

Wadsons Farm
Produce list

Name	CC#	Exp	code	
TELEPHONE Number				
EMAIL ADDRESS:				
PRODUCE	Subject to availability at time order is placed /Prices may vary slightly			QTY#
	Cauliflower	\$3.35	perLb	
	BROCCOLI	\$3.75	PER LB	
	PUMPKIN	\$2.65	PER LB	
	CABBAGE - GREEN	\$1.80	PER LB	
	CABBAGE - PURPLE	\$2.50	PER LB	
	CELERIAC	\$4.25	PER LB	
	CELERY	\$4.50	PER HEAD	
	BOK CHOY - BABY	\$4.00	PER LB	
	BOK CHOY	\$3.00	PER LB	
	CUCCUMBER - English	\$3.50	EACH	
	ONIONS - RED	\$2.50	PER LB	
	ONIONS - YELLOW	\$2.50	PER LB	
	ZUCHINI	\$2.70	PER LB	
	SQUASH - YELLOW	\$3.90	PER LB	
	COLLARD GREENS	\$4.00	PER BUNCH	
	SWISS CHARD	\$4.50	PER BUNCH	
	PEPPERS - GREEN	\$4.25	PER LB	
	PEPPERS - RED & YELLOW	\$4.00	PER LB	
	ANISE	\$3.75	PER LB	
	KOHLRABI	\$2.50	PER LB	
	CARROTS - 1 1/2 LB BAG	\$5.25	PER BAG	
	CARROTS - 1 1/2 LB BAG - MULTI COLOURED	\$5.25	per bag	
	TOMATOES - CHERRY	\$4.75	PER PINT	
	TOMATOES - RED/YELLOW	\$5.00	PER LB	
	BEETS - RED	\$5.75	PER LB	
	BEETS - GOLDEN	\$5.95	PER LB	
	LEEKs	\$6.00	PER BUNCH	
	GARLIC	\$12.50	PER LB	
	TURMERIC - ROOT	\$28.50	PER LB	
	GINGER - ROOT	\$6.50	PER LB	
	KALE	\$4.50	PER BUNCH	
	MUSHROOMS - CRIMINI	\$8.10	PER LB	
	MUSHROOMS - BUTTON	\$4.50	PER LB	
	MUSHROOMS - PORTOBELLO	\$9.80	PER LB	
	SALAD SPROUTS -ALFALFA	\$6.50	PER PINT	
	SALAD SPROUTS - CRUNCHY MIX	\$4.50	PER PINT	
	SALAD SPROUTS - BROCCOLI	\$3.75	PER PINT	
	BERMUDA ONIONS RED OR WHITE	\$8.50	PER BUNCH	
HERBS	Cilantro/Coriander	\$3.00	PER BUNCH	
	Basil	\$3.00	PER BUNCH	
	Rosemary	\$3.00	PER BUNCH	
	Arugula	\$3.00	PER BUNCH	

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	Thyme	\$3.00	PER BUNCH	
	Mint	\$3.00	PER BUNCH	
	Tarragon	\$3.00	PER BUNCH	
	Oregano	\$3.00	PER BUNCH	
	Parsley FLAT OR CURLEY	\$3.00	PER BUNCH	
EGGS	WADSON FREE RANGE EGGS	\$7-8.50	per dz	
LETTUCE	BOSTON/BUTTER	\$5.95	PER BAG	
	ROMAIN/FIELD	\$3.75	PER HEAD	
	MIX HEADS	\$5.95	PER BAG	
	MESCULIN	\$6.50	PER BAG	
	SPINACH	\$4.50	PER BAG	
POTATOES	POTATOES red- 3 lb bag	\$5.25	PER BAG	
	POTATOES red- 5 lb bag	\$7.75	PER BAG	
	POTATOES red- loose	\$1.75	on weight	
	RED CREAMERS - 2 lb bag	\$3.50	PER BAG	
DAIRY	Dunkleys 1qt blue milk	\$3.30	each	
	Hood 1/2 n 1/2 1pt	\$3.25	each	
	Goat milk 1 qt	\$8.00	each	
	** Deposit on bottle for Goat milk	\$10.00	each	
	Almond Milk - unsweetened 1 qt	\$7.50	each	
	Yoghurt -Seven stars plain 32 oz	\$5.75	each	
	Butter President Butter 1/2 lb block	\$4.50	each	
	Land O lakes salted butter - 4 sticks =1 lb	\$9.00	per lb	
	Land O lakes salted butter Olive oil & seaslt spread	\$4.15	each	
	Organic Valley Butter - salted - 4 sticks =1 lb	\$12.25	each	
	Goat Cheese - Bda's Tuckers Farm	\$9.00	each	
	Goat Cheese - Bda's Tuckers Farm - sofa feta	\$10.50	each	
	Goat Cheese - Bda's Tuckers Farm - chario bella	\$11.00	each	
	Rats cheese (cheddar)	\$6.80	per lb	
	Brie cheese	\$15.00	per lb	
	Smoked cheddar	\$14.00	per lb	
	Brandy and port cheese/ widsor red	\$14.60	per lb	
	Organic Valley raw sharp cheddar	\$7.65	8oz	
	Organic Valley - mild	\$7.65	8oz	
FRUIT	Dates - loose	\$16.50	per lb	
	Apples	\$1.10	each	
	Oranges	\$1.65	each	
	Mango	\$2.00	each	
	Avocado	\$2.35	each	
	Pears	\$1.25	each	
	lemons	\$1.25	each	
	Limes	\$0.80	each	
BREADS	Crackers - organic	\$5.65	per bag	
	Wraps - Rudis multigrain 6 per bag	\$7.90	per pack	

