Welcome .................................................................................................................................................. 3

Philosophy ............................................................................................................................................. 4-7
Mission of University of Wisconsin-Stevens Point ................................................................. 4
Athletics Department Mission Statement ....................................................................................... 6
WIAC Mission Statement .................................................................................................................. 6
Division III Philosophy Statement .................................................................................................. 7
Diversity and Inclusion Statement ................................................................................................... 8
Transgender Resource and Policy ..................................................................................................... 8
Language Matters ............................................................................................................................... 8
Student Pledge ......................................................................................................................................... 9

Athletic Department Directory .......................................................................................................... 10

Resources ............................................................................................................................................. 11-12
Senior Woman Administrator ........................................................................................................ 11
Faculty Athletic Representative ....................................................................................................... 11
Student-Athlete Advisory Committee ............................................................................................. 11
Athletic Affiliations ............................................................................................................................ 12

Policies and Guidelines .................................................................................................................... 13-19
Philosophy ............................................................................................................................................. 13
Objectives ............................................................................................................................................. 13
Educational Component .................................................................................................................... 13-14
Tobacco Policy ...................................................................................................................................... 14
Alcohol Use Policy ............................................................................................................................ 14
Penalties ............................................................................................................................................... 14-15
Drug Policy .......................................................................................................................................... 15-17
Violations ............................................................................................................................................. 17-18
Behavioral Guidelines ...................................................................................................................... 18
Disciplinary Policies ........................................................................................................................... 19
Grievance Procedure ........................................................................................................................ 19
Athletic Training and Medical Evaluation Policy ........................................................................ 20-21
  • Physical Exam ............................................................................................................................... 20
  • Insurance ......................................................................................................................................... 20
  • Sickle Cell ........................................................................................................................................ 20
  • Athlete Files ..................................................................................................................................... 20
  • Athletic Training Room ............................................................................................................... 20-21
Eligibility ............................................................................................................................................... 21-22
  • Eligibility Requirements taken from WIAC Bylaws .................................................................. 21
  • Years of Participation .................................................................................................................... 22
Gambling ............................................................................................................................................... 22-23
Travel Policies ........................................................................................................................................... 23
  • Team Travel................................................................................................................................... 23
  • Spectator Travel ............................................................................................................................. 23
Sportsmanship ............................................................................................................................................ 23
  • Unsportsmanlike Conduct/Acts of Violence ................................................................................. 23
  • NCAA Principle of Sportsmanship & Ethical Conduct .......................................................... 23-24

Classroom ............................................................................................................................................. 24-25
  Tips for Negotiating Class/Game Conflicts ...................................................................................... 24
  Things to Avoid .................................................................................................................................. 25

Athletic Facilities ................................................................................................................................ 25-27
  Locks and Locker Room Assignments ............................................................................................ 25-26
  Gym Reservations ............................................................................................................................ 26
  Open Gym Policy .............................................................................................................................. 26
  Fitness Center ...................................................................................................................................... 26

Awards ...................................................................................................................................................... 28

How to Deal with the Media .................................................................................................................. 28

Miscellaneous ........................................................................................................................................... 28
  Music Warm-Up Policy ........................................................................................................................ 28
  Student Fee ......................................................................................................................................... 28
Welcome!

Dear UWSP Athlete,

Welcome and congratulations on becoming or continuing as an intercollegiate athlete. University of Wisconsin Stevens Point Athletics is truly a special place to call your own. You have an unbelievable opportunity and a major responsibility that comes with this distinction.

The right to call yourself an intercollegiate athlete is one that few athletes have the privilege to do. Less than 4% of all high school athletes have the ability to play college athletics and you are among that selected few. With this thought in mind, think about the tremendous privilege that you have!

You now have a responsibility to yourself, your teammates, your program and your university to commit to becoming the best athlete, teammate, and student that you can be! We are UWSP and that is something to be proud of; take care of, and work selflessly for! You represent over 8,200 students, hundreds of faculty and staff members, and over 16,000 alums every time you put on the “POINTER Jersey” …do not forget your responsibility to all of them. They take pride in you and our teams – continue to give them a product to be proud of!

As a member of the NCAA Division III, you are a part of the largest division, with 450 institutions. Division III student-athletes across the board…

- Have a graduation rate approximately five percent higher than the overall student body.
- Report significantly greater gains in time management when compared with the student body.
- Report greater involvement in volunteering.
- Report active academic engagement and participation in academic “extras,” such as research with faculty, study abroad opportunities and capstone/senior thesis projects.
- Are more likely to report that they see themselves as part of the campus community.

I hope you take advantage of opportunities similar to this. Division III emphasizes both the student and the athlete, in hopes that you have a rewarding college experience and take full advantage of everything available to you…step outside of your comfort zone, join a club, study abroad, volunteer, become a leader, meet new people, talk with your faculty, be bold.

We look forward to seeing what you do on the court, field, of course, in the community, and in the classroom. We are confident that you will continue the path of greatness in 2017-18. Good Luck, Work Hard, Learn, Prepare, Win with Pride, Lose with Grace, and have the time of your life!
Philosophy

Mission of University of Wisconsin Stevens Point
http://www.uwsp.edu/about/Pages/missionStatement.aspx

Through the discovery, dissemination, and application of knowledge, UW-Stevens Point fosters intellectual growth, provides a broad-based education, models community engagement and prepares students for success in a diverse and sustainable world.

Vision

The University of Wisconsin-Stevens Point will continue to be recognized for developing, supporting and educating students and citizens to constructively engage in local, regional and global communities.

Values

In addition to our primary value of education, we also value:

- Community engagement
- Critical thinking
- Diversity and inclusivity
- Lifelong learning
- Professional preparation
- Research, scholarly, and creative activity
- Student-centered environment
- Sustainable management of natural resources and other resources

UW-Stevens Point shares in the mission of the University of Wisconsin System.

University of Wisconsin System Mission

The mission of this system is to develop human resources, to discover and disseminate knowledge, to extend knowledge and its application beyond the boundaries of its campuses, and to serve and stimulate society by developing in students heightened intellectual, cultural, and humane sensitivities; scientific, professional, and technological expertise; and a sense of purpose. Inherent in this broad mission are methods of instruction, research, extended education, and public service designed to educate people and improve the human condition. Basic to every purpose of the system is the search for truth.

As an institution of the University of Wisconsin System, UW-Stevens Point shares the following core mission with other universities. Each university shall:

- Offer associate and baccalaureate degree level and selected graduate programs within the context of its approved mission statement.
- Offer an environment that emphasizes teaching excellence and meets the educational and personal needs of students through effective teaching, academic advising, counseling, and through university-sponsored cultural, recreational, and extracurricular programs.
- Offer a core of liberal studies that supports university degrees in the arts, letters, and sciences, as well as specialized professional/technical degrees at the associate and baccalaureate level.
- Offer a program of pre-professional curricular offerings consistent with the university's mission.
• Expect scholarly activity, including research, scholarship, and creative endeavor, that supports its programs at the associate and baccalaureate degree level, its selected graduate programs, and its approved mission statement.

• Promote the integration of the extension function, assist the University of Wisconsin-Extension in meeting its responsibility for statewide coordination, and encourage faculty and staff participation in outreach activity.

• Participate in inter-institutional relationships in order to maximize educational opportunity for the people of the state effectively and efficiently through the sharing of resources.

• Serve the needs of women, minority, disadvantaged, disabled, and nontraditional students and seek racial and ethnic diversification of the student body and the professional faculty and staff.

• Support activities designed to promote the economic development of the state.

In addition to the Core Mission of the University Cluster Institutions, the select mission of UW-Stevens Point is to provide programs that help communities become more vibrant, healthy, prosperous, and sustainable. We accomplish this by providing a broad foundation in the fine arts, humanities, natural sciences, and social sciences for associate and baccalaureate degrees.

