# Canine Infectious Respiratory Disease Complex: Prevention



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## Dear Dr. Hurley...

 I think the biggest problem we are having right now is kennel cough. It has been endemic in our dog population since I started working here over 2 years ago. One of the big problems we have is that we are constantly over crowded and have very limited isolation space available (there are around 70 dog kennels with only 8 of those kennels designated for isolation). When there is space in our isolation kennels we move dogs under treatment there, but it quickly gets full and I am forced to treat dogs out in the main kennel. I also have to move dogs back out to the main kennels that are done with treatment even though they are likely still shedding. Lately the disease has gotten much worse and many dogs are coming down with pneumonia.

### Continued

 Another thing that concerns me is that I have a set of 4 separate runs for injured dogs, and even they get kennel cough, so I worry about our ventilation system, or if employees are spreading it that effectively. Historically, we will keep dogs until they are adopted or sent to rescue, with some dogs being here over 2 months. This of course contributes to our overcrowding and I think I have finally convinced our staff that warehousing dogs for the sake of saying we kill very few is not helping our general population.

#### What to do?

 (We are) getting some funds for building improvements and I would like to see the money spent in the dog kennels but we are not sure what the best use of our money will be. We have a few ideas like changing the kennel doors from chain link to something more solid to decrease the amount of aerosol barking and coughing dogs spread to neighboring kennels, but not sure if that will be helpful or not. I also need some help in deciding on the best cleaning protocol for our kennels. We do a lot of pressure washing which I am worried is just spreading disease around the kennels on the water particles. We also do not have any hot water in the kennels.

#### What to do???

Build more kennels?

Switch vaccines?

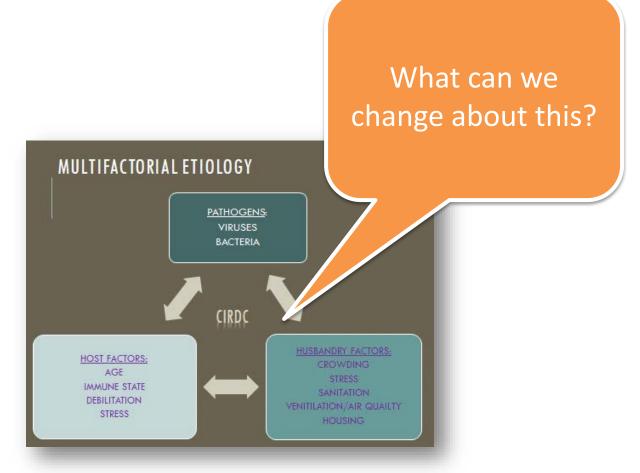
Euthanize sooner?

Clean more vigorously?

Decrease mixing of dogs in playgroups?

Cover the fronts of kennels?

What causes CIRDC?





# Tools for prevention: support the host

- Vaccination
- Airway protection
- Stress reduction





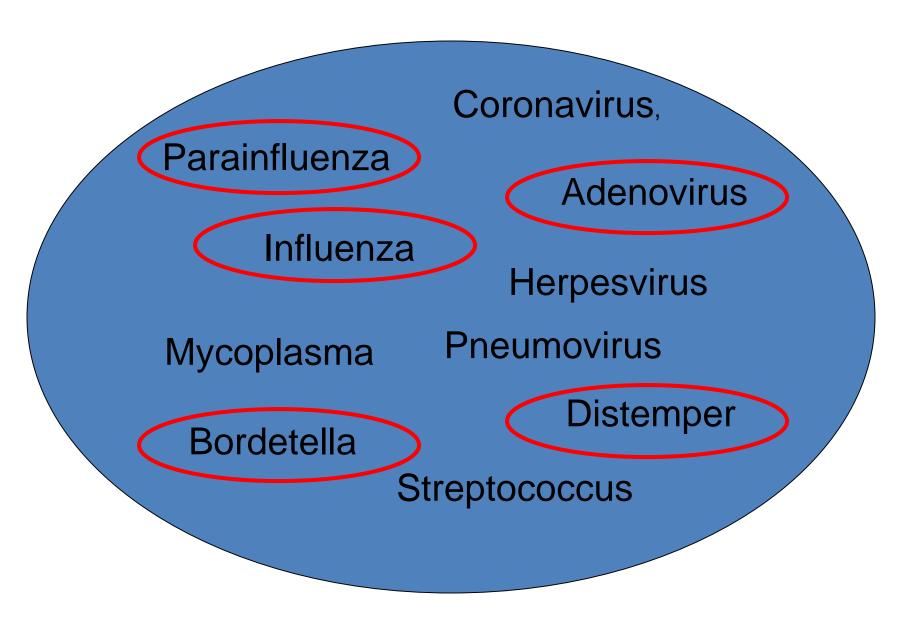
### Tools for prevention: lower the dose