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	Bread - Rudis 14 grain - organic	\$8.65	per loaf	
	Bread - Rudis Nut & Oat	\$8.60	per loaf	
	Bread - Rudis white	\$8.60	per loaf	
	Bread - Rudis - multi grain - Gluten Free	\$9.50	per loaf	
	Bread - Rudis Homestyle - Gluten free	\$9.50	per loaf	
	Bagels - Rudis Cinnamon Raisin -organic	\$7.25	per pack	
	English Muffins - Rudis white - organic	\$6.30	per pack	
	English Muffins - Rudis wheat- organic	\$6.30	per pack	
	SPELT bread	\$9.60	per loaf	
	ARIEL'S FRESH BAKED WHEAT LOAF		Per loaf	
	ARIEL'S FRESH BAKED WHITE FRENCH BREAD			
	ARIEL'S FRESH BAKED WHEAT ROLLS			
	ARIEL'S FRESH BAKED SWEET BREADS			
Granola:	Gombey smash	\$8.50		
Bda's Oat Believable	Spice Hill	\$8.50		
	Tempest Isles	\$8.50		
	Adams Apple	\$8.50		
	Coco Cluster	\$8.50		
	Almond Dream	\$8.50		
	Harvest Crunch	\$8.50		
	Health Nut	\$8.50		
DRY RICE & BEANS	Red kidney beans - organic	\$3.50	8oz	
	Green Split peas	\$3.50	8oz	
	Chick peas - organic	\$3.40	8oz	
	Risotto - cheese (for 2)	\$4.50	6oz	
	Risotto - Asparagus (for 2)	\$4.50	6oz	
	Risotto - Mushroom (for 2)	\$4.50	6oz	
	Risotto - Milanese (onion/garlic) (for 2)	\$4.50	6oz	
	Basmati	\$6.00	2.3 lbs	
	White organic rice	\$6.00	500g	
FISH	Codfish	Market price	per lb	
	Wahoo	Market price	per lb	
	Rockfish	Market price	per lb	
	Shrimp 16/20 raw - tails on	\$23.25	per bag	
	Fish Chowder - all local fish	\$12.50	32oz	
MEAT	Ribeye	\$20.95	per lb	
	Striplion	\$19.30	per lb	
CHICKEN	Whole chicken - Wadsons Farm	\$9.00	per lb	
	Chicken breast - Wadsons Farm	\$16.00	per lb	
	Chicken back - Wadsons Farm	\$4.50	per lb	
	Chicken wings - Wadsons Farm	\$7.00	per lb	
	Chicken legs - Wadsons Farm	\$7.50	per lb	
	Spatchcock chicken - Wadsons Farm	\$11.00	per lb	

