## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE

COMMISSION Washington, D.C. 20549 OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer
subject to Section 16. Form 4 or
Form 5 obligations may continue.
See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Commany Act of 1940

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1. Name and Address of Reporting Person* ADCOCK J MICHAEL					2. Issuer Name and Ticker or Trading Symbol UNIT CORP [ UNT ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last)	(Last) (First) (Mddle)			3. Date of Earliest Transaction (Month/Day/Year) 07/08/2005								Director10% OwnerOfficer (give title below)Other (specify below)						
3701 NORTH HARRISON					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) SHAWNI	Street) SHAWNEE OK 74804											X Formfiled by One Reporting Person Formfiled by More than One Reporting						
(City)	(City) (State) (Zip)				Person													
		Table I -	Non-Derivati	ve Sec	urities	Acq	luired	l, Dis	posed	of, or	Benefic	ially Owne	d					
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				Execution Da		n Date, Transa Code		4. Securities Acquired Disposed Of (D) (Instr. and 5)				Securities Beneficially Owned		6. Owners Form: Di (D) or	hip of li irect Ber Ow	lature ndirect leficial nership		
							Code	v	Amount	(A) ( (D)	Price	Following Reported Transaction(s) (Instr. 3 and 4)		Indirect (I) (Ir (Instr. 4)		(Instr. 4)		
Common Stock 07/08/20							S		5,000	D	\$44.4	82,49	01	Ι	By	Trust		
Common Stock 07/08/20				05		S		3,000	D	\$44.5	79,491		I	Ву	Trust			
Common Stock												700		I	By Sp	ouse		
		Tab	le II - Derivat (e.g., pւ										ed					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	sion Date cise (Month/Day/Year) Exect if any (Mont	3A. Deemed Execution Date, if any (Month/Day/Year)	Code (I	5. Numb of of Derivati Securitic Acquired (A) or Dispose of (D) (Instr. 3, and 5)		Exp ve (Mo s i d	piration	tercisable a n Date ny/Year)	Ai Se Ui De Se	Title and nount of ecurities aderlying rrivative scurity str. 3 and	Derivativ Security (Instr. 5)			10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Bene Own t (Instr		
											Amoun or Numbe							

Date

Exercisable

Expiration

<u>POA</u>

Date

Explanation of Responses:

Remarks:

By: By Mark E. Schell under 07/11/2005

\*\* Signature of Reporting Person Date

of Shares

Title

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Oriminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Code

V (A) (D)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.