- Ventilation
- Sanitation
- Density reduction



### Vaccine available?





### Awesome vaccine available?

Coronavirus,

Parainfluenza

Adenovirus

Influenza

Herpesvirus

Mycoplasma

**Pneumovirus** 

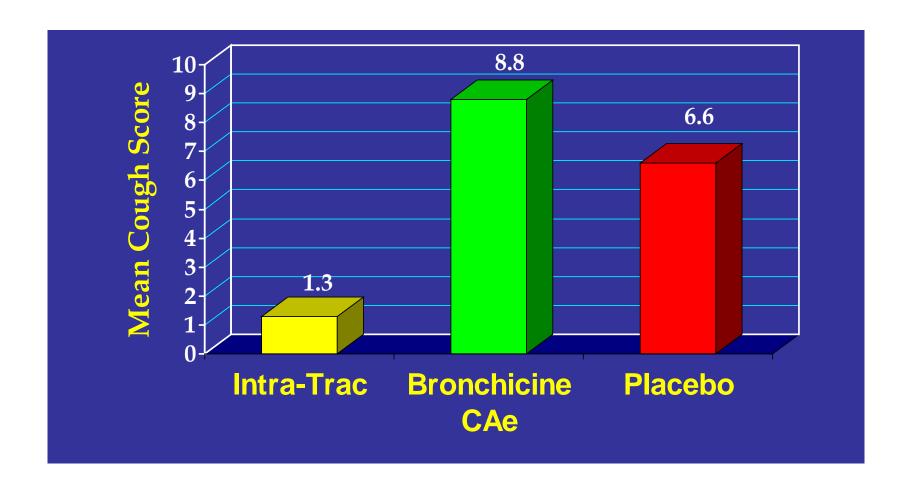
Bordetella

Distemper

Streptococcus



#### IN vs SC?

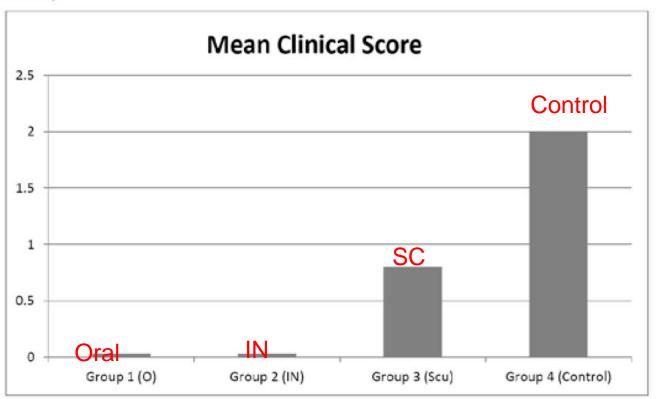


<sup>\*</sup>Davis, R., et al. (2007). Veterinary Therapeutics 8(1). Pages 32-40.



### Oral versus IN versus SC

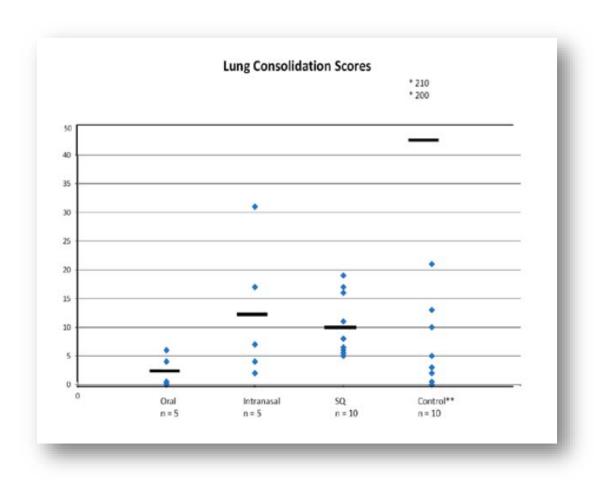
**Graph 1**. Cumulative Mean Clinical Score (Higher number indicates more significant clinical disease)



