



# Sprouting Acres Spring Newsletter

Great Food, Grown For You · Sprouted in 2003

Box 12, August 23, 2018

## BOX CONTENTS

Mustard Greens  
Garlic  
Yellow & Red Onions  
Beans  
Zucchini/Summer Squash  
Plum Tomatoes  
Heirloom Tomatoes  
Sweet Corn  
Sweet Peppers (in bag)  
Cucumbers  
Basil  
Shallot  
Jalapeno Hot Pepper



Welcome to week 12 of your Sprouting Acres CSA. Well we were lucky to avoid most of the rain that was so destructive. We got about 3" at the farm and other than a few areas that got washed as well as some newly planted spinach seed, we were ok. We have had farmer friends that had over 11" and cannot imagine getting that much rain at once. We are at the mercy of the Mother Nature and she seems to be getting upset lately.

We were able to snag some sweet corn from our usual organic farmer friend for this week's box. They are not able to get us more after this week so we are trying to secure another batch. The new cucumbers are getting trellised this week and the tomatoes are getting close to crazy time. We have mustard green bunches this week that are great chopped up for salad or snipped into stir fries or soup. Check out the recipes on the next page for some different ways to use them.

The peppers are starting to really ripen now so with the upcoming sunshine in the forecast we should start to see lot of different colors in the pepper field. We should have cilantro and some dill in the next two to three weeks so get ready to make some pickles and salsa. We are putting a "Big Guy" jalapeno in the boxes this week if you want to spice up some dishes. Remember, if you scrap out the seeds and the white ribs in the inside, they are not as hot.

We are planning on digging the potatoes in the next week or two and then ordering some in for the late fall boxes from our usual potato farmers. We are also taste testing some of the early winter squash to see if we can start pulling some in from the field for boxes. Some varieties of winter squash like acorn and delicata, don't have to cure in the greenhouse to sweeten. Squash like butternuts, get better with age so the longer they can dry out the better.

Have a great weekend and enjoy your veggies.

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The colors of summer.  
Sweet peppers above,  
Hot peppers below.



[Corn and green bean salad...](#)

[Stuffed green pepper recipes...](#)

[40 cucumber salad ideas...](#)

[How to cut corn off the cob without the mess...](#)

(We put a damp towel on top of the small bowl to keep the knife from hitting the glass)

[Basil vinaigrette with shallot...](#)

[Heirloom tomato salad...](#)

[Tomato pie...](#)

[Grilled summer vegetable salad...](#)

[Caprese salad with balsamic reduction...](#)

[How to make fresh salsa...](#)