northern Arizona

Kayla Freeman  
Rolonda Jumbo  
Agnes Laurent  
Kerri Lenihan  
Sarah Raber

### Northern Colorado

Ashley Atkin  
Stephanie Clark  
Rikki Gonzales  
Megan Horsch

### Portland State

Erica Contos  
Sarah Dean  
Katherine Hendricks  
Valerie Mitchell

### Sacramento State

Chloe Berlioux  
Amanda Garcia  
Emily Johnston  
Adrianna Royal

### Southern Utah

Sylvia Bedford  
Kirsten Bradford  
Lizzy Butler  
Kaylee Coates  
Whitney Curtis  
Danielle Jewkes  
Shelli Mogensen  
Dayna VanArsdol

### Weber State

Kayla Blackford  
Sarah Callister  
Suzanna Cressal  
Jenna Deelstra  
Amber Henry  
Laken Hintze  
Jamie Stokes  
Taylor Thornley

## 2011

### Eastern Washington

Lauren Brewington  
Stephanie Dye  
Jessi Johnson  
Dani Moon  
Angelica Rodriguez  
Acacia Smith  
Tonya Turner

### Idaho State

Bradi Hutchison  
Kylie Hutchison  
Callie Kettner  
Chloe Palakovich  
Audrey Urlacher

### Montana

Keli Dennehy  
Emily Eickholt  
Ani Haas  
Annie Moore  
Allie Parks  
Kesslee Payne  
Autumn Taniguchi  
Carly Wilczynski

### Montana State

Emily Garneau  
Heather Haug  
Rebecca Sorenson  
Keely West

### Northern Arizona

Kortnee Burton  
Caroline Hogardh  
Kylee Kieser  
Agnes Laurent  
Haley Lawrence  
Kerri Lenihan  
Sarah Raber

### Northern Colorado

Haley Hughes  
Nicole Larson  
Nicole O'Dwyer

### Portland State

Erica Contos

### Sacramento State

Breanna Lewis  
Teresa Mallory  
Justine Rea  
Veronica Stinnett

### Weber State

Kayla Blackford  
Sarah Callister  
Natalie Clark  
Jenna Deelstra  
Amber Henry  
Laken Hintze (Skidmore)  
Suzanna Sorenson  
Loren Storey  
Taylor Thornley

## 2010

### Eastern Washington

Sarah Alvick  
Stephanie Dye  
Monica Jaenicke  
Jessi Johnson  
Amy Kolin  
Kimberly Macias  
Micaela Rasmussen  
Angelica Rodriguez

### Idaho State

Becca Apligton  
Brandi Hutchison  
Chloe Palakovich  
Nicole Peterson  
Misha Trotter  
Aubrey Urlacher  
Erica Wendt-Richardson

### Montana

Brooke Andrus  
Kelli Dennehy  
Kara DeWalt  
Bridgette Hoenke  
Annie Moore  
Kesslee Payne

### Montana State

Heather Haug  
Laura Kuennen  
Rebecca Sorenson  
Keely West  
Tara Will

### Northern Arizona

Carissa Gwerder  
Lisette Michaels  
Alex Myers  
Sarah Raber

### Northern Colorado

Megan Horsch  
Haley Hughes  
Nicole O'Dwyer  
Alexandra Sojourner

### Portland State

Karissa Fuller  
Brittany Long  
Julie Pedersen

### Sacramento State

Breanne Lewis  
Erin Lewis  
Rachel Mitchell  
Dominique Ratto  
Justine Rea  
Veronica Stinnett  
Lea Wallace

### Weber State

Kayla Blackford  
Sarah Callister  
Jenna Deelstra  
Natalie Haws  
Loren Storey  
Taylor Thornley

## 2009

### Eastern Washington

Sarah Alvick  
April Axtell  
Kelly Downey  
Stephanie Dye  
Jessi Johnson  
Lauren Matthews  
Brittney Williams

### Idaho State

Kerynn Davis  
Brandi Hutchison  
Gemma Maini  
Chloe Palakovich  
Kris Thomasberg  
Erica Wendt-Richardson

