2018 - 2019
Arizona State University
Sun Devil Spirit Squad
Spirit Leader (Co-ed Cheer) Tryouts

Tryout Dates:  
April 13th, 5:00 p.m. – 8:00 p.m.  
April 14th, 9:00 a.m. – 4:00 p.m.  
April 15th, 9:00 a.m. – 4:00 p.m.

Tryout Location: SDFC Green Gym, 400 E. Apache Blvd, Tempe 85287

Tryout Packets Due by Tuesday April 10th, 2018

(please double check all of the following items are emailed in)

1. $50 Registration Fee, Checks Made Payable to “Sun Angel Foundation.”
2. Sun Devil Spirit Squad Application – Cheer.
3. ASU Release, Indemnity, and Assumption of Risk Waiver.
4. 2 Letters of Recommendation.
5. Freshman and Transfer Students: Include a copy of your letter of Acceptance to Arizona State University.

It is important that you read and fully understand the enclosed information.

If you have any questions or concerns, please do not hesitate to email Coach Dwayne Burns at Dwayne.Burns@asu.edu
Program Overview

Thank you for your interest in Arizona State University and the Sun Devil Spirit Squad! As a member of the team, you are a visible representative of not only the athletic teams you support, but also the University and the State of Arizona. You are an ambassador to all three and are expected to conduct yourself accordingly. This commitment is upheld by 30+ dedicated students who devote 20+ hours every week to practices, games, special appearances, clinics, and competitions.

The Sun Devil Spirit Squad is hard working, dedicated, and committed. The rewards from having this experience cannot be measured. Imagine the excitement of being a part of a Pac 12 University; performing at some of the largest nationally televised games, traveling to various venues around the country and competing at the national level at an event televised on ESPN!

"Arizona State University's commitment to inclusivity is central to its mission as a New American University and is evident throughout its diverse and talented community."

Michael M. Crow
ASU President
Expenses:

- A participation fee of $100 is required by all team members. Due by May 1st, 2018. This covers fall banquet cost, plus embroidery/screening on all Spirit Squad clothes.
- All game travel, hotel accommodations for away games, per diem for away games, game uniforms, and poms are provided by Arizona State University.
- Camp Expenses are **not** covered by Arizona State University. Camp cost is $340 per person.
- Dancers and Spirit Leaders are responsible for buying their own tights and make up.

Eligibility:

Candidates must be accepted to or enrolled at Arizona State University, Fall Semester 2018.

*Note: If your application status is currently wait-listed, please contact Spirit Squad Coordinator Bianca Caryl at b.caryl@asu.edu about options for you during the audition process.*

All candidates, including transfer students and current team members:

Must have a minimum 2.25 semester & cumulative Grade Point Average

Maintain Full Time ASU Status (12 credit hours) per semester

Be a high school graduate

INCOMING STUDENTS must provide a copy of your letter of acceptance

CURRENT ASU STUDENTS must provide an unofficial transcript

Important Information:

**Mandatory Spirit Squad Orientation – Band Camp Day**

May 5, 2018 - Members are required to attend the Spirit Squad Orientation/Band Camp Day.

During Orientation we will discuss the following (list is not exhaustive):

- Expectations of all members of the program.
- Rehearsal with Sun Devil Marching Band.
- Time Commitment – specifically appearances, practices, tournaments.
- Travel Policy regarding Football Season.
- UCA/UDA Camp.
- Social Media Policy.
**Stunt Requirements for the Arizona State University Spirit Squad are as follows**

**Full-Up Chair** – candidate should be able to demonstrate the ability to execute this stunt smoothly. Top girl must demonstrate the ability to hold the correct body position.

**Toss Extension** – candidate should be able to demonstrate the ability to toss the stunt (or be tossed) completely to the top without difficulty.

**Toss target Liberty** – candidate should be able to demonstrate the ability to toss the stunt (or be tossed) to the top, land in a target (legs and ankles together) and pull a liberty without difficulty.

