



VOLLEYBALL

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WEEKLY RELEASE #8: October 20, 2008
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LAST WEEK'S RESULTS

Wednesday, October 15

Albany def. Siena, 3-0 (25-20, 25-14, 25-20)
 UMBC def. Towson, 3-1 (16-25, 25-21, 25-17, 25-16)

Friday, October 17

*Albany def. Binghamton, 3-0 (25-16, 25-18, 25-20)
 *Maine def. Stony Brook, 3-2 (18-25, 25-18, 22-25, 25-21, 16-14)

Saturday, October 18

*New Hampshire def. Hartford, 3-0 (25-17, 25-16, 25-17)

Sunday, October 19

*New Hampshire def. Stony Brook, 3-0 (25-23, 25-21, 25-21)
 *Binghamton def. UMBC, 3-1 (24-26, 25-21, 25-23, 27-25)
 *Maine def. Hartford, 3-1 (18-25, 25-13, 25-12, 25-17)

* America East conference match

THIS WEEK'S ACTION

Friday, October 24

*Albany at UMBC 4 p.m.
 *New Hampshire at Maine 5 p.m.
 *Hartford at Stony Brook 7 p.m.

Sunday, October 26

*Maine at New Hampshire 1 p.m.
 *UMBC at Albany 2 p.m.
 *Stony Brook at Hartford 2 p.m.

* America East conference match

2008 AMERICA EAST VOLLEYBALL STANDINGS

	America East			Overall			
	W	L	Pct.	W	L	Pct.	Streak
Albany	5	0	1.000	13	8	.619	W7
Binghamton	5	1	.833	10	12	.455	W1
UMBC	4	1	.800	15	7	.682	L1
Maine	2	3	.400	9	10	.474	W2
New Hampshire	2	3	.400	5	16	.238	W2
Stony Brook	0	5	.000	9	14	.391	L5
Hartford	0	5	.000	5	18	.217	L7

PLAYER OF THE WEEK

**Amanda Cowdrey, Albany, So., OH, Brampton, Ontario/
 Cardinal Leger**

Cowdrey averaged 5.00 kills and 3.17 digs per set in two three-set wins last week. The sophomore outside hitter recorded 15 kills and eight digs in a 3-0 win over Siena on Wednesday and tallied 15 kills and 11 digs in a 3-0 sweep of conference foe Binghamton on Friday. Cowdrey hit .481 against Siena while also recording one service ace in the match. She also recorded a .424 hitting percentage versus Binghamton, adding one solo block. She hit .450 for the week, which was fourth in the league behind only three of her teammates. Cowdrey, one of just four players to see action in every set this season for Albany, is averaging a team-leading 3.49 kills per set and is second on the team with 2.79 digs per set. This is the first weekly honor for last season's Rookie of the Year.

ROOKIE OF THE WEEK

Alyssa Lang, UMBC, Fr., OH, Richmond, Va./Deep Run

Lang continues to impress, winning her sixth weekly rookie honor of the season. Last week she tied for the team lead with five service aces and was second on the team with 21 digs (2.62 dps). Against Towson, Lang was used mainly in the back row and recorded 10 digs with four service aces. Playing all-around against Binghamton, the freshman recorded her sixth double-double of the season with 14 kills and 11 digs, while adding two assisted blocks. For the season, Lang is in the America East top ten in kills, service aces and digs, and leads all freshmen in the former two categories.

SETTER OF THE WEEK

Brooke Stanley, Albany, So., S, Hendersonville, N.C./West Henderson

Stanley captures the award for the second straight week as she continued her strong play and led Albany to two wins over the week. She averaged 14.00 assists and 2.50 digs per set on the week. Stanley recorded 41 assists to go along with five digs, two kills, one service ace and one block assist in a 3-0 sweep of cross-town-rival Siena on Wednesday. Against Binghamton on Friday, Stanley reached the 40-assist plateau for the 10th time this season, handing out 43 assists to go along with 10 digs, three kills and one service ace. The top four hitting percentages around the league last week were Great Danes as Stanley led an effective and balanced attack. For the season, the sophomore setter leads America East with 10.45 assists per set and is third on the team with 2.30 digs per set.

