

APPENDIX B

Schedule of Events and Awards

All Numbered PA Announcements can be found at the end of the schedule

Wednesday

5pm-9pm Diving warm-up + 7 lanes Swimming non-competition warm-up
(UMBC and Vermont – 5pm; Binghamton and UNH divers – 7:30pm)

Day 1 - Thursday

6:00am-7:15am Swimming non-competition warm-up
7:00am-11:00am Diving warm-up + 7 lanes; Swimming non-competition warm-up (men and women)
(1M and 3M boards open beginning at 7 am, divers can use the boards at any time)

7am-8am: Maine
8am-9am: UNH and Vermont
9am-10am: UMBC
10am-11am: Binghamton

12:00pm Women's 3 meter trials
1:15pm Women's 3 meter End
1:30pm Men's 1 meter warm-up
2:30pm Men's 1 meter trials
3:00pm Men's 1 meter end

POOL TRANSITION

3:30pm **COACHES MEETING**
3:30-5:20pm Announce Swimming non-competition warm up
4:30pm Scratch Announcement #1
4:50pm *Announcement #8 (Pace Lanes 1-2, Sprint 7-8, Cords 2 outside short lanes)*
5:00pm *Scratch Announcement #2*
5:20pm **Pool Cleared; Sportsmanship Announcement #4**

POOL TRANSITION

5:25pm *Scratch Announcement #3*
5:27pm National Anthem

5:30pm Finals Begin
5:30pm Announce Diver Finalists
5:35pm Event #1 Introduce and dive Women's 3 meter final
6:00pm Women's 3 meter end
6:05pm POOL TRANSITION; Pool Open for 15 minute Swim Warm-up

6:20pm Event #2 Introduce and swim Women's 800 Freestyle relay
6:30pm Event #3 Introduce and swim Men's 800 Freestyle relay

6:40pm **POOL TRANSITION;**
Pool Open for non-competition Swim warm down 20 minutes; 20 minute Dive warm-up

Awards Women's 3 meter Diving
 7:00pm Event #4 Introduce and dive Men's 1 meter final
7:25pm Men's 1 meter finals end

7:30pm **POOL TRANSITION; Pool Open for 20 minute Swim warm up**

Awards Women's and Men's 800 Freestyle relay
Awards Men's 1 meter Diving
 7:50pm Event #5 Introduce and swim Women's 200 medley relay
 7:54pm Event #6 Introduce and swim Men's 200 medley relay
 8:00pm Session ends

Day 2- Friday

7:05am-9:50am Swimming Competition warm-up
 8:45am **COACHES MEETING**
 9:20am *Announcement #8 (Pace Lanes 1-2, Sprint 7-8, Cords 2 outside short lanes)*
 9:55am **Pool Cleared;** *Announcement #4, Announcement #9 (Trials Format)*

10:00am **Trials Begin**

10:00am Event #7 Women's 500 yd. Freestyle (23 min)
 10:23am 5 minute break
 10:30am Event #8 Men's 500 yd. Freestyle (16 min)
10:46am **Pool Open for 10 minutes; Pool Closed**

10:58am Event #9 Women's 200 yd. I.M. (13 min)
 11:11am 5 minute break
 11:18am Event #10 Men's 200 yd. I.M. (7 min)
11:25am **Pool Open for 12 minutes; Pool Closed**

11:39am Event #11 Women's 50 yd Freestyle (4 min)
 11:43am Event #12 Men's 50 yd. Freestyle (3 min)
11:47am **End**

POOL TRANSITION

12:00pm-2:00pm Women's 1 meter diving warm-up
 2:00pm Event #13 Women's 1 meter trials + 6 dive final
 3:15pm Women's 1 meter trials end
 3:45pm Women's 1 meter finals start
 4:15pm Women's 1 meter finals end

****In the event diving is not completed in a timely manner, the Games Committee will make a decision to begin non-competition warm-up in 4 lanes.**