**Toss target Heel Stretch** – candidate should be able to demonstrate the ability to toss the stunt (or be tossed) to the top, land in target and showcase the appropriate placement and flexibility required for a heel stretch.

**Toss hands Cupie or Toss Cupie** – candidate should be able to demonstrate the ability to toss the stunt (or be tossed) to hands and press a cupie; or toss the stunt directly to a cupie cleanly.

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**Specialty Stunts:**

*the following stunts require at least two spotters for the purposes of tryouts. These stunts are not required to make the team*

**Low-to-High** – candidate should be able to demonstrate proper technique in using legs to accomplish this stunt. Top girl must demonstrate body control in “low” body position” and body control in final body position.

**Full-Up Liberty** – candidate should be able to demonstrate proper technique in executing a full up liberty to the top. Top girl must finish stunt in a target position and pull high V and liberty leg in unison.

**Rewind Liberty** – candidate should be able to safely execute this stunt to the top. Top girl must be able to properly execute this skill to a target position before pulling a body position.

*All other Game Time appropriate stunts are expected to be mastered and performed upon request from any of the judging panel to include, but not limited to the following:*

**Toss Chair**

Toss hands press extension, liberty, heel stretch, cupie

Pump-n-go extension, liberty, heel stretch, cupie
Walk-in extension, liberty, heel stretch, cupie

**Tumbling Requirements**

Candidates will safely execute standing and running tumbling. *Under no circumstance will candidates receive a spotter at the collegiate tryout.* Candidates are expected to perform tumbling they have mastered and can safely execute.

**Required Standing Tumbling: Male and Female Candidates**

Standing Tuck

**Required Running Tumbling: Females**

Roundoff series backhandspring to a tuck

**Optional Running Tumbling: Females**

Roundoff backhandspring full

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**Attire**

For the purposes of tryouts please wear the following:

**Male Candidate**

Plain Black Crew Neck T-Shirt – No writing, no v-neck, no logos, no inside out t-shirts, no ASU logos.

Plain Black Shorts – No writing, no logos, no inside out shorts.

Athletic Shoes – please make sure you can properly execute a standing tuck or running tumbling in the athletic shoes.

Clean Shaven Face – candidates are allowed to have a well-groomed beard for the purposes of tryouts, *HOWEVER* for purposes of the team men are expected to have a clean shaven face for Football Season AND Basketball Season.

*Please have tattoos and piercings covered for purposes of tryouts.*

**Female Candidate**

Plain Black Sports Bra – candidates are not allowed to have ASU logos, writings, or other schools on the sports bra.

Plain Black Volleyball Spandex Short/Spanky Spandex Short – no writing or logos of any kind.
Hair – Hair will be down for the purposes of tryouts. Candidate chooses whether to curl or straighten hair.

Please refer to any photos on social media regarding makeup – No All-Star Cheer/Dance makeup. Game Day makeup only. No Pitchfork Tattoo or Sparky tattoos on the face.

Please research the proper shade of lipstick for purposes of the tryout – please stay away from extremely bright or intensely dark colors.

______________________________________________________________

Female Candidates – the reason we ask you to tryout in fitted garments such as a sports bra and volleyball shorts is for a few reasons:

1. It allows the judging panel to see bodylines and offer a quick correction when attempting a skill.

2. It is a safety measure for the male candidates not to get their fingers caught in loose fitting garments. It is a safety measure for female candidates so they can be properly caught by spotters during stunt.

3. The Arizona State University Spirit Leaders wear half top uniforms during football games, basketball games, and community based appearances throughout the season.

______________________________________________________________

Summer Workout and Responsibilities:

Candidates who are chosen for the team MUST maintain their physical appearance, stunt, and tumbling skills throughout summer.

Candidates are required to run 2 miles a day 3 times a week for the month of June.

Candidates are required to run 3 miles a day 3 times a week for the month of July.

*Summer Runs and Times are monitored through an App that will be discussed at the first tryout meeting.*

______________________________________________________________

Summer Camp Information:

UCA College Camp - Santa Barbara, CA

August 8 – 11

340 per participant
Each member is responsible for the cost of camp. Checks can be made payable to Sun Angel Foundation.

