

CURRICULUM VITAE

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SUMMARY OF QUALIFICATIONS

- **Greater than 14 years experience as a Full Time Critical Care Registered Nurse with experience in:**

- ☐ **Neurological Treatment**

- ✦ **Identifying and Managing Different Types of Brain Bleeds and Ischemic Strokes**
- ✦ **Neurological Monitoring and ICU Care**
- ✦ **Lumbar Drain Monitoring**
- ✦ **NIH Stroke Scale**
- ✦ **TPA Administration and Monitoring**
- ✦ **External Ventricular Drain System Monitoring and Management**
- ✦ **Intracranial Pressure Monitoring and Management**

- ☐ **Trauma Treatment**

- ✦ **Management and Treatment of Ground Level Falls, Motor Vehicle Accidents, and Penetrating Wounds**
- ✦ **Managing and caring for Chest Tubes**
- ✦ **Cervical/Thoracic Spine Mobility Management**
- ✦ **Implementation and Monitoring of Massive Transfusion of various blood products**

- ☐ **General Medical Surgical Treatment**

- ✦ **Identifying and Managing Infections, Multiple Organ Failures**
- ✦ **Mechanical Ventilatory Management**
- ✦ **Vasopressor Titration**
- ✦ **Sepsis Management and Treatment**

- ☐ **Cardiovascular Treatment**

- ✦ **Identifying and Managing Myocardial Infarctions, Congestive Heart Failure**
- ✦ **Continuous Medication Administration**
 - ✦ **Antiarrhythmic**
 - ✦ **Inotropic**
 - ✦ **Chronotropic**
 - ✦ **Vasoconstriction**
 - ✦ **Vasodilation**
- ✦ **Swan Ganz (Pulmonary Arterial Catheter) Management**
- ✦ **Post Vascular Surgery Care**

- ✦ Temporary and Permanent Pacemaker Management
 - ☐ Renal Treatment
 - ✦ Renal Replacement Therapy/Dialysis Management, Fluid Management, Electrolyte Monitoring and Replacement.
- Experienced in:
 - ☐ Hospital Management
 - ☐ Medicare/Medicaid compliance
 - ☐ Joint Commission Regulations and Compliance
 - ☐ Evidence Based Research/Practice in developing Nursing Standard of Care
 - ☐ Medical Record Audits
 - ☐ Root Cause Analysis on Adverse Events and Violations of Standard of Care
 - ☐ Medical Leave/Workers Compensation
- Inpatient Fall Management and Prevention
- Inpatient Skin Pressure Injury
 - ☐ Management and Prevention
 - ☐ Risk Assessment
 - ☐ Staging
- Post-operative care for the following:
 - ☐ Neurological
 - ☐ Multiple Organ Trauma
 - ☐ Cardiovascular
 - ☐ General surgery
- Mechanical Ventilation Management
 - ☐ Various Models and Modes
- Intravenous Administration and Titration of Medication Infusions
- Management of:
 - ☐ Central Venous Catheters
 - ☐ Arterial Lines
 - ☐ Pulmonary Artery Catheters
- Bedside Roles include:
 - ☐ Rapid Response Team Member
 - ☐ Charge Nurse
 - ☐ Resource Nurse
- Reviewing and Updating Hospital Policies, Procedures, and Standards of Care
- Sepsis Coordination
 - ☐ Providing education and training on Sepsis prevention and Standard of Care to various healthcare specialist and providers
 - ☐ Sepsis Risk Assessment
 - ☐ MEWS
- Monitored entire 400+ bed hospital facility for proper bed placement, and ensuring all deteriorating patients are properly cared for.

➤ **Professional Certifications:**

- ☐ Oregon Registered Nursing License
- ☐ Basic Life Support
- ☐ Advanced Cardiac Life Support
- ☐ Post-Open Heart Certification
- ☐ Continuous Renal Replacement Therapy Certified
- ☐ Intra-aortic Balloon Pump Certified
- ☐ Trauma Nursing Core Course Certified
- ☐ Trauma Care After Resuscitation Certified
- ☐ NIH Stroke Scale Certified
- ☐ Intracranial Pressure Monitoring Certified

➤ **Professional Committees**

☐ **Code Blue Committee**

- Supporting and implementing up-to-date evidence-based practice to improve patient outcomes during the event of Cardiopulmonary Arrest. As well as reviewing all events for American Heart Association ACLS compliance.