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	Chicken Dog Food - 5 lb bag cubed	\$2.25	Per lb	
Duck	Peaking Duck - young - Wadsons Farm	\$22.00	per lb	
OTHER	Tomatoes organic peeled canned	\$4.75	28oz	
	Tomatos -strained no salt - organic	\$7.50	24oz	
	Tomato paste -no salt - organic	\$5.25	7oz	
	pomodoro sauce w/ salt	\$4.50	24oz	
	Pesto - green	\$8.00	130g	
	Pesto - red	\$9.00	130g	
	Eggplant in oil	\$9.00	180g	
	Olive Paste	\$9.75	180g	
	Artichoke - marinated hearts	\$10.15	180g	
	Artichoke in oil - grilled	\$10.00	180g	
	Olives - green spicy	\$11.50	320g	
	Olives - red	\$11.50	320g	
	Olives - black roasted	\$4.90	170g	
	Olives - Black Leccino	\$9.00	170g	
	Olives - green stuffed	\$6.40	352g	
	olives - mixed - mediterranean	\$6.85	270g	
	Yellowfin Tuna - in oil	\$12.75		
	Olive oil	\$22.50	750ml	
	olive oil w/ garlic	\$10.50	250ml	
	olive oil w/ chilies	\$10.50	250ml	
	Balsamic vinegar	\$10.00	500ml	
	Balsamic cream	\$9.00	150g	
	Red Wine vinigar - organice	\$8.00	500ml	
	Thia dressing	\$14.25	10oz	
	Lime juice	\$4.50	250ml	
	lemon juice	\$4.50	250ml	
	Orange Juice	\$7.00	PER BOTTLE	
	Salt - pink sea salt	\$6.00	200g	
	Honey - italian - organic	\$14.65	300g	
	Bermuda made mayonnaise	\$5.50	30oz	
	Bermuda made creamy peanut butter	\$4.00	16oz	
JAMS / JELLIS/ETC	Habenero Pepper Jelly	\$13.50	8oz	
	Scotch Bonnet Pepper Jelly	\$13.50	8oz	
	Chili Pepper Jelly	\$13.50	8oz	
	Onion balsamic chutney	\$13.50	8oz	
	Pickled red cabbage	\$15.00	16oz	
	Picked red beets	\$15.00	16oz	
	Strawberry Vanilla Jam	\$13.50	6oz	
	Rose Petal Jam	\$13.50	6oz	
	Pear & vanilla Jam	\$13.50	6oz	
	Cinnaman,apple nutmeg Jam	\$13.50	6oz	
	Orange & apricot jam	\$13.50	6oz	
	Grapefruit & ginger jam	\$13.50	6oz	
	mango jam	\$13.50	6oz	

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	Basil, cashew pesto	\$13.50	6oz	
CLEANING PRODUCTS	Laundry detergent	\$12.75	1000ml	
	fabric softener	\$7.90	1000ml	
	Dish soap	\$6.75	750ml	
	Bathroom cleaner	\$5.20	750ml	
	All purpose cleaner	\$6.75	750ml	
	Glass cleaner	\$6.75	750ml	
	Paper towel - Tork brand	\$3.00	per roll	
	loo Roll - Tork brand	\$1.50	per roll	

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	BROCCOLI	\$3.75	PER LB	
	PUMPKIN	\$2.65	PER LB	
	CABBAGE - GREEN	\$1.80	PER LB	
	CABBAGE - PURPLE	\$2.50	PER LB	
	CELERIAC	\$4.25	PER LB	
	CELERY	\$4.00	PER HEAD	
	BOK CHOY - BABY	\$4.00	PER LB	
	BOK CHOY	\$3.00	PER LB	
	CUCCUMBER - English	\$3.50	EACH	
	ONIONS - RED	\$2.50	PER LB	
	ONIONS - YELLOW	\$2.50	PER LB	
	ZUCHINI	\$2.70	PER LB	
	SQUASH - YELLOW	\$3.90	PER LB	
	COLLARD GREENS	\$4.00	PER BUNCH	
	SWISS CHARD	\$4.50	PER BUNCH	
	PEPPERS - GREEN	\$2.75	PER LB	
	PEPPERS - RED & YELLOW	\$3.60	PER LB	
	ANISE	\$3.75	PER LB	
	KOHLRABI	\$2.50	PER LB	
	CARROTS - 1 1/2 LB BAG	\$5.25	PER BAG	
	CARROTS - 1 1/2 LB BAG - MULTI COLOURED	\$5.25	per bag	
	TOMATOES - CHERRY	\$4.75	PER PINT	
	TOMATOES - RED/YELLOW	\$5.00	PER LB	
	BEETS - RED	\$5.75	PER LB	
	BEETS - GOLDEN	\$5.95	PER LB	
	LEEKs	\$6.00	PER BUNCH	
	GARLIC	\$12.50	PER LB	
	TURMERIC - ROOT	\$28.50	PER LB	
	GINGER - ROOT	\$6.50	PER LB	
	KALE	\$4.50	PER BUNCH	
	MUSHROOMS - CRIMINI	\$8.10	PER LB	
	MUSHROOMS - BUTTON	\$4.50	PER LB	
	SALAD SPROUTS -ALFALFA	\$6.50	PER PINT	
	SALAD SPROUTS - CRUNCHY MIX	\$4.50	PER PINT	
	SALAD SPROUTS - BROCCOLI	\$3.75	PER PINT	
	BERMUDA ONIONS RED OR WHITE	\$8.50	PER BUNCH	
HERBS	Cilantro/Coriander	\$3.00	PER BUNCH	
	Basil	\$3.00	PER BUNCH	
	Rosemary	\$3.00	PER BUNCH	
	Arugula	\$3.00	PER BUNCH	
	Thyme	\$3.00	PER BUNCH	