### Montana

Brooke Andrus  
Kara DeWalt  
Bridgette Hoenke  
Kim Tritz

### Montana State

Morgan Dunley  
Larkin Guenther  
Heather Haug  
Corrine Malcolm  
Rebecca Sorenson  
Tara Will

### Northern Arizona

Kortnee Burton  
Haley Lawrence  
Astrid Leutert  
Ceronica Pohl  
Torin Shiriver

### Northern Colorado

Erin Apsey  
Kellie Callahan  
Megan Horsch  
Adrianna Larson  
Jacqueline Lomax  
Alexandra Sojourner

### Portland State

Stephanie Deever  
Amelia Holcombe  
Brittany Long

### Sacramento State

Danzel Bradshaw  
Kristina Holtz  
Erin Lewis  
Rachel Mitchell  
Lea Wallace

### Weber State

Sarah Callister  
Jenna Deelstra  
Haley Rose  
Laken Skidmore  
Loren Storey  
Taylor Thornley

# BIG SKY ALL-ACADEMIC TEAMS

## 2008

### **Eastern Washington**

April Axtell  
Kelly Downey  
Stephanie Dye  
Tera Klein  
Lauren Matthews  
Amber Nickelson  
Brittney Williams

### **Idaho State**

Chealse Kropushek-Miller  
Erica Wendt  
Bradi Hutchinson  
Kerynn Davis  
Gemma Maini  
Mandi Janowitz  
Parris Hodges

### **Montana**

Bridgette Hoenke  
Aleta Jokisch  
Kim Tritz

### **Montana State**

Kala Jauquet  
Morgan Dunley  
Brooke Chavez  
Heather Haug  
Rebecca Sorenson  
Lauren Kuennen

### **Northern Arizona**

Kortnee Burton  
Addie Devine  
Vanessa Hancock  
Veronica Pohl

### **Northern Colorado**

Kellie J. Callahan  
Brianna K. Spletstoser  
Colleen M. Sanderlin  
Megan C. Horsch  
Adrienne N. Larson  
Jacqueline J. Lomax

### **Portland State**

Honisty Baek  
Stephanie Deever  
Brittany Henderson  
Emily Hoover  
Adriane Wai

### **Weber State**

Amy Cook  
Natalie Haws  
Cassie Olson  
Haley Rose  
Laken Skidmore  
Loren Storey  
Katie Thompson

## 2007

### **Eastern Washington**

Mattie Bridgmon  
Kiri Garruto  
Samantha Modderman  
Amber Nickelson

### **Idaho State**

Erica Wend  
Holly Hansen  
April Jaynes  
Haiden Siepert  
Gemma Maini

### **Montana**

Brooke Andrus  
Kaci Calawa  
Bridgette Hoenke  
Mary Kettering

### **Montana State**

Elisabeth Driscoll  
Morgan Dunley  
Kala Jauquet  
Jayme Larson  
Kayla Larson

### **Northern Arizona**

Amanda Boyd  
Nicole Codd  
Lauren Dvoracek  
Amanda Griggs  
Kelsey Hardt  
Ilsa Paulson  
Lesley Van Miert

### **Northern Colorado**

Kellie Callahan  
Allison McIntire  
Colleen Sanderlin  
Brianna Spletstoser

### **Portland State**

Stephanie Deever  
Karissa Fuller  
Emily Hoover  
Adriane Wai

### **Sacramento State**

Lora Marchini

### **Weber State**

Amy Cook  
Lesley Harvey  
Sariah Long  
Haley Reeves  
Cassie Ricks

## 2006

### **Eastern Washington**

Mattie Bridgmon  
Nicole Buchholtz  
Kiri Garruto  
Camille Moseley  
Amber Nickelson

### **Idaho State**

Jenny Downey  
Alyssa Holee  
Gemma Maini  
Lois Ricardi  
Sarah Skeem

### **Montana**

Brooke Andrus  
Kaci Calaway  
Elisha Cassan  
Ashley Colbrese  
Megan Ravenscraft  
Kim Tritz