☐ **Specialty Practice Team Chair**

- Ensuring shared governance is part of decision-making process and based on partnership, equity, accountability, and ownership, thus encouraging diverse and creative inputs that help advance the business and healthcare missions.

☐ **Code Airway Committee**

- A multi-disciplinary team composed of physician specialist, and managers that creates and modifies formalized responses to events with difficult airways. Evidence based research is applied to all responses.

☐ **Salem Oregon Patient Advisory Panel**

- Panel composed of healthcare specialist throughout the community that empowers patients to use lifestyle as their most powerful medicine, as well as providing full spectrum treatment options based on the best science.

☐ **Rapid Response Leadership Committee**

- Committee composed of critical care and emergency dept. RN's, physician specialists, and clinical nurse specialist that helps ensure the organization provides immediate and evidence-based care to rapidly deteriorating patients.

☐ **Patient Safety Alert Committee**

- Developing and ensuring a systematic response to alerts in patient safety.

☐ **Sepsis Committee**

- Teaching and implementing up to date, evidence based research on treatment for systemic inflammatory response, sepsis, and septic shock.

PROFESSIONAL EXPERIENCE

2016-Present

Salem Health- Salem, Or Assistant Nurse Manager-Intensive Care Unit

- Hiring and onboarding clinical staff
- Mentoring and educating staff on organizational policies and procedures.
- Conducting staff reviews on achievements and areas of improvements.

- Liaison between physician, organization, and staff.
- Chart Auditing.
- Ensuring organizational actions adhere to all federal programs and 3rd party insurances.

2015-Present

Salem Health- Salem, Or

Registered Nurse-Intensive Care Unit

- Provide critical care to patients by assessing vital signs and signs/symptoms, titrating drugs, and administering medications.
- Working in Cardiovascular Care Unit/Intensive Care Unit.

Rapid Response Team

- Monitor entire Salem Hospital patient population
- Prevent Code Blue outside of ICU/CVCU
- Implement protocol of diagnostic testing and fluid resuscitation

Charge Nurse- Intensive Care Unit

- Monitor admission/transfers
- Assign patients to specific RN's based on skill level
- Work with physicians and house supervisor on bed availability and admissions.

2013- 2015

St. Charles Hospital- Bend, OR

Registered Nurse-Intensive Care Unit

- Provide critical care to patients by assessing vital signs and signs/symptoms, titrating drugs, and administering medications.
- Patient population encompassed: neuro/trauma, cardiovascular, sepsis, post-surgical, & cardiopulmonary arrest.

2013- 2014

Open Arms Adult Day Service LLC CEO/Founder

- Established a Medicaid certified facility in Central Oregon
- Budgeted expense and income on daily operation
- Monitored marketing
- Direct involvement with hiring and management of staff
- Nominated for Small Business of the Year 2013

2011- 2013

Northwestern Mutual Financial Advisor

- Investment professional providing financial services to clients and companies.
- Licensed with State of Oregon

2006- 2013

Salem Hospital- Salem, OR

Registered Nurse-Intensive Care Unit

- Provide critical care to patients by assessing vital signs and signs/symptoms, titrating drugs, and administering medications.
- Patient population encompassed: neuro/trauma, cardiovascular, sepsis, post-surgical, & cardiopulmonary arrest.

Charge Nurse- Intensive Care Unit ➤

Monitor admission/transfers

- Assign patients to specific RN's based on skill level.
- Work with physicians and NAC on bed availability and admissions.

Charge Nurse- Cardiovascular Care Unit ➤

Monitor admission/transfers

- Assign patients to specific RN's based on skill level.
- Work with physicians and NAC on bed availability and admissions.

Resource Nurse- Intensive Care Unit

- Developing policies, procedures, and standards of work that is compliant with up-to-date evidence-based practice, federal programs, and 3rd party insurances.
- Educating staff on policies, procedures, and standards of work.

Resource Nurse-Cardiovascular Care Unit

- Developing policies, procedures, and standards of work that is compliant with up-to-date evidence-based practice, federal programs, and 3rd party insurances.
- Educating staff on policies, procedures, and standards of work.