**2008 2008 America East Volleyball
Conference Individual Leaders as of Oct 20, 2008**

(Players listed below meet or exceed the minimums and have played in at least 50.00 percent of their team's games.)

HITTING PERCENTAGE (Minimum 1.0 attacks per game)

Player	Team	Cl	G	Kills	Errs	Total	Pct
Kamisha Kellam.....	ALBANY	SR	77	203	53	411	.365
Brittany Kiehl.....	MAINE	SR	70	139	38	313	.323
Brooke Stanley.....	ALBANY	SO	77	59	11	150	.320
Hillary White.....	ALBANY	SR	70	129	33	306	.314
Jessica Wolfenden...	MAINE	SR	73	70	16	184	.293
Ashley Headen.....	STONYBRO	SO	84	152	60	326	.282
Bridget Scheetz.....	UMBC	SO	78	185	67	439	.269
Amy Lawson.....	MAINE	SR	59	118	46	286	.252
Gulce Dikecligil....	STONYBRO	SR	84	305	120	763	.242
Lindsay Fogarty.....	NEWHAMPS	JR	77	155	62	386	.241
Ashley Allen.....	BINGHAMT	SR	77	173	71	444	.230
Alicia Nelson.....	STONYBRO	SO	76	229	90	609	.228
Lisa Doremus.....	STONYBRO	JR	78	127	41	377	.228
Amanda Cowdrey.....	ALBANY	SO	77	269	93	777	.227
Kelsey Sullivan.....	STONYBRO	FR	84	46	18	124	.226
Kirsten Bates.....	NEWHAMPS	JR	76	269	108	718	.224
Sarah Ball.....	UMBC	JR	71	90	34	258	.217
Michelle McDonough..	BINGHAMT	SO	74	241	113	604	.212
Ashley Oscars.....	UMBC	JR	71	203	81	581	.210
Lindsay Allman.....	MAINE	SR	75	212	96	553	.210
Lindsey Mueller.....	BINGHAMT	SO	77	35	13	106	.208
Anna Lejina.....	BINGHAMT	SO	73	240	108	641	.206
Erin Macro.....	HARTFORD	JR	80	242	121	613	.197
Kalyn Mostert.....	ALBANY	FR	62	89	43	234	.197
Amanda Armstrong....	MAINE	JR	49	68	33	184	.190
Laura Goettsch.....	MAINE	SR	72	165	74	492	.185
Sarah Joy.....	UMBC	FR	52	74	37	201	.184
Alyssa Lang.....	UMBC	FR	78	220	91	715	.180
Sarah Hill.....	UMBC	FR	40	52	24	160	.175
Valerie Sourbeer....	ALBANY	JR	61	157	79	478	.163

KILLS (Minimum 2.00 per game)

Player	Team	Cl	G	No.	Per Game
Gulce Dikecligil....	STONYBRO	SR	84	305	3.63
Kirsten Bates.....	NEWHAMPS	JR	76	269	3.54
Amanda Cowdrey.....	ALBANY	SO	77	269	3.49
Anna Lejina.....	BINGHAMT	SO	73	240	3.29
Michelle McDonough..	BINGHAMT	SO	74	241	3.26
Erin Macro.....	HARTFORD	JR	80	242	3.03
Alicia Nelson.....	STONYBRO	SO	76	229	3.01
Ashley Oscars.....	UMBC	JR	71	203	2.86
Lindsay Allman.....	MAINE	SR	75	212	2.83
Alyssa Lang.....	UMBC	FR	78	220	2.82

ASSISTS (Minimum 5.00 per game)

Player	Team	Cl	G	No.	Per Game
Brooke Stanley.....	ALBANY	SO	77	805	10.45
Lindsey Mueller.....	BINGHAMT	SO	77	762	9.90
Kelsey Sullivan.....	STONYBRO	FR	84	809	9.63
Jessica Wolfenden...	MAINE	SR	73	674	9.23
Kira Giles.....	UMBC	JR	51	454	8.90
Lindsay Ford.....	HARTFORD	SO	80	655	8.19
Kate Uitti.....	NEWHAMPS	JR	56	433	7.73
Sara Heldman.....	NEWHAMPS	SO	46	296	6.43

SERVICE ACES (Minimum 0.10 per game)

