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Education	Residency	2011	Osteopathic Family Medicine Firelands Regional Medical Center Sandusky, OH
	D.O.	2008	Ohio University College of Osteopathic Medicine Athens, OH
		2003	Loyola University Post-Baccalaureate Pre-Medical Program Chicago, IL
	M.S.	1994	Mechanical Engineering Marquette University Milwaukee, WI
	B.S.	1991	Mechanical Engineering Marquette University Milwaukee, WI

Licensure Ohio Medical License 34.009754 – Issued 12/18/2009, expires 04/01/2024

Board Certification American Osteopathic Board of Family Physicians
Osteopathic Family Practice & OMT – Issued 08/26/2011, expires 12/31/2028

Certifications Basic Life Support (BLS), expires 09/30/2024

Professional Experience

Jan 2023 – present	<i>Montgomery County Jail</i> , Dayton, OH – Part-time Medical Director for the county jail.
Jun 2019 – present	<i>Grand Lake Family Practice and Pediatrics</i> , Celina, OH – Outpatient primary care to patients of all ages, including office-based procedures.
Jul 2011 – May 2019	<i>Firelands Physician Group</i> , Sandusky, OH – Outpatient primary care to patients of all ages, including office-based procedures.
Jan 2012 – Jul 2017	<i>Lorain County Free Clinic</i> , Lorain, OH – Volunteer physician, providing free outpatient primary care to uninsured adult patients.
Feb 2011 – Aug 2012	<i>Ohio Veterans Home</i> , Sandusky, OH – Contract physician, in charge of medical care of veterans residing at two 50-bed nursing home units, including hospital admissions and inpatient care.
Jan 2011 – May 2011	<i>Hometown Urgent Care & Workcare Center</i> , Wooster, OH – Staff physician, handled walk-in urgent care issues and DOT physicals.

Journal Publications

- Perez LL. Diagnosis and management of nonmelanoma skin cancer. *Osteopathic Family Physician*. May/June 2020; 12(3):28-33.
- Tanen TS, Mast E, Perez L. Galactorrhea as the initial presentation of cirrhosis. *Consultant*. March 2018; 58(3):121-123.
- Warner S, Perez LL, Sheehan K. Screening, staging, and assessment of colorectal cancer: A cautionary case. *Consultant*. March 2017; 57(3):150-154.
- Perez LL. Obesity pharmacotherapy: Present & future. *Osteopathic Family Physician*. November/December 2016; 8(6):12-15.
- Perez LL. Atraumatic cervical fracture in rheumatoid arthritis. *Consultant*. July 2015; 55(7):567-568.
- Perez LL. The patient who changed the way I practice family medicine. *J Fam Practice*. May 2014; 5:254-255.
- Perez LL. Office spirometry. *Osteopathic Family Physician*. March/April 2013; 5:65-69.
- Perez LL, Sneed JA, Eland D. Evidence-based osteopathic manipulative treatment for common conditions. *Osteopathic Family Physician*. January/February 2012; 4:8-12.
- Perez LL. Spontaneous retroperitoneal bleed 24 hours postpartum: a case report. *Osteopathic Family Physician*. May/June 2011; 3:120-122.
- Perez LL. Letter to the Editor. *J Fam Practice* May 2010: 255. Print.

Book Chapters/ Topics

- Perez LL, Bashline B, Bruner P. *Skin Cancer*. FP Essent. 2019;481:1-44.
- Perez LL. (2018). Premature Atrial Beats - Algorithm. In Domino FJ (Ed.), *The 5-Minute Clinical Consult 2017, 2018, and 2019*, Philadelphia: Wolters Kluwer.
- Perez LL, Townsend Z. (2018). Tardive Dyskinesia. In Domino FJ (Ed.), *The 5-Minute Clinical Consult 2019*, Philadelphia: Wolters Kluwer.
- Perez LL, Shah MC. (2017). Tardive Dyskinesia. In Domino FJ (Ed.), *The 5-Minute Clinical Consult 2017 and 2018*, Philadelphia: Wolters Kluwer.

**Faculty
Appointments & Activities**

2012 – 2022	Adjunct Clinical Associate Professor of Family Medicine, Group IV Faculty, Ohio University Heritage College of Osteopathic Medicine.
2015 – 2019	Family medicine full-time faculty, Firelands Regional Medical Center Family Medicine residency program, Sandusky, OH.
2014 – 2015	Item writer, National Board of Osteopathic Medical Examiners In-Service exam.
2013 – 2014	Completed the CORE Academic Physicians Program, offered by Ohio U. Heritage College of Osteopathic Medicine.
2012 – 2013	Completed the Residency Director's Fellowship Program, offered by the Ohio U. Heritage College of Osteopathic Medicine.

**Lectures and
Presentations***Presentations at state events*

Oct 2022	<i>Resiliency: Navigating Life's Challenges</i> , Ohio Osteopathic Association "Mindfulness Mondays" Wellness series.
Nov 2018	<i>The 3-point checklist: Basic dermoscopy for primary care</i> , Northwest Ohio Osteopathic Association Fall Primary Care Update.
Apr 2010	<i>Spontaneous retroperitoneal bleed 24 hours postpartum</i> , case report presented at the 2010 Ohio Osteopathic Symposium.