Our commitment to helping communities thrive requires that we provide education, research, and outreach in a wide array of disciplines, with particular emphases at the baccalaureate level in integrated natural resources management and environmental education; in the performing and visual arts; and in areas such as business, health and wellness professions, communicative disorders, design, select engineering programs, family and consumer sciences, information science, paper science, social work, and teacher education.

UW-Stevens Point provides select master's programs in business, communication, communicative disorders, health care, health promotion, natural resources, teacher education, wellness, and other select areas clearly associated with this university's undergraduate emphases. UW-Stevens Point provides a clinical doctoral program in audiology, as well as professional doctoral programs in select areas of strength at the master's level.

UW-Stevens Point puts special emphasis on promoting inclusivity, advancing human wellness, providing excellent academic support resources, offering extensive study abroad and international programs, and providing a robust array of UW-Stevens Point programs.
Athletics Department Mission Statement:

The department of athletics facilitates student-athlete development by assisting student-athletes in their efforts to achieve academic and athletic excellence. The department of athletics provides an environment that supports the educational mission of the university. Pointers Athletics is committed to an inclusive culture that fosters equitable and competitive participation for student-athletes and career opportunities for coaches and administrators from diverse backgrounds.

Successful teams and student-athletes develop academically, athletically, and individually through ability-based learning by demonstrating:

- Intrinsic motivation
- Integrity and responsible decision making
- Qualities of leadership through effective communication and teamwork
- Active membership within their team, on campus, and in the community
- Commitment to themselves, their team, University of Wisconsin Stevens Point, the Wisconsin Intercollegiate Athletic Conference (WIAC) and National Collegiate Athletic Association (NCAA)

Our department prepares student-athletes to take this success into current and future professional global settings.

UWSP Athletics is committed to upholding the mission of University of Wisconsin Stevens Point and the WIAC as well as the NCAA Division III philosophy, including those principles of fair play, amateur athletics competition, sportsmanship, and ethical conduct.

WIAC Mission Statement:

The Wisconsin Intercollegiate Athletic Conference (WIAC) is an association of select institutions of higher education dedicated to the sponsorship of National Collegiate Athletic Association (NCAA) Division III intercollegiate athletic competition in a variety of sports. Member institutions subscribe to shared values and evidence commitments to academic excellence, equal opportunity, sportsmanship and fair play. Together we seek to create a competitive environment where the intellectual, spiritual and physical development of each student-athlete is prized and where the common good of our institutions is advanced.

The purpose of the WIAC shall be:

1. To promote and coordinate intercollegiate athletics for the member universities;
2. To assist members in developing and maintaining quality intercollegiate athletics programs;
3. To foster the development of quality leadership for intercollegiate athletics programs;
4. To foster programs that encourage excellence in performance of participants in intercollegiate athletics;
5. To maintain fair play and sportsmanlike behavior within competitive events so that the concomitant Educational values of such experience are emphasized;
6. To foster gender equity in athletics programs at all member universities;
7. To increase public understanding and appreciation of both the importance and value of intercollegiate athletics;
8. To further the continual evaluation of conference standards and policies;
9. To cooperate with professional groups of similar interests for the ultimate development of collegiate Athletics;
10. To conduct activities approved by the governing bodies of the Conference, and
11. To assume responsibility for the conference, including priorities in scheduling athletics contests and competition in conference championships and events.
NCAA Division III Philosophy Statement

Colleges and universities in Division III place the highest priority on the overall quality of the educational experience and on the successful completion of all students’ academic programs. They seek to establish and maintain an environment in which student-athletes athletics activities are conducted as an integral part of the student-athletes educational experience, and an environment that values cultural diversity and gender equity among their student-athletes and athletics staff. To achieve this end, Division III institutions:

1. Expect that institutional presidents and chancellors have the ultimate responsibility and final authority for the conduct of the intercollegiate athletics program at the institutional, conference and national governance levels;
2. Place special importance on the impact of athletics on the participants rather than on the spectators and place greater emphasis on the internal constituency (e.g., students, alumni, institutional personnel) than on the general public and its entertainment needs;
3. Shall not award financial aid to any student on the basis of athletics leadership, ability, participation or performance;
4. Primarily focus on intercollegiate athletics as a four-year, undergraduate experience;
5. Encourage the development of sportsmanship and positive societal attitudes in all constituents, including student-athletes, coaches, administrative personnel, and spectators;
6. Encourage participation by maximizing the number and variety of sports offerings for their students through based-based athletics programs;
7. Assure that the actions of coaches and administrators exhibit fairness, openness, and honesty in their relationships with student-athletes;
8. Assure that athletics participants are not treated differently from other members of the student body;
9. Assure that student-athletes are supported in their efforts to meaningfully participate in nonathletic pursuits to enhance their overall educational experience;
10. Assure that athletics programs support the institution’s educational mission by financing, staffing and controlling the programs through the same general procedures as other departments of the institution. Further, the administration of an institution’s athletics program (e.g., hiring, compensation, professional development, certification of coaches) should be integrated into the campus culture and educational mission;
11. Assure that athletics recruitment complies with established institutional policies and procedures applicable to the admission process;
12. Exercise institutional and/or conference autonomy in the establishment of initial and continuing eligibility standards for student-athletes;
13. Assure that academic performance of student-athletes is, at a minimum, consistent with that of the general student body;
14. Assure that admission policies for student-athletes comply with policies and procedures applicable to the general student body.
15. Provide equitable athletics opportunities for males and females and give equal emphasis to men’s and women’s sports;
16. Support ethnic and gender diversity for all constituents;
17. Give primary emphasis to regional in-season competition and conference championships; and
18. Support student-athletes in their efforts to reach high levels of athletic performance, which may include opportunities for participation in national championships, by providing all teams with adequate facilities, competent coaching, and appropriate competitive opportunities.
The purpose of the NCAA is to assist its members in developing the basis for consistent, equitable competition while minimizing infringement on the freedom of individual institutions to determine their own special objectives and programs. The above statement articulates principles that represent a commitment to Division III membership and shall serve as a guide for the preparation of legislation by the division and for planning and implementation of programs by institutions and conferences.

Diversity and Inclusivity

As one of UW-Stevens Point's largest and most visible units, UWSP Athletics has a special responsibility to help create an environment that contributes positively to the university's principles of diversity and inclusion—encompassing, among other elements, race, class, gender, ethnicity, religion, sexual orientation, age, and disabilities. Our belief is that when the collective talents of all UWSP student-athletes, coaches, and administrative staff are united in a manner that is open, inclusive and respectful, it results in success for our program—competitively, academically and socially—as well as an enhanced collegiate experience for all participants.

Transgender Resource and Policy

NCAA Policy on Transgender Student-Athlete Participation The following policies clarify participation of transgender student-athletes undergoing hormonal treatment for gender transition:

1. A trans male (FTM) student-athlete who has received a medical exception for treatment with testosterone for diagnosed Gender Identity Disorder or gender dysphoria and/or Transsexualism, for purposes of NCAA competition may compete on a men’s team but is no longer eligible to compete on a women’s team without changing that team status to a mixed team.

2. A trans female (MTF) student-athlete being treated with testosterone suppression medication for Gender Identity Disorder or gender dysphoria and/or Transsexualism, for the purposes of NCAA competition may continue to compete on a men’s team but may not compete on a women’s team without changing it to a mixed team status until completing one calendar year of testosterone suppression treatment.


Language Matters

When coaches and team captains set expectations for respectful interactions in which name-calling, bullying or the use of derogatory language is not acceptable, the entire team can benefit by knowing that EVERYONE will be treated with respect. Regardless of intent, when people use language to taunt, shame or tease, it contributes to a disrespectful and unsafe environment, negatively influencing team culture and cohesion.
A Comprehensive Strategy for Addressing Derogatory Language:

Be Proactive
- At opening team meetings at the beginning of the season or school year, talk with the team about expectations that interactions with teammates and opponents will be respectful.
- Be specific about naming derogatory language as unacceptable on the team. Frame this conversation positively in that student-athletes are role models for younger students and representatives of UWSP.

Set a Positive Example
- Make sure your language and behavior as a coach or team captain sets an example of respect for all team members.
- Expect respect of your support staff and fans by making a public declaration of the team’s commitment.

