

# **Roy M. Rubin, M.D.**

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## **PROFESSIONAL PROFILE**

Roy M. Rubin, MD is Board Certified by the American Board of Orthopaedic Surgery and prides himself on technical excellence and compassion for his patients. Dr. Rubin treats a broad range of problems affecting children and adults, including knee, hip, shoulder, elbow, hand, foot, ankle, wrist, and back and neck problems. Dr. Rubin is an orthopedic surgeon with extensive training and experience. He is well versed in working in a variety of environments including, large hospitals, surgical centers, and private practice.

**CERTIFICATION Board Certified: American Board of Orthopedic Surgery** 2005-Present Medical Board of California: April 17, 2002, Lic # A78753 Drug Enforcement Administration # BR7757252 Fluoroscopy License Current

## **PROFESSIONAL EXPERIENCE**

**MEDICAL OFFICE OF DR. ROY M. RUBIN** Sacramento, CA July 2014- Present

**RUBIN ORTHOPEDICS** Sacramento, CA July 2004 – July 2014 **Orthopedic Surgeon, Medical Director, and Owner** Responsible for owning, managing, and building a private practice medical corporation.

- Managed and directed a medical staff including 5 orthopedic surgeons, 4 physician assistants, a physical therapist, and 15 supporting staff.
- Grew the practice from one surgeon (self) to 5 surgeons
- Personally performed ~2,000 surgeries

**GREATER SACRAMENTO SURGERY CENTER** Sacramento, CA **Medical Executive Committee, Orthopedic Representative** 2012 - 2016 Responsible for quality control in the orthopedic department and for the credentialing and re-credentialing of orthopedic surgeons.

- Worked with ~10 other medical executive members and met quarterly **Medical Director for Orthopedic Surgery** 2008 - 2009 Responsible for building an orthopedic surgery program at the surgery center, including creation of cost-efficiency and procuring supplies and infrastructure
- Taught ~10 staff protocols for orthopedic procedures

**SUTTER MEDICAL CENTER** Sacramento, CA 2004 - 2007 **Medical Director for Pediatric Orthopedic Surgery** Responsible for building a tertiary care regional pediatric orthopedic surgery program at the hospital to accommodate patients throughout Northern California.

- Taught ~30 staff protocols for orthopedic procedures

- Worked with emergency room personnel to establish protocols to care for children with pediatric orthopedic emergencies
- Worked with operating room staff to establish guidelines and training for a wide variety of pediatric orthopedic surgical procedures

**WOODLAND CLINIC MEDICAL GROUP** Woodland, CA July 2003- June 2004  
**General Orthopedic Surgeon**

Responsible for seeing patients in the office and performing surgeries in the operating room. Took orthopedic surgery call ~12 nights per month.

**KAISER PERMANENTE MEDICAL GROUP**, Sacramento, CA ~2002 - 2004

Provided orthopedic call coverage for the emergency room at Morse Avenue in Sacramento. Provided Pediatric Orthopedic weekly clinic and consultations at Morse Avenue.

## **EDUCATION**

### **FELLOWSHIPS:**

**SPINE SURGERY ASSOCIATES**, Sacramento, CA

Adult Spine Surgery Fellowship, 2008- 2009

**UNIVERSITY OF CALIFORNIA, DAVIS MEDICAL CENTER,**  
 Sacramento, CA **SHRINER'S HOSPITAL NORTHERN CALIFORNIA**  
**Pediatric Orthopedic Surgical Fellowship**, 2002-2003

- Dual fellowship at both UC Davis and Shriner's Hospital

### **ORTHOPEDIC SURGERY RESIDENCY:**

**DUKE UNIVERSITY MEDICAL CENTER**, Durham, NC 1997-2002

- Chief resident 2001-2002

**MEDICAL SCHOOL: TEMPLE UNIVERSITY, SCHOOL OF MEDICINE**, Philadelphia, PA

Attended medical school from 1993-1997, received M.D. 1997

- Awarded AOA in Junior Year
- Scored in Top 1% in the US for the USMLE Parts I & II

**UNDERGRADUATE: PRINCETON UNIVERSITY**, Princeton,

NJ

B.S.E., Mechanical Engineering, graduated 1990

- Captain of Varsity Squash Team

#### **PROFESSIONAL SOCIETIES**

- American Academy of Orthopedic Surgeons, *Fellow*
- American Academy of Orthopedic Surgeons, *Diplomat*
- Paul Lipscomb Orthopedic Society, *Member*
- Piedmont Orthopedic Society, *Member*

#### **MEDICAL RESEARCH**

- Rubin, Trofimenko: "Trigger Thumb Study." 2008
- Rubin, Rab: "Crossed vs. Parallel Pinning of Pediatric Supracondylar Humerus Fractures." 2003.
- Rubin, Urbaniak: "Free Vascularized Fibular Grafts for Avascular Necrosis of the Femoral Head in Patients over the Age of 50." 2002.

#### **ADDITIONAL INFORMATION**

- Hobbies include squash, running, cycling, tennis, and swimming
- Proud father of 4 children: Tillie (15 years old), Ben (13 years old), Sima (11 years old), Michael (4 years old)