### **Montana State**

Elizabeth Driscoll

### **Northern Arizona**

Addie Devine  
Amanda Griggs  
Nicole Gueldemeister  
Katja Rosenplaenter  
Anna Ojapalo

### **Northern Colorado**

Colleen Sanderlin  
Kathryn Wiederholt  
Alison McIntire

### **Portland State**

Sarah Aden  
Staci Bielenberg  
Karissa Fuller  
Mallory Gordon  
Emily Hoover  
Amanda Kamm  
Adriane Wai

### **Sacramento State**

Beatrice Mireles  
Mary Wagner

### **Weber State**

Lindsey Anderson  
Heidi Bouwhuis  
Lesley Dalton  
Cassie Ricks  
Jamie Stubbs

## 2005

### **Eastern Washington**

Mattie Bridgmon  
Nicole Clutter  
Camille Gibb  
Monica Prunty

### **Idaho State**

Shannalee Christman  
Jenny Downey  
Crystal Galloway  
Alyssa Holee  
Lisa Podany  
Lois Ricardi

### **Montana**

Chelsea Burfiend  
Kaci Calaway  
Vasi Jankovich  
Shannon Johnson  
Kim Tritz

### **Montana State**

Elizabeth Driscoll  
Carolinne Gottschalk  
Kristin Parker  
Marilee Woyth  
Ana Casillas  
Leah Thompson  
Jamie Larson

### **Northern Arizona**

Julie Fisher  
Nicole Gueldemeister  
Anna Johannson  
Krista Stepa

### **Portland State**

Staci Bielenberg  
Molly Cole  
Emily Hoover  
Lindsey Kemp  
Adriane Wai

### **Sacramento State**

Sara Baxter  
Michelle Garcia

### **Weber State**

Lindsay Anderson  
Amy Blodgett  
Katie Bowen  
Chaly Clapier  
Lesley Dalton  
Shalee Marier  
Karley Meikie  
Jen Packer  
Cheryl Stuart  
Jamie Stubbs

## 2004

### **Eastern Washington**

Nicolle Clutter  
Holly Evans  
Kiri Garruto  
Camille Gibb  
Amy Jo Perreault  
Caitlin Prunty  
Sally Wittwer

### **Idaho State**

Jenny Downey  
Crystal Galloway  
Alyssa Holee  
Lisa Podany  
Lois Ricardi  
Malorie Stoker

### **Montana**

Allie Brosh  
Kaci Calaway  
Vasi Jankovich  
Shannon Johnsen  
Lindsey Redfern  
Julie Schwengler  
Anita Sindelar

### **Montana State**

Athlene Allred  
Stephanie Carter  
Elisabeth Driscoll  
Kayla Larson  
Mayra Morgado

### **Northern Arizona**

Leah Besh  
Erika Edwards  
Julie Fisher  
Ida Nilsson  
Ashley Wright

### **Portland State**

Staci Bielenberg  
Amanda Kamm  
Bobeya Krishnek

### **Sacramento State**

Sara Baxter

### **Weber State**

Lindsey Anderson  
Chaley Clapier  
Lauren Dalton  
Lesley Dalton  
Jennifer Packer  
Caroline Pebley  
Ashley Rasmussen  
Jamie Stubbs

# BIG SKY ALL-ACADEMIC TEAMS

## 2003

### **Eastern Washington**

Nicolle Clutter  
Jennifer Ehrlichman  
Holly Evans  
Camille Gibb  
Cora Hartill  
Meagan Jones  
Amy Jo Perreault  
Caitlin Prunty

### **Idaho State**

Brooke Benedetti  
Shannalee Christman  
Jenny Downey  
Lois Ricardi  
Malorie Sunderland

### **Montana**

Amber ARvidson  
Kerry Bogner  
Dominique Colberg  
Vasi Jankovich  
Lauren Jensen  
Laura Zschaechner