Ask the Team for an Affirmative Buy-in
- Have team members take some action that requires them to actively affirm their commitment to creating an inclusive and respectful team climate.
- Invite the Team to Sign the #SetTheExpectation Pledge.

Respond
- If a team member, coach, or administrator uses disrespectful or derogatory language, remind them of the team commitment to respect.
- Encourage all team members to hold one another accountable and respond so that it is not just coaches and team captains who have the responsibility to speak up.

Adapted from NCAA’s “Champions of Respect”

Student Pledge
1. I understand that as a UWSP athlete, I am held to a higher standard and that my community looks to me to be a leader and a positive role model for others.

2. I acknowledge that my words and actions matter and that what I say and do can influence others to do right or wrong.

3. I understand that harmful behavior such as rape, sexual assault, physical violence, domestic/dating violence, stalking, bullying, hazing, and taking or sharing photos and videos of a sexually explicit/violent nature is NEVER okay and will NOT be tolerated.

4. I understand very distinctly and very clearly that if I commit or participate in any of the harmful behaviors described in #4 - I may be dismissed from this team AND that my teammates will also be dismissed if they commit or participate in the harmful behaviors described in #3.

Adapted from NCAA’s “Champions of Respect”
<table>
<thead>
<tr>
<th>Job Title</th>
<th>Staff</th>
<th>Room</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Director of Athletics</td>
<td>Brad Duckworth</td>
<td>127</td>
<td><a href="mailto:brad.duckworth@uwsp.edu">brad.duckworth@uwsp.edu</a></td>
</tr>
<tr>
<td>Head Women’s Basketball/</td>
<td>Shirley Egner</td>
<td>117</td>
<td><a href="mailto:segner@uwsp.edu">segner@uwsp.edu</a></td>
</tr>
<tr>
<td>Senior Woman Administrator</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Executive Athletics Assistant</td>
<td>Kelly Romano</td>
<td>125</td>
<td><a href="mailto:Kelly.romano@uwsp.edu">Kelly.romano@uwsp.edu</a></td>
</tr>
<tr>
<td>Sports Information Director</td>
<td>Tim Bohn</td>
<td>140</td>
<td><a href="mailto:tbohn@uwsp.edu">tbohn@uwsp.edu</a></td>
</tr>
<tr>
<td>MCCH Facilities Director</td>
<td>Tony Bouressa</td>
<td>344 (DUC)</td>
<td><a href="mailto:Tony.bouressa@uwsp.edu">Tony.bouressa@uwsp.edu</a></td>
</tr>
<tr>
<td>Athletic Training Head</td>
<td>Melissa Wenig</td>
<td>040</td>
<td><a href="mailto:Melissa.wenig@uwsp.edu">Melissa.wenig@uwsp.edu</a></td>
</tr>
<tr>
<td>Head Baseball Coach</td>
<td>Jeremy Jirschele</td>
<td>117B</td>
<td><a href="mailto:Jeremy.jirschele@uwsp.edu">Jeremy.jirschele@uwsp.edu</a></td>
</tr>
<tr>
<td>Head Men’s Basketball Coach</td>
<td>Bob Semling</td>
<td>113</td>
<td><a href="mailto:bsemling@uwsp.edu">bsemling@uwsp.edu</a></td>
</tr>
<tr>
<td>Head Coach CC/Track</td>
<td>Brett Witt</td>
<td>118A</td>
<td><a href="mailto:Brett.witt@uwsp.edu">Brett.witt@uwsp.edu</a></td>
</tr>
<tr>
<td>Head Football Coach</td>
<td>Greg Breitbach</td>
<td>027</td>
<td><a href="mailto:Greg.Breitbach@uwsp.edu">Greg.Breitbach@uwsp.edu</a></td>
</tr>
<tr>
<td>Head Women’s Golf Coach</td>
<td>Tyler Krueger</td>
<td>118C</td>
<td><a href="mailto:tyler.krueger@uwsp.edu">tyler.krueger@uwsp.edu</a></td>
</tr>
<tr>
<td>Head Men’s Hockey Coach</td>
<td>Tyler Krueger</td>
<td>118C</td>
<td><a href="mailto:tyler.krueger@uwsp.edu">tyler.krueger@uwsp.edu</a></td>
</tr>
<tr>
<td>Head Women’s Hockey Coach</td>
<td>Ann Ninnemann</td>
<td>115</td>
<td><a href="mailto:anninnemann@uwsp.edu">anninnemann@uwsp.edu</a></td>
</tr>
<tr>
<td>Head Women’s Soccer Coach</td>
<td>Dawn Crow</td>
<td>117C</td>
<td><a href="mailto:dawn.crow@uwsp.edu">dawn.crow@uwsp.edu</a></td>
</tr>
<tr>
<td>Head Softball Coach</td>
<td>Ryan Konitzer</td>
<td>137</td>
<td><a href="mailto:Ryan.konitzer@uwsp.edu">Ryan.konitzer@uwsp.edu</a></td>
</tr>
<tr>
<td>Head Swimming and Diving Coach</td>
<td>Al Boelk</td>
<td>64</td>
<td><a href="mailto:aboelk@uwsp.edu">aboelk@uwsp.edu</a></td>
</tr>
<tr>
<td>Head Tennis Coach</td>
<td>Mark Medow</td>
<td>N/A</td>
<td><a href="mailto:mark.medow@sentryworld.com">mark.medow@sentryworld.com</a></td>
</tr>
<tr>
<td>Head Volleyball Coach</td>
<td>Lyndsay Kooi</td>
<td>117A</td>
<td><a href="mailto:lyndsay.kooi2@uwsp.edu">lyndsay.kooi2@uwsp.edu</a></td>
</tr>
<tr>
<td>Head Coach Wrestling</td>
<td>Johnny Johnson</td>
<td>104</td>
<td><a href="mailto:johnson@uwsp.edu">johnson@uwsp.edu</a></td>
</tr>
<tr>
<td>Head Strength and Conditioning</td>
<td>Evan Dixon</td>
<td>118</td>
<td><a href="mailto:edixon@uwsp.edu">edixon@uwsp.edu</a></td>
</tr>
<tr>
<td>Faculty Athletics Representative</td>
<td>Lee Willis</td>
<td>477B (CCC)</td>
<td><a href="mailto:lee.willis@uwsp.edu">lee.willis@uwsp.edu</a></td>
</tr>
<tr>
<td>Faculty Athletic Representative</td>
<td>Kelly Schoonaert</td>
<td>214 (CPS)</td>
<td><a href="mailto:Kelly.schoonaert@uwsp.edu">Kelly.schoonaert@uwsp.edu</a></td>
</tr>
<tr>
<td>Head Cheerleading Coordinator</td>
<td>Sue Poeschl</td>
<td></td>
<td><a href="mailto:Sue.poesch@gmail.com">Sue.poesch@gmail.com</a></td>
</tr>
<tr>
<td>Equipment</td>
<td>Mike Okray</td>
<td>042</td>
<td><a href="mailto:mokray@uwsp.edu">mokray@uwsp.edu</a></td>
</tr>
<tr>
<td>Senior Event Manager</td>
<td>Storm North</td>
<td>103</td>
<td><a href="mailto:snorth@uwsp.edu">snorth@uwsp.edu</a></td>
</tr>
</tbody>
</table>
Senior Woman Administrator (SWA)

An institutional senior woman administrator is the highest-ranking female involved in the management of an institution’s intercollegiate athletics program. The position is intended to ensure representation of women’s interests, experience and perspective at the school, conference and national levels as well as active involvement on the athletics management team.

The SWA:
1. Educates on issues concerning both men & women, conscious about equity and gender matters.
2. Advocates issues important to both female and male S-As, coaches and staff.
3. Has a role in day-to-day operations and management of the athletics department and be involved with fundraising and budget issues.
4. Serves as a role model and resource for students, coaches, administrators, and others.
5. Leads student-athletes in successfully balancing academics and athletics.

