



## **LAURIE M. CONATY, MSW, LCSW, LCAS**

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***Thought-leading social worker in active clinical practice. Former Duke and UNC Faculty. Former President of the North Carolina Society for Clinical Social Work. Significant experience developing and delivering training to MDs, social workers, and other clinicians. Winner of "Social Worker of the Year" award. Member of NASW revision task force for Standards in Clinical Social Work Practice. Clinical focus on diagnosis and treatment for depression, anxiety, adult and child ADD, relationship conflict, trauma survivors (adult and child) and recovery issues related to substance use disorders. Clinical experience to include children, adolescents, adults, and couples. Program development, management, licensure and accreditation expertise. Experienced expert witness.***

### **PROFESSIONAL EXPERIENCE**

**Laurie Conaty, LCSW, LCAS, PA, Sanford, NC**  
Social Worker in Private Practice

September 2015-Present

Consultation, Training, Clinical Interventions and Counseling.

- ❖ Comprehensive psychosocial evaluations including DSM diagnosis(es).
- ❖ Treatment of children, adolescents, adults and couples.
- ❖ Training and consultation to schools and/or healthcare providers as related to child/adolescent and adult mental health issues.
- ❖ Parent guidance and family therapy.

**Guilford Technical Community College, Greensboro, NC**  
Adjunct Instructor

August 2020-May 2021

Courses taught: Substance Abuse Overview; Addictive Process; Intake & Assessment using Moodle LMS and Cengage/MindTap.

**Center for Behavioral Healthcare, PA, Sanford, NC**  
Clinical Social Worker-Clinical Director-Therapist/Founder

April 1991- September 2015

- ❖ Psychotherapy and consulting practice providing service to adults, couples, adolescents, children and industry focusing on diagnosis and treatment for depression, anxiety adult and child ADD, relationship conflict, trauma survivors (adult and child) and recovery issues related to substance use disorders.
- ❖ Developed program and obtained NC State Licensure for intensive outpatient addictions treatment program.
- ❖ Developed school-based psychiatric day treatment program.
- ❖ Provided independent psychiatric consultation service at community hospital including diagnostic evaluations, treatment recommendations and facilitation of appropriate disposition (children/adolescents/adults.)
- ❖ Provided EAP Program Development and delivery for local companies and 3M
- ❖ Led agency to "exemplary" CARF accreditation

**University of North Carolina-Chapel Hill, Chapel Hill, NC**  
Field Instructor

1996-1997 & 1989-1990

- ❖ Weekly consultation, supervision, training, evaluation and support to MSW students including orientation to and integration of social work knowledge base, skills and practice in a private practice and hospital setting respectively.

**Major General James Rumbaugh Mental Health Clinic, Fayetteville, NC** April 1991-August 1993  
Psychotherapist

- ❖ Individual and family therapy, group therapy, crisis intervention, parent guidance and diagnostic services (including DSM diagnosis (es) for children, adolescents, families and adults in an outpatient setting designed exclusively for active duty and retired military personnel and their dependents.

**Duke University Medical Center, Durham, NC**  
Instructor/Senior Psychiatric Social Worker

August 1989-April 1991

- ❖ Clinical Faculty appointment within Department of Psychiatry
- ❖ Provided assessment, family and couples therapy for families and individuals with eating disorders, chronic pain or chemical dependency on inpatient unit.
- ❖ Supervised line social workers and social work interns.
- ❖ Taught assessment and psychotherapy skills to psychiatry residents and social work students. Involved in research and multi-disciplinary treatment planning.
- ❖ Private outpatient psychotherapy practice within Duke PDC including services for adolescents, adults, couples and parent guidance.

**UNC Hospital, Chapel Hill, NC**  
Clinical Social Worker III

June 1988-August 1989

Department of Psychiatry, Child Psychiatry Inpatient Unit

- ❖ Conducted pre-admission diagnostic interviews, coordinated admissions and participated in multi-disciplinary treatment team.
- ❖ Taught family therapy and assessment skills to psychiatry residents.
- ❖ Provided family therapy, parent training and co-led children's psychotherapy groups.