Player	Team	Cl	G	No.	Per Game
Gulce Dikecligil....	STONYBRO	SR	84	55	0.65
Erin Macro.....	HARTFORD	JR	80	33	0.41
Sabrina Hoeks.....	UMBC	SO	57	20	0.35
Bridget Scheetz.....	UMBC	SO	78	27	0.35
Alyssa Lang.....	UMBC	FR	78	27	0.35
Jessica Wolfenden...	MAINE	SR	73	25	0.34
Ashlee Wright.....	MAINE	SR	74	25	0.34
Brooke Stanley.....	ALBANY	SO	77	26	0.34
Lindsay Allman.....	MAINE	SR	75	25	0.33
Kalyn Mostert.....	ALBANY	FR	62	20	0.32

BLOCKS (Minimum 0.50 per game)

Player	Team	Cl	G	Solo	Asst	Total	Per Game
Bridget Scheetz.....	UMBC	SO	78	2	81	83.0	1.06
Dawn Lammert.....	BINGHAMT	JR	72	7	68	75.0	1.04
Ashley Headen.....	STONYBRO	SO	84	25	61	86.0	1.02
Kamisha Kellam.....	ALBANY	SR	77	17	56	73.0	0.95
Mercedes Montford....	BINGHAMT	SO	54	2	49	51.0	0.94
Hillary White.....	ALBANY	SR	70	12	50	62.0	0.89
Justine Elliott.....	NEWHAMPS	SO	77	10	58	68.0	0.88
Sarah Hill.....	UMBC	FR	40	1	34	35.0	0.88
Kalyn Mostert.....	ALBANY	FR	62	7	45	52.0	0.84
Brittany Kiehl.....	MAINE	SR	70	14	44	58.0	0.83

DIGS (Minimum 1.00 per game)

Player	Team	Cl	G	No.	Per Game
Alyse Lahti.....	NEWHAMPS	JR	76	309	4.07
Laurie Gonzalez.....	ALBANY	FR	77	309	4.01
Pam Jarrett.....	UMBC	JR	79	277	3.51
Michelle Burrola....	STONYBRO	JR	76	250	3.29
Jaclyn Strader.....	BINGHAMT	SR	77	246	3.19
Lindsay Allman.....	MAINE	SR	75	239	3.19
Ashlee Wright.....	MAINE	SR	74	209	2.82
Sarah Boss.....	HARTFORD	JR	80	224	2.80
Amanda Cowdrey.....	ALBANY	SO	77	215	2.79
Alyssa Lang.....	UMBC	FR	78	212	2.72

**2008 2008 America East Volleyball
Conference Team Leaders as of Oct 20, 2008**

HITTING PERCENTAGE

Team	G	Kills	Errs	Total	Pct
Albany.....	77	1012	366	2701	.239
Maine.....	76	911	376	2396	.223
Stony Brook.....	84	1030	435	2737	.217
UMBC.....	79	966	411	2804	.198
Binghamton.....	77	935	454	2600	.185
New Hampshire.....	77	885	456	2683	.160
Hartford.....	80	847	581	2641	.101

OPPONENT HITTING PCT.

Team	G	Kills	Errs	Total	Pct
UMBC.....	79	890	476	2767	.150
Albany.....	77	933	443	2736	.179
Binghamton.....	77	941	460	2615	.184
Maine.....	76	831	395	2370	.184
New Hampshire.....	77	910	423	2597	.188
Hartford.....	80	904	396	2410	.211
Stony Brook.....	84	1039	422	2722	.227

ASSISTS

Team	G	No.	Per Game
Albany.....	77	928	12.05
UMBC.....	79	899	11.38
Stony Brook.....	84	944	11.24
Binghamton.....	77	863	11.21
Maine.....	76	835	10.99
New Hampshire.....	77	837	10.87
Hartford.....	80	780	9.75

KILLS

Team	G	No.	Per Game
Albany.....	77	1012	13.14
Stony Brook.....	84	1030	12.26
UMBC.....	79	966	12.23
Binghamton.....	77	935	12.14
Maine.....	76	911	11.99
New Hampshire.....	77	885	11.49
Hartford.....	80	847	10.59