Priorities include Student-Athlete welfare, sportsmanship & ethical conduct, rules compliance, nondiscrimination, and academic integrity.

Faculty Athletic Representative (FAR)

Primary Function
The primary role of the FAR is to uphold academic integrity, provide oversight and advice in the administration of the athletics program, and represent the institution at the NCAA and conference level.

Principle Responsibilities
1. Ensure that student-athletes meet all NCAA and University of Wisconsin Stevens Point requirements for eligibility for practice and competition.
2. Help oversee the academic performance of student-athletes.
3. Work with the Director of Athletics and Compliance Coordinator to ensure compliance.
4. Recommend, together with the Director of Athletics, institutional positions on NCAA and other matters affecting intercollegiate athletics on campus.
5. Represent the institution to the NCAA.

Student-Athlete Advisory Committee (SAAC)

Primary Function
The mission of the University of Wisconsin Stevens Point Student-Athlete Advisory Committee (SAAC) is to enhance the total student-athlete experience by protecting the student-athlete welfare, promoting our teams on campus and in the community and fostering a positive student-athlete image. UWSP SAAC members may also have the opportunity to participate in the Conference or National SAAC organizations.

Principle Responsibilities
1. Recommend changes and/or ideas for improvement of intercollegiate athletics at
1. Communicate with University of Wisconsin Stevens Point to the Director of Athletics.
2. Monitor the operation of the intercollegiate athletic programs for compliance with team procedures and needs.
4. Provide input to the Director of Athletics on any aspect of the intercollegiate athletic program for which advice or assistance is needed.
5. Disseminate information to student-athletes.
6. Participate in community volunteer and leadership opportunities.

Athletic Affiliations

University of Wisconsin Stevens Point is a Division III member of the National Collegiate Athletic Association (NCAA) and the Wisconsin Intercollegiate Athletic Conference (WIAC). The other 7 schools within the WIAC are:

University of Wisconsin Stevens Point

University of Wisconsin Eau Claire

University of Wisconsin La Crosse

University of Wisconsin Oshkosh

University of Wisconsin Platteville

University of Wisconsin River Falls

University of Wisconsin Stout

University of Wisconsin Whitewater
Policies & Guidelines

I. Philosophy

The University of Wisconsin-Stevens Point’s Varsity Athletics Department is committed to encouraging student-athletes to avoid the misuse or abuse of banned substances and alcohol, including prescription drugs, controlled substances and performance-enhancing drugs. Membership on an athletic team at UWSP is a privilege and not a right. This privilege carries with it responsibility to the team, the athletic program, the student body, the university and the community. Student-athletes are expected to demonstrate good sportsmanship, honesty, integrity, respect for others, as well as to abide by all team and university, WIAC and NCAA policies.

The NCAA expressly prohibits the illegal use of banned substances. While this document specifically pertains to UWSP’s drug testing procedures, the NCAA may also test participants for banned substances utilizing a year-round testing program and at NCAA Championships. If a student-athlete tests positive in an NCAA-administered test, he/she will be held accountable per NCAA regulations. In such cases, the student-athlete may also be sanctioned by the Athletic Department, WIAC, and the University.

The central objective of the UWSP Drug Education/Screening Program is to; educate, inform and counsel student-athletes; to promote the health and safety of all student-athletes; to assist student-athletes in making healthy and responsible choices; and to enhance the quality of their total experience at UWSP. This policy is also intended to promote responsible decision-making for all student-athletes, coaching staff, administrators and support staff. All regulations supported by the Athletic Department are in accordance with university, local, state, and federal laws and policies.

II. Objectives

- Educate UWSP student-athletes on the physical, psychological and social effects of banned substances and alcohol abuse
- Educate UWSP student-athletes on the NCAA and UWSP penalties for a positive test or an alcohol related incident
- Identify through periodic testing those athletes who may be involved in banned substance or alcohol abuse
- Provide assistance, including a mechanism of counseling and rehabilitation, for student-athletes in need
- Support a drug-free training & competitive environment by the athletic coaching staff and administration

III. Educational Component

The educational program includes: (1) annual explanation of University of Wisconsin-Stevens Point’s drug testing program to student-athletes and those associated with athletic teams; (2) dissemination of information to student-athletes and those associated with athletic teams regarding alcohol and other drugs, its use and abuse, and how such use or abuse may affect the athlete and his/her teammates, and; (3) utilization of health education programs to educate student-athletes who are cited for an alcohol incident, or who test positive for drugs.

1. Explanation of UWSP’s program to student-athlete:
   a. A presentation will be made to each athletic team annually in order to outline and review UWSP’s drug and alcohol education and testing program, its purposes, implementation and interventions.
   b. A copy of the policy will be given to student-athletes at their annual policy review meeting. They will be asked to sign both the NCAA and UWSP drug-testing consent forms.
   c. Any student-athlete who does not wish to sign the Statement of Understanding & Consent Form will be ineligible for participation in the program.

2. Education to student-athletes and others about AOD:
   a. Each team and coaching staff will meet annually and at special sessions deemed necessary by the Team Physician for educational sessions which will focus on information regarding the dangers of using performance-enhancing substances, illegal substances and alcohol.
   b. Goals of these meetings shall be to inform those associated with intercollegiate athletics how to recognize the warning signs and side effects of specific drugs; to educate the student-athlete and
other appropriate personnel about the associated problems of drug and alcohol abuse; to identify counseling and treatment programs as well as referral centers outside UWSW when necessary.

c. Attendance of student-athletes at scheduled educational sessions is mandatory. Absences will be permitted only with the approval of the Head Coach. Certified Athletic Trainers, Team Physicians and other responsible personnel are encouraged to attend these educational sessions. All coaches, student athletic trainers and student managers are expected to participate as well.

IV. Tobacco Policy

The use of tobacco is prohibited in connection with any intercollegiate athletic function. A function is defined as any activity that is held as a team whether it is meetings, practices, games or informal workouts on and off the grounds of the University of Wisconsin-Stevens Point (NCAA bylaws 11.1.7 and 17.1.12) This also includes related activities in the training rooms, locker rooms, and weight-training facilities.

V. Alcohol Use Policy

The University of Wisconsin-Stevens Point does not condone the irresponsible use of alcohol and seeks to promote an environment in which choosing not to drink is socially acceptable. We firmly believe that the use of alcohol can be detrimental to the physical and mental well-being of its student-athletes. The use of these substances can seriously interfere with the performance of individuals as students and as athletes and can be dangerous to the student-athlete and his/her teammates.

A student-athlete who violates any of the general local, state and federal laws governing alcohol regulations or the UWSW regulations would be subject to the penalties outlined in this policy.

No student-athlete or student-manager, while actively participating in the UWSP Athletic Department sponsored activity (i.e. team meals, team practice, away trips, or hosting student recruits, etc.) will be permitted to purchase, consume, possess, distribute, sell or be under the influence of alcohol. Road trips are defined as a period of time starting with departure from campus to time of return or as released by the head coach.

Student-athletes serving as hosts for prospective student-athletes are not to take the prospect into any environment where alcohol is distributed in an uncontrolled manner. Consumption or possession of an alcoholic beverage in the presence of a prospective student-athlete during a campus visit is prohibited.

Penalties:

Student-athletes who violate the above rules and regulations regarding alcohol will face the sanctions outlined below. Offenses will accumulate throughout a student-athlete’s period of intercollegiate eligibility at UWSW. Failure to fulfill sanctions may result in suspension from the team’s regular season contests.

First Offense: Meeting with Head Coach; Alcohol education through PACE; Apology to team; Probation for 16 weeks; Signed statement of understanding of the conduct policy and consequences of future violations

Second Offense: Meeting with Head Coach/Athletic Director; Apology to team; 25 Week Probation; Suspended from 25% of team’s regular season, which may include post-season and carry over to next season; Signed statement of understanding; Education Component - BASICS

Third: Meeting with Head Coach/Athletic Director; 52 Week Disciplinary Probation; Suspended from 50% of team’s regular season, which may include post-season and carry over to next season; Signed Statement of understanding

Fourth: Meeting with Head Coach/Athletic Director; Suspended from all further intercollegiate athletic participation at UWSW; Suspension from UWSW for a minimum of one semester.

