



BLUE GOOSE NEWS

From Our Hands to Your Table
AUGUST 11 - 13, 2020 – WEEK 10

From the Farmer's Daughter...

Happy 10th week of CSA! It certainly feels like summer! It is so hot and dry on the farm. This may be the last week for lettuce in a while because it is just too dry, so enjoy it now! We seem to have missed every rain shower that has happened in the past few weeks. On Friday, we were working in the fields and saw it raining off in the distance. We hurried to gather all the pulled onions and get them under roof to keep them dry. But it never rained our way. Now that the onions are stored, it can rain, rain, rain!

One job that we can do rain or shine is pick tomatoes in the high tunnel. Even though we tie them it always ends up looking like a jungle and every year the story of my brother David is retold. One day when he was a toddler dad took him out to pick tomatoes. After a few minutes my dad realized he could not see David. He jumped up and yelled "David!" A muffled voice a few feet away was heard, "Pickin' matoes, pickin' matoes!" David could barely talk from the mouthful of tomatoes and juice running down his chin. My dad still laughs every time he tells it. David is still this way when we pick tomatoes, though it's a lot harder to lose him - not only because he's much taller, but because I have been able to keep up with tying them in neat rows!

If you've been a member with us for awhile, I am sure you have heard that story before. Some stories are just Farabaugh favorites and it's simply tradition to retell them every year.

Hope you are enjoying the veggies as well as the stories!

Thank you for eating the seasons with us,

Sarah Farabaugh 



Tons of Tomatoes!



Beautiful
Summer
Days!



Pretty Peppers!

This Week

Sweet Corn

Refrigerate in husks
Cook 3-4 mins in microwave
for a fast and easy side dish

Tomatoes

Keep room temperature
Hollow out and stuff with
tuna/chicken salad

Zucchini

Refrigerate
Sauté with butter and scallions,
top with parmesan or feta

Cucumbers

Refrigerate
Try a cucumber sandwich

Green Beans

Refrigerate in bag
Try Green Bean and Tomato
Salad - p.1 of recipes on website

Head Lettuce

Refrigerate in bag
Try Lettuce Sandwich Spread
p. 4 of recipes on website

Scallions

Refrigerate - add for flavor

Peppers

Refrigerate - eat with hummus

Juliet/Grape Tomatoes

Store in cool place
A delicious snack
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Our Late Summer Salad uses
tomatoes, cucumbers, peppers,
green beans, and corn
p. 3 of recipes on website

Next Week (Our Best Guess)

Potatoes
Tomatoes
Corn
Garlic
Cucumbers