BLOCKS

Team	G	Solo	Asst	Total	Per Game
Binghamton.....	77	24	288	168.0	2.18
UMBC.....	79	13	317	171.5	2.17
Albany.....	77	51	226	164.0	2.13
Maine.....	76	40	217	148.5	1.95
New Hampshire.....	77	31	219	140.5	1.82
Stony Brook.....	84	49	194	146.0	1.74
Hartford.....	80	43	144	115.0	1.44

SERVICE ACES

Team	G	No.	Per Game
UMBC.....	79	148	1.87
Maine.....	76	136	1.79
Stony Brook.....	84	145	1.73
Hartford.....	80	120	1.50
Albany.....	77	100	1.30
New Hampshire.....	77	95	1.23
Binghamton.....	77	90	1.17

MATCH WON-LOST PCT

Team	--Conference--		---Overall---	
	W-L	Pct	W-L	Pct
Albany.....	5-0	1.000	13-8	.619
Binghamton.....	5-1	.833	10-12	.455
UMBC.....	4-1	.800	15-7	.682
Maine.....	2-3	.400	9-10	.474
New Hampshire.....	2-3	.400	5-16	.238
Stony Brook.....	0-5	.000	9-14	.391
Hartford.....	0-5	.000	5-18	.217

DIGS

Team	G	No.	Per Game
UMBC.....	79	1187	15.03
Albany.....	77	1150	14.94
New Hampshire.....	77	1073	13.94
Maine.....	76	1024	13.47
Binghamton.....	77	1028	13.35
Stony Brook.....	84	1045	12.44
Hartford.....	80	953	11.91

2008 AMERICA EAST VOLLEYBALL WEEKLY AWARD WINNERS

Player of the Week:

S 2.....	Gulce Nazli Dikecligil, Stony Brook
S 8.....	Kamisha Kellam, Albany
S 15.....	Kirsten Bates, New Hampshire
S 22.....	Gulce Nazli Dikecligil, Stony Brook
S 29.....	Gulce Nazli Dikecligil, Stony Brook
O 6.....	Anna Lejina, Binghamton
O 14.....	Michelle McDonough, Binghamton
O 20.....	Amanda Cowdrey, Albany
O 27.....	
N 3.....	
N 10.....	
N 17.....	

Rookie of the Week:

S 2.....	Alyssa Lang, UMBC
S 8.....	Alyssa Lang, UMBC
S 15.....	Alyssa Lang, UMBC
S 22.....	Alyssa Lang, UMBC
S 29.....	Alyssa Lang, UMBC
O 6.....	Allie Spaay, UMBC
O 14.....	Allie Spaay, UMBC
O 20.....	Alyssa Lang, UMBC
O 27.....	
N 3.....	
N 10.....	
N 17.....	

Setter of the Week:

S 2.....	Kelsey Sullivan, Stony Brook
S 8.....	Brooke Stanley, Albany
S 15.....	Brooke Stanley, Albany
S 22.....	Lindsey Mueller, Binghamton
S 29.....	Brooke Stanley, Albany
O 6.....	Lindsey Mueller, Binghamton
O 14.....	Brooke Stanley, Albany
O 20.....	Brooke Stanley, Albany
O 27.....	
N 3.....	
N 10.....	
N 17.....	

ALBANY SCHEDULE

Record: 13-8 (5-0 America East)

Date	Opponent	Time/Result
August		
29	vs. #22 San Diego	L 0-3
30	at San Diego State	L 1-3
30	vs. UC Irvine	L 0-3
September		
5	Buffalo	W 3-0
6	Wright State	W 3-0
6	Connecticut	W 3-0
12	vs. Eastern Kentucky	W 3-0
13	vs. Indiana	L 1-3
13	at Kentucky	L 1-3
19	vs. Arizona State	L 2-3
20	at #25 Michigan	L 0-3
20	vs. Western Kentucky	W 3-2
26	Yale	W 3-2
27	Long Island	L 2-3
27	Dayton	W 3-1
October		
3	*Maine	W 3-0
5	*New Hampshire	W 3-1
10	*at Stony Brook	W 3-1
11	*at Hartford	W 3-0
15	Stena (TW-3)	W 3-0
17	*Binghamton	W 3-0
24	*at UMBC	4 p.m.
26	*UMBC	2 p.m.
31	*at New Hampshire	7 p.m.
November		
2	*at Maine	2 p.m.
9	*at Binghamton	1 p.m.
14	*Hartford	7 p.m.
16	*Stony Brook	1 p.m.
21-23	America East Championship	
29	at Temple	5 p.m.