Good Samaritan Guide: This provision applies only to cases of alcohol intoxication, abuse or overdose. The University is committed to the safety of its students. If a student becomes impaired by the use or consumption of alcohol to the extent that medical assistance or contact with athletic staff may be necessary to prevent harm to the student or others, the University agrees that it will waive its right to impose a first violation against the student or the assisting student(s) for an alcohol violation under this policy. However, this waiver shall not serve as a pass for students to flagrantly or repeatedly violate this policy. Instead, the student(s)’s actions will be handled through the general rules and regulations of the UW-Stevens Point Athletic Department, Board of Regents of University of Wisconsin System policies and guidelines, UWSW Community Rights & Responsibilities Handbook, and/or the UWSW Residence Hall rules and policies. If further acts occur that would violate this policy in regard to alcohol
use, the student(s) will be subject to the provisions hereunder. Other conduct, such as assault or property damage, shall also be addressed through appropriate campus and UWSP System policies and procedures. (UWSP Alcohol guide)

VI. Drug Policy

The Athletic Department strongly believes that the illicit use of drugs (excluding those drugs prescribed by a physician to treat a specific medical condition) can be detrimental to the physical and mental health and well-being to its student-athletes, no matter when such use would occur during the year. In addition to being against the law, the use of drugs can seriously interfere with the performance of individuals as student-athletes and be injurious to student-athletes and their teammates, particularly when participating in athletic competition or practice.

The University of Wisconsin Stevens Point prohibits the use of drugs or substances listed as the NCAA’s list of banned substances by any student-athlete who participates. The University of Wisconsin Stevens Point is committed to developing and maintaining an environment that encourages and fosters drug-free competition. At the beginning of each year, a student-athlete must sign both the NCAA and UWSP drug-testing consent form. These forms allow the NCAA and the University of Wisconsin Stevens Point to test student-athletes for banned substances. The following rules and regulations apply to you:

1. Drug Screening Procedure:
   The drug screening program applies to all student-athletes, in-season and out-of-season. All student-athletes are eligible to be tested on a random, mandatory basis. Participants may be screened for any and/or all of the NCAA banned substances based on reasonable suspicions obtained by a university representative(s). Reasonable suspicion is defined as suspicion based on specific, personal and/or direct observation that the university representative(s) can describe concerning any of the four areas that warrant further investigation: appearance, behavior, speech, odor, arrest or conviction for a criminal offense related to the possession or transfer of prohibited drugs or substances, and possession of drug paraphernalia.

   Selection of student-athletes to be randomly screened will be a percentage of the total number of UWSP student-athletes prior to screening each year. Student-athletes will be selected on a random basis. The method of randomization will be determined after rosters have been submitted for eligibility, and will not reflect any individual bias toward any individual student-athlete.

2. Contact Meeting:
   A student-athlete under reasonable suspicion for use of a banned substance will be notified by the Athletic Director or coach to report within 24 hours for a contact meeting. The meeting, to be conducted with the Athletic Director, Certified Athletic Trainer(s), and the Head Coach, will outline to the student-athlete the reasons he/she is considered to be under reasonable suspicion for the use of banned substance and the penalties associated. If a denial is made, a student-athlete will then be informed of the screening protocol and ask to submit thereto.

3. Specimen Collection/Screening:
   Screening for banned substances will be conducted through the use of a urine specimen. There will be no intrusive testing through the use of blood samples. All tests will be evaluated at the NCAA threshold for each banned substance. After being shared with the student-athlete, all test results will remain confidential and secured by the Athletic Director. This information will be released only to those University staff and medical staff on a need to know basis (who include, but are not limited to, the Chancellor, CPS Dean, Athletic Director, Team Medical Personnel, Certified Athletic Trainers, Head Coach(s) and the University Health and Counseling Center.

   The Head Athletic Trainer or other designated staff Athletic Trainer will notify any student-athletes that have been chosen for testing and will ensure that they arrive at the testing site at the given time. Student-athletes are required to provide a urine sample under the strict supervision of the designated drug testing personnel. The athlete is assigned a personal code number from a list of provided which is recorded on the student-athlete’s signature form and on the test bottle.
The sample is analyzed for the presence of substances banned by the NCAA, including:

- Stimulants
- Anabolic Agents
- Alcohol
- Diuretics and Other Masking Agents
- Street Drugs
- Peptide Hormones and Analogues
- Anti-estrogens
- Beta-2Agonists
- Others, at the discretion of the University of Wisconsin Stevens Point Team Physician

*Note: Any substance chemically related to these classes is also banned.*

Drugs and Procedures Subject to Restrictions:

- Blood Doping
- Local Anesthetics (under some conditions)
- Manipulation of Urine Samples
- Beta-2 Agonists permitted only by prescription and inhalation
- Caffeine if concentrations in urine exceed 15 micrograms/ml

*Note: There is no complete list of banned substances. Any substance that is chemically related to the class, even if it is not listed as an example, is also banned.*

*Note: Student-Athletes are responsible for anything they ingest.*

*Note: Detection of prescription medications that have been taken without a physician’s written consent/permission may be treated as a positive drug test.*

A student-athlete failing to report for drug testing after notification, failing to follow testing protocol or attempting to alter the integrity or validity of a sample shall be charged with a positive drug test. The student-athlete shall then be considered in violation of this policy and subject to the appropriate sanctions.

4. **Communication of Positive Test Result**

   Positive drug test results are considered private information that is protected by law. Such information shall only be shared on a need-to-know basis. In keeping with the department’s commitment to student-athlete welfare, the following individuals play a critical role in effectively implementing the drug testing protocol and are thus notified of any positive results:

   - Athletics Director (responsible for all student-athletes)
   - Applicable Team Physician (oversees department medical care and education)
   - Senior Women’s Administrator (responsible for eligibility certification)
   - Head Coach (responsible for sport program and participating student-athletes)
   - Head Athletic Trainer (coordinates follow-up testing and medical care for student-athletes on assigned team)
   - Substance Abuse Counselor (provides required follow-up counseling/assessment)

   All positive tests are reported to the Head Athletic Trainer, who informs the student-athlete, the Athletic Director, the Head Coach and the Athletic Trainer assigned to the student-athlete’s sport within 48 hours of notification. The applicable Team Physician is also an educational resource and is available to provide information to the student-athlete.

5. **Request for Additional Drug Screen**

   If a student-athlete tests positive for a banned substance and he/she believes the results are inaccurate, the athlete has the right to request an additional screening. To initiate this process, the student-athlete must provide written request to the Athletics Director within 48 hours of the athlete’s notification of the positive test.
Upon the Athletic Director’s approval of the student-athlete’s request for an additional screening, the UWSP Sports Medicine Physician will contact the drug testing laboratory. A second drug screen can be performed at a certified lab using the original sample at the student-athlete’s expense. Testimony regarding the chain of custody and procedures at the laboratory can be provided for the student-athlete by the laboratory, also at the student-athlete’s expense.

6. **Refusal to submit**

Any student-athlete who refuses to submit to screening will be treated as having had a positive test result for the purpose of imposing disciplinary action pursuant to this policy. The student-athlete’s record, however, will appropriately reflect that fact that the discipline was based on his/her refusal to submit to screening rather than as a consequence of a positive test result.

If a student-athlete refuses to participate in a test, they will be treated as having tested positive and will be ineligible to complete in all athletic events for 30% of the team’s regular season contests which may include post contest dates and carry over to the next season. The student-athlete will be subjected to a re-entry test and to follow-up testing throughout the rest of their collegiate career.

If a student-athlete tries to cheat the testing process by substituting, adulterating, or intentionally diluting their specimen they will be treated as having tested positive. The student-athlete will be ineligible to compete in all athletic events for one calendar year from the date of cheating violation. The student-athlete will be subjected to a re-entry test and to follow-up testing throughout the rest of their collegiate career.