Larson, L. and R. Schultz (2013). "Comparative study of oral, IN and parenteral Bordetella vaccines." <u>Int J Applied Res.</u>



# All vaccine routes provide lower respiratory protection





### "Kennel Cough" vaccination

- IN Bordetella
  - + parainfluenza
  - +/- adenovirus
- Oral Bordetella if you can't do IN
- SC for unruly dogs or staff
- Once immediately on intake for all dogs 2 weeks of age and older
- Repeat once after 6 weeks in pups vaccinated before 6 weeks (at least 2 weeks apart always)



# A bit of good "news"

 Twenty-one susceptible puppies in 10 litters were vaccinated with a single dose of combined canine distemper-infectious canine hepatitis modified live virus tissue culture vaccine simultaneously with introduction into a canine distemper contaminated environment. One of 21 vaccinated puppies and 14 of 16 nonvaccinated littermates died of a canine distemper infection.

Schroeder, J. P., D. W. Bordt, et al. (1967). "Studies of canine distemper immunization of puppies in a canine distemper-contaminated environment." Vet Med Small Anim Clin 62(8): 782-7.



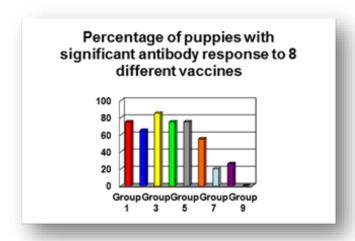
# Vaccination for distemper

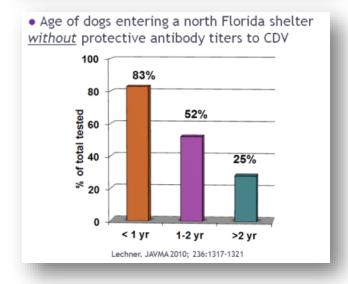
- Injectable, modified-live for most shelter pups and dogs
- On intake for dogs 4-6 weeks and older
- Repeat Q 2 weeks to 18-20 weeks
- For puppies 2- 4 weeks:
  - Merial Recombinant Ferret
     Vaccine **PureVax**
  - Use 1/3 dose in vial provided for ferrets



# Almost but not quite a magic bullet

- Distemper vaccine provides protection within hours...
- ... but does not prevent mild signs, infection, shedding or synergistic disease
- Maternal antibody interference is a reality
- But, not all pups have maternal antibody
  - E.g. 12% of pups entering
     Florida shelter had protective antibodies





#### Canine influenza vaccine

- Killed SC H3N8
  - 2 doses 2-4 weeks apart, then1 week for full protection
- Reduces severity, duration and shedding
- For dogs transferred to endemic shelters
- For shelters transferring from endemic communities
- For low risk, long stay shelters in endemic communities
- For pet dogs in endemic communities



# **Barking reduction**

- Traffic flow management
- Partial visual barriers
- Quiet time in and out of kennel
- Bucket enrichment
- "Click for quiet"



http://www.animalsheltering.org/resources/magazine/jul\_aug\_2011/getting\_real\_asv\_standards\_austin\_humane.pdf

#### Stress reduction

- Environmental control
  - Hiding places
  - Choice of height
  - Indoor vs out
- Physical stimulation
  - Playgroups
- Mental stimulation
  - Food toys
  - Clicker fun
- Quiet time



# Air quality

- Maximize outdoor air where possible
- Double check ventilation system during high risk periods/periods of increased disease
  - Spring/Fall with some systems
- Limit aerosolization of disinfectant
- Dry kennels thoroughly
- Decrease density



