



Sprouting Acres Spring Newsletter

Great Food, Grown For You · Sprouted in 2003

Box 13, August 30, 2018

BOX CONTENTS

Eggplant
Winter Squash
Garlic
Yellow & Red Onions
Yellow Romano Beans
Zucchini/Summer Squash
Plum Tomatoes
Heirloom Tomatoes
Sweet Peppers (in bag)
Cucumbers
Basil
Shallot
Kale

Gaya and her ball, and a toad?



Welcome to week 13 of your Sprouting Acres CSA. I'll try not to talk about the obscene amount of rain we have gotten since last week. It's time to think about covering the whole farm in hoopouses, for real. We are trying to get fall crops/greens seeded but it's been nearly impossible. We are hoping for no rain in the next two days just so we can get some spinach and greens planted. The only problem with that is getting the soil worked up pre-planting is impossible with the amount of water saturation. So, back to covering the whole farm in plastic hoopouses. Ok, all done about the weather for this week other than today was an absolute perfect day to be outside.

We are picking plum tomatoes almost daily now and new heirloom tomatoes in the hoopouse are ripening almost daily as well. The new cucumbers in the hoopouse are climbing up several inches per day and beginning to flower. We did have to take down a cucumber trellis last week that was not healthy and will be replacing it with spinach this week. We have several beds in the hoopouses that are ready to turn over to fall greens that will ripen much quicker than outside especially with all the extra rain.

We started pulling in the winter squash varieties that don't need greenhouse curing after harvest. These include acorn and delicata squash. They are both very sweet straight out of the field. This week you will have an acorn and possibly a delicata as well. The butternuts are not quite done and need a couple weeks of drying out in the greenhouse up on tables until they really sweeten up. They are usually better the longer you can wait. Check out the recipes on the next page for the acorn squash.

Have a great weekend and enjoy your veggies.

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Flooding damage. Topsoil moving downhill.



[Caprese salad with balsamic reduction...](#)

[How to make fresh salsa...](#)

[Acorn squash recipes...](#)

[Squash with kale and sausage...](#)

[Eggplant recipes...](#)

[More acorn squash ideas...](#)

[How to roast sweet peppers on the grill...](#)

[Quick and fresh tomato sauce...](#)