POOL TRANSITION

4:45pm-5:50pm	Swimming competition warm-up
5:00pm	<i>Scratch Announcement #1</i>
5:20pm	<i>Announcement #8 (Pace Lanes 1-2, Sprint 7-8, Cords 2 outside short lanes)</i>
5:30pm	<i>Scratch Announcement #2</i>
5:55pm	Pool Cleared
5:55pm	<i>Scratch Announcement #3, Announcement #10 (Finals Format)</i>
5:57pm	<i>National Anthem</i>
6:00pm	Finals Begin
6:00pm	Event #7 Introduce and Swim the Women's 500 yd. Freestyle
6:06pm	Final for Women's 500 yd. Freestyle
6:13pm	<i>5 minute break</i>
6:20pm	Event #8 Introduce and Swim the Men's 500 yd. Freestyle
6:26pm	Final for Men's 500 yd. Freestyle
6:31pm	Pool Open for 10 minutes; Pool Closed
	Awards Women's 1 meter Diving
6:43pm	Event #9 Introduce and Swim the Women's 200 yd. I.M.
6:46pm	Final for Women's 200 yd. I.M.
7:00pm	<i>5 minute break</i>
7:07pm	Event #10 Introduce and Swim the Men's 200 yd. I.M.
7:11pm	Final for Men's 200 yd. I.M.
7:15pm	Pool Open for 12 minutes; Pool Closed
	Awards Women and Men's 200 yd. Medley Relay
	Awards Women's and Men's 500 yd. Freestyle
7:29pm	Event #11 Introduce and Swim the Women's 50 yd. Freestyle
7:31pm	Final for Women's 50 yd. Freestyle
7:35pm	Event #12 Introduce and Swim the Men's 50 yd. Freestyle
7:37pm	Final for Men's 50 yd. Freestyle
7:41pm	Announce 20 minute Swim warm up and warm down
	Awards Women's and Men's 200 yd. I.M.
8:03pm	Event #14 Introduce and Swim the Women's 200 yd. Freestyle Relay
8:04pm	Event #15 Introduce and Swim the Men's 200 yd. Freestyle Relay
8:06pm	End

Day 3- Saturday

7:00am-9:50am	Swimming Competition warm-up
8:45am	COACHES MEETING
9:20am	<i>Announcement #8 (Pace Lanes 1-2, Sprint 7-8, Cords 2 outside short lanes)</i>
9:55am	Pool Cleared; Announcement #4, Announcement #9 (Trials Format)
10:00am Trials Begin	
10:00am	Event #16 Women's 400 yd. I.M. (16 min)
10:16am	<i>5 minute break</i>

10:23am	Event #17	Men's 400 yd. I.M. (9 min)
10:32am		Pool Open for 10 minutes; Pool Closed
10:44am	Event #18	Women's 100 yd. Butterfly (6 min)
10:50am	Event #19	Men's 100 yd. Butterfly (5 min)
10:55am		Pool Open for 12 minutes; Pool Closed
11:09am	Event #20	Women's 200 yd. Freestyle (10 min)
11:19am		5 minute break
11:26am	Event #21	Men's 200 yd. Freestyle (7 min)
11:33am		Pool Open for 10 minutes; Pool Closed
11:45am	Event #22	Women's 100 yd. Breaststroke (5 min)
11:50am	Event #23	Men's 100 yd. Breaststroke (4 min)
11:54am		Pool Open for 12 minutes; Pool Closed
12:06pm	Event #24	Women's 100 yd. Backstroke (5 min)
12:11pm	Event #25	Men's 100 yd. Backstroke (4 min)
12:15pm		End

