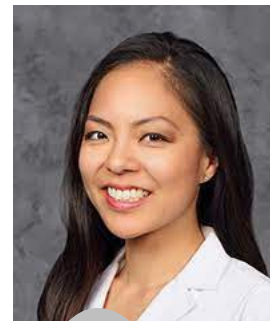


Laura A. Sonoda, MD, MPH



2710 Crow Canyon Rd. #1086
San Ramon, CA 94583
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(925) 570-4966

- USC and University of California educated and trained physician.
- Professional specialization in orthopaedic hand surgery (operative and nonoperative treatment of trauma, sports injury and degenerative arthritic conditions of the hand).
- Experienced speaker on orthopaedic surgery and hand surgery topics.
- Leader in disease prevention and health promotion groups.
- Research in biomechanics related to sports trauma of the hand.

Board certified, in Orthopaedic Hand Surgery, American Board of Orthopaedic Surgery, 2021(expires 12/31/31)

Education

University of California, Davis Medical Center, Sacramento, CA
Clinical Fellow in Hand, Upper Extremity and Microvascular
2018-2019

University of California, Irvine Medical Center, Orange, CA
Chief Resident in Orthopaedic Surgery
2017-2018
Resident physician in Orthopaedic Surgery
2013-2017

Keck School of Medicine of University of Southern California, Los Angeles, CA
Doctor of Medicine 2013

Tulane University, School of Public Health and Tropical Medicine, New Orleans, LA
Master of Public Health, emphasis in Epidemiology 2009

University of California, Davis, Davis, CA
Bachelor of Science with High Honors, Genetics 2007

Work

Tri-Valley Orthopaedic Specialists
Pleasanton, San Ramon and Tracy, CA
Orthopaedics and Hand Surgeon 2023 to present

Kaiser Permanente (TPMG)

Stockton/Modesto, CA

Orthopaedics and Hand Surgeon

2019 to present

Honors

Tsutayo Ichioka and Satsuki Nakao Charitable Foundation Scholarship 2012
AMA Foundation Seed Grant Research Program 2011
USC Town and Gown Scholarship 2011
Mackenzie Scholarship 2011, 2010
Baxter Fellowship 2010
New Hope Scholarship 2009
Bayanihan Clinic Volunteer of the Year 2008
Phi Beta Kappa Honor Society 2007
UC Davis Citation Award for Outstanding Achievement 2007
UC Davis President's Undergraduate Fellowship 2007, 2006
National Society for Collegiate Scholars 2005

Publications

Zeiderman MR, **Sonoda LA**, McNary S, Asselin E, Boutin RD, Bayne CO, Szabo RM. The Biomechanical Effects of Augmentation with Flat Braided Suture on Dorsal Intercarpal Ligament Capsulodesis for Scapholunate Instability. *Journal of Hand Surgery Am*. 2021 Jun;46(6):517.e1-517.e9. PMID: 33423852

Zeiderman MR, **Sonoda LA**, Phan TN, Szabo, RZ. Modified Wound Closure Technique in de Quervain's tenosynovitis. *Indian Journal of Surgery*. 2021; 83,1521-1523.

Sonoda LA, Jones NF. PyroCarbon Implant Arthroplasty for Salvage of Failed TightRope Suspensionplasty of the Thumb Carpometacarpal Joint. *The Journal of Hand Surgery Am*. 2017 Aug;42(8):655.e1-655.e4. PMID: 28450101

**Presentations/
Abstracts**

Zeiderman MR, **Sonoda LA**, McNary S, Asselin E, Boutin RD, Bayne CO, Szabo RM. The Biomechanical Effects of Augmentation with Flat Braided Suture on Dorsal Intercarpal Ligament Capsulodesis for Scapholunate Instability. Poster presentation accepted for presentation at the *ASSH Hand Society's 75th Virtual Annual Meeting*. San Antonio, TX. Oct 2020

Sonoda LA. The Distal Radioulnar Joint: The DRUJery of the Upper Extremity. Grand Rounds Conference. UC Davis Medical Center, Department of Orthopaedics. Sacramento, CA. Feb 2018

Sonoda LA. Femoroacetabular Impingement. Grand Rounds Conference. UC Irvine Medical Center, Department of Orthopaedics. Orange, CA. Aug 2017

Sonoda L, Galle S, Pahlavan S, Jones NF. Extended Sympathectomy of the Radial, Ulnar and Common Digital Arteries for Raynaud's Phenomenon. Hand-e Technique Video presented at the 71st Annual ASSH meeting. Austin, TX. Sept 2016

Galle S, **Sonoda L**, Clune J, Jones NF. Snow-Flick Opposition Tendon Transfer for Congenital Thumb Hypoplasia using Flexor Digitorum Sublimis Tendon from the Ring Finger. Hand-e Technique Video presented at the 71st Annual ASSH meeting. Austin, TX. Sept 2016

Sonoda LA. Orthopaedic Infections. Grand Rounds Conference. UC Irvine Medical Center, Department of Orthopaedics. Orange, CA. May 2016

Sonoda LA. Bone Fracture Classifications. Grand Rounds Conference. UC Irvine Medical Center, Department of Orthopaedics. Orange, CA. Feb 2016

Sonoda LA. Corrosion and Morse Taper. Grand Rounds Conference. UC Irvine Medical Center, Department of Orthopaedics. Orange, CA. Nov 2014

Sonoda LA. Scaphoid Nonunion Advanced Collapse and Scapholunate Advanced Collapse: Wrist Arthritis Treatment. Grand Rounds Conference. Loyola University Medical Center Stritch School of Medicine, Department of Orthopaedics and Rehabilitation. Maywood, IL. Sept 2012

Leadership and Service

Physician Department Champion 2022-2023

Kaiser Permanente, Osteoporosis prevention program

- Monitored capture of at risk patients and helped implement department wide protocol for osteoporosis screening and treatment.

Co-founder and Vice President 2010-2011

USC John Snow Public Health Society

- Created a public health interest club for medical students.
- Organized community outreach projects, including clinical health screenings, vaccinations fairs, and health education classes.

Instructor 2010-2011

USC-CHLA Una Vida Saludable Obesity Intervention

- Led basic health education classes at a community center with the Latino population in Boyle Heights.

Co-instructor 2010-2011

USC Undergraduate Course: Current Issues in Medical Education & Healthcare

- Co-led a USC undergraduate course promoting medical education,

cultural competency and medical ethics.

- Fundraising Chair** 2010-2010
8th Annual USC-UCLA-CDU Minority Health Conference
- Raised funds for and helped organize an annual regional conference at USC promoting the health of minority populations in the Southern California area.
- Mentor and Instructor** 2010-2010
USC-Tom Bradley Elementary Mentorship
- Taught basic health education to fourth grade students, including dissection of a pig heart.
- Clinical Volunteer** 2009-2012
USC Student-Run Clinic
- Volunteered as team leader for medical, pharmaceutical and physical therapy student teams to provide comprehensive care to underserved patients.
- Cultural and Social Chair** 2009-2011
USC Asian Pacific American Medical Student Association
- Helped organize the regional APAMSA conference at USC.
- Clinical volunteer** 2007-2008
UC Davis Bayanihan Student-Run Clinic
- Volunteered in a clinic aimed at serving the WWII Filipino veterans and uninsured patients in the Sacramento area.

Passed USMLE Step 3 (2013), USMLE Step 2 (2012), USMLE Step 1 (2011)