



2018 CSA Program Details

What is a CSA?

CSA stands for **C**ommunity **S**upported **A**griculture, which is a partnership between members who commit funding in the spring and farmers who provide weekly boxes of produce throughout the growing season. CSA's are one of the fastest growing forms of direct marketing in North America. They guarantee farmers a market for their produce and income at the beginning of the season when other marketing sources are not yet available and when most expenses are incurred.

Members benefit by receiving a regular supply of fresh, local and nutritious produce, while at the same time learning more about what can be grown seasonally. Participating in a CSA program is also a great way to support farmers and connect with the people who grow their food.

When does the Zaklan Farm 2018 CSA program run?

The full season program (20 weeks) begins May 28th and runs until October 12th. The program is divided into a summer and fall share and members can join for one or both seasons. Detailed dates regarding the seasons and the half and full share options can be found in the tables below. These are projected dates as some adjustments may be made depending on the weather.

What's new about the 2018 CSA program?

A big change for us is that this year we will not be the weekly market in New Westminster. We will still be offering a New West pick-up location at one of our member's backyard on Nootka St.

You may also notice that we are no longer offering a spring share option. We found that with unpredictable springs and everything going on at the farm at that time of the year it would be better to start a bit later in the season. We have extended the summer share option by 1 week. We have also reduced the fall share by 2 weeks, if we do have a bumper fall we may offer additional weeks at the end.

After much consideration and feedback we have decided to leave the times and days of our on-farm pick-up unchanged. We will do our best to make additional produce available when possible for customers to purchase when they pick-up their box at the farm. We also hope to host events at the farm over the summer to continue to provide opportunities for community engagement at the farm.

Share Options and Dates

Summer and Fall Full Share Membership Options: This is a good option for two people who like to eat a lot of vegetables, or for a family with a more moderate appetite for veggies.

	SUMMER BOX	FALL BOX
Start Date	May 31 st , 2018	September 6 th , 2018
End Date	August 30 th , 2018	October 12 th , 2018
Number of weeks (Full Share)	14	6
Full share price	\$350 (average box value of \$25/week)	\$180 (average box value of \$30/week)

Summer and Fall Half Share Membership Options: Members will receive a full share sized box **every other week**. This is a great option for those members who don't eat as many veggies or are cooking for one person. Since the veggies members receive in their boxes are picked fresh from the farm they usually will last in the fridge for over a week.

	SUMMER BOX	FALL BOX
Start Date	May 31 st , 2018	September 6 th , 2018
End Date	August 30 th , 2018	October 12 th , 2018
Number of weeks (Half Share)	7	3

Half share price	\$175 (average box value of \$25/week)	\$90(average box value of \$30/week)
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What can I expect to receive in my weekly box? Each week your box will be assembled with a variety of fresh produce based on what is in season and what we are able to grow at the farm. We grow a diversity of vegetables but as a small scale farm we don't have as much room to grow certain crops that take up a lot of space like potatoes and squash. We will be sourcing additional items such as potatoes and squash from other farmer's we trust in the area.

Items that grow well here such as greens, carrots and beets will appear more regularly in your box. The list below provides an idea of the type of veggies we regularly provide in the seasonal boxes. There are also specialty items that we provide once and awhile to mix things up such as fennel bulb or melons.

Summer

- Zucchini
- Snap beans
- Peas
- Tomatoes
- Cucumbers
- Peppers

Fall

- Beans
- Leeks
- Onions
- Squash
- Tomatoes
- Peppers

All Season Items

- Carrots
- Kale
- Head lettuce
- Beets
- Swiss chard
- Herbs
- Salad Mix



Can I choose what produce I get in my box?

Part of what makes a CSA unique is that members get the chance to discover new items and experiment with new recipes, while getting a taste of a seasonal approach to grocery shopping. We grow a large array of vegetables so there is variety within each box. We will supply cooking tips and recipes in an e-newsletter with each box. We are always happy to answer any questions regarding the preparation of what is in your CSA box.

Additional Items members can add to their CSA share

Eggs: Once again we are offering our CSA members first access to our free range, GMO and soy free eggs. As eggs are a high demand item and as such we are only able to offer a half share option to members, which means a dozen eggs every other week.

Fruit Share: This year we will be sourcing fresh, seasonal fruit from an organic producer in Cawston BC to bring to our CSA members. We source fruit from a farm called Red Barn which grows organic tree fruit in the Okanagan. Members can choose a full or half fruit share option to include with their box. The quantity of fruit each week will depend on the type of fruit. We will do our best to provide at least 2 different types of fruit in each share. It is estimated that the fruit share for the summer program will begin June 22 and last for 10 weeks and the fall fruit share will be the full 6 weeks of the program.

Full Share: \$12/weekly

Half Share: \$12/week every other week



How and when do we pick up our box?

Boxes are available for pick up in New Westminster on Thursdays from 2pm-6pm. The location of the pick-up is on Nootka street in New West, it's in the yard of one of our CSA members.

You can also pick-up at our Farm on Friday evenings (3pm-7pm) and Saturday from 10am-2pm.

On farm pick-up gives you a chance to see where your food is grown and chat with the farmers who grew it. All boxes will be stored in a walk-in cooler overnight to ensure your produce is kept in the best condition. We ask that CSA members pick-up their boxes during the scheduled time. Members will be asked to choose one of the following locations where they will pick-up their produce for the duration of the program.

Thursdays 2pm-6pm Nootka St. New Westminster

Fridays 3pm-7pm and Saturdays 10am-2pm at the Zaklan Heritage Farm.

If there is the *occasional* time during the season that you don't want a box, or will be late picking it up, please email us ahead of time so we can plan accordingly. We will have the items laid out in the cooler or at the New West location for members and we ask that you bring a bag to pack the items into.

What happens to my box if I go on vacation?

You are welcome to find a friend, family member or coworker to take your spot while you are away. Please make sure to let them know the details regarding box pick-up, and to let us know if someone else will be picking up your box. We do not offer refunds for boxes that you can't pick-up.

How do I know if your CSA program is a good fit for me?

We think our CSA is for you if you:

- Are interested in supporting local, small scale, sustainable agriculture
- Want to learn more about where your food comes from and what's available seasonally
- Like to eat lots of greens and fresh vegetables
- Enjoy experimenting with new vegetables
- You cook regularly and like getting creative with new and different vegetables
- Are willing to pick-up your boxes at a designated time and place each (or every other) week



Then you will enjoy being a member of the Zaklan Heritage Farm CSA!

How are CSA members chosen?

Membership is done on a first come first serve basis, however, priority will be given to returning members. There are 50 spots open for summer and fall boxes for the 2018 season. Depending on how many people register we may increase the number of shares offered for the season.

How do I pay for my membership?

Once you have received confirmation of your acceptance into the CSA program, you will be asked to send a non-refundable deposit to hold your spot. Payment can be made in person with cash, by sending a personal cheque made out to Zaklan Heritage Farm or by email money transfers sent to gemma@zaklanheritagefarm.com.

Important dates CSA members should be aware of:

- January 30th, 2018- Registration opens for returning CSA members
- February 7th, 2018- general registration opens
- April 15th, 2018 complete payment for all share options
- May 31st, 2018 – Summer share starts

- August 31st, 2018 – Summer share ends
- September 6th, 2018 – Fall share starts
- October 11th, 2018– Fall share ends

If you know someone you think would be interested and lives in the area, please share this outline.

Thank you for supporting the Zaklan Heritage Farm!

Other questions? If you have further questions not addressed in the program information, please e-mail:

zaklanheritagefarmcsa@gmail.com