Spartanburg Regional Sports Medicine
The Wofford Athletic Training staff must abide by all policies and procedures outlined by Spartanburg Regional Sports Medicine, a division of Spartanburg Regional Healthcare System.

Athletic Training Room Hours
The athletic training room will be open Monday through Friday, 8:00am - 12:00pm, 1:30pm - 5:00pm; hours will vary depending on practice times. Weekend and holiday hours will be scheduled according to the needs of any in-season sport.

Athletic Training Room Rules
1. Athletes are required to shower before entering the Athletic Training Room.
2. Athletes requiring taping or treatment are to be in the Athletic Training Room one to two hours prior to practice time. (Report time for games).
3. No other collegiate team’s apparel is allowed in the Athletic Training Room.
4. No student is allowed in the Athletic Training Room unless the Certified Athletic Trainer or a student assistant is present.
5. Athletes should not attempt to operate equipment or administer treatments on their own.
6. All supplies and materials stored in the Athletic Training Room are off limits to students. Ask the Certified Athletic Trainer for what you need.
7. Athletic equipment is to be kept outside the Athletic Training Room.
8. Food and drink are not allowed in the Athletic Training Room.
9. No tobacco products are permitted in the Athletic Training Room.
10. No iPods, MP3 players, or any headphones allowed in the Athletic Training Room.
11. No Cell phones are allowed in the Athletic Training Room.
12. Athletes are to be prompt for treatment and rehab appointments.
13. Any aggressive language or gestures will not be tolerated.
14. Athletes are to be prompt for doctor’s appointments. Transportation is the athlete’s responsibility. If you cannot find transportation, notify the Athletic Training staff at least one day before your appointment and arrangements will be made. Doctor’s appointments will be made around the student’s schedule if possible, except for emergency situations.
15. Athletes are asked to return ace wraps, crutches, or other materials when they are no longer being used. If not returned, you will be billed.
16. Chewing gum is not allowed during any contact sport activity.
17. Jewelry is not to be worn during contact sport activity.

Any athlete who fails to follow the rules and procedures set forth by the Athletic Training Department will be referred to his/her respective coach for disciplinary action.
Insurance
Spartanburg Regional Sports Medicine requires that all student-athletes carry primary insurance coverage. The Wofford College Athletic Department carries secondary insurance to supplement the cost of medical bills not covered by primary insurance. No student-athlete will be required to pay out of pocket for medical bills associated with an athletic injury/illness, provided they follow the correct procedure and abide by the appropriate guidelines. This insurance policy does not cover any injury occurring during voluntary workouts or unsupervised workouts/practices.

Pre-Participation Exam/Physicals
Prior to participation in intercollegiate athletics at Wofford College, student-athletes must undergo a pre-participation exam given by Wofford's team physicians. Student-athletes will undergo a physical by a Wofford team physician on a yearly basis, scheduled by Wofford Athletic Training staff.

Try-Outs
Any Wofford student wishing to try out for an intercollegiate athletic team must complete all paperwork required by Spartanburg Regional Sports Medicine, including providing proof of primary health insurance, and undergo a pre-participation exam by a Wofford team physician.

Reporting Injuries and Illness
Athletes must report all injuries immediately to a sports medicine staff member. In the event the injury requires evaluation by a doctor, the appointment will be made through the athletic training room. The Athletic Trainer, in conjunction with the Team Physicians will make all decisions on an athlete's physical status.

Physician Referrals
All physician referrals are to be approved by a member of the Spartanburg Regional Sports Medicine staff in advance. All office visits, x-rays, MRI's and surgeries will be scheduled by the Spartanburg Regional Sports Medicine staff. Athletes that do not go through our staff will be responsible for any costs incurred.

Second Opinion
Student-Athletes have the right to request a second opinion in regards to any injury or illness. Spartanburg Regional Sports Medicine and the Wofford Athletic Department are not financially responsible for any diagnostic testing or physical therapy ordered by, or surgical procedures performed by the second opinion physician unless referred by a Wofford team Physician.

Non-Athletic Injury/Illness
Spartanburg Regional Sports Medicine staff will provide treatment and/or referral for any non-athletic injury or illness. Examples of non-athletic injuries are injuries suffered during intramurals, summer league play, unsupervised workouts/practices, or while working athletic camps. Spartanburg Regional Sports Medicine and the Wofford
College Athletic Department are not responsible for payment of medical bills associated with non-athletic injuries or illnesses.

**Drug Testing**
All Wofford student-athletes are subject to random drug testing throughout the year.

**Pregnancy Policy**
Serious consideration of the risks and benefits of athletic participation must be weighed by the pregnant student-athlete, personal physician, the team physician, and the member institution. This discussion, and the subsequent process by which the decision for or against medical qualification to participate is made, should thoroughly take into account the risk of injury to the student-athlete and her fetus. In instances where a decision is made to allow the pregnant student-athlete to compete, a properly executed document of understanding and waiver should be signed by the student-athlete.

**AIDS Policy**
The decision to allow an H.I.V. positive athlete to participate will be made on an individual basis on the recommendation of the team physician.

**Prescription Drugs**
Drugs prescribed for the treatment of an athletic injury will be provided to the student-athlete at no cost. In order to qualify for this benefit, student-athletes must present the original prescription to Spartanburg Regional Sports Medicine staff. A form completed by the staff member will allow the student-athlete to take the prescription to CVS pharmacy on N Pine St and incur no cost. The cost of the prescription must first be applied to the student-athletes primary insurance.

**Return Transportation from an Off-Campus Event**
Student-athletes injured during an off-campus competition that must remain after the team has departed have the right to safe return transportation to Wofford College. A Wofford Athletic Department or Spartanburg Regional Sports Medicine staff member must accompany and remain with the student-athlete during emergency treatment.

**Exit Physicals**
All Student-athletes who are graduating, transferring, or no longer continuing to participate in intercollegiate athletics will be required to complete the Exit Physical Form. Injuries that occurred during a supervised athletic event will be covered up to 3 months after exit physical or the last day of the athletes' participation.