

CURRICULUM VITAE:

CAROL ANNE RUPE, MD

Family Physician

PO Box 57

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Roanoke Rapids, NC 27870-9998

(Updated 5/6/2021)

MEDICAL PRACTICE:

WellCraft Health, PLLC
40 Anna Louise Lane
Roanoke Rapids, NC 27870
Phone: 252-917-8410

EDUCATION:

Undergraduate: Bachelor of Science (1976-1980)
University of Notre Dame
South Bend, IN

Graduate: MD (1980-1984)
Georgetown University, School of Medicine
Washington, DC

POSTGRADUATE TRAINING:

Internship: Malcolm Grow USAF MC, Andrews AFB, MD
Dates: 1984-1985

Residency: Malcolm Grow USAF MC, Andrews AFB, MD
Dates: 1985-1987

Fellowship: Faculty Development, UNC, Chapel Hill, NC
Dates: 1990-1991

SPECIALTY CERTIFICATION:

1987- Diplomate, American Board of Family Practice
Recertified 1993, 1999, 2005 and 2012

MEDICAL LICENSURE: North Carolina

PRESENT POSITIONS:

President, WellCraft Health, Roanoke Rapids, NC

President, Mountain View Medical Services, Littleton, NC

President, WoodSong Medical Consulting, Littleton, NC

Adjunct Clinical Instructor, UNC Chapel Hill, NC

PAST POSITIONS:

Family Physician, Bolling Clinic
Bolling AFB, Washington DC
(July 1, 1987 to July 1, 1988)

Family Practice Physician & FP Residency Faculty Staff Member
Malcolm Grow Medical Center, Suitland MD
(July 1, 1988 to Aug 1, 1993)

Family Practice Physician, Nalle Clinic
Charlotte, NC
(Aug 2, 1993 to May 1, 2000)

Family Practice Physician, Medical Plaza FP
Charlotte, NC
(May 1, 2000 to July 30, 2002)

Medical Director, Saturn Nursing and Rehabilitation Center
Charlotte, NC
(April 1, 1994 to July 31, 2004)

Medical Director Beverly Health Care, Charlotte, NC
(Jan 1, 2004 to Mar 22, 2006)

Medical Director Heritage, Harrisburg, NC
(Jun 1, 2002 to Aug 31, 2007)

Medical Director Park Village, Charlotte, NC
(Oct 1, 2005 to Sept 30, 2007)

Medical Director Community Home Health Care and Hospice
(Sept 2007 to Sept 2009)

Medical Director, Preston House Assisted Living
(July 2008 to Sept 2009)

Medical Director, Hunter Woods, Charlotte, NC
(June 1995 to Feb 2010)

Medical Director, The Oaks at Town Center, Harrisburg, NC
(Feb 2008 to 25 July 2010)

Medical Director, The Court of South Park, Charlotte, NC
(March 1997 to June 2011)

Medical Director, Golden Living of Dartmouth, Charlotte, NC
(April 2007 to April 2012)

Medical Director of Peak Resources, Charlotte, NC
(April 2009-Sept 2012)

Medical Director of Hunter Woods, Charlotte, NC
(March 2009-May 2015)

Medical Director of Golden Living of Charlotte, NC
(March 2008-May 2015)

Owner, Charlotte's Premiere Health Care
(December 11, 2001-May 2015)

Owner, University Senior Health Care
(May 22, 2008-May 2015)

Finance Committee Halifax County Board of Health
(February 2016-December 2017)

Family Physician, Roanoke Clinic/Vidant Family Medicine
(November 2015-February 2020)

Member of the Halifax County Board of Health
(January 2016-March 2020)

COMMITTEE ASSIGNMENTS AND APPOINTMENTS:

Jun 1985-Jun 1987	Air Force Delegate, AMA-RPS
Jun 1986-Jun 1987	House Staff President, Unit Advisory Representative, MGMC
Jun 1987-Jun 1988	Officer in Charge, Acute Care Clinic, Physical Exam Section, Sensitive Duty Section, and Immediate Response Team, Bolling AFB, DC
Jun 1988-Jun 1990	Family Practice Representative to Company Grade Officer Committee
Feb 1989-Aug 1991	Undergraduate Coordinator, MGMC Family Practice Department
Dec 1991	Reference Committee Member, AMA Young Physicians Section
Jul 1988-Aug 1992	Family Practice Liaison to Physical Therapy Rotation
Jul 1988-Aug 1992	Family Practice Liaison to Internal Medicine Department
Sep 1988-Aug 1992	Family Practice Liaison to Geriatrics
Aug 1991-Jul 1992	Clinic Chief, Family Practice Department
Jun 1987-Jul 1993	Affiliate Faculty for ACLS, Uniformed Services U. of the Health Sci. (USUHS)
Jun 1987-Present	Advanced Cardiac Life Support (ACLS) Instructor
Jun 1988-Jul 1993	Air Force Delegate to AMA, Young Physicians Section
Apr 1989-Jul 1993	Pediatric Advanced Life Support (PALS) Instructor
Jun 1989-Jul 1993	Assistant Clinical Professor, USUHS
Sep 1989-Jul 1993	Instructor, Intro to Clinical Medicine, USUHS
Apr 1990-Jul 1993	Assistant Clinical Professor, Georgetown University
Oct 1990-Jul 1993	Group Facilitator, Ethics Course, USUHS
Jul 1991-Jul 1993	Co-Instructor, 3rd YR Behavioral Science Rounds
Jul 1992-Jul 1993	Quality Assurance Coordinator
Nov 1990-Nov 2002	Book Reviewer for Family Medicine Magazine
Jan 1994- Jan 1995	Managed Care Committee, Nalle Clinic
Jan 1994-May 1999	NC Medical Society Benefits & Membership Services Committee
Aug 1992-Jul 1993	Neonatal Advanced Life Support (NALS) Instructor
Aug 1993-1995	Preceptor, Carolinas Medical Center, Family Medicine Department

