

# How much is a CSA?

## Fresh, High Quality Food:

Your produce is harvested within days and sometime hours of delivery. You will see and taste the difference.

CSA season begins at the end of May and ends at the end of September depending on the weather.

## Dollars & Sense.

Your money directly supports our family's farm. You are helping our farm thrive despite the trend of young people leaving farming as an occupation. Out of every dollar spent in a local business, \$.45 is reinvested locally. Wouldn't you rather see your dollars reinvested in the very place you live? When you buy from a CSA, **90%** of your dollars go straight to the farms.

## Know Your Farmer & Know Your Food!

Hear the adventures of your food growing and how it grows on our family farm through our website & social media. You will also receive recipes, storage tips, and other fun and interesting facts about your food.

## Benefits of joining a CSA



KNOW YOUR FARMER



FRESH, HIGH QUALITY FOOD



INVEST IN THE LOCAL ECONOMY



FEEL GOOD ABOUT WHAT YOU FEED YOUR FAMILY



INVEST IN SUSTAINABLE PRACTICES

20 weeks. \$100 deposit. One easy way to feed your family better food.

## Biweekly Share

(feeds 2 people)

\$14/week

## Weekly Share

(feeds 3-4 people)

\$27/week

Find one, get one!  
Sign up a friend for a CSA &  
get a free week of CSA goodies!



# VanScoy Farms

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HUNGRY FOR MORE?  
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