### Quality of the microenvironment







### **Preventive Sanitation**

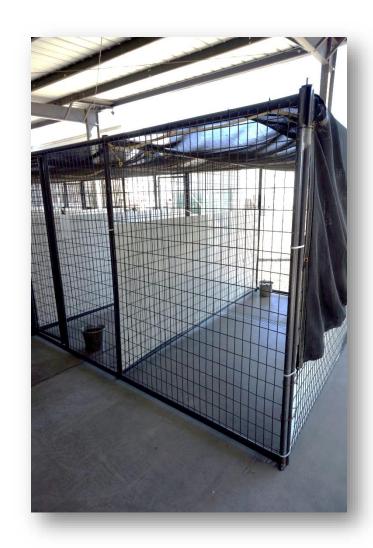
- Double-compartment housing in good repair
- Effective products
  - Canine respiratory disease not especially resistant
- Clean when & where it counts
  - Between animal occupants
  - High-contact surfaces
- Dry surfaces thoroughly





## First, do no harm

- Use double compartment housing correctly if available
- "Move down one" cleaning or outdoor enclosures if stuck with single housing
- Hosing dogs in a run is an unacceptable practice



# Isolation and segregation

- Daily rounds prior to cleaning and animal movement
- Isolate symptomatic dogs +/- treatment
- Usually not necessary to segregate post recovery
- Separate supplies, protective clothing, gloves and boots for staff in each area



# Case study: a few simple changes

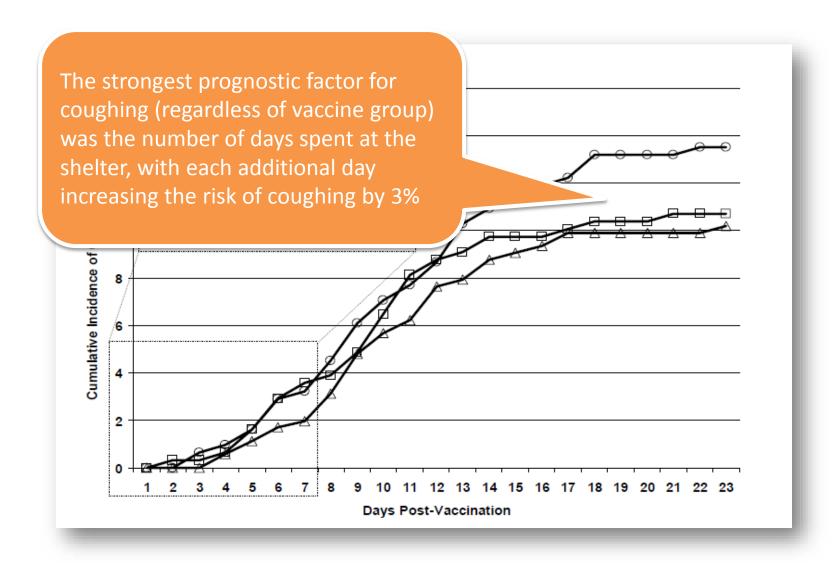
#### Changes made:

- Dogs with clinical signs of CIRDC no longer treated in general population, but moved to assigned isolation ward as soon as clinical signs noticed and started on appropriate Doxycycline dose.
- Written protocols for CIRDC were made and distributed to the entire clinic staff
- Daily rounds every implemented morning
- Dogs in Isolation ward walked last by volunteers

### Measurable results

Medication	Doses Administer	doses given
	2009	2011
Cephalexin 250mg (caps)	906	
Cephalexin 500mg (caps)	1966	
Clavamox 62.5mg (tabs)	1300	В
Clavamox 125mg (tabs)	1436	8
Clavamox 250mg (tabs)	1228	18
Clavamox 375mg (tabs)	1490	56
Doxycyline 100mg (tabs)	4298	2√60
Total doses	12,624	7,590

