We all want deeper romance in our marriages, but we sometimes assume that our husbands know what we want and how we feel without talking about it. The following questionnaire will help spark some great discussion between you and your husband.

In a Christian marriage, romance involves both relational and sexual intimacy. This questionnaire is divided into two parts: “Stoking the Fires of Romance” and “Boosting Sexual Intimacy.”

We suggest that you answer these questions individually and then take some unhurried time to discuss them with your man.

**Part One: Stoking the Fires of Romance**

*Finish these sentences:*

I would describe romance as:__________________________________________

__________________________________________

I believe my husband would describe romance as:__________________________________________

__________________________________________

Right now, the following obstacles block our way to making romance a priority in our marriage:__________________________________________

__________________________________________

The three most romantic things my husband has done for me are:__________________________________________

__________________________________________

I would like my husband to do more of these romantic things in the future:__________________________________________

__________________________________________

Mark the activities below that help you with a “Y” for yes and those that don’t with an “N.”

**The following gestures help ignite the flames of romance in my life:**

___Candy  ___Dancing
___Flowers  ___Eating out
___Neck rub  ___Sharing recreational time
___Back rub  ___Walks
___Bubble baths  ___Movies
___Lingerie  ___Picnics
___Love notes  ___Talking by firelight
___Praise in front of others  ___A finished “Honey Do” list
___Praise in private  ___Holding my hand
___Gifts  ___Flirting
___Comments of anticipation before lovemaking
___Spending time together with no agenda
___Watching you play with the kids
___Other _______________________________________
___Other _______________________________________

To help your husband choose gifts and plan dates, fill in the following information. When you trade inventories, he can hold onto these pages for future reference.

**Clothes Sizes**

Dress:__________________________________________

Pants:__________________________________________

Blouse:__________________________________________

Shoes:__________________________________________

Belt:__________________________________________

Bra:__________________________________________

Panties:__________________________________________

Coat:__________________________________________
Use the following statements to rate various aspects of your sexual relationship.  Use a scale from 1 (strongly disagree) to 5 (strongly agree).

___We view lovemaking with positive anticipation.

___We have no trouble deciding when and how to enjoy physical love together.

___We both communicate during lovemaking by telling each other what is pleasing.

___We make love often enough.

___Gentleness and tenderness are a sufficient part of our lovemaking.

___We have enough variety in our lovemaking.

___We both sufficiently understand each other’s sexual needs and preferences.

In leading up to lovemaking, I like for my husband to:

________________________________________________________________________________

________________________________________________________________________________

________________________________________________________________________________

When we are making love, I like for my husband to:

________________________________________________________________________________

________________________________________________________________________________

________________________________________________________________________________

When we are making love, I become discouraged when my husband:

________________________________________________________________________________

________________________________________________________________________________

________________________________________________________________________________

I struggle with the following fears or issues regarding sex:

________________________________________________________________________________

________________________________________________________________________________

________________________________________________________________________________

My husband could help alleviate those fears or issues by:

________________________________________________________________________________

________________________________________________________________________________

________________________________________________________________________________

Concerning lovemaking, I’ve always wanted to tell my husband:

________________________________________________________________________________

________________________________________________________________________________

________________________________________________________________________________