

APPENDIX B

Schedule of Events and Awards

All Numbered PA Announcements can be found at the end of the schedule

Wednesday

5pm-9pm Diving warm-up + 7 lanes Swimming non-competition warm-up
(UMBC and Vermont – 5pm; Binghamton and UNH divers – 7:30pm)

Day 1 - Thursday

6:00am-7:15am Swimming non-competition warm-up
7:00am-11:00am Diving warm-up + 7 lanes; Swimming non-competition warm-up (men and women)
(1M and 3M boards open beginning at 7 am, divers can use the boards at any time)

*7am-8am: Maine
8am-9am: UNH and Vermont
9am-10am: UMBC
10am-11am: Binghamton*

12:00pm Women's 3 meter trials
1:15pm Women's 3 meter End
1:30pm Men's 1 meter warm-up
2:30pm Men's 1 meter trials
3:00pm Men's 1 meter end

POOL TRANSITION

3:30pm **COACHES MEETING**
3:30-5:20pm Announce Swimming non-competition warm up
4:30pm Scratch Announcement #1
4:50pm *Announcement #8 (Pace Lanes 1-2, Sprint 7-8, Cords 2 outside short lanes)*
5:00pm Scratch Announcement #2
5:20pm **Pool Cleared; Sportsmanship Announcement #4**

POOL TRANSITION

5:25pm *Scratch Announcement #3*
5:27pm ***National Anthem***

5:30pm **Finals Begin**
5:30pm Announce Diver Finalists
5:35pm Event #1 Introduce and dive Women's 3 meter final
6:00pm Women's 3 meter end
6:05pm **POOL TRANSITION; Pool Open for 15 minute Swim Warm-up**

6:20pm Event #2 Introduce and swim Women's 800 Freestyle relay
6:30pm Event #3 Introduce and swim Men's 800 Freestyle relay

6:40pm	POOL TRANSITION; Pool Open for non-competition Swim warm down 20 minutes; 20 minute Dive warm-up
7:00pm	Awards Women's 3 meter Diving
7:25pm	Event #4 Introduce and dive Men's 1 meter final
7:30pm	Men's 1 meter finals end POOL TRANSITION; Pool Open for 20 minute Swim warm up
	Awards Women's and Men's 800 Freestyle relay
	Awards Men's 1 meter Diving
7:50pm	Event #5 Introduce and swim Women's 200 medley relay
7:54pm	Event #6 Introduce and swim Men's 200 medley relay
8:00pm	Session ends

Day 2- Friday

7:05am-9:50am	Swimming Competition warm-up
8:45am	COACHES MEETING
9:20am	<i>Announcement #8 (Pace Lanes 1-2, Sprint 7-8, Cords 2 outside short lanes)</i>
9:55am	Pool Cleared; Announcement #4, Announcement #9 (Trials Format)
10:00am	Trials Begin
10:00am	Event #7 Women's 500 yd. Freestyle (23 min)
10:23am	<i>5 minute break</i>
10:30am	Event #8 Men's 500 yd. Freestyle (16 min)
10:46am	Pool Open for 10 minutes; Pool Closed
10:58am	Event #9 Women's 200 yd. I.M. (13 min)
11:11am	<i>5 minute break</i>
11:18am	Event #10 Men's 200 yd. I.M. (7 min)
11:25am	Pool Open for 12 minutes; Pool Closed
11:39am	Event #11 Women's 50 yd Freestyle (4 min)
11:43am	Event #12 Men's 50 yd. Freestyle (3 min)
11:47am	End

POOL TRANSITION

12:00pm-2:00pm	Women's 1 meter diving warm-up
2:00pm	Event #13 Women's 1 meter trials + 6 dive final
3:15pm	Women's 1 meter trials end
3:45pm	Women's 1 meter finals start
4:15pm	Women's 1 meter finals end
**In the event diving is not completed in a timely manner, the Games Committee will make a decision to begin non-competition warm-up in 4 lanes.	