7. **Admission and/or Self-Referral**

If the student-athlete admits to using a banned substance during the contact meeting or initiates a self-referral or tests positive to any of the banned substances, the following penalties apply:

- A self-referral is defined by a student-athlete’s action of a self-initiated referral to a Department of Intercollegiate Athletics representative

8. **Penalties**

**First Violation**

- Mandatory meeting with the Director of Athletics (or Associate Director) and Head Athletic Trainer
- Immediate suspension for 30% of team’s regular season contests, which may include post season contest dates, and can carry over to the next season. If the student-athlete is a multi-sport participant, the suspension will continue into the next sport season. A student-athlete may not sign up for a sport for which they have not previously participated in order to fulfill their suspension. Attendance and participation at practice during the suspension period will be required.
- The student-athlete will be required to attend an AODA assessment by the UWSP AODA counselor as a requirement to be reinstated.
- The student-athlete may be required to submit to future unannounced substance screenings for one (1) year from the contact meeting. If the student-athlete should test positive at any time during that year, then immediate and permanent dismissal from any further participation in intercollegiate athletics at UWSP.

**Second Violation**

- Immediate and permanent dismissal from any further participation in intercollegiate athletics at UWSP.
- At the student-athlete’s request, an Appeals Hearing can be conducted before any permanent dismissal is imposed. The appeal must be requested within 48 hours of notification.
Appeal Committee:
- 2 Head Coaches representing sports other than that of the student-athlete requesting the hearing
- Faculty Athletic Representative
- 2 SAAC representatives

The decision of the Appeals Board is final and all decisions will be made within 7 days of the initial request.

9. Payment for Drug Screening
UWSP will fund all initial random and screenings due to suspicion granted the results are a confirmed negative. Following the initial positive test, the student-athlete is required and responsible for paying for all additional tests as required by this policy. The screening facility will charge UWSP Athletic for all testing. The Department will bill students for these screenings. Failure to pay for these drug screening will result in an academic hold placed on University transcripts as well as a loss of athletic eligibility until said bill is paid.

Students will be expected to sign all necessary releases of information required in order to monitor care until successful completion of counseling or compliance with program guidelines.

VII. Behavioral Guidelines
Each student-athlete represents the University of Wisconsin Stevens Point and is expected to conduct themselves responsibly, and in a mature manner. Behavior on and off the playing surface reflects on UWSP and each team.

Disciplinary action up to athletic suspension or dismissal from the team may result from such violations, at the discretion of coach and A.D. The following guidelines will be applied and enforced:

1. Conduct yourself properly while at practice, on the bench or on the sidelines. In case of a disturbance which results in the discontinuation of play, report to your bench area immediately.
2. Keep all language clean when you are representing UWSP Athletics.
3. Adhere to travel arrangements, meal times, and curfews established for each contest, both home and away.
4. Take pride in your personal appearance.
5. Respect the flag during the playing of the National Anthem.
6. Remain with the team at all times on road trips except under circumstances approved by the head coach.
7. Participate in pre-game, halftime and post-game ceremonies when requested to do so by the head coach.
7. Participate in pre-game, halftime and post-game ceremonies when requested to do so by the head coach.

Team rules beyond those outlined above supersede handbook guidelines.

Disciplinary Policies
Conduct incompatible with the University of Wisconsin Stevens Point community, therefore disruptive of our learning environment, shall be subject to disciplinary action. To help students, UWSP established policies for behavior to ensure that an environment supportive of living and learning does exist. Students are responsible for policies as they are defined. These policies are found in the Student Handbook.

Grievance Procedure
If a student-athlete has concerns, questions, or grievances regarding any athletic-related issues, they should begin by addressing their head coach. If this does not resolve anything, the next course of action is the appeals process. The student-athlete has 5 days from the time sanctions are given to complete and turn in the grievance form. The Appeals Committee, which is an athletics review board consisting of the Director of Athletics, Compliance Officer and FAR (or designee of the FAR), has 5 days to return a decision on the appeal.

Athletic Training & Medical Evaluation Policy

Physical Exam
All student-athletes are required to have a pre-participation physical exam each year of participation in athletics at UWSP. This exam must be within six months of the first date of practice at University of Wisconsin Stevens Point, as mandated by the NCAA. If a completed physical form is not on file with the athletic trainer on the first day of practice, the athlete will not be allowed to participate in an organized official practice and will not receive equipment and practice gear. Pre-participation exams may be performed by a physician, physician’s assistant, or nurse practitioner. **Pre-participation exams performed by a chiropractor will not be accepted.** Student-athletes are responsible to report any and all changes in their health status to the athletic trainer. Student athletes are required to have a physical examination performed each year of participation in athletics.

Insurance
All students participating in intercollegiate athletics are required to have effective health insurance coverage before their first day of UWSP athletic practice. **Insurance coverage must have a limit of at least $90,000 and cover athletically-related injuries.** A copy of your insurance card is needed. A policy holder signature is needed on the insurance consent form for those athletes insured through their parents.

Sickle Cell Testing
Due to a recent NCAA Division III proposal adoption, University of Wisconsin Stevens Point now requires that all new athletes show proof of being tested for the sickle cell anemia trait. We would appreciate you checking with your medical provider or, more likely, the hospital you were born at to see if you can obtain these test results. We need the actual documentation. (This is a blood test that was more than likely done at birth.) You could also choose to have the blood test done by your physician this summer. Or, there is a waiver you can sign declining confirmation of the sickle cell trait status. You will receive education regarding the sickle cell trait status before opting out when you arrive on campus this fall. If your test is positive, you can still participate in athletics.

Athlete files
All physical exams, medical health history, and insurance and emergency contact forms must be completed on FrontRush for any student-athlete to participate in practice or competition. These forms can be found on the Athletics website under the Athletic Training section.

Athletic Training Room
The purpose of the athletic training room is to help with prevention of athletic injuries, care for those that do occur, and accomplish complete recovery through rehabilitation so that the athlete can return to competition as safely and as quickly as possible. Early detection of a possible problem is essential.

- **Reporting Injuries and Illness** – Report all injuries, illnesses, cuts, abrasions, etc. to the athletic trainer as soon as possible. If an injury occurs during a practice and there is no athletic trainer present, let your coach know. Please be cooperative at all times. The athletic trainer will help student-athletes determine when they need to see a physician and direct them towards the proper resources.
- **Training Room Procedures** – The following rules shall serve as general training rules and procedures for student-athletes. More specific training rules may be in effect for individual teams.
  - No treatment will be given before an injury is evaluated by the athletic trainer.
  - Injuries should be reported promptly as they occur.
  - Athletes must sign in on the treatment log before treatment.
  - Appropriate clothing for the type of treatment being given should be worn by the athlete.
o Do not leave personal items in the athletic training room. Equipment and property should be left in the locker room facilities.

o No cleats or shoes with dirt and grass are to be worn in the Athletic Training Room.

o No equipment should be taken from the athletic training room unless it has been signed out by the Athletic Trainer.

o All therapeutic modalities (ultrasound/e-stim), with the exception of ice, heat, and wound care, must be administered by the Athletic Trainer.

o If pre-practice or pre-game treatments are needed, student-athletes must come to the Athletic Training Room early enough to complete these tasks. Treatments will not be used as an excuse for late arrivals to practices or games. The athletic trainer will be available one hour before practice and two hours before games.

o Treat the athletic training staff with respect.

o No one should be unattended in the whirlpool.

o Any head injury is to be taken seriously and must be reported to medical staff immediately.

Participation in intercollegiate athletics involves a risk of injury. Because of this, please listen to the athletic trainer and coaches’ instructions concerning playing techniques, physical training and conditioning, and other team rules. Also, please be aware of the signs & symptoms of a concussion, which are listed in a separate PDF under the Athletic Training section of the UWSP Athletics website. For more in-depth information regarding referrals to physicians and return to play after an injury please connect with the Head Athletic Trainer and/or consult the “Athletic Training Policies and Procedures Manual.”