# Biggest risk factor?



# Biggest risk factor?

# Serologic prevalence of antibodies against canine influenza virus (H3N8) in dogs in a metropolitan animal shelter

David E. Holt, BVSc, DACVS; Mic1

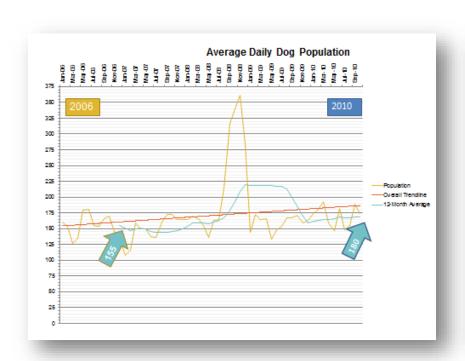
R. Moyer, VMD; Doro

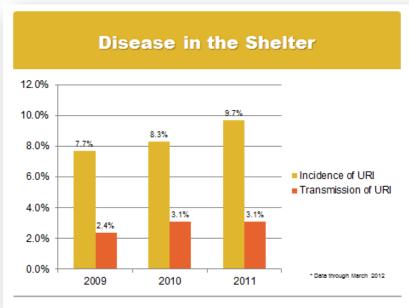
Cimino Brown, DVM, MSCE, DACVS

Logistic regression analysis was performed to evaluate the association of factors (body condition score, nasal discharge, coughing, rectal temperature, number of days in the shelter, and relinquished vs stray) with positive results.

Number of days in the shelter was the only factor significantly associated with positive serologic test results. For every 3 days in the shelter, the odds of a positive serologic test result increased significantly by 2.2.

# Case study





# Marketing changes

- YouTube Videos
- Staff Picks
- Petango Memos
- "Coming Soon" webpage
- Social media
- iPhone app
- Streamline adoption paperwork
- Variable Pricing
  - Lower prices for slow trackers
  - Ending in '9'

#### **Gandalf's Staff Pick and Petango Memo:**

"Greyhame, Mithrandir, Stormcrow.. he may have many names, but Gandalf is the one he knows! Brent chose Gandalf as his staff pick because although he is very playful, he possesses a wisdom and power beyond his age. And although he may know sit, he is not some conjurer of cheap tricks! YOU SHALL NOT PASS on this great dog!"





#### Hard to resist

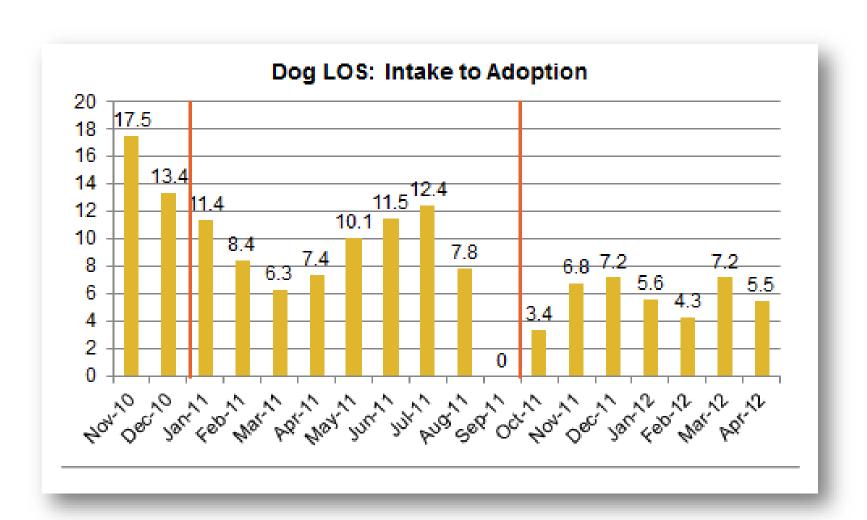


# Operational changes

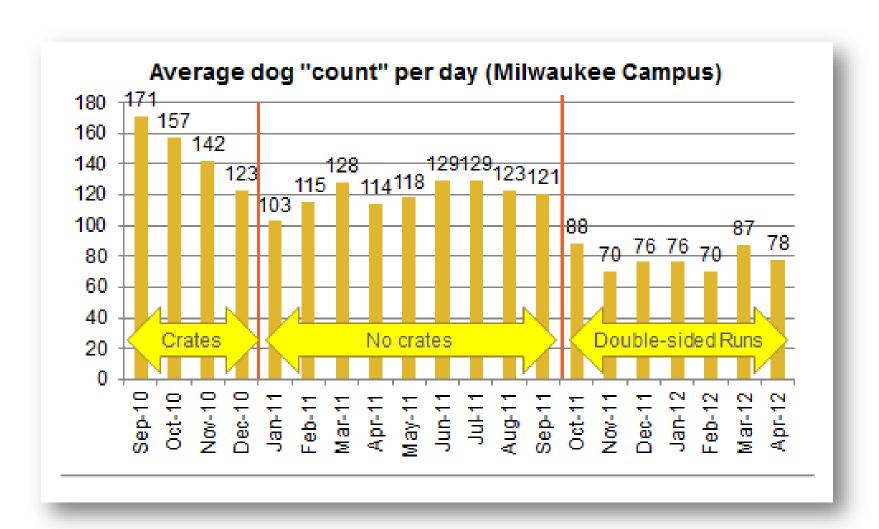
- Fast track/slow track planning
- More frequent, smaller transfers
- Timing of services
  - E.g. a.m. behavior eval vs. p.m.
- Expansion of volunteer roles
- Disease transmission management
  - New isolation areas
  - New diagnostics