Jun 1994-Jun 1996	Young Physician Section Governing Council Member of the AMA, Alt. Delegate to AMA -HOD
Jun 1995-Jan 1996	Non-dues income committee Mecklenburg County Medical Society
Nov 1995-1997	Committee on Aging, North Carolina Medical Society
Jan 1996-May 1999	Board of Directors, Mecklenburg County Medical Society
Jun 1995-Jan 1996	Alternate Delegate to the NCMS for the MCMS
Jan 1996-May 1999	Delegate to the NCMS for the MCMS
Nov 1995-Nov 2002	Review articles of Archives of Family Practice
Jan 1996-May 1999	Liaison Women's Health Committee MCMS
Nov 1995	Reference Committee A NCMS Annual Meeting
Dec 1994	Ref. Committee on Constitution and Bylaws, AMA-HOD Interim Meeting, Hawaii
Oct 1995	YPS representative to the Woman's Leadership Summit
Nov 1995-Dec 1996	Chair Elect, North Carolina Medical Society-YPS
Nov 1994-Nov 1995	Secretary, North Carolina Medical Society-YPS
Jan 1997-Jan 1999	Chair, North Carolina Medical Society-YPS
Jan 1997-Jan 2000	Alternate Delegate from North Carolina to the AMA-HOD
Jan 1997-May 1999	Vice Councilor MCMS to North Carolina Medical Society
Jan 1994-May 1999	Liaison from the NCMS to the NC Society of Medical Assistants
Dec 1997	Reference Committee B member for the AMA-HOD Annual Meeting, Chicago
Apr 1997-Apr 1998	Steering Committee Member and Chair of the NCMS Leadership Conference for Spring 1998
Jan 1998-May 1999	Planning Council NCMS
Jan 1998-May 1999	Sesquicentennial Committee NCMS
Jan 1998-May 1999	Chair, Membership and non-dues income Committee NCMS
Jan 1998- Jan 2000	Chair, Family Practice Presbyterian Hospital, Charlotte, NC
Jan 1998-Present	Adjunct, Clinical Instructor, UNC, Chapel Hill
Sep 2001-Dec 2003	Medical Director, Tar Heel Home Health
July 2001-Dec 2003	Board of Directors, Outreach Healthcare Services

COMPLETE LIST OF PRESENTATIONS, MEDIA, & SEMINARS

Jul 1987-88	In Services on Diabetes Mellitus, Epiglottitis, and Verruca Vulgaris, Bolling AFB, Washington DC
Nov 1989	Wrote, directed and performed U.S. Air Force videotape: "Pediatric Resuscitation"
Apr 1990	U.S. Army Medical Surgery Conference, Garmisch, Germany: Lectures on Anemia, Failure to Thrive, and Headache
Aug 1990	Noon Conference, MGMC: Anemia
Nov 1990	Noon Conference, MGMC: Failure to Thrive
Feb 1991	Lecture to MGMC Faculty and Residents: "Teaching on Ward Rounds"
Mar 1991	Lecture to MGMC Faculty and Residents: "Use of Videotaping in Teaching"
Aug 1991	Noon Conference, MGMC: Headache
Sep 1991	Franklin Square FP Residency (Baltimore, MD) Grand Rounds: Failure to Thrive
Nov 1991	FP/ER Army Conference, Bitburg, Germany: Lectures on Failure to Thrive, Headache, Preventative Care of the Patient with Down Syndrome, Anemia
Jan 1992	Noon Conference, MGMC: Preventative Care of the Patient with Down Syndrome
Jan 1992	Poster Presentation: "FP's Knowledge of Infant Nutrition", Research Conference, Atlanta, GA
May 1992	Noon Conference, Ft Belvoir, DeWitt Hospital: Headaches, Instruction on Formal Lecturing
Nov 1992	Noon Conference, MGMC: Ward Round Teaching
Jan 1993	Third Primary Care Research Conference: Agency for Health Care Policy & Research, HHS: Family Physician's education of Infant Nutrition
Jan 1993	Noon Conference, MGMC: Infant Nutrition
May 1993	FP Review Course, MGMC: Down Syndrome-A Family Practice Approach
Jun 1993	Primary Care Research Conference: What 4th Year Medical Students Value in a FP Residency Program
Sep 1994	Noon Conference, FP Dept. Carolinas Medical Center (CMC); Failure to Thrive
Dec 1995	Noon Conference, Malcolm Grow Med Center; Medicine in Transition
Feb 1995	Evening conference, Borders Bookstore; Headaches, How to Stop the Pain
Nov 1996	NCMS Annual Meeting Pinehurst, NC; Medicine in Transition
May 5, 1997	Bowman Gray Medical School; Medicine in Transition

July 31- Aug 1, 1997	AAFP National Conference of Med Students and Residents; Medicine in Transition, Kansas City, MO
Jan 15, 1998	University of North Carolina, Charlotte; Thyroid Disorders
Apr 25, 1998	University of North Carolina, Chapel Hill; Medicine in Transition
Apr 26, 1998	Borders Bookstore, Charlotte, NC; Headaches, How to Stop the Pain
May 19, 1999	Concord, NC, Primary Headaches
July 30, 1998	AAFP National Congress of Medical Students and Residents; Headaches: Diagnosis and Treatment, Kansas City, MO
July 30, 1998	AAFP National Congress of Medical Students and Resident; Medicine in Transition
July 27, 1999	Arden Courts, Charlotte, NC; Alzheimer's Disease
July 29, 1999	AAFP Congress of Medical Students and Residents; Differential Diagnosis and Treatment of Headaches
Oct 28, 1999	University of North Carolina, Charlotte, NC; Thyroid Disorders
Nov 11, 1999	Charlotte, NC; Epilepsy in the Elderly
Dec 2, 1999	Concord, NC; Alzheimer's Disease,
Dec 16, 1999	Concord, NC; Alzheimer's Disease,
Mar 2, 2000	Clarebridge Assisted Living, Charlotte, NC; Dementia,
Mar 8, 2000	Grand Rounds Presbyterian Hospital, Osteoporosis: Differential Diagnosis and Treatment, Charlotte, NC
Mar 9, 2000	Fayetteville, NC; Osteoporosis: Differential Diagnosis and Treatment,
Apr 6, 2000	Winston-Salem, NC, Osteoporosis: Differential Diagnosis and Treatment,
Apr 14, 2000	Charlotte, NC; Osteoporosis: Differential Diagnosis and Treatment,
Apr 16, 2000	Charlotte, NC; Hypertension: New Approach to Treatment,
Apr 25, 2000	Osteoporosis: Differential diagnosis and Treatment, King, NC
Apr 27, 2000	Primary Headaches: Differential Diagnosis and Treatment, Charlotte, NC
Apr 29, 2000	Hypertension: New Approach to Treatment, Concord, NC
May 11, 2000	Osteoporosis: Differential Diagnosis and Treatment, Shelby, NC
May 13, 2000	Osteoporosis: Differential Diagnosis and Treatment, Charlotte, NC
May 16, 2000	Differential Diagnosis and Treatment of Headaches, Charlotte, NC

