## John Puls, LCSW, MCAP

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## **Professional Experience**

**Private Psychotherapy Practice -** January 2017 - Present Boca Raton, FL

- Individual, family, and substance abuse counseling
- Supervision of 6 psychotherapists within my practice
- Crisis interventions for substance use disorder
- Substance use disorder and mental health expert witness work

### Adjunct Professor - January 2020 - Present

Florida Atlantic University School of Social Work - Boca Raton, FL

- Teaching substance use disorder elective
- Social work practice theories
- Following ASWE social work guidelines

## Clinical Director of Case Management - February 2018 to January 2021 Guardian Recovery Network - Delray Beach, FL

- Weekly and ongoing supervision for case managers
- Coordinating with families and primary treatment providers
- Linkage to local community resources
- Crisis intervention and referrals to higher levels of care as needed

# **Primary Therapist** - June 2017 to January 2021 **Guardian Recovery Network (PHP/IOP)** - Delray Beach, FL

- Individual and group psychotherapy
- Development and implementation of evidenced based treatment plans
- ASAM assessments for appropriate levels of care
- Substance abuse psychoeducation
- Crisis intervention
- Family therapy

# **Clinical Therapist -** June 2017 to January 2018 **Boca Detox Center -** Boca Raton, FL

- Crisis intervention and assessments
- Substance abuse psychoeducation
- Group therapy
- Family interventions

MSW Intern - September 2016 to May 2017 Caron Renaissance - Boca Raton, FL

- Work directly with primary and family therapists
- Complete initial clinical assessments
- Facilitate and co-facilitate process groups and various speciality groups
- Develop individualized treatment plans for patients

## **Director of Recovery Services** - January 2016 to November 2017 **Recovery Management Services**, **LLC** - Boca Raton, FL

- Supervise team of peer recovery support specialists
- Vocational skills training
- Assist in crisis management
- Coordination with families and primary treatment team

## **Social Work intern -** May 2016 to August 2016 **South County Mental Health Center, Inc. -** Delray Beach, FL

- Completed client intakes upon admission to the crisis stabilization unit
- Attending court proceedings related to baker acts
- Linkage to resources for indigent population
- Supportive counseling
- Facilitation of psychoeducation groups
- Discharge planning
- Suicide risk assessments and safety planning

## **Director of Operations -** January 2014 - January 2016

Arch to Freedom - Boynton Beach, FL

- Complete operational oversight for FARR certified 23 bed sober living
- Management of 3 individual house managers
- Overseeing intakes and discharges into sober living facility
- Crisis intervention and referral services

## **Behavioral Health Technician -** January 2013 - February 2014 **Into Action Treatment Center -** Boynton Beach, FL

- Administering urine analysis for patients
- Transportation to appointments
- Facilitating 12 step support groups

### **Education and Training**

Florida Atlantic University - Graduated Summer 2016 Boca Raton, Florida Bachelor of Social Work (BSW) 4.0 GPA

- Graduated Summa Cum Laude
- Treasure for the Phi Alpha Social Work Honor Society

**Florida Atlantic University -** Graduated Spring 2017 Boca Raton Florida

Master of Social Work (MSW) 4.0 GPA

• Graduate Pathways Scholarship recipient

#### Awards

- 2023 Alumnus of the Year
- Winner of the Heart of Social Work Essay Contest

#### **License and Certifications**

- Licensed Clinical Social Worker SW 16498
- MCAP #100479 (Master's Certified Addiction Professional)
- Cognitive Behavioral Therapy certificate

### **Professional and Corporate Affiliations**

- Member of NASW (National Association of Social Workers)
- Palm Beach Mental Health Counselors Association

### **Professional Organization Presentations and Workshops**

- Puls, J., Et al. (2020, January 21). Spanish River High School Panel Discussion Substance Use Issues. Panel discussion for Spanish River High School Parents in coordination with Jewish Family Services.
- Puls, J., Et al. (2022, January 25). *Fentanyl Awareness and Harm Reduction*. Webinar panel discussion for families in coordination with B'Nai Torah Congregation and Jewish Family Services.
- Puls, J. (2022, April 22). *Cannabis Induced Psychosis: Current Research. Recovery Strategies*. Webinar Presentation for the Mental Health Counselors Association of Palm Beach.
- Puls, J. Et al. (2022, November 8). *The Marchman Act: Planning for Individuals and Families Struggling with Substance Use.* Webinar panel discussion for Florida Atlantic University School of Social Work
- Puls, J. (2023, June 17). *Cannabis Induced Psychosis: Recent Trends in Cannabis Use.* Workshop presented for the National Association of Social Workers Florida 2023 conference.
- Puls, J. (2023, September 15). *Cannabis Induced Psychosis: Recent Trends in Cannabis Use.* Webinar presented for the South Florida Christian Counselors Association.
- Puls, J. (2023, October 20). *Cannabis Induced Psychosis: Recent Trends in Cannabis Use.* Webinar presented for the Suncoast Mental Health Counselors Association.
- Puls, J. (2023, October 30). *Understanding the Opioid Crisis and Harm Reduction*. Workshop for Lynn University Psychology Students.
- Puls, J., Et al. (2023, November 3). *Client Acquisition From a Business and Clinical Perspective*. Panel Discussion for the East Coast Symposium on Addictive Disorders.
- Puls, J. (2023, November 17). Assertive Community Treatment: A Paradigm Shift in Treating Severe Mental Illness. Workshop presentation for the Mental Health Counselors Association of Palm Beach.
- Puls, J. (2023, December 8). *Cannabis Induced Psychosis: Recent Trends in Cannabis Use.* Webinar presentation for the National Board of Forensic Evaluators.

### **Litigation History**

- Qualified expert witness testimony and evaluation for marchman act cases in Florida
- Standard of care in addiction treatment/wrongful death cases for plaintiff and defense counsel

- Multiple depositions in high profile addiction treatment center wrongful death cases
- Suicide standard of care expert witness
- Mitigation specialist for cases involving addiction
- Family law expert witness case

### **Non-profit Board/Committee Member**

- FARR subcommittee member for mental health housing certification
- Board member of the Palm Beach County HUB, Recovery Community Organization
- Board member of FAU office of professional development School of Social Work
- Board member of the South Florida Professional Liaison Society

### References

- Amanda Eiola (561) 704-9334 Psychotherapist
- David Landsman-Wohlsifer (215) 470-2129
   Psychotherapist and professor
- John Egan (610) 938-7589
  Psychotherapist and addiction treatment center outreach
- Natalie Cohen, Esq. (561) 202-7950 Marchman act and guardianship attorney
- Joe Considine, P.A (561) 655-8081 Marchman act attorney
- Jami Gursky (954) 703-3756 Medical malpractice - defense
- Susan Ramsey (561) 283-2204 Medical malpractice, personal injury, wrongful death - plaintiff