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	Mint	\$3.00	PER BUNCH	
	Tarragon	\$3.00	PER BUNCH	
	Oregano	\$3.00	PER BUNCH	
	Parsley FLAT OR CURLEY	\$3.00	PER BUNCH	
EGGS	WADSON FREE RANGE EGGS	\$7-8.50	per dz	
LETTUCE	BOSTON/BUTTER	\$5.95	PER BAG	
	ROMAIN/FIELD	\$3.75	PER HEAD	
	MIX HEADS	\$5.95	PER BAG	
	MESCULIN	\$6.50	PER BAG	
	SPINACH	\$4.50	PER BAG	
POTATOES	POTATOES red- 3 lb bag	\$5.25	PER BAG	
	POTATOES red- 5 lb bag	\$7.75	PER BAG	
	POTATOES red- loose	\$1.75	on weight	
	RED CREAMERS - 2 lb bag	\$3.50	PER BAG	
DAIRY	Dunkleys 1qt blue milk	\$3.30	each	
	Hood 1/2 n 1/2 1pt	\$3.25	each	
	Goat milk 1 qt	\$8.00	each	
	** Deposit on bottle for Goat milk	\$10.00	each	
	Almond Milk - unsweetened 1 qt	\$7.50	each	
	Yoghurt -Seven stars plain 32 oz	\$8.65	each	
	Butter President Butter 1/2 lb block	\$4.50	each	
	Land O lakes salted butter - 4 sticks =1 lb	\$9.00	per lb	
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	Organic Valley Butter - salted - 4 sticks =1 lb	\$12.25	each	
	Goat Cheese - Bda's Tuckers Farm	\$9.00	each	
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	Rats cheese (cheddar)	\$6.80	per lb	
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	Organic Valley raw sharp cheddar	\$7.65	8oz	
	Organic Valley - mild	\$7.65	8oz	
FRUIT	Dates - loose	\$16.50	per lb	
	Apples	\$1.10	each	
	Oranges	\$1.65	each	
	Mango	\$2.00	each	
	Avocado	\$2.25	each	
	Pears	\$1.25	each	
	lemons	\$1.25	each	
	Limes	\$0.80	each	
BREADS	Crackers - organic	\$5.65	per bag	
	Wraps - Rudis multigrain 6 per bag	\$7.90	per pack	
	Bread - Rudis 14 grain - organic	\$8.65	per loaf	

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Produce list

	Bread - Rudis Nut & Oat	\$8.60	per loaf	
	Bread - Rudis white	\$8.60	per loaf	
	Bread - Rudis - multi grain - Gluten Free	\$9.50	per loaf	
	Bread - Rudis Homestyle - Gluten free	\$9.50	per loaf	
	Bagels - Rudis Cinnamon Raisin -organic	\$7.25	per pack	
	English Muffins - Rudis white - organic	\$6.30	per pack	
	English Muffins - Rudis wheat- organic	\$6.30	per pack	
	SPELT bread	\$9.60	per loaf	
	ARIEL'S FRESH BAKED WHEAT LOAF		Per loaf	
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	Chick peas - organic	\$3.40	8oz	
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	Risotto - Mushroom (for 2)	\$4.50	6oz	
	Risotto - Milanese (onion/garlic) (for 2)	\$4.50	6oz	
	Basmati	\$6.00	2.3 lbs	
	White organic rice	\$6.00	500g	
FISH	Codfish	Market price	per lb	
	Wahoo	Market price	per lb	
	Rockfish	Market price	per lb	
	Shrimp 16/20 raw - tails on	\$23.25	per bag	
	Fish Chower - all local fish	\$12.50	32oz	
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	Chicken Dog Food - 5 lb bag cubed	\$2.25	Per lb	
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	Tomato paste -no salt - organic	\$5.25	7oz	
	pomodoro sauce w/ salt	\$4.50	24oz	
	Pesto - green	\$8.00	130g	
	Pesto - red	\$9.00	130g	
	Eggplant in oil	\$9.00	180g	
	Olive Paste	\$9.75	180g	
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	Olives - black roasted	\$4.90	170g	
	Olives - Black Leccino	\$9.00	170g	
	Olives - green stuffed	\$6.40	352g	
	olives - mixed - mediterranean	\$6.85	270g	
	Yellowfin Tuna - in oil	\$12.75		
	Olive oil	\$22.50	750ml	
	olive oil w/ garlic	\$10.50	250ml	
	olive oil w/ chilies	\$10.50	250ml	
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	Grapefruit & ginger jam	\$13.50	6oz	
	mango jam	\$13.50	6oz	
	Basil, cashew pesto	\$13.50	6oz	

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	fabric softener	\$7.90	1000ml	
	Dish soap	\$6.75	750ml	
	Bathroom cleaner	\$5.20	750ml	
	All purpose cleaner	\$6.75	750ml	
	Glass cleaner	\$6.75	750ml	
	Paper towel - Tork brand	\$3.00	per roll	
	loo Roll - Tork brand	\$1.50	per roll	