May 17, 2000	Differential Diagnosis and Treatment of Headaches, Charlotte, NC
May 18, 2000	New Treatment Options for Osteoporosis, Charlotte
June 3, 2000	New Treatment Options for Hypertension, Charlotte, NC
June 28, 2000	Round Table on Osteoporosis, Charlotte, NC
Aug 3, 2000	PTSD, Albemarle, NC
Aug 10, 2000	Behavioral Disturbances in the Elderly, Charlotte, NC
Sept 21, 2000	New Treatment Options for Migraine, Charlotte, NC
Oct 20, 2000	New Treatment Options For PMDD, Johnson City, TN
Oct 21, 2000	Diagnosis and Treatment of Osteoporosis, Johnson City, TN
Nov 14, 2000	Diagnosis and Treatment of Osteoporosis, Charlotte, NC
Nov 18, 2000	Treatment of Behavioral Disorders in The Patient with Dementia, Charlotte, NC
Jan 13, 2001	Treatment of Behavioral Disorders in The Patient with Dementia, Charlotte, NC
Jan 16, 2001	Treatment of Behavioral Disorders in The Patient with Dementia, Cornelius, NC
Jan 24, 2001	Seizures in The Elderly, New Orleans, LA
Jan 25, 2001	Diagnosis and Treatment of Osteoporosis, Gastonia, NC
Jan 30, 2001	Diagnosis and Treatment of Osteoporosis, Concord, NC
Feb 1, 2001	Behavioral Disturbances in Patients with Dementia, Concord, NC
Feb 2, 2001	Behavioral Disturbances in Patients with Dementia, Matthews, NC
Feb 3, 2001	Round Table on Behavioral Disturbances in the Elderly, Charlotte, NC
Feb 10, 2001	Behavioral Disturbances in Patients with Dementia, Southern Pines, NC
Feb 13, 2001	Behavioral Disturbances in the Elderly, Rock Hill, SC
Mar 13, 2001	ARB's in HTN, Charlotte, NC
Mar 21, 2001	Seizure Disorders in the Elderly, Chicago, IL
Mar 22, 2001	Behavioral Disturbances in the Elderly, Hickory, NC
Mar 27, 2001	Prozac Weekly, Charlotte, NC
Mar 29, 2001	Osteoporosis, New Treatment Options, Salisbury, NC
Apr 2, 2001	Osteoporosis, New Treatment Options, Rock Hill, NC

Apr 6, 2001	Osteoporosis, New Treatment Options, Greensboro, NC
Apr 7, 2001	Osteoporosis, New Treatment Options, Greensboro, NC
Apr 10, 2001	Behavioral Disturbances in the Elderly, Asheboro, NC
Apr 12, 2001	Behavioral Disturbances in the Elderly, Rockingham, NC
Apr 19, 2001	Behavioral Disturbances in the Elderly, Cornelius, NC
Apr 21, 2001	Behavioral Disturbances in the Elderly, Charlotte, NC
Apr 26, 2001	New Treatment Options for the Treatment of Migraines, Concord, NC
Apr 28, 2001	Prozac Weekly, Charlotte, NC
May 8, 2001	Behavioral disturbances in the Elderly, Franklin, NC
May 10, 2001	New Perspectives on the Treatment of Hypertension, Concord, NC
May 11, 2001	Diagnosis and Treatment of Osteoporosis, Naples, FL
May 12, 2001	Diagnosis and Treatment of Osteoporosis, Ft. Myers, FL
May 12, 2001	New Treatment Options in the Treatment of Depression, Ft. Myers, FL
May 24, 2001	Diagnosis and Treatment of Osteoporosis, Johnson City, TN
May 24, 2001	Diagnosis and Treatment of Osteoporosis, Johnson City, TN
May 24, 2001	OB/GYN Grand Rounds: New Perspectives on the Treatment of Osteoporosis, Univ of TN Med School, Johnson City, TN
May 24, 2001	Round Table on the treatment of Osteoporosis, Johnson City, TN
May 25, 2001	Diagnosis and Treatment of Osteoporosis, Johnson City, TN
May 25, 2001	Treatment of Seizures in the Elderly, Charlotte, NC
May 30, 2001	Round Table on the Treatment of Behavioral Disturbances in the Elderly and New Treatment Options for Depression, Salisbury, NC
Jun 14, 2001	Round Table on the Treatment of Behavioral Disturbances in the Elderly, Waynesville, NC
Jun 14, 2001	Treatment of Behavioral Disturbances in the Elderly, Waynesville, NC
Jun 20, 2001	Consultant Meeting Presentation on a Broad Spectrum Psychotropic Medication, Dallas, TX
Jun 29, 2001	Treatment of Behavioral Disturbances in the Elderly, Asheville, NC
July 9, 2001	Seizure Disorders in the Elderly, Charlotte, NC

