When in Doubt, Reach out.

**TITLE IX**

Refers to landmark federal legislation prohibiting discrimination on the basis of sex or gender identity and sexual misconduct. These offenses include, but are not limited to: sexual harassment/discrimination, non-consensual sexual intercourse, non-consensual sexual contact, sexual coercion, and exploitation.

If you feel you’ve been a victim of sex discrimination at UNE, contact one of the following individuals:

**TITLE IX COORDINATOR FOR UNE**
Angela Shambarger
207- 221-4554, ashambarger@une.edu

**U.S. OFFICE OF CIVIL RIGHTS**
Director, Office of Civil Rights
Department of Education, 8th Floor,
5 Post Office Square, Boston, MA 02109-3921
(617) 289 -0111

**MAINE HUMAN RIGHTS COMMISSION**
51 State House Station,
Augusta, ME. 04333-0051, (207) 624-6290

**DEPUTY TITLE IX COORDINATORS**
Jennifer DeBurro
Dean of Students and Assistant Provost for Student Affairs
207-602-2372, jdeburro@une.edu

Heather Davis
Associate Director, Athletics
207-602-2629, hdavis@une.edu

**View UNE’s Title IX Non-Discrimination and Anti-Harassment Policy and a full list of contacts online at http://www.une.edu/title-ix**

* The Coordinator and Deputy Coordinators are trained and authorized to address as appropriate all reports of Sexual Harassment or Misconduct. For a full list of Title IX Staff see: http://www.une.edu/title-ix **
What Do I Say to a Friend or Teammate?

It is always difficult when a person we care about tells us they have been hurt, especially when they tell us they have been sexually assaulted. It is hard to know what to say or to know the best way to help them. Some things you can do:

- Listen without judgement
- Believe them
- Encourage them to seek out resources and support on campus or off-campus.
- Encourage them to practice self-care and ask for help.

You can contact UNE's Title IX Office or Counseling Services to let us know that something has happened, [www.une.edu/title-ix](http://www.une.edu/title-ix). It is important that the student be allowed to make their own decisions about what they need or want to do to address what happened. There are many resources and supports on campus including academic accommodations and room and classroom relocations that they can access simply by reaching out to the Title IX office.

Where Can I Find Help Outside of UNE?

Some of the Community-Based Resources in Southern Maine include:

**Sexual Assault Response Services of Southern Maine (SARSM)**
24 HOURS: 1-800-871-7741
207-828-1035 (Cumberland)
207-828-1035 (York)

**Through These Doors**
1-800-537-6066

**Caring Unlimited**
1-800-239-7298
[https://www.caring-unlimited.org/](https://www.caring-unlimited.org/)

**Planned Parenthood of Maine**
1-800-230-7526
[https://www.plannedparenthood.org](https://www.plannedparenthood.org)

**Hospital Emergency**
Maine Medical Center
207-662-2381
Southern Maine Medical Center 207-294-5000

Want to help combat sexual assault and other forms of personal violence? Take part in UNE’s Green Dot Bystander Intervention Program. To learn more please visit: [https://www.une.edu/hr/title-ix/green-dot-bystander-intervention](https://www.une.edu/hr/title-ix/green-dot-bystander-intervention) or check out UNE Green Dot on Facebook.