* America East Conference game

BINGHAMTON SCHEDULE

Record: 10-12 (5-1 America East)

Date	Opponent	Time/Result
August		
29	vs. Rutgers	W 3-0
30	vs. Akron	W 3-0
30	at Northern Arizona	L 0-3
September		
5	vs. Ohio	L 0-3
5	at Pittsburgh	L 0-3
6	vs. Eastern Kentucky	W 3-0
9	at Syracuse	L 2-3
12	vs. Appalachian State	L 1-3
13	at Virginia	L 0-3
13	vs. VCU	L 2-3
16	Colgate	L 1-3
19	at Bowling Green	L 0-3
20	vs. Hofstra	W 3-1
20	vs. Rice	L 0-3
24	at Siena (Time Warner)	L 0-3
28	Robert Morris	W 3-2
October		
3	*Stony Brook	W 3-0
5	*Hartford	W 3-0
10	*Maine	W 3-0
11	*New Hampshire	W 3-1
17	*at Albany	L 0-3
19	*at UMBC	W 3-1
28	at Cornell	7 p.m.
31	*at Hartford	6 p.m.
November		
2	*at Stony Brook	1 p.m.
7	*UMBC	6 p.m.
9	*Albany	1 p.m.
14	*at Maine	7 p.m.
15	*at New Hampshire	5 p.m.
21-23	America East Championship	

* America East Conference game

HARTFORD SCHEDULE

Record: 5-18 (0-5 America East)

Date	Opponent	Time/Result
August		
29	vs. NC A&T	W 3-0
30	at UNC Wilmington	L 1-3
30	vs. Radford	L 0-3
September		
5	vs. Rider	L 0-3
6	vs. Bryant	L 0-3
6	at Sacred Heart	L 1-3
9	Quinnipiac	W 3-1
13	vs. Iona	L 0-3
13	at La Salle	W 3-1
16	at Marist	L 2-3
18	at Army	L 0-3
18	vs. #5 Southern California	L 0-3
19	vs. Dartmouth	L 0-3
27	vs. Coppin State	W 3-0
27	vs. NJIT	L 0-3
28	at Quinnipiac	W 3-2
October		
1	Central Conn. State	L 1-3
5	*at Binghamton	L 0-3
8	at Connecticut	L 1-3
10	*UMBC	L 0-3
11	*Albany	L 0-3
18	*at New Hampshire	L 0-3
19	*at Maine	L 1-3
24	*at Stony Brook	7 p.m.
26	*Stony Brook	2 p.m.
29	at Providence	7 p.m.
31	*Binghamton	6 p.m.
November		
7	*Maine	7 p.m.
8	*New Hampshire	4 p.m.
14	*at Albany	7 p.m.
16	*at UMBC	2 p.m.
21-23	America East Championship	

* America East Conference game

MAINE SCHEDULE

Record: 9-10 (2-3 America East)

Date	Opponent	Time/Result
August		
29	vs. Florida Gulf Coast	W 3-1
29	at Elon	L 1-3
30	vs. UNC Asheville	W 3-2
30	Houston Baptist	L 1-3
September		
5	Providence	W 3-2
6	Quinnipiac	W 3-0
6	Kent State	L 1-3
12	vs. Butler	L 0-3
13	vs. Maryland-East. Shore	L 0-3
13	at Buffalo	W 3-1
19	vs. Temple	L 1-3
20	at Connecticut	W 3-2
20	vs. Cornell	L 2-3
26	Husson	W 3-0
October		
3	*at Albany	L 0-3
5	*at UMBC	L 2-3
10	*at Binghamton	L 0-3
17	*Stony Brook	W 3-2
19	*Hartford	W 3-1
24	*New Hampshire	5 p.m.
26	*at New Hampshire	1 p.m.
31	*UMBC	5 p.m.
November		
2	*Albany	2 p.m.
7	*at Hartford	7 p.m.
9	*at Stony Brook	1 p.m.
14	*Binghamton	7 p.m.
21-23	America East Championship	