**Duke University, Durham, NC**  
Clinical Social Worker

February 1988-June 1988

Department of Psychiatry, (temporary position).

- ❖ Conducted psychosocial assessments of hospitalized adolescent and adult patients.
- ❖ Provided marital and family therapy.
- ❖ Participated in multi-disciplinary treatment team.
- ❖ Coordinated discharge planning and referrals.

**County of Fairfax, Fairfax, VA**  
Program Director

June 1983-August 1987

Supervised Apartment Program, Substance Abuse Services

- ❖ Developed and implemented a community-based treatment program for recovering substance abusers ages 18+.
- ❖ Designed and implemented clinical program, including treatment for the dually-diagnosed client. Conducted diagnostic intake interviews and made admission decisions. Provided individual, group, family and couples psychotherapy and crisis intervention.

- ❖ Hired, trained and supervised counseling staff, student interns, and volunteers.
- ❖ Developed and implemented program policies and procedures to comply with state standards and regulations.

**Prince William County Health Department, Manassas, VA**  
Social Worker

May 1982-March 1983

- ❖ Provided brief individual and family counseling for adolescents coping with teen pregnancy and sexuality issues.
- ❖ Provided in-services for medical staff on issues of adolescent development and sexuality.
- ❖ Consulted to medical staff concerning mental health issues for adult and adolescent patients.
- ❖ Presented workshops on family life education utilizing "askable parents" concept.
- ❖ Taught high school classes focusing on values clarification and interpersonal relationships.

**Old Town Business Center, Alexandria, VA**  
Director/Career Counselor

May 1981-May 1982 and March 1983-June 1983

- ❖ Administered vocational and career interest tests.
- ❖ Counseled clients regarding career decisions.
- ❖ Developed and presented career decisions workshops; administered day-to-day functioning of business; supervised hourly and contract employees.

**Shalom et Benedictus, Stephenson, VA**  
Senior Counselor/Assistant Intake Coordinator

March 1980-May 1981

Shalom was a long-term residential program for emotionally disturbed and/or chemically dependent adolescents.

- ❖ Provided long-term individual, group, family counseling as well as crisis intervention. Interviewed potential residents and made admission decisions.
- ❖ Conducted education groups for residents on topics relevant to adolescents.
- ❖ Trained line counselors and provided clinical supervision.

## INTERSHIPS

**Woodburn Center for Community Mental Health Annandale, VA**

August 1986-May 1987

A psycho-dynamically oriented internship in which I was a member of the Youth and Family outpatient treatment team providing services to children ages 7-16 including diagnostic intake assessments, play and talk therapy, family therapy and parent guidance. Yearlong training seminars in which I participated were Child Psychopathology and Psychotherapy; Adult Group Psychotherapy; Experiential Student Process Group. Co-led adult psychotherapy group and received weekly supervision/consultation.

**Fairfax-Falls Church Alcohol Counseling and Treatment Services VA**

August 1984-May 1985

Designed and implemented a pilot outpatient treatment program for chemically dependent and "at risk" adolescents. This involved targeting referral sources and presenting the program for them, conducting family and adolescent intakes and providing weekly group education and therapy. This program developed into a fully funded adolescent outpatient program.

## PROFESSIONAL AFFILIATIONS AND HONORS

**NASW revision task force for Standards in Clinical Social Work Practice, Member**

**National Association of Social Workers, Member, 1983-Present.**

**Forensics Committee of the Clinical Social Work Federal, Member, 1997.** Authored monograph, Responding to Subpoenas.

**North Carolina Society for Clinical Social Work, Member,** named "Clinical Social Worker of the Year," 2004; served as President July 1997-June 1999; chaired Insurance/Managed Care Committee, July 1994-July 1997; Chair-Ethics Committee, elected July 2017.