July 24, 2001	Alterra-Clarebridge, Dementia: Strategies for the Caregiver, Charlotte, NC
July 31, 2001	Regional Consultant Meeting, Behavioral Disturbances and the use of A Broad Spectrum Psychotropic, Louisville, KY
Aug 14, 2001	Regional Consultant Meeting: Behavioral Disturbances and the use of a Broad Spectrum Psychotropic, Phoenix, AZ
Sept 5, 2001	Treating the Treatment Resistant Depressed Patient, Hickory, NC
Sept 6, 2001	Behavioral Disturbances in the Elderly, Columbia, SC
Sept 20, 2001	Cardiovascular Disease in Women, Southern Women's Show, Charlotte, NC
Sept 22, 2001	Cardiovascular Disease in Women, Southern Women's Show, Charlotte, NC
Sept 23, 2001	Cardiovascular Disease in Women, Southern Women's Show, Charlotte, NC
Oct 1, 2001	Difficult to Treat Depression-Breakfast Roundtable, Winston-Salem, NC
Oct 1, 2001	Difficult to Treat Depression-Lunch Roundtable, Winston-Salem, NC
Oct 14, 2001	Saturn Nursing & Rehabilitation, Dementia: Strategies for the Caregiver, Charlotte, NC
Oct 16, 2001	Use of Antiseizure Medications in the Elderly, Baltimore, MD
Nov 12, 2001	Treatment of Behavioral and Mood Disturbances in Primary Care, Teleconference
Nov 13, 2001	Behavioral Disturbances in the Long-Term Setting, New Orleans, LA
Nov 26, 2001	Treatment of Behavior and Mood Disturbances in Primary Care, Teleconference
Nov 29, 2001	Treatment of Behavioral and Mood Disturbances in Primary Care, Teleconference
Dec 18, 2001	Treatment of Behavioral and Mood Disturbances in Primary Care, Teleconference
Jan 19, 2002	Teaching Speaker Training on Mood Disorders, Dallas, TX
Jan 28, 2002	Mood Disturbances in Long Term Care, Charlotte, NC
Jan 30, 2002	Treatment of Behavioral Disturbances in The Elderly, Charlotte, NC
Feb 5, 2002	Treatment of Mood Disorders in Primary Care, St. Louis. MO
Apr 9, 2002	Treatment of Mood Disorders in Primary Care, Dearborn, MI
Apr 30, 2002	Diagnosis and Treatment of Osteoporosis, Smithfield, NC
May 1, 2002	Breakfast Roundtable on Osteoporosis, Raleigh, NC
May 1, 2002	Lunch Roundtable on Osteoporosis, Raleigh, NC

May 18, 2002	Primary Care Updates, Mood and Bipolar Disorders, St. Louis, MO
June 6, 2002	Diagnosis and Treatment of Migraines, Charlotte, NC
June 13, 2002	Teleconference: Treatment of Mood Disorders, Charlotte, NC
June 22, 2002	Primary Care Updates, Mood and Bipolar Disorders, Philadelphia, PA
June 24, 2002	Seizures in the Elderly, Spartanburg, SC
July 2, 2002	NCAFP, Behavioral Disturbances in the Elderly, Myrtle Beach, SC
Aug 10, 2002	Maryland Association of Long-Term Care Pharmacy Consultants, Seizures in the Elderly, Rocky Gap, MD
Aug 20, 2002	Behavioral Disturbances in the Elderly: Round Table, Charlotte, NC
Sept 14, 2002	Primary Care Updates, Mood and Bipolar Disorders, Atlanta, GA
Sept 23, 2002	Novel Use of a Broad Spectrum Psychotropic Med for Fibromyalgia, Charlotte, NC
Oct 5, 2002	PCP Updates, Mood Disorders in Primary Care, Cincinnati, OH
Oct 8, 2002	Mood Disturbances in The Elderly, New York, NY
Oct 21, 2002	Mood Disturbances in Primary Care, Knoxville, TN
Oct 21, 2002	Mood Disturbances in Primary Care, Knoxville, TN
Oct 22, 2002	Mood Disturbances in Primary Care, Knoxville, TN
Oct 22, 2002	Mood Disturbances in Primary Care, Knoxville, TN
Oct 28, 2002	Mood Disorders in Primary Care, Concord, NC
Nov 6, 2002	Teleconference on Mood Disorders in Primary Care, Charlotte, NC
Nov 7, 2002	Osteoporosis, Charlotte, NC
Nov 9, 2002	SCAFP, Use of Atypical Antipsychotics in Primary Care
Dec 9, 2002	Mood Disorders in Primary Care, Concord, NC
Dec 10, 2002	Mood Disorders in Primary Care, Charlotte, NC
Dec 10, 2002	Mood Disorders in Primary Care, Teleconference, National
Dec 12, 2002	Mood Disorders in Primary Care, Teleconference, National
Dec16, 2002	Mood Disorders in Primary Care, Teleconference, National
Dec 17, 2002	Mood Disorders in Primary Care, Teleconference, National
Jan 16, 2003	Mood Disorders in Primary Care, Teleconference, Spartanburg, NC

Jan 20, 2003	Mood Disorders in Primary Care, Nashville, TN
Jan 20, 2003	Mood Disorders in Primary Care, Nashville, TN
Jan 21, 2003	New Challenges in Preventing Osteoporosis, Nashville, TN
Jan 29, 2003	Preventing Osteoporosis, Concord, NC
Jan 31, 2003	Pri-Med, Depression: Treating to Recovery, Portland, OR
Feb 19, 2003	Treatment and Prevention of Osteoporosis, Matthews, NC
Feb 26, 2003	Pri-Med, Depression; Treatment to Recovery, Chicago, IL
Mar 4, 2003	Bipolar Disorder in Primary Care, Teleconference
Mar 5, 2003	Osteoporosis Prevention and Treatment, Harrisburg, NC
Mar 10, 2003	Use of Antiepileptics in Primary Care, Charlotte, NC
Mar 13, 2003	Pri-Med, Depression: Treatment to Recovery, Melville, NY
Mar 26, 2003	Osteoporosis, Prevention and Treatment Lunch Roundtable, Raleigh, NC
Mar 26, 2003	Osteoporosis, Prevention and Treatment, Raleigh, NC
Apr 24, 2003	Pri-Med: Depression: Treatment to Recovery, St. Louis, MO
Apr 26, 2003	Evista: It is not just About Bone, Matthews, NC
Apr 30, 2003	Treatment and Prevention of Osteoporosis, Ft. Myers, FL
May 1, 2003	Treatment and Prevention of Osteoporosis, Ft. Myers, FL
May 6, 2003	Pri-Med, Depression: Treating to Recovery, Tampa, FL
May 12, 2003	New Treatment Options in Osteoporosis, Wilson, NC
May 12, 2003	Evista: It's Not Just About Bone, Dunn, NC
May 14, 2003	Evista: It's Not Just About Bone, Concord, NC
Jun 4, 2003	Evista; It's Not Just About Bone, Kannapolis, NC
Jun 14, 2003	Pri Med: Depression; Treatment to Remission, Hauppauge, NY
Jun 16, 2003	New Treatments for Osteoporosis, Raleigh, NC
Jun 16, 2003	New Treatments for Osteoporosis, Louisburg, NC
Jun 23, 2003	Evista; It's Not Just About Bone; 3 talks in one day. Boca Raton, FL
Jun 24, 2003	Evista; It's Not Just About Bone; 3 talks in one day, Boca Raton, FL