POOL TRANSITION

4:45pm-5:50pm	Swimming competition warm-up
5:00pm	<i>Scratch Announcement #1</i>
5:20pm	<i>Announcement #8 (Pace Lanes 1-2, Sprint 7-8, Cords 2 outside short lanes)</i>
5:30pm	<i>Scratch Announcement #2</i>
5:55pm	Pool Cleared
5:55pm	<i>Scratch Announcement #3, Announcement #10 (Finals Format)</i>
5:57pm	National Anthem
6:00pm	Finals Begin
6:00pm	Event #7 Introduce and Swim the Women's 500 yd. Freestyle
6:06pm	Final for Women's 500 yd. Freestyle
6:13pm	<i>5 minute break</i>
6:20pm	Event #8 Introduce and Swim the Men's 500 yd. Freestyle
6:26pm	Final for Men's 500 yd. Freestyle
6:31pm	Pool Open for 10 minutes; Pool Closed
	Awards
6:43pm	Women's 1 meter Diving
6:46pm	Event #9 Introduce and Swim the Women's 200 yd. I.M.
	Final for Women's 200 yd. I.M.
7:00pm	<i>5 minute break</i>
7:07pm	Event #10 Introduce and Swim the Men's 200 yd. I.M.
7:11pm	Final for Men's 200 yd. I.M.
7:15pm	Pool Open for 12 minutes; Pool Closed
	Awards
	Women and Men's 200 yd. Medley Relay
	Awards
7:29pm	Women's and Men's 500 yd. Freestyle
7:31pm	Event #11 Introduce and Swim the Women's 50 yd. Freestyle
	Final for Women's 50 yd. Freestyle
7:35pm	Event #12 Introduce and Swim the Men's 50 yd. Freestyle
7:37pm	Final for Men's 50 yd. Freestyle
7:41pm	Announce 20 minute Swim warm up and warm down
	Awards
8:03pm	Women's and Men's 200 yd. I.M.
8:04pm	Event #14 Introduce and Swim the Women's 200 yd. Freestyle Relay
8:06pm	Event #15 Introduce and Swim the Men's 200 yd. Freestyle Relay
	End

Day 3- Saturday

7:00am-9:50am	Swimming Competition warm-up
8:45am	COACHES MEETING
9:20am	<i>Announcement #8 (Pace Lanes 1-2, Sprint 7-8, Cords 2 outside short lanes)</i>
9:55am	Pool Cleared; Announcement #4, Announcement #9 (Trials Format)
10:00am Trials Begin	
10:00am	Event #16 Women's 400 yd. I.M. (16 min)
10:16am	<i>5 minute break</i>

10:23am	Event #17	Men's 400 yd. I.M. (9 min)
10:32am		Pool Open for 10 minutes; Pool Closed
10:44am	Event #18	Women's 100 yd. Butterfly (6 min)
10:50am	Event #19	Men's 100 yd. Butterfly (5 min)
10:55am		Pool Open for 12 minutes; Pool Closed
11:09am	Event #20	Women's 200 yd. Freestyle (10 min)
11:19am		5 minute break
11:26am	Event #21	Men's 200 yd. Freestyle (7 min)
11:33am		Pool Open for 10 minutes; Pool Closed
11:45am	Event #22	Women's 100 yd. Breaststroke (5 min)
11:50am	Event #23	Men's 100 yd. Breaststroke (4 min)
11:54am		Pool Open for 12 minutes; Pool Closed
12:06pm	Event #24	Women's 100 yd. Backstroke (5 min)
12:11pm	Event #25	Men's 100 yd. Backstroke (4 min)
12:15pm		End