**Co-Founder of the Prince William County, VA Rape Victim Companion Program**

**County of Fairfax, VA Letter of Commendation** for developing and implementing the Supervised Apartment Program (Community-based, step-down treatment for adults with co-occurring disorders-MH/SUD), February 1984.

## TRAININGS DEVELOPED & DELIVERED

1. **"The ABC's of Private Practice"** –NC Society for Clinical Social Work; NASW Clinical Institute and independently sponsored training
2. **"Dealing with Difficult Parents"** - Association of School Guidance Counselors; NASW Clinical Institute
3. **"Cognitive Behavioral Therapy"**-independently sponsored training (2 days)
4. **"Cognitive Behavioral Therapy for Supervisors"** –independently sponsored training
5. **Intensive In-Home Therapy Service Definition Training**-independently sponsored training
6. **Day Treatment Service Definition Training**-independently sponsored training
7. **"Motivational Interviewing-An Overview"**-independently sponsored training
8. **"Introduction to Motivational Interviewing"** (2 day); ongoing-Daymark Recovery Services and Partners Behavioral Health Management and private contracts
9. **"Advanced Motivational Interviewing"** (1 day & 2 day)
10. **"Motivational Interviewing in Group Therapy"** (1 day), McLeod Center for Addiction Treatment; Daymark Recovery Services; Partners Behavioral Healthcare Management
11. **"Clinical Interventions: Bringing the "Bottom Up" Effectively"** (1 day & 2 day)
12. **"Introduction to Dialectical Behavior Therapy"** (2 day)

13. **"Basic Substance Abuse for (Juvenile) District Court Judges"** -contracted speaker/trainer UNC-CH, School of Government, 2015
14. **"Considerations in Couples Therapy,"** NC NASW, Fayetteville-Local Program Unit, June 2016
15. **"Professional Boundaries and Ethics-Protecting the Client and Yourself"** (1 day)
16. **"Motivational Interviewing: Learning to Craft Therapeutic Conversations that Facilitate Change"**, Hilton Head, South Carolina, July 2016
17. **"Adolescent Suicide: Prevention and Intervention"**; contracted trainer/speaker: Partners Behavioral Health Management, March 2016; NC Substance Abuse Prevention Conference, May 2016; Lee Harnett/NAMI Family Support Group, August, 2016
18. **"Essentials of Private Practice, Keynote Speaker"**, NC NASW, August 2016
19. **"Motivational Interviewing in Group Therapy,"** Addiction Professionals of NC, Fall Conference, October 2017
20. **"ASAM Criteria Placement Training,"** April 2018-April 2019, The Change Companies-Train for Change, Reno, Nevada. Train healthcare professionals in the understanding and application of the ASAM Placement Criteria via independent contract with The Change Companies.
21. **"ASAM Criteria Placement Training,"** various dates, ongoing.

## EDUCATION

<b>Master of Social Work, Virginia Commonwealth University, Richmond, VA</b>	1987
<b>Bachelor of Arts, Psychology, George Mason University, Fairfax, VA</b>	1979

## LICENSES AND CERTIFICATIONS

<b>Licensed Clinical Social Worker</b> (North Carolina) Licensed to independently diagnose and treat emotional, behavioral, alcohol /other drug-related, and psychiatric disorders.	1990-Present
<b>Licensed Clinical Addictions Specialist</b> (North Carolina)	1998-present
<b>Clinical Supervision Training and Certificate- NC NASW sponsored training</b>	September 2006
<b>MINT (Motivational Interviewer) Certified Trainer</b>	September 2019-present

## CONSULTATIONS

**Expert Witness/Litigation Consultant** in matters before Courts or Licensing Boards involving the practice of LCSWs

**Developing and Managing an Outpatient Practice**

**Ethics Consultations** (as Chair of Ethics Committee, NCSCSW)

**Coaching and consultation** - building Motivational Interviewing Skills (provided for other clinicians)

Expert Not Retained