

La Vista Weekly Weeder

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Issue 22



Announcements

The last pick up days are Tuesday 10/27,
Friday 10/30, and Saturday 10/31.

Don't miss the bounty!

Save the Date!

Sunday, November 1st 3-6pm

Annual Harvest Potluck

Free & Open to the Public Bring a friend!
Hayrides, Costume Contest, Hot Apple Cider,
Family Fun, Face Painting, Slideshow Presentation

Enjoying the bounty?

Sign up now for the 2016 to ensure your
spot and to receive the 2015 share price.

Volunteers needed this week! (Tue, Thurs & Fri)

**Come help with planting
& laying straw on garlic
on Thursday, 10/22 10am-4pm**



This Week's Harvest

- ❖ Carrots!
- ❖ Sweet Potatoes
- ❖ Bok Choi
- ❖ Cabbage
- ❖ Collard Greens
- ❖ Spicy Braising Greens
- ❖ Head Lettuce
- ❖ Peppers
- ❖ Eggplant
- ❖ Tatsoi (Asian Spinach)
- ❖ Radishes

POSSIBLE CHOICES:

- ❖ Broccoli or Cabbage
- ❖ Kale or Chard
- ❖ Tomatillos or Hot peppers

The season is almost over!

Take advantage of the you-pick crops while you can!

Pick Your Own: (Farm Pick Up)

All you can pick Green Beans & Cherry Tomatoes
Stock up on Herbs for tea and spices before the season ends:
cilantro, dill, mint, lemon balm, oregano, sage, thyme, parsley

*** This list is subject to change depending on weather and crop availability ***

Events at La Vista

- 11/1 Annual Harvest Potluck
3-6pm
- 11/3 Crisis Center Harvest
1-5 pm
- 11/8 Crisis Center Harvest
1-5pm

VOLUNTEER WORKDAYS:

Every Tuesday &
Friday 9am-3pm

More Recipes

Farmer Crystals Recipes in Feast Magazine