### **Montana State**

Ariana Lee  
Mayra Morgado  
Ellen Swogger

### **Northern Arizona**

Erika Edwards  
Julie Fisher  
Ida Nilsson  
Natalie Rogers

### **Portland State**

Anne Kawasaki  
Bobeya Krishnek  
Andrea Schwartz

### **Sacramento State**

Jasmine McMahon

### **Weber State**

Danielle Blaisdell  
Heidi Bouwhuis  
Amada Chavez  
Janae Johnson  
Cheryl Jolley  
Lindsey Olson  
Jennifer Packer  
Caroline Pebley

## 2002

### **Eastern Washington**

Jessica Culnane  
Jennifer Ehrlichman  
Jeanette Gardiner  
Lisa Harrison  
Melanie Hevel  
Lanaia Jones  
Amy Jo Perreault  
Caitlin Prunty

### **Idaho State**

Donilyn Rowland  
Lisa Podney  
Malorie Sunderland

### **Montana**

Kerry Bogner  
Shannon Johnson  
Lauren Keithly  
Jaime Miller  
Emily Roser

### **Montana State**

Katherine Amen  
Heidi Colpitts  
Jessica Holt  
Ariana Lee  
Joy Ricardi  
Rebecca Straw

### **Northern Arizona**

Emily Geneste

### **Portland State**

Brynn Cogdill  
Anne Kawasaki  
Andrea Schwartz

### **Sacramento State**

Rochelle Brecek  
Jennifer Burkhalter  
Heather Clark  
Annette Corey  
Bianca Davis  
Virginia Grillo  
Melissa Madeson  
Jasmine McMahon  
Angela Mercado  
Molly Peterson  
Caitlin Smith

### **Weber State**

Heidi Bouwhuis  
Janae Johnson  
Cynthia Losee  
Genny Minnoch  
Ashley Winter  
Jessica Winters

## 2001

### **Eastern Washington**

Jeanette Gardiner  
Lisa Harrison  
Melanie Hevel  
Lanaia Jones  
Caitlin Prunty  
Jennfier Shay

### **Idaho State**

Brooke Benedetti  
Mattie Mulick  
Donilyn Rowland

### **Montana**

Amber Arvidson  
kerry Bogner  
Amy Farmer

### **Montana State**

Heidi Colpitts  
Ariana Lee  
Emily Plummer

### **Northern Arizona**

Ida Nilsson  
Susan Rutherford  
Lindsey Townsend

### **Portland State**

Anne Kawasaki  
Brook Teller  
Ashley Thendick

### **Sacramento State**

Jennifer Burkhalter  
Amy Cockerham  
Annette Corey  
Angela Mercado  
Dionne Mitchell

### **Weber State**

Angie Beebe  
Rachel Bennion  
Heidi Bouwhuis  
Janae Johnson  
Cynthia Losee  
Jessica Winters

## 2000

### **Cal State Northridge**

Amanda Anderson  
Marisol Barajas  
Evana Capron  
Lisa Clancy  
Rosanna Kirkendall  
Jennifer Milgram

### **Eastern Washington**

Jennifer Ehrlichman  
Jeanette Gardiner  
Lisa Harrison  
Shavonne Johnson

### **Idaho State**

Brooke Benedetti  
Mattie Mulick  
Brandy Oliver  
Alleen Porter  
Coleen Porter  
Donilyn Rowland

### **Montana**

Kathryn Kneeshaw  
Kelly Rice

### **Montana State**

Erika Abrahamsen  
Heidi Colpitts  
Ariana Lee  
Kelley Mattingly  
amy Norden  
Emily Plummer

### **Northern Arizona**

Shelby Horgan  
Susie Rutherford  
Amy Swier  
Lindsay Townsend  
Kendra Versendaal

### **Portland State**

Lisa Flora  
Brady Lukkari  
Melissa Telford

### **Sacramento State**

Chrissy Clark  
Annette Corey  
Ann Koscki  
Tina Limon  
Melissa Madeson

### **Weber State**

Rachel Bennion  
Rebecca Bennion  
Sharlyn Geddes  
Janae Johnson  
Carrie Long  
Cynthia Losee  
Genny Minnoch  
Jessica Winters

