**LIVE WITH PURPOSE PROJECT:**

**HYGIENE KITS**

<table>
<thead>
<tr>
<th>Description:</th>
<th>Restrictions:</th>
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<tbody>
<tr>
<td>Assemble kits with personal hygiene items to support individuals experiencing homelessness.</td>
<td>- Room for assembly line</td>
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<table>
<thead>
<tr>
<th>Materials:</th>
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<tbody>
<tr>
<td>- Quart or Gallon sized plastic bags</td>
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<tr>
<td>- Some or all of the following:</td>
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<tr>
<td>- Travel-sized</td>
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<tr>
<td>Toothpaste</td>
</tr>
<tr>
<td>Shampoo</td>
</tr>
<tr>
<td>Soap/Body Wash</td>
</tr>
<tr>
<td>Deodorant</td>
</tr>
<tr>
<td>Mouthwash</td>
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<tr>
<td>Lotion</td>
</tr>
<tr>
<td>Safety Razor</td>
</tr>
<tr>
<td>Toothbrush</td>
</tr>
<tr>
<td>Washcloth</td>
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<tr>
<td>Comb or Brush</td>
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<tr>
<td>- Label or card to attach to the kit (JVC can provide a template)</td>
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<table>
<thead>
<tr>
<th>Instructions:</th>
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<tbody>
<tr>
<td>1. Fill the plastic bag with one of each item.</td>
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<tr>
<td>2. Add a label or card with a well wish for the recipient.</td>
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Jewish Value connected to this project:

Atzmaut - independence, self-sufficiency

Facts about Self-Sufficiency

- According to one of JVC’s service partners, “A clean, neat appearance is one of the keys to getting a job.”¹
- The unemployment rate in Baltimore City is 7.4%.²
- Employment not only provides much needed income (lack of income is the number one cause of homelessness), but also provides an opportunity for socialization and can be a source of feelings of pride and self-worth.³

Consider this:

The great Jewish scholar, Maimonides, wrote that the highest form of charity is helping someone to become self-sufficient, so he/she is no longer dependent on others. (Mishneh Torah, Gifts to the Poor 10:7-14)

Discussion Questions:

- Do you agree that the type of charity above is the “highest form”?
- How might the hygiene kit you assembled help someone on a path to self-sufficiency or independence?
  - Beyond personal hygiene, what would someone need to help them gain employment?
  - How else can we support those who are working to become self-sufficient or independent?

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¹ https://app.betterimpact.com/PublicEnterprise/EnterpriseActivity?enterpriseGuid=9e9e1ba8-03e4-4d78-a2ef-2c29a701150e&activityGuid=b452ed88-eb99-4af8-8bad-2a5a5a66c4&searchUrl=https%3a%2f%2fapp.betterimpact.com%2fPublicEnterprise%2fEnterpriseSearch%2fEnterpriseGuid%2f9e9e1ba8-03e4-4d78-a2ef-2c29a701150e
² https://www.vincentbaltimore.org/unemployment
³ https://www.vincentbaltimore.org/unemployment