**Camp Payment will be due the Second week in May.**

Each member is required to participate in the entire camp (you cannot arrive late or leave early from camp under any circumstance).

*Each member must be in town for nightly practices starting July 24th, 2018 – which will be 2 weeks prior to departure for camp.*

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**Tentative Football Schedule for 2018-2019 Season**

(Only veteran members are eligible to travel to away games)

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Location</th>
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<tbody>
<tr>
<td>September 1</td>
<td>ASU vs. UTSA</td>
<td>Tempe, Arizona</td>
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<tr>
<td>September 8</td>
<td>ASU vs. Michigan State</td>
<td>Tempe, Arizona</td>
</tr>
<tr>
<td>September 15</td>
<td>ASU vs. San Diego State</td>
<td>San Diego, California</td>
</tr>
<tr>
<td>September 22</td>
<td>ASU vs. Washington</td>
<td>Seattle, Washington</td>
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<tr>
<td>September 29</td>
<td>ASU vs. Oregon State</td>
<td>Tempe, Arizona</td>
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<tr>
<td>October 6</td>
<td>ASU vs. Colorado</td>
<td>Boulder, Colorado</td>
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<tr>
<td>October 18</td>
<td>ASU vs. Stanford</td>
<td>Tempe, Arizona</td>
</tr>
<tr>
<td>October 27</td>
<td>ASU vs. USC</td>
<td>Los Angeles, California</td>
</tr>
<tr>
<td>November 3</td>
<td>ASU vs. Utah</td>
<td>Tempe, Arizona</td>
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<tr>
<td>November 10</td>
<td>ASU vs. UCLA</td>
<td>Tempe, Arizona</td>
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<tr>
<td>November 17</td>
<td>ASU vs. Oregon</td>
<td>Eugene, Oregon</td>
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<tr>
<td>November 24</td>
<td>ASU vs. Arizona</td>
<td>Tucson, Arizona</td>
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**Tentative Practice schedule for fall of 2018:**

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>Monday</td>
<td>4:00 p.m. – 7:00 p.m.</td>
</tr>
<tr>
<td>Wednesday</td>
<td>4:00 p.m. – 7:00 p.m.</td>
</tr>
<tr>
<td>Friday</td>
<td>4:00 p.m. – 6:00 p.m.</td>
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</table>

*Please make class schedules around this time, you are not permitted to leave early or come late to practice.*
PLEASE PLACE AN X NEXT TO THE TEAM YOU
WISH TO AUDITION FOR:
   _____ SPIRIT LEADER (female)
   _____ SPIRIT LEADER (male)

PERSONAL INFORMATION

Full Name: _______________________________ DOB: ______________________

ASU Student I.D. #: __________________________

Home Phone: ___________________ Cell Phone: _______________________

Current Address: ___________________________ City/State/Zip: ______________

Email: __________________________ Height: _______ Weight: __________

Medical Insurance: ___________________ Policy #: ______________________

Parent’s Names: ________________________ Parent’s Phone: ______________________

Parent’s Address: ___________________________ City/State/Zip: ______________________

List any all major injuries and/or health issues: ___________________________

List all medications: ____________________________

Allergies: ____________________________
**SCHOOL INFORMATION**

School currently attending: ________________________________

Are/were you on the dance or cheer team at your school? YES NO

2016-2017 Year in College: FR SO JR SR SSR Major/Minor: __________

Last Semester GPA: _______ Overall GPA: _______ ASU ID# __________

Scholastic Honors and/or Scholarships:
________________________________________________________________________

Other Extra-Curricular Activities you expect to participate in for 2017-2018 (include club sports, job, professional societies, Greek Organizations, etc):
________________________________________________________________________

