



Sprouting Acres Spring Newsletter

Great Food, Grown For You · Sprouted in 2003

Box 6, July 12, 2018

BOX CONTENTS

Cherry Tomatoes
Green Cabbage
Fresh Garlic
Onions
Zucchini/Summer Squash
Beets
Chard

Swiss Chard Close up



Welcome to week 6 of your Sprouting Acres CSA. So, now the soil is all dried out and crusty and we need rain. The irrigation is ready to flip on but rain looks pretty likely over the whole weekend. But don't worry! The farm party is happening rain or shine! We have plenty of space inside the new building for eating, drinking and even ping pong! Don't forget to bring a dish to pass. We will have brats, hot dogs, veggie dogs, grilled veggies, beer, bubbly water, juice and more! Come on out to the farm from 12-4. If it's not pouring Andy will take you around the property on a tour, if it is pouring, he will challenge you to ping pong. Bring the whole family.

We finally got all the tomatoes staked and caged up for the summer. We have quite a few green plum tomatoes that should be ripening in the next couple weeks as well as loads of peppers. The cucumbers in the hoop house are just starting to produce and the basil is turning a corner after all that rain. We had to hold back tears when we mowed down a couple rows of crops that just didn't make it through the rain. We scaled back the number of leek beds and had to mow down some cauliflower that had buttoned from the heat. That means the heads stay small and don't mature. Some crops are bred for heat and then it's still just too hot. We've a wet, hot, summer and we're curious to see if September is cooler than normal or if we get an early Autumn. Hopefully we get some rain this weekend, just not during the party.

On that note, here is the farm address if you didn't catch it last week.

Sprouting Acres Farm
1746 Hwy 73
Cambridge, WI 53523

Have a great weekend and enjoy the veggies. See you Sunday!

We had some little friends sneak into the new shed to escape the dogs. Seven wood ducklings had to be rescued and returned to the pond this week and were reunited with their mother. They were so cute!



Hazel showing off the new barn door.



Cabbage Recipes...

[Multiple delicious ways to cook cabbage](#)

[Simple cabbage salad with lemon and garlic](#)

[Mexican cabbage slaw](#)

Quick pickling any veggie

[Andy's go-to quick pickling recipe](#)

Swiss Chard

[garlicky Swiss chard](#)

Onion Ideas

[Quick pickled onions](#)

[Grilled onions with feta](#)

Zucchini

[Zucchini fritters with feta](#)

[Chocolate chip zucchini bread](#)

[How to use all the zucchini](#)

The zucchini that looks bright yellow is actually a zucchini, not a summer squash. It is firmer than squash and can hold up to grilling a little better than yellow summer squash.

Wade building the kitchen barn door.

