

## Day 2- Friday

7:05am-9:50am Swimming Competition warm-up  
8:45am **COACHES MEETING**  
9:20am *Announcement #8 (Pace Lanes 1-2, Sprint 7-8, Cords 2 outside short lanes)*  
9:55am **Pool Cleared**; *Announcement #4, Announcement #9 (Trials Format)*

### 10:00am Trials Begin

10:00am Event #7 Women's 500 yd. Freestyle (23 min)  
10:23am 5 minute break  
10:30am Event #8 Men's 500 yd. Freestyle (16 min)  
10:46am **Pool Open for 10 minutes; Pool Closed**

10:58am Event #9 Women's 200 yd. I.M. (13 min)  
11:11am 5 minute break  
11:18am Event #10 Men's 200 yd. I.M. (7 min)  
11:25am **Pool Open for 12 minutes; Pool Closed**

11:39am Event #11 Women's 50 yd Freestyle (4 min)  
11:43am Event #12 Men's 50 yd. Freestyle (3 min)  
11:47am **End**

### POOL TRANSITION

12:00pm-2:00pm Women's 1 meter diving warm-up  
2:00pm Event #13 Women's 1 meter trials + 6 dive final

3:15pm Women's 1 meter trials end  
3:45pm Women's 1 meter finals start  
4:15pm Women's 1 meter finals end

**\*\*In the event diving is not completed in a timely manner, the Games Committee will make a decision to begin non-competition warm-up in 4 lanes.**

### POOL TRANSITION

4:45pm-5:50pm Swimming competition warm-up  
5:00pm *Scratch Announcement #1*  
5:20pm *Announcement #8 (Pace Lanes 1-2, Sprint 7-8, Cords 2 outside short lanes)*  
5:30pm *Scratch Announcement #2*  
5:55pm **Pool Cleared**  
5:55pm *Scratch Announcement #3, Announcement #10 (Finals Format)*

### 5:57pm **National Anthem**

6:00pm **Finals Begin**  
6:00pm Event #7 Introduce and Swim the Women's 500 yd. Freestyle

6:06pm		Final for Women's 500 yd. Freestyle
6:13pm		<i>5 minute break</i>
6:20pm	Event #8	Introduce and Swim the Men's 500 yd. Freestyle
6:26pm		Final for Men's 500 yd. Freestyle
<b>6:31pm</b>		<b>Pool Open for 10 minutes; Pool Closed</b>
	<b>Awards</b>	Women's 1 meter Diving
6:43pm	Event #9	Introduce and Swim the Women's 200 yd. I.M.
6:46pm		Final for Women's 200 yd. I.M.
7:00pm		<i>5 minute break</i>
7:07pm	Event #10	Introduce and Swim the Men's 200 yd. I.M.
7:11pm		Final for Men's 200 yd. I.M.
<b>7:15pm</b>		<b>Pool Open for 12 minutes; Pool Closed</b>
	<b>Awards</b>	Women and Men's 200 yd. Medley Relay
	<b>Awards</b>	Women's and Men's 500 yd. Freestyle
7:29pm	Event #11	Introduce and Swim the Women's 50 yd. Freestyle
7:31pm		Final for Women's 50 yd. Freestyle
7:35pm	Event #12	Introduce and Swim the Men's 50 yd. Freestyle
7:37pm		Final for Men's 50 yd. Freestyle
<b>7:41pm</b>		<b>Announce 20 minute Swim warm up and warm down</b>
	<b>Awards</b>	Women's and Men's 200 yd. I.M.
8:03pm	Event #14	Introduce and Swim the Women's 200 yd. Freestyle Relay
8:04pm	Event #15	Introduce and Swim the Men's 200 yd. Freestyle Relay
8:06pm		<b>End</b>