## 1999

### **Cal State Northridge**

Lisa Clancy  
Nancy James  
Jennifer Walters

### **Eastern Washington**

Katie Ellison  
April Franck  
Amber Johnson  
**Idaho State**  
Emily Mulick  
Mattie Mulick  
Brandy Oliver  
Coleen Porter  
Brittani Stucki  
Jordan Vaughn

### **Montana**

Katie Kneeshaw  
Darci Lewis  
Kelly Rice

### **Montana State**

Erika Abrahamsen  
Danielle Loomis  
Kelley Mattingly  
Amy Norden  
Emily Plummer  
Emily Thompson

### **Northern Arizona**

Emily Allison  
Jaymie Harper  
Marci Madsen  
Christin Ray  
Amy Swier  
Kendra Versendaal

### **Portland State**

Lisa Flora  
Melissa Telford

### **Sacramento State**

Chrissy Clark  
Ann Koscki  
Melissa Madsen  
Lora Peterson  
Katina Zannakis

### **Weber State**

Carrie Barlow  
Kelly Hansen  
Robynn Hill  
Genny Minnoch

## 1998

### **Cal State Northridge**

Nancy James

### **Eastern Washington**

April Franck  
Amber Johnson  
Johanna Lohrmann  
Jamie Nichols  
Kristy Smith

# BIG SKY ALL-ACADEMIC TEAMS

## Idaho State

Pamela Lunn  
Emily Mulick  
Mattie Mulick  
Jennifer Shellenbarger  
Brittani Stucki  
Jordan Vaughn

## Montana

Johnna Bronson  
Jennifer Nelson  
Summer Nelson  
Kelly Rice  
Savannah Teller-Brown

## Montana State

Danielle Loomis  
Kelley Mattingly  
Zeffarie Moss  
Emily Plummer  
Emily Thompson

## Northern Arizona

Emily Allison  
Marisa Daniel  
Marci Madsen  
Rikke Pedersen  
Amy Swier  
Lindsay Townsend  
Kendra Versendall

## Portland State

Lisa Flora  
Melissa Waggener

## Sacramento State

Katie Fontana

## Weber State

Danielle Blaisdell  
Kelly Hansen  
Heidi Hess  
Robynn Hill  
Martha Isaksen  
Sharlyn Maughan  
Genny Minnoch

## 1997

### Cal State Northridge

Nancy James  
Jennifer Overlock  
Gudrun Skuladottir  
Jamie Whitmore

### Eastern Washington

Jennifer Bauman  
April Franck  
Cristi Horning  
Amber Johnson  
Darcy Steele

## Idaho State

Sarah Anderson  
Shawna Carr  
Natalie Chase  
Gabrielle Fraley  
Elisabeth Jansen  
Emily Mulick  
Brandy Oliver  
Joy Phillips  
Shaeleigh Schanz

## Montana

Erin Banks  
Tana Caskey  
Summer Nelson  
Katie Rupe

## Montana State

Erika Abrahamsen  
Christine Determan  
Amy Norden  
Janet Shumway  
Holly Stanish

## Northern Arizona

Emily Allison  
Marisa Daniel  
Jayme Harper  
Sara Pope  
Christin Ray  
Rachel Rieke  
Amy Swier  
Sarah Thornber

## Portland State

Nickie Bourneas

## Sacramento State

Naomi Ennis  
Katie Fontana  
Carie Irwin

## Weber State

Kelly Felsted  
Kelly Fugal  
Stefanie Hansen  
Heidi Hess  
Robynn Hill  
Rosy Lee  
Sharlyn Maughan  
Summer Schenck

## 1996

### Cal State Northridge

Eman Barfield  
Andrea Bruins  
Ellen Muench  
Jennifer Overlock  
Jamie Whitmore

### Eastern Washington

Barb Anderson  
LaDena Christensen  
April Franck  
Karen Kile  
Carrie Koster

## Idaho State

Gretchen Carr  
Shawna Carr  
Gabrielle Fraley  
Elisabeth Jansen  
Chanda Lackey  
Emily Mulick  
Brandy Oliver  
Joy Phillips  
Jennifer Shellenbarger  
Jill Taylor  
Jordan Vaughn  
Curran Wong