POOL TRANSITION

12:30-2:00pm	Diving warm-up
2:00pm	Event #26 Men's 3 meter trials + 6 dive final
2:40pm	Men's 3 meter trials end
3:00pm	Men's 3 meter finals Start
3:30pm	Men's 3 meter finals end
**In the event diving is not completed in a timely manner, the Games Committee will make a decision to begin non-competition warm-up in 4 lanes.	
4:15-5:50pm	Swimming competition warm-up
5:00pm	<i>Scratch Announcement #1</i>
5:20pm	<i>Announcement #8 (Pace Lanes 1-2, Sprint 7-8, Cords 2 outside short lanes)</i>
5:30pm	<i>Scratch Announcement #2</i>
5:50pm	Pool Cleared
5:55pm	<i>Scratch Announcement #3, Announcement #4, Announcement #10 (Finals Format)</i>
5:57pm	National Anthem
6:00pm	Finals Begin
6:00pm	Event #16 Introduce and Swim the Women's 400 yd. I.M.
6:05pm	Final for Women's 400 yd. I.M.
6:11pm	5 minute break
Awards	Men's and Women's 50 yd. freestyle
6:18pm	Event #17 Introduce and Swim the Men's 400 yd. I.M.
6:23pm	Final for Men's 400 yd. I.M.
6:29pm	Pool Open for 10 minutes; Pool Closed
Awards	Women's and Men's 200 yd. Freestyle Relay

	Awards	Men's 3 Meter
6:41pm	Event #18	Introduce and Swim Women's 100 yd. Butterfly
6:43pm		Final for Women's 100 yd. Butterfly
6:47pm	Event #19	Introduce and Swim Men's 100 yd. Butterfly
6:49pm		Final for Men's 100 yd. Butterfly
6:54pm	Pool Open for 12 minutes; Pool Closed	
	Awards	Women's and Men's 400 yd. I.M.
7:08pm	Event #20	Introduce and Swim Women's 200 yd. Freestyle
7:12pm		Final for Women's 200 yd. Freestyle
7:17pm		<i>5 minute break</i>
	Awards	Women's 100 yd. Butterfly
7:24pm	Event #21	Introduce and Swim Men's 200 yd. Freestyle
7:27pm		Final for Men's 200 yd. Freestyle
7:32pm	Pool Open for 10 minutes; Pool Closed	
	Awards	Men's 100 yd. Butterfly
7:44pm	Event #22	Introduce and Swim Women's 100 yd. Breaststroke
7:46pm		Final for Women's 100 yd. Breaststroke
7:50pm	Event #23	Introduce and Swim Men's 100 yd. Breaststroke
7:52pm		Final for Men's 100 yd. Breaststroke
7:56pm	Pool Open for 12 minutes; Pool Closed	
	Awards	Women's and Men's 200 yd. Freestyle
8:10pm	Event #24	Introduce and Swim Women's 100 yd. Backstroke
8:12pm		Final for Women's 100 yd. Backstroke
8:16pm	Event #25	Introduce and Swim Men's 100 yd. Backstroke
8:18pm		Final for Men's 100 yd. Backstroke
8:22pm	Announce 20 minute Swim warm up-warm down	
	Awards	Women's and Men's 100 yd. Breaststroke
8:42pm	Event #27	Introduce and Swim Women's 400 yd. Medley Relay
8:48pm	Event #28	Introduce and Swim Men's 400 yd. Medley Relay
8:54pm	End	

Day 4-Sunday

7:00am-9:50am	Swimming Competition warm-up	
8:45am	COACHES MEETING	
9:20am	<i>Announcement #8 (Pace Lanes 1-2, Sprint 7-8, Cords 2 outside short lanes)</i>	
9:55am	Pool Cleared; Announcement #4, Announcement #9 (Trials Format)	
10:00am Trials Begin		
10:00am	Event #31	Women's 200 yd. Backstroke (<i>14 min</i>)
10:14am		<i>5 minute break</i>
10:21am	Event #32	Men's 200 yd. Backstroke (<i>6 min</i>)
10:27am	Pool Open for 10 minutes; Pool Closed	
10:39am	Event #33	Women's 100 yd. Freestyle (<i>5 min</i>)
10:44am	Event #34	Men's 100 yd. Freestyle (<i>4 min</i>)