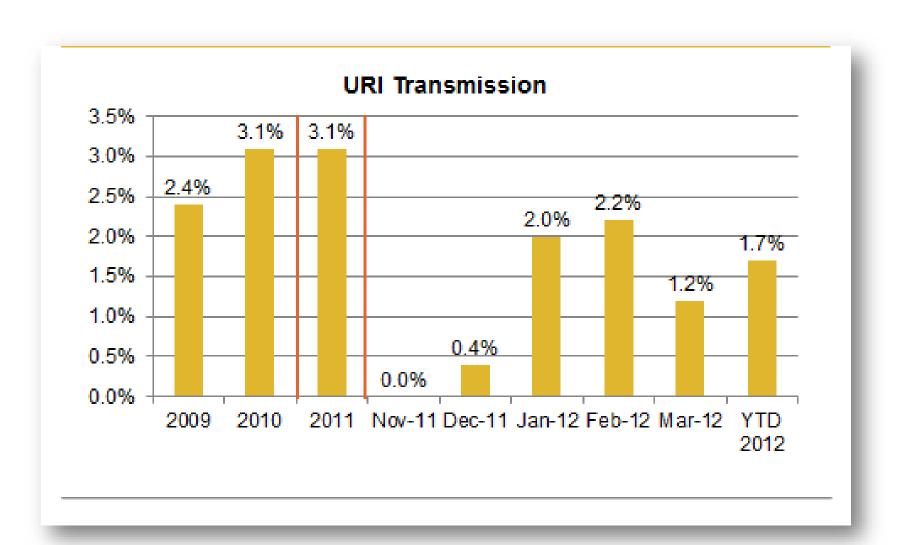
#### Results



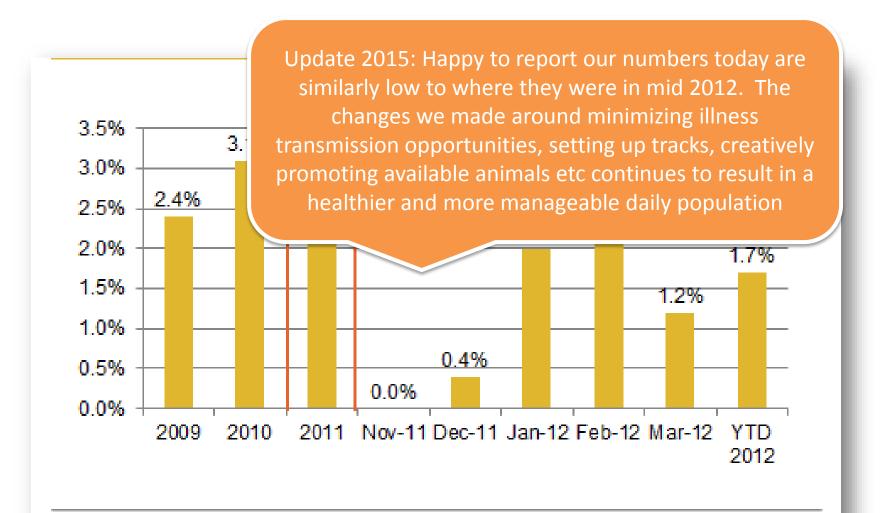
#### Results



#### Results



#### Results



#### Side benefit



#### Reducing time, making space

- ✓ Create pathway plan starting at intake
- ✓ Eliminate un-necessary holds
- ✓ Make animals available throughout stay
- ✓ Fast track highly adoptable animals
- ✓ Ensure sufficient staff for necessary transition points
- ✓ Perform daily rounds, make daily decisions, take daily action



#### **Breaking news!**

#### 06/15/2015

#### Decreasing shelter length of stay means animals live, not die

Are you confused about what "reducing length of stay" means for your animal shelter or rescue group?

