



# Ragin' Cajun Meatballs

---

## Ingredients:

1 beaten egg  
¼ cup milk  
¼ cup quick cooking oatmeal  
¼ cup onion, chopped finely  
1 Tbsp parsley (fresh)  
1 Tbsp Worcestershire sauce  
2-3 teaspoon Cajun seasoning  
1-1lb ground beef  
½ cup BBQ sauce  
½ cup peach preserves

## Directions:

Combine all ingredients together, except the BBQ sauce and peach preserves.  
Form into 1" balls. Bake at 350 for 15 minutes or until no pink remains.  
Combine BBQ sauce and peach preserves together. Heat the meatballs in the sauce.

## Comments:

Can be made ahead of time and reheated.