Rapid Response Team

- Monitor entire Salem Hospital patient population.
- Prevent CODE BLUE outside of ICU/CVCU.
- Implement protocol of diagnostic testing and fluid resuscitation.

2005- 2006**Bay Area Hospital- Coos Bay, OR****Certified Nursing Assistant**

- Provided assistance to RN's by gathering vital signs, collecting weights, measuring intake and output, cleaning bedding and patients, and answering phones.
- Worked in Medical/Surgical unit, Intermediate Care Unit, Intensive Care Unit, and Mental Health.

EDUCATION

- **Oregon Health and Science University** RN-BSN Program, Portland, Oregon
- **Southwestern Oregon Community College** Associates of Science Degree in Nursing, Coos Bay, Oregon

PROFESSIONAL AFFILIATIONS

- American Association of Legal Nurse Consultant 2017
- American Association of Critical Care Nursing 2006
- West Virginia and Upper Ohio Valley Chapter (AALNC) 2017

Achievements and Accolades

- **Member of Magnet Award Recipient**
- **Member of Gold Beacon Award Recipient**
- **2017 Lean Project of the Year**
 - Staff to patient assignment and acuity scale.
- **2013 Nominated for Small Business of the Year**

Continuing Education 2015-2019:**2019 Classes**

- Target Temperature Management

- Lumbar Drains in the Thoracic Aortic Repair Patient
- Emergency Care of Fresh Tracheostomy
- Phenobarbital Protocol for Alcohol Withdrawal
- Continuous Renal Replacement Therapy refresher
- Restraints Hands On demo
- Conscious Sedation Education
- Tracheostomy Care Part 1 and 2
- Low Dose Ketamine IV Drip for Pain Control
- Epidural Analgesia for Non-Laboring Adult Patient
- Infection Prevention: Direct Patient Care
- Medication Safety-Medication Transport
- Pain Management for Nursing
- Surgical Site Infection-General: Systematic Approach to Risk Reduction
- Equipment Cleaning and Reprocessing
- CAUTI Competency Male/Female
- ICP Management Refresher
- Blood Transfusion: Administering and Monitoring
- Suicide 1:1 Direct Continual Observation
- Vasopressor Titration Protocol
- Adult Post Fall Algorithm

2018 Classes

- Health Literacy: Improving Patient Understanding
- Pain Management
- Infection Prevention Liaison
- Caring for Patient at Risk for Suicide
- Code Blue Drill
- Infection Control
- Surgical Site Infection Prevention
- HIPAA Privacy, Security, and Breach Notification
- Conscious Sedation
- Cheetah Starling Stroke Volume System Training (Non-invasive Cardiac Monitoring)
- Probiotic use for Clostridium Difficile Prevention
- Staffing Law Awareness
- Neuro Critical Care Nursing: Different types of brain bleeds

2017 Classes

- Introduction to Legal Nurse Consulting
- Written Communication and Report Writing
- Prismaflex Advanced CRRT Class
- Vitamin C and Sepsis
- Transmission-Based Precautions: Contact, Droplet, and Airborne
- Standard Work for Central Line Care and CLABSI Prevention
- Standard Precautions-Bloodborne Pathogens
- Pain Management for Nursing

- Medical Equipment Safety
- HIPAA
- Conscious Sedation
- Blood Transfusion: Administration and Monitoring
- Bariatric Surgical Complications
- How to Search for Clinical Procedures Quickly and Effectively
- C. Difficile, Culture Reports and Antibiotics: Traversing the World of Antibiotics
- Spinal Precautions for RNs

2016 Classes

- Medication Education: Improving Patient Understanding
- Clostridium Difficile Education
- Preventing Infections with Oral Care
- Adult DKA: Fluid and Insulin Infusions
- Modified Early Warning System to improve patient outcomes
- Restraints and Seclusion: Policy and workflow changes/clarification
- Low Dose Ketamine Infusion for Intractable Pain

2015 Classes

- Ventilator Associated Pneumonia
- ABG Interpretation
- Transfer and Mobility of Bariatric Patients
- Fall Prevention
- Sepsis for RNs
- Hazardous Drug Precautions