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BIG SKY CONFERENCE ANNOUNCES 2012 WOMEN'S SOCCER ALL-CONFERENCE TEAM

Ogden, Utah (Oct. 30, 2012) - The Big Sky Conference has announced its 2012 women's soccer All-Conference team and individual award winners. The selections were made in a vote by the league's 10 head coaches Monday morning. Coaches were not allowed to vote for their own players.

Idaho State sophomore Amanda Ellsworth and Montana senior Erin Craig were named co-Offensive MVP, while Montana senior Lauren Costa was named Defensive MVP. Northern Colorado senior Natalie D'Adamio was named Goalkeeper of the Year. Weber State freshman Chansi Crompton was named Newcomer of the Year.

Ellsworth finished the season with six goals in conference play. Her 12 points were tops in the conference, making her the Big Sky's 2012 Golden Boot Award winner. The sophomore from Roseville, Calif., led an Idaho State offense that was second in the league with 15 goals. When Idaho State traveled to Sacramento State this season, ISU beat SAC 2-1 and Ellsworth was responsible for both goals. After the performance, Ellsworth earned Offensive Player of the week.

Craig, a senior from Great Falls, Mont., finished the conference season with two goals and four assists giving her eight points. Craig was first in the league with 32 shots and tied for first with four assists. Craig led a Montana offense that was tied for second in the league in shots (142), tied for third in goals (13) and tied for second in assists (11). Craig has earned four Big Sky player of the Week awards in her career.

Montana's Lauren Costa, a senior from Missoula, Mont., was one of the leaders of a defense that only allowed five goals in conference play. The Griz have had a total of six shutouts in conference. Her play helped Montana win the co-Big Sky regular-season title, for the first time since 2000.

Northern Colorado's Natalie D'Adamio, a senior from Littleton, Colo., was one of the leaders of a defense that only allowed five goals in conference play. D'Adamio led the league with a .52 goals against average and was second in the league with five shutouts. This marks the second straight year that NC has earned the Goalkeeper of the year award after Kirstin Salminen was the 2011 winner.

Weber State's Chansi Crompton, a freshman from Plain City, Utah, started every single match for the Wildcats and finished the season first in assists with six. She finished the conference season with three goals and three assists giving her nine points. Crompton was named Offensive Player of the week after recording three goals and an assist in two matches that clinched a berth in the 2012 Big Sky Championship.

The 2012 Golden Boot Award is awarded to the player(s) who lead the conference in points collected during league play. Idaho State forward Amanda Ellsworth tallied six goals for 12 points in nine conference matches. This marks the second time Idaho State has had a player win the Golden Boot. Heather Hunt was the last Bengal to win the award in 2002.

Montana's Costa and Craig were selected for the First Team All-Conference for the second straight year.

Idaho State had two players receive First-Team honors in Ellsworth and senior forward Rachel Strawn. Northern Colorado placed two players on the First-Team in D'Adamio and freshman defender Adrienne Jordan. Portland State had two players earn First-Team honors in midfielders Amanda Dutra and Amanda Howie. Weber State had two freshmen placed on the First Team in Crompton and defender Brecken Holbrook.

Northern Arizona and Sacramento State each placed one player on the First Team.

Idaho State, Montana, Portland State, and Weber State will compete in the Big Sky Championship this weekend in Pocatello, Idaho.

All of the conference tournament matches can be viewed on EISN at ihigh.com/eisnnetwork.

Big Sky Conference 2012 Soccer Individual Award Winners

Offensive MVP

Amanda Ellsworth, Idaho State
Erin Craig, Montana

Defensive MVP

Lauren Costa, Montana

Newcomer of the Year

Chansi Crompton, Weber State

Goalkeeper of the Year

Natalie D'Adamio, Northern Colorado

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**2012 Big Sky Women's Soccer
All-Conference Teams**

FIRST TEAM

<i>Position</i>	<i>Name</i>	<i>School</i>	<i>Year</i>
Goalkeeper	Natalie D'Adamio	Northern Colorado	Senior
Defenders	%Lauren Costa	Montana	Senior
	Georgia Foltz	Northern Arizona	Senior
	Adrienne Jordan	Northern Colorado	Freshman
	Brecken Holbrook	Weber State	Freshman
Midfielders	Amanda Dutra	Portland State	Senior
	Amanda Howie	Portland State	Senior
	Victoria Ramirez	Sacramento State	Senior
	Chansi Crompton	Weber State	Freshman
Forwards	Amanda Ellsworth	Idaho State	Sophomore
	Rachel Strawn	Idaho State	Senior
	%Erin Craig	Montana	Senior

%Two-Time Selection

SECOND TEAM

<i>Position</i>	<i>Name</i>	<i>School</i>	<i>Year</i>
Goalkeeper	Lainey Hulsizer	Portland State	Senior
Defenders	Brianna Brannan	Eastern Washington	Junior
	Allyson Stainbrook	Idaho State	Junior
	Torie Morris	Portland State	Freshman
	Kassidy Kellogg	Sacramento State	Freshman
Midfielders	Anna Pingree	Idaho State	Senior
	Lauren McCreath	Montana	Senior
	JJ Wykstra	Northern Colorado	Senior
	Tara Rickenbach	Northern Colorado	Junior
Forwards	Cassie Black	Eastern Washington	Sophomore
	Daniela Solis	Portland State	Sophomore
	Megan Martin	Portland State	Senior

HONORABLE MENTION

Goalkeepers - Kristen Hoon, Montana; Lauren Weaver, Northern Arizona; Charly Booth, Southern Utah; Ryann Waldman, Weber State

Defenders - Katie Cashman, Eastern Washington; Vanessa Cabilan, Idaho State; Taylor McBride, Idaho State; Kate Wilkins, Montana; Maddy Frey, Montana; Aundreaa Martinez, Northern Colorado; Janelle Kramer, Northern Colorado; Kayla Henningsen, Portland State; Kelsey Henningsen, Portland State; McKenna Swanson, Sacramento State; Rachel Krenzer, Southern Utah; Shaylee Peterson, Weber State

Midfielders - Katy Allen, Eastern Washington; Tyler Adair, Montana; Mary Makris, Montana; Mackenzie Akins, Montana; Emily Roth, Northern Arizona; Alexsys Tamayo, Northern Colorado; Lynsey Gaines, Portland State; Megan Burg, Sacramento State; Jessica Small, Sacramento State; Jessica Castano, Sacramento State; Morgan Bridge, Southern Utah; Savannah Spere, Southern Utah; Abbey Kennedy, Weber State; Kendra Bailey, Weber State

Forwards - Rhaya Ballon, North Dakota; Demi Schmieder, Northern Arizona; Brittany Dunn, Northern Colorado; Elece McBride, Sacramento State; Alyssa Anderson, Sacramento State; Stacey Brinkman, Southern Utah; Mackenzie Harrison, Weber State; Ari Aki, Weber State