Few things can save more animals than reducing length of stay. It not only means more animals get adopted, but increases the number of animals the organization can care for in any given year.

There's a lot of confusion, however, in the shelter and rescue world about what "length of stay" really means, and the implications of reducing it.

In the literal sense, "length of stay" is exactly what it sounds like: How long pets are in the shelter's care on average. Keeping the math at its simplest:



- . If you have 10 pets and they all stay 1 month each, then your length of stay is 1 month.
- · If you have 10 pets and five stay two weeks and five stay four weeks, your average length of stay is 3 weeks.

### Pathway planning

- Starting at intake:
- What is the right outcome for you?
- What do you need to get from here to where you need to go as fast as possible?
- Is there enough room on the train today?



# Minimize optional intake quarantine

- Keep track of date of disease onset for all animals
- Evaluate quarantine benefit routinely: just long enough to catch majority of problems
  - May vary by source
  - Consider titers to identify healthy animals at low risk for parvo/distemper
- 3-5 days max for vaccine protection

Characteristic	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
General appearance/attitude					$\vdash$	$\vdash$	
Appetite							
Stool							
Urine						$\vdash$	
Respiratory					$\vdash$	$\vdash$	
Skin					-	-	
Behavior					-	-	
Other					-	-	-
Initials of person monitoring							
Comments (please o	iste and ini	tial):					
General: N = bright, ale Appetite: N = normal, 0=se Stool: N = normal, 0=se other Urine: N = normal 0=se	↓ = decreasi one present, l one present1	ed, 1 = incre S=soft but for = increased	ased (use only rmed, D=dia A=abnormal	y if dog seem nhea, B= bloo (describe in o	ody, M=ggg; ommests)	ousy, C*=see	
Respiratory: N = norma discharge, C*=see com Skin: N = normal, I=ito Behavior: N = unchang	mests by, A=bair to	ss (alopecia)	. C*=see con	aments for oth	er observatio	as (ie wouad:	oarasites)

#### **Adoption readiness**

- List procedures that need to be done before an animal is made available for adoption
  - Does it need to be done?
  - Can it be done during hold?
  - Can in be done while available for adoption or after adoption?
- Is there sufficient staff to do it 7 days a week?
  - Train more staff/volunteers
  - Strategic timing for intake/available staff



#### Daily rounds: for each animal

- ✓ Evaluate paperwork, computer record as well as animal
  - ✓ Dates correct?
  - ✓ ID noted?
  - ✓ Description accurate?
  - ✓ Owner, interested party, rescue contact?
  - ✓ Required services due or overdue?
  - ✓ Right location and status?
  - ✓ Encouraging picture and description on paper and web?
  - ✓ Medical, behavioral or comfort needs?
- ✓ Is it time to take extra steps?



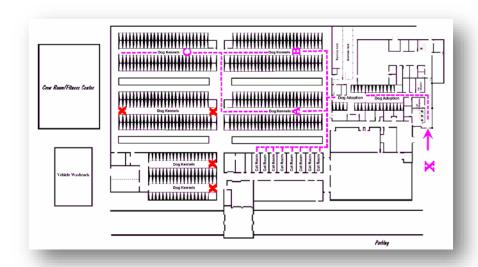
#### Turning up the flow

- Promote adoption early, often and by a variety of means
- Population
  - Don't wait for crowding to trigger specials
- Individual
  - Special effort based on adoptability, not time
- Rescue
  - Don't wait til animals make the euthanasia list before selection



#### "Open Selection"

- Allow viewing of most pre-adoption animals
- Determine process for multiple interested parties
- Document contacts and flag records clearly
- Designate restricted area for dangerous animals, legal holds, treatment, +/- dogs with ID





## **Surprising choices?**









#### Fast track

- Highly adoptable dogs, puppies, rescue candidates
- Jump to the head of the line for processing, movement to adoption
- Prioritize clean, low disease housing for fast trackers
- Prioritize enrichment and promotion for slow trackers