10:48am	Pool Open for 12 minutes; Pool Closed	
11:02am	Event #35	Women's 200 yd. Breaststroke <i>(8 min)</i>
11:10am	5 Min Break	
11:17am	Event #36	Men's 200 yd. Breaststroke <i>(5 min)</i>
11:22am	Pool Open for 12 minutes; Pool Closed	
11:36am	Event #37	Women's 200 yd. Butterfly <i>(10 min)</i>
11:48am	Event #38	Men's 200 yd. Butterfly <i>(5 min)</i>
11:53am	Trials End	
	<i>Announcement #5</i>	
3:15pm		
Event #29	Women's 1650 Freestyle Trials (2 heats – slowest and 2 nd fastest) 8 lanes	
Event #30	Men's 1650 Freestyle Trials (1 heat) 8 lanes	
4:15-5:25 pm	Swimming competition warm-up	
4:45pm	<i>Announcement #8 (Pace Lanes 1-2, Sprint 7-8, Cords 2 outside short lanes)</i>	
5:25pm	Pool Cleared; Announcement #4, Announcement #6; Announcement 10	
5:27pm	National Anthem	
5:30pm Finals Begin		
5:30pm	Event #29	Introduce and swim Women's 1650 yd. Freestyle (fastest heat)
5:49pm		<i>5 minute break</i>
	Awards	Women's and Men's 100 yd. Backstroke
	Awards	Women's and Men's 400 yd. Medley Relay
5:56pm	Event #30	Introduce and swim Men's 1650 yd. Freestyle (fastest heat)
6:14pm	Pool Open for 10 minutes; Pool Closed	
6:26pm	Event #31	Introduce and swim Women's 200 yd. Backstroke
6:29pm		Final for Women's 200 yd. Backstroke
6:33pm		<i>5 minute break</i>
6:40pm	Event #32	Introduce and swim Men's 200 yd. Backstroke
6:43pm		Final for Men's 200 yd. Backstroke
6:47pm	Pool Open for 10 minutes; Pool Closed	
	Awards	Women's and Men's 1650 yd. Freestyle
6:52pm	Event #33	Introduce and swim Women's 100 yd Freestyle
6:54pm		Final for Women's 100 yd. Freestyle
6:58pm	Event #34	Introduce and swim Men's 100 yd. Freestyle
7:00pm		Final for Men's 100 yd. Freestyle
7:04pm	Pool Open for 12 minutes; Pool Closed	
	Awards	Women's and Men's 200 yd. Backstroke
7:18pm	Event #35	Introduce and swim Women's 200 yd. Breaststroke
7:22pm		Final for Women's 200 yd. Breaststroke
7:27pm		<i>5 minute break</i>
7:34pm	Event #36	Introduce and swim Men's 200 yd. Breaststroke
7:37pm		Final for Men's 200 yd. Breaststroke
7:42pm	Pool Open for 10 minutes; Pool Closed	

	Awards	Women's and Men's 100 yd. Freestyle
7:54pm	Event #37	Introduce and swim Women's 200 yd. Butterfly
7:57pm		Final for women
8:02pm	Event #38	Introduce and swim Men's 200 yd. Butterfly
8:05pm		Final for men
8:10pm		<i>Announce 20 minute Swim warm up-warm down</i>
		<i>Announcement #6; Announcement #7 (COACHES MEET)</i>
	Awards	Women's and Men's 200 yd. Breaststroke
8:30pm	Event #39	Introduce and swim Women's 400 yd. Freestyle Relay
8:35pm	Event #40	Introduce and swim Men's 400 yd. Freestyle Relay

SENIOR RECOGNITION

Awards	Women's and Men's 200 yd. Butterfly
Awards	Women's and Men's 400 yd. Freestyle Relay

TEAM AND INDIVIDUAL AWARDS CEREMONY ON POOL DECK