## Montana

Erin Banks  
Lesla Benton  
Anna Hurd  
Gena Kappes  
Katie Kneeshaw  
Erin McMahon  
Summer Nelson

## Montana State

Christine Determan  
Rachel Jaten  
Carmal Kelly  
Amy Norden  
Jody Ruby  
Janet Shumway  
Holly Stanish

## Northern Arizona

Emily Allison  
Katherine Dawson  
Melissa Goehrig  
Rikke Pedersen  
Rachel Rieke

## Portland State

Lisa Flora  
Heather Gilbert  
Kim Shellman  
Melissa Waggener

## Sacramento State

Traci Ballard  
Serena Collins  
Darcy Gibson  
Heather Trout

## Weber State

Kelly Felsted  
Rosy Gardner  
Holly Hansen  
Stefanie Hansen  
Robynn Hill  
Jenny Mortensen  
Molly Robins-Fugal  
Summer Schenck

## 1995

### Boise State

Brooke Babbitt  
Judy Barreto  
Bethany Carlson  
Debbie Danner  
Brenda Funk  
Tina Wood

### Eastern Washington

Barb Anderson  
Shannon Bonogofski  
Karen Kile  
Carrie Koster  
Dawn Pederson

## Idaho

Anita Taruscio  
Brigitta Sera  
Sharry Olsen  
Andrea Jenkins  
Elizabeth Mahn

## Idaho State

Gretchen Carr  
Shawna Carr  
Chanda Lackey  
Brandy Oliver  
Joy Phillips  
Jennifer Shellenbarger  
Jill Taylor

## Montana

Erin Banks  
Lisa Garber  
Glenda Herzberg  
Anna Hurd  
Gena Kappes  
Summer Nelson  
Julie Petersen

## Montana State

Christine Determan  
Rachel Jaten  
Katie McGee  
Darcee O'Donnell  
Emily Thompson  
Jamie Tuell

## Northern Arizona

Katherine Dawson  
Melissa Goehrig  
Kelly Jordan  
Rachel Rieke

## Weber State

Holly Hansen  
Stefanie Hansen  
Nicole Prisbrey  
Molly Robins  
Summer Schenck  
Julie Wall

## 1994

### Boise State

Niamh Beirne

### Eastern Washington

Susan Bonogofski  
Carol Mahoney  
Dawn Pederson  
Nakia Walker  
Jenay Yarger

## Idaho

Tami Condray  
Tara Hamilton  
Angela Mathison  
Sharry Olsen

## Idaho State

Tia Woodfin

## Montana

Karin Clark  
Lisa Garber  
Glenda Herzberg  
Julie Petersen  
Britt Streets

## Montana State

Brooke Daehlin  
Christine Determan  
Darcee Gilbert  
Rachel Jaten  
Jamie Tuell

# BIG SKY ALL-ACADEMIC TEAMS

## Northern Arizona

Katie Dawson  
Missy Goehrig

## Weber State

Shawna Cox  
Molly Fugal  
Christy Jolley

## 1993

### Boise State

Nicole Femino  
Allison Norell  
Joy Sprague

## Eastern Washington

Kami Hammond-Hume  
Celeste Kaylor  
Carol Tobey  
Nakia Walker  
Jenay Yarger

## Idaho

Robin Betz  
Tara Hamilton  
Beth Mahn  
Laura Moore  
Rita Sutherlin

## Idaho State

Christy Oliveira  
Sue Szubert  
Tia Woodfin

## Montana

Mishka Aznoe  
Karin Clark  
Jeni Davies  
Kathy Marron  
Shelley Smathers

## Montana State

Darcee Gilbert  
Jamie Tuell

## Northern Arizona

Jennifer Cushman  
Katherine Dawson  
Jeanine Hobein  
Calley Nelson  
Charity Stowell

## Weber State

Shawna Cox  
Melissa Cragun  
Elizabeth Humphreys  
Cathy Jolley  
Christi Jolley  
Michelle Sloan-Huff  
Denise Spriggs