Eligibility

Academic Standards for Non-Transfer Athletes

1. Eligibility
   • A minimum of a 2.0 GPA required after any of the following conditions are met (a) a season of participation, (b) two-full time terms of attendance, or (c) 24 semester/36 quarter credit hours.
   • 24/48/72 credit hours required after the first, second and third season of participation, respectively.
   • A student-athlete must have earned a minimum of nine (9) credit hours prior to the second regular term of attendance to be eligible to compete for the second term of the first year of initial enrollment.
   • Eligibility certificate must be filed with conference office prior to the first date of the competition.
   • Any student-athlete who has competed for two (2) or more seasons at a WIAC institution must establish a one-year residency in order to be eligible in that sport upon transferring from one conference institution to another.
   • A student-athlete transferring within the conference is prohibited from competing for more than one WIAC institution in the same sport during the same academic year.
   • Years for which a student-athlete was granted a medical hardship are considered as a season of participation for purposes of determining the required GPA and credit hours.
   • Mid-term enrollees are not eligible for competition until the completion of that term.

2. Repeated Courses
   a. Repeated courses, which were previously passed, do not count towards satisfactory progress.

Academic Standards for Transfer Athletes
1. The WIAC follows the NCAA rules regarding transfer athletes.
2. The WIAC tracer report is required before a student-athlete may participate at a WIAC institution.
3. Following the first semester of full-time attendance at the WIAC institution, the student is subject to the same minimum credit requirements as a non-transfer student.
4. Transfer athletes must have passed 24 semester hours at the completion of two full-time enrolled semesters at the new WIAC institution. Enrolled semesters may include summer, J-terms or other non-traditional terms.
5. Transfer student-athletes must earn a 2.00 or higher cumulative GPA from the current WIAC institution by the start of their second term of enrollment (not applicable to UWSP students because no grades are given).

Any member school using a player ruled ineligible forfeits all games in that sport for the current season in which the ineligible student has participated. The games forfeited shall be credited as games won by the teams to which the games have been forfeited per NCAA regulations.

Years of Participation

By NCAA rules, students may compete for four athletic seasons in five academic years (the equivalent of 10 full-time semesters). Each semester of full-time enrollment at a college/university is counted toward years of eligibility. A student-athlete may be granted an additional year of competition for reasons of "hardship" which is defined as an incapacity resulting from injury or illness under the following criteria:

1. It occurs before the completion of the first half of the traditional playing season in that sport.
2. It occurs when the student-athlete has not participated in more than one-third of the maximum contest or date of competition (whichever is applicable to that sport) limitation in each sport (set forth in Bylaw 17) plus one.

All requests for hardship consideration must be directed to the head coach, who will decide in consultation with the Compliance Coordinator and the Director of Athletics.

Gambling

University of Wisconsin Stevens Point believes in and enforces the NCAA guidelines regarding gambling (refer to NCAA statement below). UWSP student-athletes that are found to be in violation of this code of conduct will be subject to disciplinary action.

NCAA Official Position/Statement

The NCAA opposes all forms of legal and illegal sports wagering on college sports. Sports wagering has become a serious problem that threatens the well-being of the student-athlete and the integrity of college sports. The NCAA membership has adopted specific rules prohibiting student-athletes, athletics department staff members, and conference office staff from engaging in sports wagering (Bylaw 10.3)
NCAA national office employees are also prohibiting from engaging in sports wagering. Sports competition should be appreciated for the inherent benefits related to participation of student-athletes, coaches, and institutions in fair contests, not the amount of money wagered on the outcome of the competition.

For further reference, please visit: [http://www.ncaa.org/enforcement/sports-wagering](http://www.ncaa.org/enforcement/sports-wagering)

**Travel Policies**

**Team Travel**

- A coach or staff member, when at all possible, should accompany a traveling team to and from their intended destination (contest).
- All members of a team must travel to and from a given destination with the team unless they have signed a waiver stating they will not be traveling with the team and identifying who they will be with instead. (Waiver can be found on Compliance section of Athletics website.)

**Spectator Travel**

Spectators and family are not permitted to travel with a team. If special circumstances occur, any exception to this policy must receive prior approval from the Director of Athletics. If spectators are permitted to travel with a team, the spectators must abide by the established team rules relating to conduct.

**Sportsmanship**

University of Wisconsin Stevens Point is a member of the Division III Fan Sportsmanship Program. The message: Be Loud, Be Proud, Be Positive. The following statement was created by the NCAA D-III SAAC and will be read before all home athletic contests:

As NCAA Division III student-athletes we commit ourselves to sportsmanship by demonstrating respect towards ourselves and others. This includes demonstrating fair play, taking responsibility for our actions and representing the spirit of Division III intercollegiate athletics. We encourage our teammates, opponents, fans, coaches, and referees to help us in promoting this philosophy.

**Unsportsmanlike Conduct/Acts of Violence**

No act of violence during or related to an intercollegiate athletic contest is permitted. Aggression and fighting is the act of violence toward another individual where the purpose of which is to harm, intimidate, or injure a person. This behavior is in violation whether the act of violence is provoked or initiated. Any coach or player who is ejected as a result of violence or unsportsmanlike conduct shall be barred from the next three scheduled contests (or appearances), including post-season play. The Dean of Students, Director of Athletics, and/or a head coach may take additional action, including suspension from athletic participation.

**NCAA Principle of Sportsmanship & Ethical Conduct**

“For intercollegiate athletics to promote the character development of participants, to enhance the integrity of higher education and to promote civility in society, student-athletes, coaches, and all others associated with these athletics programs and events should adhere to such fundamental values as respect,
fairness, civility, honesty, and responsibility. These values should be manifest not only in athletics participation but also in the broad spectrum of activities affecting the athletics program” (2.4).

Classroom

As an institution of higher learning, we believe that your success as a student is the priority. We also believe that participating in the co-curriculum and athletics is an important aspect of your education. This involvement provides an opportunity for you to practice your learning, demonstrate the abilities, and to excel in your leadership skills. If you are an athlete, you are also responsible for making a commitment to the program and to the team. In order for your involvement in athletics and your commitment to your education work together, athletes are responsible to:

- Manage your academic responsibilities so they do not interfere with your athletic responsibilities.
- Remain a full-time student in academic good standing as defined by University of Wisconsin Stevens Point.
- Work with your advisor to plan your class schedule as best as possible to allow time to participate in your athletic responsibilities (e.g. games, practices, meetings, special events, fundraisers).
- Talk to your instructor about conflicts between classes and games. Try to negotiate attending another section of the course, videotaping the class, or missing the class. If you miss a class, you are required to complete assignments and course responsibilities as defined by the instructor.
- Talk to your coach if you are struggling in a course. Instructors will communicate with your coach if there are academic concerns. There may be times when an athlete will be asked to resign from the team if the athlete is not meeting the responsibilities of a student or as an athlete.
- Attend all practices unless it conflicts with a required course. If there is a conflict, talk to your coach. If you are injured, you are required to continue attending practices and games.

Tips for Negotiating Class/Game Conflicts

- Tip # 1 – Talk to your instructor as soon as you have your game schedule. Always talk to your instructor in person, only email or voicemail reminders that you will not be in class.

- Tip # 2 – Never say, “Am I going to miss anything important in that class?” EVERYTHING is important! This question makes teachers very angry.

- Tip # 3 – Ask for your assignments ahead of time and always turn your assignments in when they are due. Just because you will not be in class does not mean you have an extra day to write your paper!
Tip # 4 – You can make arrangements with another student in the class to have the class recorded if:
  ▪ you're going to miss a lot of group work
  ▪ someone is giving a presentation
  ▪ there is a guest speaker
  ▪ you think it will help you

Tip # 5 – Make sure to always communicate with your instructor. If you do not ask, you will never know the answer!

Tip # 6 – Do not miss class for other frivolous reasons such as oversleeping or scheduling other appointments during class time. This will make it more difficult to miss because of athletic competitions.