Presentations to the community

Apr 2013	<i>Wellness 101</i> , presentation to Sandusky (Ohio) community members at Ebenezer Baptist Church.
Dec 2012	<i>Nutrition after a heart attack</i> , presentation to Sandusky (Ohio) community members of the Firelands Regional Medical Center's Mended Hearts Club.
Mar 2012	<i>Basics of blood pressure</i> , presentation to Vermilion (Ohio) community members at Kingston assisted living facility.
Nov 2011	<i>Basics of blood pressure</i> , presentation to Sandusky (Ohio) community members of the Firelands Regional Medical Center's 55+ Senior Club.
Oct 2011	<i>Basics of blood pressure</i> , presentation to Vermilion (Ohio) community members at Amvets Post 22.

Presentations to employees of Firelands Regional Medical Center

Jan 2015	<i>Maintaining a healthy weight</i>
Apr 2012	<i>Vitamins, minerals, and natural supplements</i> , Women's Health Program Presentation.

Lectures and Presentations - continued

Presentations to residents and medical students at Firelands Regional Medical Center

Sep 2018	Basic medical bariatrics
Jul 2018	Suturing workshop (for Ohio U. medical students only)
May 2018	Medical marijuana
Mar 2018	Telephone medicine
Feb 2018	Male hypogonadism
Feb 2018	Insulin delivery device workshop
Feb 2018	Ethics and informed consent
Nov 2017	Basic dermoscopy
Nov 2017	Point-of-care ultrasound workshop, for PGY-1 (yearly)
Jul 2017	Point-of-care ultrasound workshop, for PGY-2 & PGY-3 (yearly)
Jul 2017	Office approach to chronic pain management (yearly)
Jun 2017	Osteopathic manipulation workshop: Shoulder
Aug 2016	Lung examination
Jul 2016	Procedure workshops (skin cryo, cerumen, suture removal, abscess I&D)
Mar 2016	Basic item writing
Nov 2015	What happens when you're sued
Apr 2015	Dizziness
Feb 2015	Medical bariatrics
Apr 2014	Basic dermoscopy
Jan 2014	JNC-8 update
Jan 2013	Mesenteric venous thrombosis

Honors and Awards

Nov 2018	Fellow, American College of Osteopathic Family Physicians.
Jun 2018	Fellow, American Academy of Family Physicians.
Jun 2011	Outstanding Graduate Medical Education Trainee Physician award, presented by the Medical Education Department at Firelands Regional Medical Center.
Jun 2011	Arnold P. Gold Foundation's Humanism and Excellence in Teaching, awarded by the Ohio U. College of Osteopathic Medicine Class of 2012.
Apr 2011	Ohio Osteopathic Family Practice Resident of the Year, awarded by the Ohio State Society of the American College of Osteopathic Family Physicians.
Apr 2010	First Place Award, resident paper competition sponsored by the Ohio State Society of the American College of Osteopathic Family Physicians and the Family Practice Residency Program Advisory Committee of the Ohio U. College of Osteopathic Medicine.

Honors and Awards - continued

Jun 2008	Family Medicine Award, presented by the Ohio U. College of Osteopathic Medicine during the 2008 commencement exercises.
Jun 2008	Sigma Sigma Phi, national osteopathic honor and service fraternity.
Apr 2005	Family Medicine Award, presented by the Ohio U. Department of Family Medicine and the Ohio State Society of the American College of Osteopathic Family Physicians.

Leadership and Service*National*

2017 – 2018	Ohio delegate, American Osteopathic Association House of Delegates.
2015 – 2017	Member, American College of Osteopathic Family Physicians Committee on Education and Evaluation, In-Service Exam subcommittee.

State

2014 – 2019	District V representative, House of Delegates of the Ohio Osteopathic Association.
2014 – 2019	Vice-president, 5 th District Academy of the Ohio Osteopathic Association.
2017 – 2018	Ohio Osteopathic Association District V (Sandusky) trustee.
2013 – 2017	Ohio Osteopathic Association representative, Ohio Physician Loan Repayment Advisory Committee, Ohio governor's appointee for two two-year terms.
2009 – 2011	Resident Member of the Board of Governors of the Ohio State Society of the American College of Osteopathic Family Physicians, representing all osteopathic family medicine residents in the state of Ohio.

Firelands Regional Medical Center

2015 – 2019	Program Director, Transitional Year program, Firelands Regional Medical Center.
2015 – 2019	Medical Director, Continuing Medical Education (CME) executive committee at Firelands Regional Medical Center.
2013 – 2019	Member, CME executive committee at Firelands Regional Medical Center.

**Leadership and
Service** - continued

2017 – 2018	Co-Chief of medical staff, Physician Credentialing and Executive Committee at Firelands Regional Medical Center.
2015 – 2017	Medical director, Weight Management and Nutrition Clinic at the Firelands Center for Coordinated Care.
2016 – 2017	Co-Vice Chief of medical staff, Physician Credentialing and Executive Committee at Firelands Regional Medical Center.
2015 – 2016	Secretary, Physician Credentialing and Executive Committee at Firelands Regional Medical Center.
2014 – 2015	Member, Utilization of Osteopathic Principles & Methods Committee at Firelands Regional Medical Center.
2013 – 2015	Co-Chair, Dept. of General/Family Practice at Firelands Regional Medical Center.
2010 – 2011	Chief Resident, Osteopathic Family Medicine Residency Program, Firelands Regional Medical Center.

**Professional
Memberships**

American Osteopathic Association (AOA), 2007-present
American College of Osteopathic Family Physicians (ACOFP), 2005-present
American Academy of Family Physicians (AAFP), 2011-2022
Ohio Osteopathic Association (OOA), 2011-present