FORM 4

UNITED STATES SECURITIES AND EXCHANGE
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COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden

hours per response:

0.5

	Check this box if no longer subject
1	to Section 16. Form 4 or Form 5
l	obligations may continue. See
	Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Add ADCOCK J M	ress of Reporting IICHAEL	Person*	2. Issuer Name and Ticker or Trading Symbol UNIT CORP [UNT]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
(Last)	(First) (Mddle		3. Date of Earliest Transaction (Month/Day/Year) 04/07/2008	X Director 10% Owner Officer (give title below) Other (specify below)
3701 NORTH HARRISON (Street) SHAWNEE OK 74804		74804 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Formfiled by One Reporting Person Formfiled by More than One Reporting Person
(City)	(State)		rivative Securities Acquired, Disposed of, or Be	neficially Owned

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

	1									
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Following Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	04/07/2008		М		3,500	A	\$28.23	3,500	D	
Common Stock	04/07/2008		S		3,500	D	\$59.08	0.00	D	
Common Stock								400	Ι	By Spouse
Common Stock								17,491	Ι	By Trust

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

(orgi, paro, cano, martano, optiono, convertible cocartico)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (In 8)		of Der Sec Acc (A) Dis of (posed D) str. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)		ate Amount of		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
2004 Non- Employee Option	\$28.23	04/07/2008		М			3,500	11/06/2004 ⁽¹⁾	05/06/2014	Common Stock	3,500	\$28.23	0.00	D	

Explanation of Responses:

1. This option vests six months after the date of grant.

Remarks:

By: By Mark E. Schell under POA

04/08/2008

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.