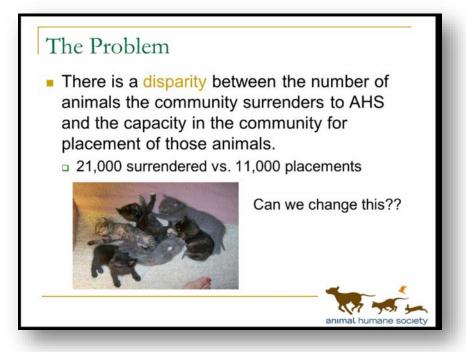
## Same space, different time





# Time to make a difficult decision?

- Are there more animals in need of shelter than released alive in your community?
  - What are the options?
- Are there more animals admitted to your shelter than released alive?
  - What are the options?





http://www.nytimes.com/2011/08/21/magazine/do-you-suffer-from-decision-fatigue.html?pagewanted=all&\_r=0

#### What is decision fatigue?

 "No matter how rational and high-minded you try to be, you can't make decision after decision without paying a biological price. It's different from ordinary physical fatigue you're not consciously aware of being tired but you're low on mental energy. The more choices you make throughout the day, the harder each one becomes for your brain, and eventually it looks for shortcuts."

### **Planning**

- Share the load: stakeholders agree on decision criteria ahead of time
- Make the default choice a good one: provide rules to follow most of the time
- Trust that working within capacity at any one time, grows capacity over time



http://animalhumanenm.org/pets/about/managed\_admissions.php

#### Remember me?

 I think the biggest problem we are having right now is kennel cough. It has been endemic in our dog population since I started working here over 2 years ago. One of the big problems we have is that we are constantly over crowded and have very limited isolation space available (there are around 70 dog kennels with only 8 of those kennels designated for isolation). Right now our policy has been to treat all dogs with kennel cough. When there is space in our isolation kennels we move dogs under treatment there, but it quickly gets full and I am forced to treat dogs out in the main kennel. I also have to move dogs back out to the main kennels that are done with treatment even though they are likely still shedding. Lately the disease has gotten much worse and many dogs are coming down with pneumonia.

#### Two years later

Things are actually going much better now. We seem to have our overcrowding under control due to decreased intake and increased transfer to rescues and other shelters and steady adoptions...We also started isolating all our kennel cough dogs in a section of the kennel that is separated from the main kennel with a door that stays closed...We still have kennel cough but it seems that for the last year is at a much lower level and the dogs that get it do not get very sick. Mostly just sneezing/reverse sneezing, watery noses and some coughing without fevers. Our dogs used to get really sick- have heavy mucopurulent nasal discharge, fevers, depression, sometimes pneumonia, coughing. I'm sure that keeping the recovered dogs isolated until adoption and overall decreased numbers of dogs is the main factor. Overall I am really happy with the difference and pray that it lasts!!

### Still room for improvement?

#### 2014 Annual Report

Message from the Executive Director



In October, we consulted with the Capacity for Care team of veterinarians from the U.C. Davis Koret School of Shelter Medicine to improve the care and health of our animals. On their advice, we changed our intake procedures to better control the flow of animals through the shelter. We now accept pets from owners by appointment, which allows us to obtain more information about each pet, and provide counseling and alternatives when appropriate. We also changed our hours, opening the shelter at 11:00 each weekday, which allows staff time to provide even better care for the animals. This has already led to faster placement and higher adoption rates.

#### ent?



# More changes

# Switch to one step cleaning protocol, move dog out of cage





### More changes





#### More changes



# Happier dogs, more staff time for care = ?

Length of stay 

28% (from 6.69 to 4.79)

Inventory 

35% (from 103 to 67)

Live release ↑ from 84% to 90%



#### **Update**

 Wow! Its been a while. Barely remember sending that email! Currently our canine respiratory disease is essentially nil. We only have two dogs in our kennel cough isolation section and neither one are very sick. Mostly just some mild intermittent coughing, sneezing/snuffling and no nasal discharge. Almost seems more like a reaction to vaccination than actual kennel cough. In the 9.5 years that I have been here, I have consistently noted that when our numbers are down (and the dogs are not crowded) the number of dogs that get respiratory signs are fewer and they are less sick than when we are crowded. The things that we have changed lately that may be helping (along with reduced population) is not hosing out the kennels with the dogs in them, less dogs per kennel, and all dogs are now getting bedding. Keeping them dry and comfortable I'm sure is helping their immune systems stay strong.

## Thank you!