POOL TRANSITION

12:30-2:00pm	Diving warm-up	
2:00pm	Event #26	Men's 3 meter trials + 6 dive final
2:40pm		Men's 3 meter trials end
3:00pm		Men's 3 meter finals Start
3:30pm		Men's 3 meter finals end
**In the event diving is not completed in a timely manner, the Games Committee will make a decision to begin non-competition warm-up in 4 lanes.		
4:15-5:50pm	Swimming competition warm-up	
5:00pm	Scratch Announcement #1	
5:20pm	Announcement #8 (Pace Lanes 1-2, Sprint 7-8, Cords 2 outside short lanes)	
5:30pm	Scratch Announcement #2	
5:50pm	Pool Cleared	
5:55pm	Scratch Announcement #3, Announcement #4, Announcement #10 (Finals Format)	
5:57pm	National Anthem	
6:00pm	Finals Begin	
6:00pm	Event #16	Introduce and Swim the Women's 400 yd. I.M.
6:05pm		Final for Women's 400 yd. I.M.
6:11pm		5 minute break
	Awards	Men's and Women's 50 yd. freestyle
6:18pm	Event #17	Introduce and Swim the Men's 400 yd. I.M.
6:23pm		Final for Men's 400 yd. I.M.
6:29pm		Pool Open for 10 minutes; Pool Closed
	Awards	Women's and Men's 200 yd. Freestyle Relay

6:41pm	Awards	Men's 3 Meter
6:43pm	Event #18	Introduce and Swim Women's 100 yd. Butterfly
6:47pm		Final for Women's 100 yd. Butterfly
6:49pm	Event #19	Introduce and Swim Men's 100 yd. Butterfly
6:54pm		Final for Men's 100 yd. Butterfly
	Pool Open for 12 minutes; Pool Closed	
	Awards	Women's and Men's 400 yd. I.M.
7:08pm	Event #20	Introduce and Swim Women's 200 yd. Freestyle
7:12pm		Final for Women's 200 yd. Freestyle
7:17pm		<i>5 minute break</i>
	Awards	Women's 100 yd. Butterfly
7:24pm	Event #21	Introduce and Swim Men's 200 yd. Freestyle
7:27pm		Final for Men's 200 yd. Freestyle
7:32pm	Pool Open for 10 minutes; Pool Closed	
	Awards	Men's 100 yd. Butterfly
7:44pm	Event #22	Introduce and Swim Women's 100 yd. Breaststroke
7:46pm		Final for Women's 100 yd. Breaststroke
7:50pm	Event #23	Introduce and Swim Men's 100 yd. Breaststroke
7:52pm		Final for Men's 100 yd. Breaststroke
7:56pm	Pool Open for 12 minutes; Pool Closed	
	Awards	Women's and Men's 200 yd. Freestyle
8:10pm	Event #24	Introduce and Swim Women's 100 yd. Backstroke
8:12pm		Final for Women's 100 yd. Backstroke
8:16pm	Event #25	Introduce and Swim Men's 100 yd. Backstroke
8:18pm		Final for Men's 100 yd. Backstroke
8:22pm	Announce 20 minute Swim warm up-warm down	
	Awards	Women's and Men's 100 yd. Breaststroke
8:42pm	Event #27	Introduce and Swim Women's 400 yd. Medley Relay
8:48pm	Event #28	Introduce and Swim Men's 400 yd. Medley Relay
8:54pm		End

Day 4-Sunday

7:00am-9:50am	Swimming Competition warm-up	
8:45am	COACHES MEETING	
9:20am	<i>Announcement #8 (Pace Lanes 1-2, Sprint 7-8, Cords 2 outside short lanes)</i>	
9:55am	Pool Cleared; Announcement #4, Announcement #9 (Trials Format)	
10:00am	Trials Begin	
10:00am	Event #31	Women's 200 yd. Backstroke (14 min)
10:14am		<i>5 minute break</i>
10:21am	Event #32	Men's 200 yd. Backstroke (6 min)
10:27am	Pool Open for 10 minutes; Pool Closed	
10:39am	Event #33	Women's 100 yd. Freestyle (5 min)
10:44am	Event #34	Men's 100 yd. Freestyle (4 min)