## 1992

### Boise State

Nicole Femino  
Sara Herman  
Allison Norell  
Joy Sprague

## Eastern Washington

Tamara Brightbill  
Carol Tobey

## Idaho

Robin Betz  
Angie Flak  
Tara Hamilton  
Robyn Slate

## Idaho State

Bobbi Jo Carlovsky  
Danielle Fisher  
Kristin Galbraith  
Sue Szubert  
Raelyn Tradler

## Montana

Susan Bonogofski  
Amy Cassel  
Karin Clark  
Jeni Davies  
Denali Henderson  
Nicole Murray  
Lynda Rudolph  
Shelley Smathers

## Montana State

Geni Steffens

## Northern Arizona

Kristi Klinnert  
Calley Nelson  
Charity Stowell  
Larah Treadwell

## Weber State

Heather Price

## 1991

### Boise State

Sara Herman

## Eastern Washington

Kari McKay  
Tamara Edmiston

## Idaho

Tara Edwards  
Angie Falk  
Kari Krebsbach  
Julia Ondricek  
Robyn Slate

## Idaho State

Raelyn Tradler  
Susan Szubert

## Montana

Kim Francis  
Denali Henderson  
Britt Humphrey  
Lynda Rudolph  
Laura Simbulan  
Jeni Davies

## Montana State

Melissa Fink  
Kirsten Johnson  
Michelle Miller  
Kelly Malby

## Nevada

Kim Neighbour  
Kelly Swinney

## Northern Arizona

Larah Treadwell  
Calley Nelson  
Kristi Klinnert  
Charity Stowell  
Grace White  
Tracy Jarman

## Weber State

Michelle Blaisdell  
Cynthia Fowers  
Deborah Howard

## 1990

### Boise State

Kathy Karpel  
Jennifer Beatty  
Sara Herman

## Eastern Washington

Margret Hagerman  
Stephanie Sampson  
Amber Ticknor

## Idaho

Anna Foreman  
Diane Knudson  
Kari Krebsbach  
Monica Langfeldt  
Evelyn Toth

## Idaho State

Sandra McGuirk  
Becky Sondag

## Montana

Kim Francis  
Denali Henderson  
Lynda Rudolph  
Patti Zafft

## Montana State

Melissa Fink  
Kirsten Johnson  
Kelly Malby

## Northern Arizona

Kristi Klinnert  
Larah Treadwell  
Grace White  
Tracy Jarman

## Weber State

Alydia Anderson  
Cary Davis  
Deborah Howard  
Karen Packham

## 1989

### Boise State

Kathy Karpel  
Christine Olen

## Eastern Washington

Heather Maple  
Stephanie Sampson  
Amber Ticknor

## Idaho

Kari Krebsbach  
Monica Langfeldt

## Idaho State

Sandra McGuirk  
Bobbi Jo Waite

## Montana

Ann Monaghan  
Lynda Rudolph

## Montana State

Tara Bohnenblust  
Stefanie Harris  
Kiersten Johnson  
Kathleen Monaghan

## Nevada

Theresa Poulson

## Northern Arizona

Tracy Jarman  
Kristin Porter  
Larah Treadwell  
Grace White  
Maurie Wood

## Weber State

Alydia Anderson  
Michelle Blaisdell  
Deborah Howard  
Laura Jensen  
Karen Packham

## 1988

### Boise State

Kathy Karpel  
Christine Olen

## Eastern Washington

Heather Maple  
Wendy Wheeler

## Idaho

Anna Foreman  
Monica Langfeldt  
Louise Mainvil  
Patricia Monnie  
Paula Parsell  
Theresa Wright

## Idaho State

Holly Luby

## Montana

Jeanine Crabtree  
Ronda Harmon  
Loreen McRae  
Ann Monaghan

## Montana State

Kirsten Johnson  
Kathleen Monaghan  
Marni Rytty

## Nevada

Cindy Gould

## Northern Arizona

Kathy Dalton  
Beth Ellickson  
Brenda Payton  
Grace White  
Maurie Wood

## Weber State

Alydia Anderson  
Kelly Davis  
Laura Jensen  
Karen Packham  
Dana Willie