

Psalms – The Emotions

Praise

(Ps 150)

INTRODUCTION

1. Good Morning,
 - a. Greeting...
2. Series of lessons on “Psalms – The Emotions.”
 - a. The focus has been on better learning how to control our emotions through seeing biblical evidence of this taking place.
 - i. We have thusly looked at these different emotions...
 1. Gratitude
 2. Fear
 3. Anger
 4. Contentment
 - b. Today we are going to look at the emotion of “Praise.”
 - i. I imagine most of you here are just like me when it comes to praising God.
 1. When extreme things happen or I’m especially relaxed and just taking things in, this is when I remember to praise God.
 - a. When I am simply drinking my coffee and watching the sun rise, I think to praise God.
 - b. When a major event takes place like birth of a child or passing of a faithful child of God I remember to praise God.
 2. I don’t remember or focus rather on how everything that happens or is seen is a reason to praise God.
 - ii. This is however exactly what the psalmist points out in **Ps 150**.
 - b. Praise is an emotion not just an effect
 - i. Because praise can stem from any emotion it really isn’t just an effect.
 - ii. Praise is something we can “get better at & mature in.”
 1. This does not describe effects.
3. Praise as an emotion.
 - a. Many consider “praising” an effect of an emotion such as joy.
 - i. The problem with that is that praise would then be an effect of every emotion.
 1. Joy could “cause” us to praise God.
 2. Sadness could “cause” us to praise God.
 3. Anger could “cause” us to praise God.
 - b. Praise is an emotion not just an effect
 - i. Because praise can stem from any emotion it really isn’t just an effect.
 - ii. Praise is something we can “get better at & mature in.”
 1. This does not describe effects.
4. I propose that “praise” is the “most important emotion.”
 - a. If a Christian has matured in the emotion of praise every other emotion will follow a significant growth pattern.
 - b. The other emotions will simply develop right along our growth in praise.
5. So what must we as Christians “know” that will help us mature our emotion of praise?
 - a. God can be praised anywhere.
 - b. God can be praised in every way.
 - c. God can be praised because He is worthy of it.

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I. Praise God Anywhere

- A. The psalmist understood he could praise God anywhere
 - 1. **Ps 150:1** “Praise the LORD! Praise God in his sanctuary; praise him in his mighty heavens!”¹
- B. We too can praise God anywhere
 - 1. It truly does not matter what we are doing, as long as it is not sinful.
 - i. Mowing the lawn.
 - ii. Sowing the field.
 - iii. Doing our chores.
 - 2. We can praise God anywhere in a number of ways.
 - i. By singing
 - a. **Ps 9:2, 11** “I will be glad and exult in you; I will sing praise to your name, O Most High... 11 Sing praises to the LORD, who sits enthroned in Zion! Tell among the peoples his deeds!”
 - ii. By praying
 - a. **Ps 63:4** “I will praise you as long as I live. I will lift up my hands when I pray to you.” (NIRV)
 - iii. By evangelizing
 - a. **Ps 22:22** “I will tell of your name to my brothers; in the midst of the congregation I will praise you”
- C. Thus...
 - 1. No matter what we are doing or where we are in righteousness we can praise our God.

II. Praise God In Every Way

- A. The psalmist understood he could praise God in every way
 - 1. **Ps 150:3-5** “Praise him with trumpet sound; praise him with lute and harp! 4 Praise him with tambourine and dance; praise him with strings and pipe! 5 Praise him with sounding cymbals; praise him with loud clashing cymbals!”
- B. We too can praise God in every way
 - 1. Let me begin by saying we cannot praise God with “everything.”
 - i. God has established, through his silence, limitations on worshiping Him.
 - a. We cannot praise God in song with a mechanical instrument.
 - 1. **Ep 5:19; Co 3:16; He 7:14**
 - ii. Any praise that would violate other Scripture would be wrong.

¹ All Scriptures are taken from the ESV unless otherwise noted. If other translations are used this is not necessarily an endorsement of the translation.

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2. With that said that does not mean many of those things cannot be used as a different avenue of praising God.
 - i. Example: Mechanical instrument
 - a. A Christian that is loves playing the mechanical instrument can still praise God “through its use” by teaching others about God’s law concerning it and thus evangelizing.
 - b. Example of Daylon & his music teacher.
 3. To mature in the emotion of praise we have to seek out ways in which to praise God in every way.
 - i. Whether it be in song, prayer, evangelism, or any other way we must praise God.
- C. Thus...
1. Every way not everything can be used to praise God and we must find a way to praise God in every way we can.

III. Praise God He Is Worthy

- A. The psalmist understood the God of heaven is worthy of praise
 1. **Ps 150:2** “Praise him for his mighty deeds; praise him according to his excellent greatness!”
- B. We too must understand God is worthy of praise
 1. God is the creator of all things.
 - i. **Gn 1:1** “In the beginning, God created the heavens and the earth.”
 2. God is the sustainer of all things.
 - i. **He 1:3** “He is the radiance of the glory of God and the exact imprint of his nature, and he upholds the universe by the word of his power. After making purification for sins, he sat down at the right hand of the Majesty on high”
 3. God is true, honorable, just, pure, lovely, commendable, excellent.
 - i. **Ph 4:8** “Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.”
- C. Thus...
 1. We must offer up the fruit of our lips and acknowledge His name.
 - i. **He 13:15** “Through him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge his name.”

CONCLUSION

1. How many of you praised God this morning because...
 - a. You woke up yet again.
 - b. You could see the beauty of God’s creation.
 - c. You were going to get to meet the saints.
 - d. You were going to get to worship with the saints.

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2. Brethren remember what the psalmist reminds us of...
 - a. **Ps 150:6** “Let everything that has breath praise the LORD! Praise the LORD!”
3. Question: Are you maturing in your emotion of praise?
 - a. If so continue therein and grow thereby.
 - b. If not why not?
4. Invitation
 - a. For those that are Christians but are not living for Christ repent by confessing your sins to God that He may forgive you and dedicate your life/time back to Him.
 - i. **I Jn 1:7, 9** "But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin...9 If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."
 - b. For those that are not Christians or for those that think they are Christians and want to know for sure notice what is required to become a child of God or Christian according to God and God only.
 - i. Hear/Study **Rom 10:17; II Tim 2:15**
 - ii. Believe Jesus Is The Christ **Jn 3:16; 8:24**
 - iii. Repent/Turn To God **Ac 17:30; Lk 24:47**
 - iv. Confess Jesus As Lord **Mt 10:32; Rom 10:9**
 - v. Immersed For The Forgiveness of Sins **Ac 2:38; 22:16; I Pt 3:21**
 - vi. Live A Faithful Life **I Jn 1:7; Eph 5:8**