## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE

COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue See Instruction 1(b).
	See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Add ADCOCK J M	ress of Reporting	Person*	2. Issuer Name and Ticker or Trading Symbol UNIT CORP [ UNT ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner
(Last)			3. Date of Earliest Transaction (Month/Day/Year) 09/21/2004	Officer (give title Other (specify below) below)
3701 NORTH HARRISON (Street) SHAWNEE OK 74804 (City) (State) (Zip)			4. If Amendment, Date of Original Filed (Month/Day/Year)	<ul> <li>6. Individual or Joint/Group Filing (Check Applicable Line)</li> <li>X Form filed by One Reporting Person</li> <li>Form filed by More than One Reporting Person</li> </ul>
	Ta	able I - Non-Deri	vative Securities Acquired. Disposed of, or Be	neficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securitie Disposed O and 5)			5. Amount of Securities Beneficially Owned	6. Ownership Form: Direct (D) or	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Following Reported Transaction(s) (Instr. 3 and 4)	Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	09/21/2004		S		10,000	D	\$33.91	177,491	Ι	By Trust
Common Stock	09/21/2004		S		6,900	D	\$33.9	170,591	Ι	By Trust
Common Stock	09/21/2004		S		800	D	\$33.89	169,791	Ι	By Trust
Common Stock	09/21/2004		S		300	D	\$33.88	169,491	Ι	By Trust
Common Stock	09/21/2004		S		600	D	\$33.87	168,891	Ι	By Trust
Common Stock	09/21/2004		S		1,300	D	\$33.86	167,591	Ι	By Trust
Common Stock	09/21/2004		S		100	D	\$33.85	167,491	Ι	By Trust
Common Stock	09/21/2004		S		4,100	D	\$34.45	163,391	Ι	By Trust
Common Stock	09/21/2004		S		800	D	\$34.46	162,591	Ι	By Trust
Common Stock	09/21/2004		S		100	D	\$34.5	162,491	I	By Trust
Common Stock								800	Ι	By Spouse

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (In 8)		of		6. Date Exerc Expiration Da (Month/Day/Y	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

Remarks:

## By: By Mark E. Schell under 09/22/2004

\*\* Signature of Reporting Person

<u>POA</u>

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Oriminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.