Things to avoid
  • Lying! Do not lie to your instructor that you have to miss class for a game when there is no game. This will result in suspension from away contests. In addition, be honest with your coach when you have an academic conflict.
  • Creating a negative reputation on campus. College athletes in general already carry around negative stereotypes (dumb jocks, special privileges, etc.). Do not give yourself a bad reputation by missing class, handing in assignments late, sleeping in class, or being generally disruptive. This could lead to suspension or dismissal from the team.

Remember...
Always ask for help or advice from your coach or the athletic staff if you are not sure how to approach an instructor or a situation.

Athletic Facilities

Locker Room Assignments
UWSP provides all varsity athletes with a secured locker room space to store their athletic gear. Their coaching staff will provide them with the punch code needed to access this space.

University of Wisconsin Stevens Point has varsity locker rooms in five areas:

- Men’s General Locker Room (032 MCCH)
  ▪ The following teams have secured locker room spaces inside of the men’s general locker room area:
    ▪ Baseball, Men’s Track & Field/Cross Country, Men’s Basketball,
  ▪ There is also an Auxiliary Locker Room utilized by larger teams as needed (typically utilized by Football (Fall) and Track and Field (Spring).
- Women’s General Locker Room (026 MCCH)
  ▪ The following teams have secured locker room spaces inside of the women’s general locker room area:
    ▪ Women’s Track & Field/Cross Country, Women’s Basketball
- Women’s Varsity Locker Room (009 MCCH)
  ▪ The following teams have secured locker room spaces inside of the women’s general locker room area:
    ▪ Volleyball, Soccer, Softball
This space serves as a half-time/post-game meeting space for women's basketball.

- Men’s Football Locker Room (012 MCCH)
- Men’s Wrestling Locker Room (013 MCCH)

Student-athletes will be assigned lockers during their season, which they will be able to use to store equipment and clothing.

**Reserving Space in the MCCH**

- Student-athletes may request space in the Marshfield Clinic Health System Champions Hall Center by emailing MCCH.Reservations@uwsp.edu.

**Open Gym**

- The recreation department will schedule Open Gym when budget and facility schedule allows for it. Available activities at Open Gym vary dependent on the location. We encourage varsity athletes and non-varsity athletes to participate in Open Gym but do not require that they play in the same game. Neither group will be asked to leave any Open Gym session provided their activities are appropriate for space.

**Fitness Center**

The University of Wisconsin Stevens Point Fitness Center is available to students, faculty, and staff. No one under the age of 17 is allowed. Guests are allowed by faculty and staff members on an infrequent basis when they are present. Students are not allowed to bring guests.
**STRENGTH CENTER FEES 2017-2018**

**Any adult may purchase a day pass with a photo ID. However, no one under the age of 18 is permitted in the Strength Center, even for a one-time use, unless the minor has a guest membership or is a current UWSP student whose parent/guardian has signed an indemnification, release and consent form.**

**Membership questions? Call 715-346-4165 or e-mail StrengthandFitnessCenter@uwsp.edu**

### SIGN-UP AND PAYMENT PROCEDURES

**UWSP students must sign up online at** [http://www.uwsp.edu/centers/healthwellness](http://www.uwsp.edu/centers/healthwellness). The membership fee will be applied to the student bill. ESL, MSTC and UW-System students (home for break) must complete a paper membership form and waiver and pay at the Strength Center front desk with PointCASH, cash or check. ESL and MSTC students seeking a Combo membership must sign up and pay for each facility – Cardio and Strength center – separately.

**UWSP faculty/staff must sign up online at** [http://www.uwsp.edu/centers/healthwellness](http://www.uwsp.edu/centers/healthwellness). The membership fee will be paid through payroll deduction – four monthly or eight bi-weekly equal payments. 10-use passes will be deducted in one payment.

UWSP graduates, retired faculty/staff, and guests must complete a paper membership form and waiver and pay with cash or check in person at the Strength Center front desk. UWSP graduates may be asked to provide additional information to validate UWSP degree earned.

**Memberships are non-refundable and non-transferrable!**

<table>
<thead>
<tr>
<th>Membership Category</th>
<th>Current UWSP, ESL &amp; MSTC STUDENTS</th>
<th>Current UWSP FACULTY/STAFF</th>
<th>UWSP GRADUATES &amp; RETIRED FACULTY/STAFF</th>
<th>COMMUNITY</th>
<th>Member GUEST* (Spouse, Partner, or Child living at same residence)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Summer</td>
<td>$55 ($95 Combo)</td>
<td>$80 ($135 Combo)</td>
<td>$105</td>
<td>$135</td>
<td></td>
</tr>
<tr>
<td>June 1 – August 31</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Full calendar year</td>
<td>$135 ($230 Combo)</td>
<td>$185 ($315 Combo)</td>
<td>$230</td>
<td>$290</td>
<td></td>
</tr>
<tr>
<td>June 1 – May 31</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fall Semester</td>
<td>$85 ($145 Combo)</td>
<td>$125 ($215 Combo)</td>
<td>$155</td>
<td>$200</td>
<td></td>
</tr>
<tr>
<td>Sept 1 – Jan 14</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Full academic year</td>
<td>$115 ($195 Combo)</td>
<td>$160 ($270 Combo)</td>
<td>$200</td>
<td>$255</td>
<td></td>
</tr>
<tr>
<td>Sept 1 – May 31</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Partial academic year</td>
<td>$110 ($185 Combo)</td>
<td>$155 ($265 Combo)</td>
<td>$195</td>
<td>$250</td>
<td></td>
</tr>
<tr>
<td>Nov 1 – May 31</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spring Semester</td>
<td>$85 ($145 Combo)</td>
<td>$125 ($215 Combo)</td>
<td>$155</td>
<td>$200</td>
<td></td>
</tr>
<tr>
<td>Jan 15 – May 31</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Late Spring</td>
<td>$50 ($85 Combo)</td>
<td>$80 ($135 Combo)</td>
<td>$105</td>
<td>$135</td>
<td></td>
</tr>
<tr>
<td>March 1 – May 31</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10-Use Pass</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>$40</td>
</tr>
<tr>
<td>Day Pass**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>$5 per day &lt;br&gt;Must present a photo ID. Purchase at the front desk.</td>
</tr>
</tbody>
</table>
AWARDS
At the end of each season, the head coach will be required to fill out a participation list. This list includes all athletes that participated in the recently completed season, along with past years of participation. Each head coach will also receive an awards list. The list calls for the athletes that were first, second, third, and fourth-year letter winners along with any other special awards.

The program assistant will issue the following awards to student-athletes who have lettered.

- First-year – SP Letter
- Second-year – UWSP Mug
- Third-year – UWSP Pad Folio
- Fourth-year – Graduation Sash

How to Deal with the Media

Please follow these tips when dealing with the Media (i.e., UWSP Alpha, television reporters, newspaper reporters, etc.):

1. Tell the Sports Information Director (in advance, if possible) when you speak to media.
2. Do not discuss or compare teammates or coaches.
3. In discussing your opponent before and after the games, do not give the interviewer pre- or post-game information.
4. Do not criticize your coach(es) or teammates by discussing mistakes you think could have been avoided.
5. Always compliment your opponent.
6. Be careful of your statements after the game.
7. Never talk “off the record.”
8. Thank the reporter that interviews you.
9. Never do interviews by phone unless pre-arranged by the Sports Information Director, Coach, Director of Athletics or Marketing Department.

Miscellaneous

Music Warm-Up Policy
All pre-game warm-ups must adhere to the following:

- No use of profanity in any music.
- No use of racist, sexist or suggestive language, must be respectful.

Any warm-up music for games with an accompanying list of the tracks--including artist, song title, and version--must be given to the Athletics Department a minimum of one week in advance and will be reviewed by the Sports Information Director.

Locker room music must also adhere to the proceeding rules.

Student-Athlete Fee

- A student-athlete fee of $150 is to be paid annually. This fee is charged after completion of the compliance meeting and regardless of participation is non-refundable.