10:48am	Pool Open for 12 minutes; Pool Closed	
11:02am	Event #35	Women's 200 yd. Breaststroke (8 min)
11:10am	5 Min Break	
11:17am	Event #36	Men's 200 yd. Breaststroke (5 min)
11:22am	Pool Open for 12 minutes; Pool Closed	
11:36am	Event #37	Women's 200 yd. Butterfly (10 min)
11:48am	Event #38	Men's 200 yd. Butterfly (5 min)
11:53am	Trials End	
	<i>Announcement #5</i>	
3:15pm		
Event #29	Women's 1650 Freestyle Trials (2 heats – slowest and 2 nd fastest) 8 lanes	
Event #30	Men's 1650 Freestyle Trials (1 heat) 8 lanes	
4:15-5:25 pm	Swimming competition warm-up	
4:45pm	<i>Announcement #8 (Pace Lanes 1-2, Sprint 7-8, Cords 2 outside short lanes)</i>	
5:25pm	Pool Cleared; Announcement #4, Announcement #6; Announcement 10	
5:27pm	National Anthem	
5:30pm Finals Begin		
5:30pm	Event #29	Introduce and swim Women's 1650 yd. Freestyle (fastest heat)
5:49pm	<i>5 minute break</i>	
	Awards	Women's and Men's 100 yd. Backstroke
	Awards	Women's and Men's 400 yd. Medley Relay
5:56pm	Event #30	Introduce and swim Men's 1650 yd. Freestyle (fastest heat)
6:14pm	Pool Open for 10 minutes; Pool Closed	
6:26pm	Event #31	Introduce and swim Women's 200 yd. Backstroke
6:29pm	Final for Women's 200 yd. Backstroke	
6:33pm	<i>5 minute break</i>	
6:40pm	Event #32	Introduce and swim Men's 200 yd. Backstroke
6:43pm	Final for Men's 200 yd. Backstroke	
6:47pm	Pool Open for 10 minutes; Pool Closed	
	Awards	Women's and Men's 1650 yd. Freestyle
6:52pm	Event #33	Introduce and swim Women's 100 yd Freestyle
6:54pm	Final for Women's 100 yd. Freestyle	
6:58pm	Event #34	Introduce and swim Men's 100 yd. Freestyle
7:00pm	Final for Men's 100 yd. Freestyle	
7:04pm	Pool Open for 12 minutes; Pool Closed	
	Awards	Women's and Men's 200 yd. Backstroke
7:18pm	Event #35	Introduce and swim Women's 200 yd. Breaststroke
7:22pm	Final for Women's 200 yd. Breaststroke	
7:27pm	<i>5 minute break</i>	
7:34pm	Event #36	Introduce and swim Men's 200 yd. Breaststroke
7:37pm	Final for Men's 200 yd. Breaststroke	
7:42pm	Pool Open for 10 minutes; Pool Closed	

	Awards	Women's and Men's 100 yd. Freestyle
7:54pm	Event #37	Introduce and swim Women's 200 yd. Butterfly
7:57pm		Final for women
8:02pm	Event #38	Introduce and swim Men's 200 yd. Butterfly
8:05pm		Final for men
8:10pm		<i>Announce 20 minute Swim warm up-warm down</i>
		<i>Announcement #6; Announcement #7 (COACHES MEET)</i>
	Awards	Women's and Men's 200 yd. Breaststroke
8:30pm	Event #39	Introduce and swim Women's 400 yd. Freestyle Relay
8:35pm	Event #40	Introduce and swim Men's 400 yd. Freestyle Relay

SENIOR RECOGNITION

Awards	Women's and Men's 200 yd. Butterfly
Awards	Women's and Men's 400 yd. Freestyle Relay

TEAM AND INDIVIDUAL AWARDS CEREMONY ON POOL DECK