

La Vista Weekly Weeder

Volume 14

October 26th 2015

Last Pick up Week



Thank You for another Great Season

Announcements

The last pick up days are Tuesday 10/27,
Friday 10/30, and Saturday 10/31.

Don't miss the bounty!

Save the Date!

Sunday, November 1st 3-6pm

Annual Harvest Potluck

Free & Open to the Public Bring a friend!
Hayrides, Costume Contest, Hot Apple Cider,
Family Fun, Face Painting, Slideshow Presentation

Enjoying the bounty?

Sign up now for the 2016 to ensure your
spot and to receive the 2015 share price.

VOLUNTEERS NEEDED

Tuesday 11/3- 3-6pm

To harvest for the Crisis Center



This Week's Harvest

- ❖ Carrots!
- ❖ Bok Choi
- ❖ Cabbage
- ❖ Collard Greens
- ❖ Spicy Braising Greens
- ❖ Head Lettuce
- ❖ Peppers
- ❖ Eggplant
- ❖ Tatsoi (Asian Spinach)
- ❖ Radishes

POSSIBLE CHOICES:

- ❖ Broccoli or Cabbage
- ❖ Kale or Chard
- ❖ Tomatillos or Hot peppers
- ❖ Sweet Potatoes

LAST CHANCE FOR YOU-PICK CROPS Pick Your Own: (Farm Pick Up)

All you can pick Green Beans

Stock up on Herbs for tea and spices before the season ends:
cilantro, dill, mint, lemon balm, oregano, sage, thyme, parsley

*** This list is subject to change depending on weather and crop availability ***

Events at La Vista

11/1 Annual Harvest
Potluck 3-6pm
11/3 Crisis Center Harvest
1-5 pm
11/19 Drink for a Cause at
Old Bakery Beer 4-9pm

VOLUNTEER WORKDAYS:

Every Tuesday &
Friday 9am-3pm

More Recipes

Farmer Crystals Recipes in Feast Magazine



*La Vista
Fall Harvest
Potluck*

Sunday, November 1st

3pm-6pm

In the High Tunnel (greenhouse) at La Vista Farm 4350 Levis Lane Godfrey IL 62035

Free & Open to the public! Kid Friendly! Bring a Friend!

Hot Apple Cider! Hay Rides around the Farm! Costume Contest!

Slideshow highlighting farmer photography!

What to bring



- A labeled dish to share
- Your own dishes (plates, bowls, mugs, and utensils)
- Warm Layers
- Laughter

For more info, contact crystal@lavistacsa.org