July 6, 2003	Evista; It's Not Just About Bone, Wilson, NC
July 6, 2003	Evista: It's Not Just About Bone, Durham, NC
July 19, 2003	Pri Med: Depression: Treatment to Remission, St. Louis, MO
July 26, 2003	Pri Med: Depression: Treatment to Remission, Chicago, IL
Aug 4, 2003	New Treatment Options in Osteoporosis, Nashville, TN
Aug 4, 2003	Evista; It's Not Just About Bone, Nashville, TN
Aug 12, 2003	New Treatment Options in Osteoporosis, 3 talks in one day; Memphis, TN
Aug 18, 2003	Treatment of Mood Disorders in Primary Care, Kannapolis, NC
Aug 20, 2003	Treatment of Mood Disorders in Primary Care, Statesville, NC
Sept 9, 2003	Pri-Med, Difficult to Treat Depression, Philadelphia, PA
Oct 2, 2003	NP conference, Osteoporosis: Prevention and Treatment, Charlotte, NC
Oct 3, 2003	Grand Rounds Mercy Hospital, Osteoporosis: Prevention and Treatment, Charlotte, NC
Oct 7, 2003	Pri-Med, Difficult to Treat Depression, Atlanta, GA
Oct 16, 2003	Treatment of Agitation in the Elderly, Charlotte, NC
Nov 13, 2003	Pri-Med, Treating Depression in Primary Care, Durham, NC
Nov 26, 2003	Prevention of Stroke in the General Population, Teleconference
Dec 3, 2003	Prevention of Stroke in The General Population, Teleconference
Dec 15, 2003	Pri-Med, Treatment of Mood Disorders in Primary Care, Pittsburgh, PA
Dec 12, 2003	Prevention and Treatment of Osteoporosis, Lexington, KY
Dec 12, 2003	Prevention and Treatment of Osteoporosis, Lexington, KY
Jan 21, 2004	Advances in the prevention of antibiotic resistance, Charlotte, NC
Feb 13, 2004	Recognizing Bipolar Disorder in Primary Care, Concord NC
Feb 17, 2004	New Treatments for Alzheimer's Dementia, Gastonia, NC
Feb 23, 2004	Teleconference, Bipolar Disorder in Primary Care, Charlotte, NC
Mar 5, 2004	Primed, Depression, Twin Cities, MN
Mar 6, 2004	Primed, Depression, San Diego, CA

Mar 16, 2004	New Treatment Options for Alzheimer's Dementia, Raleigh, NC
Mar 25, 2004	Recognizing Bipolar Disorder in Primary Care, Charlotte, NC
Apr 20, 2004	Prevention and Treatment of Osteoporosis, Memphis, TN
Apr 20, 2004	Prevention and Treatment of Osteoporosis, Memphis, TN
Apr 20, 2004	Prevention and Treatment of Osteoporosis, Memphis, TN
Apr 21, 2004	New Treatment Options for Alzheimer's Dementia, Charlotte, NC
May 3, 2004	The Many Faces of Bipolar Disorder, Charlotte, NC
May 5, 2004	Diagnosing and Treating Bipolar Disorder in Primary Care, LaJollette, TN
May 5, 2004	Diagnosing and Treating Disorder in Primary Care, Newport, TN
May 5, 2004	Diagnosing and Treating Bipolar Disorder in Primary Care, Knoxville, TN
May 6, 2004	Diagnosing and Treating Bipolar Disorder in Primary Care, Knoxville, TN
May 6, 2004	Diagnosing and Treating Bipolar Disorder in Primary Care, LaJollette, TN
May 6, 2004	Diagnosing and Treating Bipolar Disorder in Primary Care, Knoxville, TN
May 11, 2004	Diagnosing and Treating Bipolar Disorder in Primary Care, Charlotte, NC
Jun 12, 2004	Primed Updates; Depression, Miami, FL
Jun 28, 2004	Teleconference; Secondary Stroke Prevention, Charlotte, NC
Jun 29, 2004	Diagnosing and Treating Bipolar Disorder in Primary Care; Spartanburg, SC
Jun 29, 2004	Diagnosing and Treating Bipolar Disorder in Primary Care, Spartanburg, SC
July 20, 2004	Teleconference: Secondary Stroke Prevention, Charlotte, NC
Aug 26, 2004	Family Night, Beverly Healthcare, What Has Changed in the Treatment of Dementia, Charlotte, NC
Sept 3, 2004	Mall Walker's Talk, Prevention and Treatment of Osteoporosis, Gastonia, NC
Sept 17, 2004	Mall Talk, Osteoporosis; Charlotte, NC
Sept 18, 2004	Mall Talk, Osteoporosis, Gastonia, NC
Sept 19, 2004	Mall Talk, Osteoporosis, Monroe, NC
Oct 27, 2004	Round table; Treatment of Community Acquired Pneumonia, Charlotte, NC
Nov 11, 2004	Inservice Rosewood Estates, How to Manage Behavioral Issues in the Patient with Dementia, Charlotte, NC

