

# **SANJAY ADHIA, M.D., MRO**

Board-Certified in Forensic Psychiatry  
Board-Certified Brain Injury Medicine  
Board-Certified in Psychiatry  
American Board of Psychiatry and Neurology

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5826 New Territory Blvd.

Suite 803

Sugar Land, TX 77479  
Houston Metropolitan Area

FORENSIC PSYCHIATRY

CLINICAL PSYCHIATRY

LICENSED PHYSICIAN, TEXAS

## **Medical Licensure**

Texas Medical License, Board of Medical Examiners; Q0720 (2014-Current)

## **Board-Certification**

Board Certified in Psychiatry, American Board of Psychiatry and Neurology  
(Certificate #67625) (2014-Current)

Board-Certified in Forensic Psychiatry, American Board of Psychiatry and Neurology  
(Certificate #2127) (2015-Current)

Board-Certified in Brain Injury Medicine, American Board of Psychiatry and  
Neurology (Certificate #101), (2018-Current)

## **Other Certifications and Licenses**

Medical Review Officer (MRO), Medical Review Officers Certification Council,  
(2020)

Florida Medical Doctor Expert Witness License #7683 (2020)  
(Required of a Medical Expert Witness; not a License to practice Medicine in  
Florida)

Buprenorphine Waiver to treat Opioid Use Disorders (2018)

## **Academic Appointments**

Assistant Professor of Psychiatry, University of Texas Health and Science  
Center and Forensic Psychiatry mentor to Psychiatric residents (2019-  
current)

Assistant Professor of Psychiatry, University of Texas Medical Branch (UTMB)  
(2016-2018)

Assistant Professor of Psychiatry, University of Texas Health and Science  
Center (2012-2013, 2015-2016)

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## **Professional Experience**

Sanjay Adhia, M.D., Forensic Psychiatrist in private practice (2014-Present)

Psychiatry Consultant treating brain, stroke and spinal cord injury patients, The Institute of Rehabilitation and Research (TIRR) Memorial Hermann (2019-current)

Staff Psychiatrist, Avenue 360 Health & Wellness (FQHC clinic treating the Homeless, LGBTQ, Substance Use Disorders, & those with HIV) (2020-current)

### Previous Positions

Medical Director, PACE Mental Health Clinic, Sugar Land, TX (2018-2019)

Psychiatrist, U.S. District Court, Southern District, Houston, TX (2018-2019)

Psychiatrist, UTMB-CMC Jester IV Prison Hospital, Richmond, TX (2016-2018)

Attending Psychiatrist, University of Texas Harris County Psychiatric Center, Competency Restoration Unit, Houston, TX (2015-2016)

Psychiatrist, Texas State Department of Aging and Disability Services (IDD and Autism), SSLC, Richmond, TX (2014)

Inpatient Attending Psychiatrist. University of Texas Harris County Psychiatric Center, Houston, TX (2012-2013)

## **Government Appointments**

Appointment to Governor's Advisory Committee to the Texas Board of Criminal Justice on Offenders with Medical or Mental Impairments.

Appointed and confirmed by the Texas State Senate (2019)

Additional appointment to the Geriatric Sub-Committee.

## **Volunteer**

Physicians for Human Rights – Asylum Network conducting pro-bono IMEs

DAYA Houston, pro-bono IMEs for Asian victims of domestic abuse

Program for Immigrant & Refugee Child Health, Baylor College of Medicine, pro-bono IMEs

Fort Bend County District Attorney Community Engagement Working Group

## **Professional Affiliations**

American Psychiatric Association

American Academy of Psychiatry and the Law; Forensic Neuropsychiatry  
Committee  
International Society for Traumatic Stress Studies  
Physicians for Human Rights - Asylum Network  
Brain Injury Association of America

### **Government Contracts**

U.S. Department of Defense  
Federal Courts  
Please contact Dr. Adhia for CAGE, SAM and DUNS Codes

### **Education**

Forensic Psychiatry Fellowship, Oregon Health & Science University, Portland,  
Oregon (2014)  
Psychiatry Residency, University of Texas HSC, Houston, Texas (2012)  
Psychiatry Internship, University of Kansas Medical Center, Kansas City, KS  
Kansas (2009)  
Doctor of Medicine, M.S. Ramaiah Medical College (2004)

### **Awards and Honors**

Editor-In-Chief of Brain Injury Medicine - Stat Pearls  
Ranked #1, Psychiatry Residency In-Service (PRITE) 2010

### **Presentations**

2012 *Treatment-Resistant Depression* Grand Rounds, University of Texas  
Health Science Center, 2012, Houston, Texas  
2014 *Psychiatry 101* Lecture, Willamette University College of Law, Salem  
Oregon  
2014 *Introduction to Forensic Psychiatry* Lecture, Willamette University College  
of Law, Salem, Oregon  
2015 *Forensic Psychiatry: An Introduction* Resident Lecture, University of Texas  
Health Science Center, May 2015, Houston, Texas  
2015 *Civil Forensic Psychiatry* Resident Lecture, University of Texas Health  
Science Center, Houston, Texas  
2017 *Clinical Decision Making, Non-Emergency Compelled Medications*, 6th  
International Conference on Forensic Research & Technology 9/2017,  
Houston, Texas

2020 *Forensic Psychiatry: An Introduction* Resident Lecture, University of Texas Health Science Center, July 2020, Houston, Texas

## **Publications**

Naras Bhat, M.D., FACP, Sanjay Adhia, *How to Reverse and Prevent Heart Disease and Cancer*, 1994

## **Research**

Cedars-Sinai Medical Center Role of Massage on Depression Study, 2006  
CHAI Study, Coronary artery disease among Houston Asian Indians, 2005  
Carpal Tunnel Glove, Biofeedback and EMG Research, 1996

## **Media Appearances**

Thread of Evidence, an America Out Loud Nationwide Podcast. Interview about PTSD [“The Psychology and Law of Post-Traumatic Stress Disorder”](#). Hosted by Joni Johnston, PsyD, Forensic Psychologist, Commentator and PI. February 2020.

Houston Chronicle. [“Heidi Broussard case: Experts explain the ‘maternal desire’ psychology behind baby kidnapping.”](#) Interview with Hannah Dellinger. January 2020.

Austin Statesman. [“Heidi Broussard: Why Would Someone Take a Baby?”](#) by Lara Korte. Interview with Dr. Adhia. December 2019.

[Date Rape Drugs: Expert Comments on Unreliable Tests, Impact on Prosecution](#). Interview with Nick Rishwain in Experts-blog. Experts.com. April 2019.

[Coerced Suicide: Forensic Psychiatry Expert Witness Details Murder by Proxy. Urtula suicide case.](#) Dr. Adhia interviewed by Nick Rishwain in experts-blog. Experts.com. November 2019.

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