* America East Conference game

UMBC SCHEDULE

Record: 15-7 (4-1 America East)

Date	Opponent	Time/Result
August		
29	at William & Mary	L 1-3
30	vs. Appalachian State	W 3-0
30	vs. Eastern Michigan	W 3-2
September		
2	at Howard	W 3-0
5	Maryland-East. Shore	L 2-3
5	Niagara	W 3-1
6	Duquesne	W 3-1
9	Villanova	L 0-3
12	at NJIT	W 3-0
13	vs. Loyola (MD)	W 3-0
13	vs. Sacred Heart	W 3-1
19	vs. George Washington	W 3-0
20	at W. Virginia	L 0-3
20	vs. UNC Greensboro	L 0-3
23	James Madison	L 1-3
25	Morgan State	W 3-0
October		
3	*New Hampshire	W 3-0
5	*Maine	W 3-2
10	*at Hartford	W 3-0
12	*at Stony Brook	W 3-0
15	Towson	W 3-1
19	*Binghamton	L 1-3
24	*Albany	4 p.m.
26	*at Albany	2 p.m.
31	*at Maine	5 p.m.
November		
2	*at New Hampshire	1 p.m.
7	*at Binghamton	6 p.m.
11	at Delaware	7 p.m.
14	*Stony Brook	7 p.m.
16	*Hartford	2 p.m.
21-23	America East Championship	

* America East Conference game

NEW HAMPSHIRE SCHEDULE

Record: 5-16 (2-3 America East)

Date	Opponent	Time/Result
August		
29	at James Madison	L 0-3
30	vs. Virginia	L 0-3
30	vs. Murray State	L 2-3
September		
5	at Delaware	L 2-3
6	vs. Michigan State	L 1-3
6	vs. Syracuse	L 0-3
9	Bryant	W 3-0
12	Rhode Island	L 2-3
13	Evansville	L 1-3
13	Seton Hall	W 3-1
16	at Dartmouth	W 3-0
19	vs. Saint Louis	L 1-3
20	at #1 Penn State	L 0-3
20	vs. Yale	L 0-3
23	Northeastern	L 0-3
30	Harvard	L 2-3
October		
3	*at UMBC	L 0-3
5	*at Albany	L 1-3
11	*at Binghamton	L 1-3
18	*Hartford	W 3-0
19	*Stony Brook	W 3-0
24	*at Maine	5 p.m.
26	*Maine	1 p.m.
31	*Albany	7 p.m.
November		
2	*UMBC	1 p.m.
7	*at Stony Brook	7 p.m.
8	*at Hartford	4 p.m.
15	*Binghamton	5 p.m.
21-23	America East Championship	

* America East Conference game

STONY BROOK SCHEDULE

Record: 9-14 (0-5 America East)

Date	Opponent	Time/Result
August		
29	vs. Iona	L 0-3
30	vs. Bucknell	W 3-0
30	at Central Conn. State	W 3-1
September		
4	at Rhode Island	L 0-3
5	vs. Boston College	L 2-3
6	vs. South Carolina	L 0-3
9	Manhattan	W 3-1
12	vs. Manhattan	W 3-0
13	vs. Princeton	L 1-3
13	at Fordham	L 1-3
17	Long Island	L 2-3
19	at Brown	L 2-3
20	at Bryant	W 3-2
20	vs. Quinnipiac	W 3-0
23	at St. John's	L 0-3
26	Xavier	W 3-0
27	Brown	W 3-0
27	St. Francis (Pa.)	W 3-0
October		
3	*at Binghamton	L 0-3
10	*Albany	L 1-3
12	*UMBC	L 0-3
17	*at Maine	L 2-3
19	*at New Hampshire	L 0-3
24	*Hartford	7 p.m.
26	*at Hartford	2 p.m.
November		
2	*Binghamton	1 p.m.
7	*New Hampshire	7 p.m.
9	*Maine	1 p.m.
14	*at UMBC	7 p.m.
16	*at Albany	1 p.m.

* America East Conference game



2008 AMERICA EAST

VOLLEYBALL CHAMPIONSHIP

NOVEMBER 21-22 OR 22-23, 2008

AT THE NO. 1 SEED