Jan 24, 2005	Treatment of Community Acquired Pneumonia, Charlotte, NC
Jan 26, 2005	Treatment of Community Acquired Pneumonia, Charlotte, NC
Mar 2, 2005	Primed Updates; Update on Depression; San Francisco, CA
Mar 9, 2005	Primed Updates; Update on Depression; Oakbrook Terrace, IL
Mar 19, 2005	Primed Updates; update on Depression; St. Louis, MO
Mar 22, 2005	Screening for osteoporosis; Gastonia, NC
Apr 04, 2005	Prevention of Osteoporosis; Gastonia, NC
Apr 05, 2005	Prevention of Osteoporosis; Gastonia, NC
Apr 07, 2005	Prevention of Osteoporosis, Belmont, NC
May 9, 2005	Prevention of Osteoporosis, Charlotte, NC
May 11, 2005	Prevention of Osteoporosis, Charlotte NC
May 22, 2005	Prevention of Osteoporosis, Gastonia, NC
Jun 07, 2005	Prevention of Osteoporosis, Charlotte, NC
Jun 1, 2005	Recognizing Bipolar Disorder, Charlotte Weekly, Charlotte, NC
Jun 08, 2005	Recognizing Bipolar Disorder, WBTV, Charlotte, NC
Jun 11, 2005	Depression: Treating the Emotional and Physical Symptoms, Primed Update, Miami, FL
Jul 20, 2005	Treating Moderate to Severe Alzheimer's Dementia, Charlotte, NC
Aug 30, 2005	Treatment of Osteoporosis, Charlotte, NC
Nov 10, 2005	Treatment of Depression, Charlotte, NC
Nov 15, 2005	Treatment of Overactive Bladder, Wilson, NC
Nov 15, 2005	Treatment of Overactive Bladder, Smithfield, NC
Nov 15, 2005	Treatment of the Agitated Patient, Charlotte, NC
Nov 18, 2005	Treatment of Depression, Primed Updates, Melville, NY
Nov 23, 2005	Treatment of Respiratory Tract Infections, Davidson, NC
Dec 7, 2005	Treatment of Migraines, Charlotte, NC
Feb 20, 2006	Recognition and Treatment of Dementia; Concord, NC
Feb 23, 2006	Primed Update: Depression: Treating to Remission, Ft. Lauderdale, FL

Feb 28, 2006	New Paradigm in the Treatment of LRI's: Winston-Salem, NC
Mar 15, 2006	Recognition and Treatment of Dementia, Concord, NC
Mar 15, 2006	Migraine: Diagnosis and Treatment; Kannapolis, NC
Apr 19, 2006	Primed Updates: Depression: Treatment to Remission, Anaheim, CA
Apr 27, 2006	Dementia; Recognition and Treatment, Charlotte, NC
Jul 28, 2006	Osteoporosis: It is Not Just About Bone, Charlotte, NC
Aug 10, 2006	OAB; How It Impacts the Geriatric Population, Charlotte, NC
Aug 25, 2006	A New Paradigm for Smoking Cessation, Charlotte, NC
Aug 28, 2006	Migraine: How to Stop the Aching Head, Kannapolis, NC
Sep 6, 2006	New treatment for Smoking Cessation: Charlotte, NC
Sep 7, 2006	New Treatment of Smoking Cessation, Charlotte, NC
Sep 25, 2006	Let's Remember Bone Health, Charlotte, NC
Sep 26, 2006	Changes in the Treatment of Common Pathogens, Wilmington, NC
Oct 13, 2006	Treatment of Poor Bone Health, Matthews, NC
Nov 9, 2006	Treatment of Bipolar Disorder in Primary Care, Charlotte, NC
Nov 16, 2006	Treatment of Migraine Headaches, Davidson, NC
Nov 17, 2006	Help with Smoking Cessation Charlotte, NC
Nov 30, 2006	Primed Depression, Richmond, VA
Dec 7, 2006	New Frontiers in the Treatment of Diabetes Mellitus, Charlotte, NC
Dec 7, 2006	Changing the Paradigm in Insulin Treatment, Charlotte, NC
Dec 11, 2006	Prevention of Osteoporosis, Columbia, SC
Dec 13, 2006	Recognizing New Onset Dementia in the Nursing Home Setting, Charlotte, NC
Dec 14, 2006	Recognizing Bipolar Disease in Primary Care, Charlotte, NC
Jan 4, 2007	Recognizing Bipolar Disease in Primary Care, Charlotte, NC
Jan 10, 2007	Treatment of Osteoporosis in Primary Care, Charlotte, NC
Jan 18, 2007	Recognition of Dementia in the Nursing Home Population, Charlotte, NC
Jan 23, 2007	Weeding Out the Bipolar Patient in Primary Care, Kannapolis, NC

Jan 26, 2007	Weeding Out the Bipolar Patient in a Primary Care Setting, Charlotte, NC
Feb 6, 2007	Dementia in the Primary Care Setting, Charlotte, NC
Feb 7, 2007	Bipolar Disease in the Primary Care Setting, Harrisburg, NC
Feb 22, 2007	Recognizing Dementia in the Nursing Home Setting, Charlotte, NC
Mar 8, 2007	Help with Smoking Cessation, Charlotte, NC
Mar 22, 2007	Dx of Bipolar Disorder, Little Rock, AR
Mar 26, 2007	Treatment of HSV, Charlotte, NC
Apr 4, 2007	Dx of Bipolar Disorder, Columbia, SC
Apr 26, 2007	The New Inhaled Insulin and Its Use, Albemarle, NC
May 3, 2007	Recognizing Dementia in Primary Care, Charlotte, NC
May 15, 2007	Dx of Bipolar Disorder in Primary Care, Jonesboro, AR
May 16, 2007	Dx Bipolar Disorder in Primary Care, Charlotte, NC
May 17, 2007	Dx Dementia in Primary Care, Charlotte, NC
June 6, 2007	Dx Bipolar disorder in Primary Care, Orlando, FL
June 13, 2007	Use of Inhaled Insulin in Primary Care, Charlotte, NC
July 9, 2007	Dx of Dementia in Primary Care, Charlotte, NC
Aug 1, 2007	Secondary Prevention of CV Events with the Use of Statins, Charlotte, NC
Aug 2, 2007	Secondary Prevention of CV Events with the Use of Statins, Charlotte, NC
Aug 22, 2007	Alzheimer's Dementia in Long Term Care Charlotte, NC
Sept 11, 2007	Secondary Prevention of CV Events with the Use of Statins, Huntersville, NC
Sept 20, 2007	Smoking Cessation, Albemarle, NC
Sept 21, 2007	Anabolic Agents in The Treatment of Osteoporosis, Cherryville, NC
Oct 4, 2007	Anabolic Agent Treatment of Osteoporosis and the Prevention of Breast Cancer in the postmenopausal Woman, Tullahoma, TN
Oct 16, 2007	Treatment of Osteoporosis and Prevention of Breast Cancer in the Postmenopausal Woman, Yardley, PA
Oct 17, 2007	Treatment of Osteoporosis and Prevention of Breast Cancer in the Postmenopausal Woman, Westchester, PA