**ADDITIONAL INFORMATION** (Men only circle warm up jacket, pant, t-shirt, athletic short, and shoes)

| WARM UP JACKET SIZE: XS S M L XL XXL | WARM UP PANT SIZE: XS S M L XL XXL |
| T-SHIRT SIZE: XS S M L XL XXL | FITTED TANK TOP SIZE: XS S M L XL |
| UNISEX SWEAT PANT SIZE: XS S M L XL | SPORTS BRA: XS S M L XL |
| LEGGING SIZE: XS S M L XL | ATHLETIC SHORT SIZE: XS S M L XL |
| CHEER SKIRT: XS S M L XL | BOOTY SHORT SIZE: XS S M L XL |
| SHOE SIZE: 5.5 6 6.5 7 7.5 8 8.5 9 9.5 10 10.5 11 11.5 12 12.5 13 Other: _______ |

Will you have any conflicts? (please explain/list dates)
________________________________________________________________________

How did you hear about auditions? (PLEASE CIRCLE)
FRIEND FLYER SUN DEVIL SPIRIT MEMBER WEBPAGE FACEBOOK/TWITTER/INSTAGRAM OTHER: __________
WHAT EXPERIENCES DO YOU HAVE AS A DANCER/CHEERLEADER? (Please list schools, studios, team names, styles of dance, how many years of training, titles received, etc. – may attach resume)

WHY DO YOU WANT TO BECOME AN ASU SPIRIT MEMBER?

WHAT DO YOU THINK ARE THE MOST IMPORTANT QUALITIES OF A SPIRIT SQUAD MEMBER?

I certify that the information above is true and accurate to the best of my knowledge and belief. I also agree to abide by the decisions of any judges involved in the audition process, as well as the decisions of the ASU Spirit Coaching Staff. These decisions are final. I fully understand the time commitment and financial requirements of the ASU Spirit Squad. ASU is committed to creating a diverse and inclusive environment within all programs to represent the community in which we serve.

Signature of Applicant: ___________________________ Date: _____________

In case of emergency, please contact:

Name: ___________________________ Phone #: ___________________________

Relationship: ___________________________
Arizona State University
Department of Sun Devil Athletics

RELEASE, ASSUMPTION OF RISK AND AGREEMENT TO HOLD HARMLESS

Activities: Spirit Squad Auditions. Wells Fargo Arena/Verde Dickey Dome/Weatherup Center Tempe, Arizona

Printed Name of Participant: ________________________________

Date of Auditions: ________________________________

I am signing this Release, Assumption of Risk and Agreement to Hold Harmless (this “Release”) voluntarily so that I may participate in the Activities described above. I am aware that participation in the above described Activities can be dangerous and involve risks of injury and I acknowledge that my participation is voluntary. This Release applies to all events and occurrences associated with the Activities. I understand that if I have any concerns about my health or ability to participate, it is my responsibility to discuss my concerns with my physician before deciding to participate.

In consideration of being allowed to participate in the Activities, to the extent permitted by law, I agree to release, hold harmless and indemnify the State of Arizona, Arizona Board of Regents, Arizona State University and their regents, departments, officers, employees, agents and assigns from and against any present or future claim, loss or liability for injury to person which I may suffer or for which I may be liable to any other person during my participation. The terms of this Release shall serve as a release and assumption of costs and risk by me, my heirs, estate, executor, administrator, assignees and for all members of my family.

BEING AN ADULT, I HAVE READ THE ABOVE STATEMENT AND FULLY UNDERSTAND THE CONTENTS, CONSEQUENCES AND IMPLICATIONS OF SIGNING THIS RELEASE.

If I require emergency medical treatment, please contact:

Name of Emergency Contact Person: ________________________________

Home phone: __________________ Mobile phone: __________________

If the Emergency Contact Person I have listed is not available, please contact:

Doctor: __________________ Phone: __________________

I consent to the provision of emergency medical treatment to the extent that the treatment is necessary in the medical opinion of the doctor rendering the treatment.

Signature of Participant: ________________________________

Date: ________________________________

If the participant is younger than 18 years old, Parent or Legal Guardian must also sign.

Signature of Parent or Legal Guardian: ________________________________

Date: ________________________________