

Appendix F - Directions to the University of New Hampshire

FROM BOSTON:

Take I-95 North to Exit 4 (left exit marked "NH Lakes and Mountains, Spaulding Turnpike"). Go north on Route 16 to Exit 6W. Follow Route 4 West past the UNH/ Durham Route 108 exit. You will go straight through a light, and exit at Route 155A (signs say Whittemore Center/ UNH). Take a left at end of exit ramp towards UNH. After passing through a short stretch of fields, you will see athletic fields and tennis courts on your right. The Field House is the first building on the right at the top of the hill.

FROM PORTLAND, ME:

Follow I-95 South to Exit 5. Continue on Spaulding Turnpike (Rt. 16) to Exit 6W and follow Route 4 West. Follow directions as listed from Boston.

FROM MANCHESTER, NH:

At bottom of Airport Rd. take a right onto Brown Ave. After approximately one mile get onto Route 101 East. Follow this until the intersection with Route 125 (Exit #7). Follow Route 125 North to a Lee Traffic Circle (Intersection with Route 4). Get off at 1st exit of circle onto Route 4 East towards Durham. After a couple of miles exit at Route 155A (signs will say UNH/Durham) and take a right at bottom of exit ramp. After passing through a short stretch of fields, you will see athletic fields and tennis courts on your right. The Field House is the first building on the right at the top of the hill.