Oct 18, 2007	Treatment of Osteoporosis and Prevention of Breast Cancer in the Postmenopausal Woman, Pikeville, KY
Oct 25, 2007	Treatment of Osteoporosis and Prevention of Breast Cancer in the Postmenopausal Woman, Pinehurst, NC
Nov 7, 2007	Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman, Tullahoma, TN
Nov 8, 2007	Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman, Tullahoma, TN
Nov 20, 2007	Cholesterol, Treating to New Totals, Huntersville, NC
Nov 27, 2007	Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman, Charlotte, NC
Dec 13, 2007	Cholesterol, Treating to new Totals, Charlotte, NC
Jan 2, 2008	Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman, Gastonia, NC
Jan 14, 2008	Treatment of Osteoporosis in the Prevention of Breast Cancer in the Postmenopausal Woman, Gaffney, SC
Jan 17, 2008	Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman, Matthews, NC
Feb 7, 2008	Cholesterol, Treating to New Totals, Charlotte, NC
Feb 12, 2008	Treating Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman, Astoria, NY
Feb 13, 2008	Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman breakfast round table, New York, NY
Feb 13, 2008	Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman lunch round table, New York, NY
Feb 14, 2008	Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman, New York, NY
Mar 11, 2008	Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman, Concord, NC
Mar 17, 2008	Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman, Mint Hill, NC
Mar 19, 2008	Diagnosis and Treatment of Fibromyalgia, Charlotte, NC
Apr 4, 2008	Treatment of Osteoporosis, Charlotte, NC
May 1, 2008	Smoking Cessation Strategies, Charlotte, NC

June 5, 2008	Preventing that First Osteoporotic Fracture, Charlotte, NC
July 17, 2008	Early Diagnosis and Treatment of Alzheimer's Dementia, Charlotte, NC
Aug 1, 2008	Diagnosis and Treatment of Fibromyalgia, Belmont, NC
Sept 4, 2008	Early Diagnosis and Treatment of Dementia, Matthews, NC
Sept 10, 2008	Early Diagnosis and Treatment of Alzheimer's Dementia, Charlotte, NC
Sept 10, 2008	Recognizing and Treating Alzheimer's Dementia, Charlotte, NC
Sept 17, 2008	Lay talk on When Home is No Longer Safe, Charlotte, NC
Sept 26, 2008	Not Letting Depression go Untreated, Davidson, NC
Sept 30, 2008	Recognizing and Treating Alzheimer's Dementia, Charlotte, NC
Oct 7, 2008	Early Treatment of Alzheimer's Dementia, Mint Hill, NC
Oct 8, 2008	Not Letting Depression go Untreated, Charlotte, NC
Oct 10, 2008	When Osteoporosis Has Gone Too Far, Pineville, NC
Oct 14, 2008	Importance of Early and Continued treatment of Alzheimer's Dementia, Charlotte, NC
Oct 22, 2008	Protecting Bone and Breast, Salisbury, NC
Nov 5, 2008	Dementia in LTC, Charlotte, NC
Nov 12, 2008	Difficult to Treat Depression, Pineville, NC
Nov 17, 2008	Difficult to Treat Depression, Concord, NC
Dec 2, 2008	Osteoporosis in Women, Charlotte, NC
Dec 9, 2008	Dementia in the Elderly, Rock Hill, NC
Jan 9, 2009	Protecting Bone and Breast, Charlotte, NC
Jan 23, 2009	Fibromyalgia Treatment, Stanley, NC
Jan 28, 2009	Protecting Bone and Breast, Charlotte, NC
Feb 4, 2009	Protecting Bone and Breast, Concord, NC
Feb 9, 2009	Preventing That Next Fracture, Charlotte, NC
Feb 10, 2009	Dementia Treatment in LTC, Charlotte, NC
Feb 24, 2009	Difficult to Treat Depression, Lincolnton, NC
Mar 3, 2009	Protecting Bone and Breast, Concord, NC

Mar 4, 2009	Osteoporosis Treatment Once a Year, Charlotte, NC
Mar 12, 2009	Dementia Treatment in LTC, Charlotte, NC
Mar 24, 2009	Dementia Treatment in LTC, Statesville, NC
Mar 25, 2009	Dementia Treatment in LTC, Charlotte, NC
Apr 15, 2009	Treatment of Severe Dementia, Charlotte, NC
Apr 15, 2009	Dementia Treatment in LTC, Charlotte, NC
May 13, 2009	Treatment of Cachexia, Greensboro, NC
May 20, 2009	Prevent That Next Fracture, Charlotte, NC
May 28, 2009	CME on Fibromyalgia, Los Angeles, CA
Jun 3, 2009	Once a Year Infusion for Osteoporosis, Philadelphia, PA
Jun 6, 2009	CME on Fibromyalgia, Orlando, FL
Jun 18, 2009	Preventing Caregiver Burnout in Alzheimer's Dementia, Charlotte, NC
Jun 23, 2009	Preventing Caregiver Burnout in Alzheimer's Dementia, Charlotte, NC
Jun 25, 2009	Treating Osteoporosis, Charlotte, NC
July 14, 2009	Dx and Tx of Depression, Kannapolis, NC
July 31, 2009	Treatment of Osteoporosis, Statesville, NC
Aug 19, 2009	Treatment of Cachexia, Lumberton, NC
Aug 27, 2009	Dx of Dementia in LTC, Charlotte, NC
Sept 8, 2009	Dx of Dementia in LTC, Charlotte, NC
Sept 10, 2009	Treatment of Cachexia, Charlotte, NC
Sept 23, 2009	Treatment of Osteoporosis, Greenville, NC
Sept 24, 2009	Treatment of Osteoporosis, Raleigh, NC
Sept 28, 2009	Treatment of Cachexia, Greensboro, NC
Sept 28, 2009	Treatment of Osteoporosis, Charlotte, NC
Oct 2, 2009	Dx and Tx of Alzheimer's Dementia in LTC, Spartanburg, SC
Oct 5, 2009	Dx and Tx of Alzheimer's Dementia in LTC, Valdese, NC
Oct 8, 2009	Treatment of Alzheimer's Dementia in LTC, Foley Beach, SC

