



74 Asgaard Way  
Au Sable Forks, NY 12912  
518-647-5754  
[www.asgaardfarm.com](http://www.asgaardfarm.com)

# ASGAARD FARM & DAIRY

## COMMUNITY SUPPORTED AGRICULTURE

2014-2015

### Meat, Dairy, Eggs & Vegetables

Our CSA has a new look this year! In an effort to better accommodate the needs and tastes of our members, we have broken the CSA down into segments. We have also added vegetables and goat milk to the mix. With this new variety of foods, you can pick and choose to create the diet your household will most enjoy.

Our vegetable share will run from mid June to mid October, and our goat milk share will be available from May to mid December and again in April for your final pick up of the season. All other shares are available year-round.

## MEAT SHARES

Purchasing one of these shares will ensure you have a steady supply of our healthy, flavorful meat throughout the year. Each option includes 100% grass-fed beef plus pastured pork, poultry and chevon. We follow an intensive rotational grazing system for all of our animals. Our goats and pigs also get to browse and root through the woods. We put aside plenty of our best meat for CSA members, so when we run out of bacon for the public, we don't run out of bacon for you!

### **THE PRIME CUTS SHARE**

This share includes a broad selection of cuts, from filet mignon and pork tenderloin to chicken and ground beef. It's great for people who are adventurous in the kitchen and like to cook a variety of things. The share is evenly split between chicken, beef and pork with a small amount of chevon added in. You will get 10 to 12 pounds of meat each month.

**Annual Share Cost: \$920.00**

### **THE BUTCHER CUTS SHARE**

This share includes the more common cuts that are used in the kitchen on a regular basis. Each month you will get 6 to 8 pounds of chicken, ground beef or pork and sausages. Quick and tasty meals will always be at your fingertips.

**Annual Share Cost: \$480.00**

## EGG SHARES

Our free-ranging hens lay the tastiest eggs you can possibly imagine. They move through our pastures consuming insects and green leafy plants during the warmer months, and we supplement their diet with certified organic, soy-free chicken feed. The quality of our eggs is evident when you crack one open and see that bright orange yolk. At this point, we can only offer egg shares to those who have signed up for one of our meat shares.

### **FULL EGG SHARE**

A full egg share includes 4 dozen eggs every month. Members may pick up their eggs all at once with their meat share or gradually during the course of the month.

**Annual Share Cost: \$216.00**

### **HALF EGG SHARE**

A half egg share includes 2 dozen eggs every month. Members will pick up their eggs with their meat share.

**Annual Share Cost: \$108.00**

## DAIRY SHARES

The dairy goat herd is our pride and joy here at Asgaard, and for good reason. We have been producing award-winning farmstead goat cheeses for over six years from the exceptional milk that our girls provide. CSA members have always had first dibs on all of our tasty cheeses. Now they are able to enjoy our delicious goat milk as well!

### GOAT CHEESE SHARES

#### **FULL CHEESE SHARE**

Our full cheese share includes two pounds of farmstead goat cheese every month. You will receive a changing combination of fresh chevre, feta cheese, soft ripened cheeses and tomme. If all goes well, a new cheese or two may join this year's lineup.

**Annual Share Cost: \$430.00**

#### **HALF CHEESE SHARE**

Our half cheese share includes one pound of farmstead goat cheese every month. You will receive a changing combination of fresh chevre, feta cheese, soft ripened cheeses and tomme. If all goes well, a new cheese or two may join this year's lineup.

**Annual Share Cost: \$215.00**

### GOAT MILK SHARES

#### **FULL GOAT MILK SHARE**

Our full goat milk share will include one gallon of fresh (raw) goat milk each month. You may collect your milk all at once or gradually during the course of the month. Available May through December and April. On-farm pick-up only.

**Annual Share Cost: \$80.00**

#### **HALF GOAT MILK SHARE**

Our half goat milk share will include 2 quarts of fresh (raw) goat milk each month. You may collect your milk all at once or a couple of times during the course of the month. Available May through December and April. On farm pick-up only.

**Annual Share Cost: \$40.00**

## VEGETABLE SHARES

This year we are very excited to be growing a quarter-acre of mixed vegetables. Over 40 different vegetables and herbs will be cultivated in a renovated garden plot, and 8 varieties of tomatoes will be grown in a new high tunnel. Vegetable shares will run from mid June through mid October, with pick-ups every week. Throughout the season, weekly shares will average 15 pounds of a variety of vegetables and herbs. Shares will start off smaller in the early season and increase in size as the season progresses. *During this inaugural year, we are offering a very limited number of vegetable shares, so let us know as soon as possible if you are interested.*

#### **A Sample Weekly Share (August)**

1 bunch of Basil	1 head of Broccoli
1 lb of Carrots	2 lbs of Cucumbers
1 head of Fennel	Garlic
1 lb of Salad Mix	1 bunch of Leeks
2 lbs of Onions	2-3 Peppers
1 bunch of Swiss Chard	1 Summer Squash
2 lbs of Zucchini	3 lbs of Tomatoes

**Annual Share Cost: \$500.00**



# Asgaard Farm & Dairy

## 2014-2015 CSA Application

Please fill out this form and return to Asgaard Farm & Dairy with your payment.  
Forms can be mailed to: Asgaard Farm, PO Box 605, Au Sable Forks, NY 12912

Share	Cost	Check Your Choices
Prime Cuts Meat Share	\$920.00	
Butcher Cuts Meat Share	\$480.00	
Full Cheese Share (2lb/month)	\$430.00	
Half Cheese Share (1lb/month)	\$215.00	
Half Milk Share (2qt/month)*	\$40.00	
Full Milk Share (1gal/month)*	\$80.00	
Full Egg Share (4dzn/month)**	\$216.00	
Half Egg Share (2dzn/month)**	\$108.00	
Full Vegetable Share	\$500.00	
<b>Your Total:</b>	\$	

\* On-farm pick-up is required for milk shares

\*\* Only members that sign up for one of the meat shares may sign up for an egg share

### Member Information

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### Payment Options

1) Check: Please make checks payable to Asgaard Farm.

2) Credit Card:

Card Type:    VISA            MASTERCARD            AMEX            DISCOVER

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Security Code: \_\_\_\_\_ Billing Zip Code: \_\_\_\_\_

***You may pay 50% of your total share cost at the time you sign up and the remaining 50% of your share cost in November.***



## Asgaard Farm & Dairy CSA Pick-Up Schedule 2014-2015

All shares can be picked up at our farm store on Thursdays from 2pm to 6pm and Saturdays from 9am to 1pm. We will be attending the Lake Placid, Saranac Lake and Keene Farmers Markets this year and can certainly deliver shares to members at those markets if given advance notice. Please note that due to NYS regulations, milk shares must be picked up at the farm.

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**MEAT/CHEESE/MILK/EGG SHARES:**

5/29, 6/26, 7/24, 8/28, 9/25, 10/23, 11/20, 12/18, 1/22, 2/20, 3/20, 4/17

Members with full cheese, milk and egg shares may not want to collect the entirety of their share at one time, particularly milk, so that everything is as fresh as possible. These members are free to pick-up their shares at our farm store throughout the month as it is convenient.

**VEGETABLE SHARES:**

Every week from June 12 through October 9  
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If you have any questions or concerns about your share at any time, please let us know!  
You can contact us by phone at 518-647-5754 or by email at [info@asgaardfarm.com](mailto:info@asgaardfarm.com).