Oct 12, 2009	Treatment of Alzheimer's Dementia, Valdese, NC
Oct 26, 2009	Treatment of Alzheimer's Dementia in Long Term Care, Rock Hill, SC
Nov 5, 2009	Treatment of Alzheimer's Dementia, Charlotte, NC
Nov 11, 2009	Treatment of Alzheimer's Dementia, Hudson, NC
Nov 18, 2009	Treatment of Alzheimer's Dementia, Gastonia, NC
Dec 2, 2009	Treatment of Alzheimer's Dementia, Belmont, NC
Jan 19, 2010	Fibromyalgia Treatment, Harrisburg, NC
Feb 2, 2010	Treatment of Alzheimer's Dementia, Bristol, TN
Feb 18, 2010	Treatment of Osteoporosis, Charlotte, NC
Feb 25, 2010	Treatment of Osteoporosis, Charlotte, NC
Mar 10, 2010	Treatment of Depression, Midland, NC
Apr 21, 2010	Treatment of Dementia, Charlotte, NC
Apr 23, 2010	Treatment of Dementia, Belmont, NC
Apr 29, 2010	Recognizing Dementia in LTC, Charlotte, NC
May 6, 2010	Diagnosing Fibromyalgia, Cornelius, NC
May 11, 2010	Treatment of Dementia, Kings Mountains, NC
May 20, 2010	Treatment of Osteoporosis, Salisbury, NC
June 10, 2010	Diagnosing Fibromyalgia, Hamlett, NC
Sept 14, 2010	Dementia Dx and Tx, Cornelius, NC
Sept 30, 2010	Dementia Dx and Tx, Hickory, NC
Oct 5, 2010	Dx and Tx of Fibromyalgia, Hamlett, NC
Oct 13, 2010	Dx and Tx of Dementia, Greensboro, NC
Oct 19, 2010	Dx and Tx of Dementia, Winston Salem, NC
Nov 9, 2010	Dx and Tx of Dementia, Charlotte, NC
Dec 2, 2010	Cachexia: Dx and Tx, Charlotte, NC
Dec 9, 2010	Cachexia: Dx and Tx, Greensboro, NC
Feb 4, 2011	Dementia Dx, Rock Hill, SC

Feb 23, 2011	Dementia Dx and Tx, Charlotte, NC
Mar 24, 2011	Smoking Cessation, Charlotte, NC
Mar 25, 2011	Dx and Tx of Dementia, Spartanburg, SC
Apr 5, 2011	Treatment of Dementia, Charlotte, NC
May 19, 2011	Treatment of Cachexia, Charlotte, NC
May 26, 2011	Treatment of Cachexia, Greensboro, NC
Jan 17, 2012	Treatment of Cachexia, Charlotte, NC
Jan 23, 2012	Treatment of Cachexia, Greensboro, NC
Jan 26, 2012	Dementia Treatment, Charlotte, NC
Feb 23, 2012	Dementia Treatment, Ridgeville, MS
May 15, 2012	Treatment of Cachexia, Charlotte, NC
June 6, 2012	Treatment of Cachexia, Eden, NC
Nov 19, 2014	New Way to Treat Obesity, Camden, SC
Dec 4, 2014	New Way to Treat Obesity, Statesville, NC
Mar 10, 2016	How to Stay Walkie, Talkie, Independent: Women's Preventative Health, Littleton, NC
Oct 8, 2016	How to Stay Walkie, Talkie, Independent: Women's Preventative Health, Roanoke Rapids, NC
Nov 13, 2016	Women's Health, Roanoke Women's book Club, Roanoke Rapids, NC
Oct 7, 2017	Women's Health x 2; Women's Health Fair Halifax Regional Medical Center, Roanoke Rapids, NC
Oct 11, 2017	How to Prevent a Broken Heart: Cardiovascular Disease in Women, Women of the Lake Club, Henrico, NC
Oct 06, 2018	Women's Health: What to Expect as We Mature, Halifax Regional Medical Center, Roanoke Rapids, NC x 2
Sept 28, 2019	Mirror Mirror on the Wall: Reflections on Women's Health and Beauty, Roanoke Rapids, NC x 2

RESEARCH:

1986-1988	Use of rapid tests for Group B Strep on vaginal swabs on women in labor
1989-1991	Use of TENS unit on women in labor
1990-1991	Family physicians' knowledge of infant nutrition (Presented at AHCPR, Jan 1993)
1991-1993	FP interns' needs in a FP residency program
2004-2005	LEAPS trial
2004-2006	Initiate Plus Diabetic Trial

PROFESSIONAL MEMBERSHIPS:

American Academy of Family Physicians

North Carolina Academy of Family Physicians

Northhampton-Halifax County Medical Society

HONORS/AWARDS:

Summa Cum Laude, University of Notre Dame

Alpha Epsilon Delta Honor Society

Notre Dame AFROTC Award for Outstanding Senior Cadet

Vice Commandant's Award, AFROTC

American Legion Award, AFROTC

Daughters of the American Legion Award, AFROTC

Outstanding Third Year Resident Award MGMC, Andrews, AFB, MD

Georgetown University Land Award in Family Medicine

Archie Hoffman Award for Outstanding Intern, MGMC, Andrews AFB, MD

Honors Graduate, Advanced Trauma Life Support Combat Casualty Care Course

Air Force Achievement Medal

Air Force Meritorious Service Medal

Outstanding Family Teaching Staff, Andrews AFB, MD 1991

Halifax Regional Medical Center Employee of the 2nd Quarter 2018