
MICHAEL SCHIESSER MD

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Profile

Physician Expert in clinical management of persons with pain, addiction or whose life circumstance is impacted by controlled medications. Thought leader and consultant for clinical organizations related to care delivery, regulatory compliance and risk management; particularly as it relates to analgesics, pain management, and addictions. Expert in the management of complications from opioid exposure.

Experience

Physician - Evergreen Health Medical Staff, 2013-Present

- Clinical Supervising Physician for large satellite clinic (2013-2015)
- Developed and implemented universally adopted organizational policies relating to pain management, and implemented at all staff levels.
- Expanded staffing for medication management service and trained staff.

Principal - ControlRx 2014-Present

- Consultant to Health Care organizations engaged in change process ,
- Authored web portal content delivery at www.aleadersguide.com

Medical Director - Pain Management Options (Bellevue) 2008-2012

- Guided executive leadership in placement of high complexity clinical lab
- Successfully managed two payer audits
- Successfully managed two DEA Administrative audits
- Implemented internal policies in the face of State pain rule changes
- Developed staff processes towards goals of scalability within the enterprise

Founder/Medical Director at Creekside Sleep Center (Bellevue) 2006-08

- Lead partner in development of community based diagnostic center

Physician-Internal Medicine/Private Practice (Bellevue) July 2002 - June 2008

- Solo practice employing 3 physicians within 3 years

Founder at OfficeDrugScreen.com December 2006 - May 2008

- Gained national press, loyal customer base, and was acquired within 3 years.

Physician at Virginia Mason Medical Center (Seattle) 2000-2002

Physician at The Marino Center (Cambridge, MA) 1998-2000

Physician at Mt Auburn Hospital (Cambridge, MA) 1998-2000

Physician at Virginia Mason Medical Center (Seattle) 1997-1998

Education

Internal Medicine Residency -Virginia Mason Medical Center (Seattle) 1997

MD - University of Rochester School of Medicine and Dentistry, 1994

Bachelor of Arts- Mathematics Nazareth College of Rochester 1990

Certification and Licensure

Internal Medicine (American Board of Internal Medicine Certification 1999) Addiction

Board Certified (American Board of Addiction Medicine 2010)

Fellow – American Society of Addiction Medicine

Washington State License MD00034336

Advisory Leadership and Committee Membership

Bree Collaborative- Interagency Opioid Dosing Guideline Implementation Committee

Member-EvergreenHealth Partners Quality Committee

Member- Physician's Insurance Risk Management and Education Committee

Advisor-State Attorney General Rob McKenna Prescription Drug Task Force

Advisor- Prescription Monitoring Program Funding and Implementation Committee

Expert Advisor - Washington State Agency Medical Director's Group Opioid Dosing

Guideline Revision Committee (Drug Screening Guidance sub-committee lead)

Member- Washington State Department of Health Interagency Committee on

Accidental Overdose Deaths

Vice President - Washington Society of Addiction Medicine 2009-2011

President - Washington Society of Addiction Medicine 2011-2013

Delegate- Washington State Medical Association House of Delegates 2010-2012

Washington State Medical Association Inter-specialty Council Advisor

Regence Blue Shield Physician Advisory Committee Member-

American Society of Addiction Medicine Chapters Council 2008-2015

Non-profit Leadership

Council Chair (2011/2012)–Washington Pain Alliance

Facilitated regional participation in topics related to pain care involving government, academia, law enforcement, clinicians, insurance carriers, patient advocates, and industry.

Past President - Washington State Chapter American Society of Addiction Medicine Chair (2009-2010) -

Washington State Medical Association Opioid Risk Workgroup

Director- Pain and Addiction Study Foundation 2010

Association Membership

Washington State Medical Association

American Society of Addiction Medicine

Washington Society of Addiction Medicine (Past President)

Guest Advisory

The Bree Collaborative – Interagency Guideline Implementation Committee (2016)
Washington State Department of Health Injury and Prevention/Accidental Overdose
Washington State Department of Health Prescription Monitoring Implementation
Center for Lawful Access and Abuse Deterrence Prescription Drug Abuse
Prevention Policy Consensus Workgroup (Dec 09)
Tufts Health Care Institute Workgroup on REMS Fundamentals (July 09)
FDA REMS Stakeholder Workgroup (May 09)

CME Delivery, Public Testimony, and Curriculum Design

May 2016 Tales and Tools: Tales and Tools - Comprehensive Skills for Clinicians
Encountering Patients with Substance Abuse Northwest Washington Medical
Society
Transitioning Care in the face of Painkiller Dependence and Abuse 2014
Prescription Monitoring Best Practices 2015
2014 REMS ER/LA
Sept 2012 "The Role of Buprenorphine in Chronic Opioid Therapy" Address to
American Academy of Pain Management annual Meeting, Phoenix AZ Cat 1 CME
August 2012 "Recognizing and Responding to Addiction in Pain Care" e-learning
module 1 hr CAT 1 CME Physician's Insurance A Mutual Company
June 2012 "Shared Decision Making in Pain Management" e-learning module 1 hr
CAT 1 CME Physician's Insurance A Mutual Company
April 15, 2012 Pierce County Medical Society Annual meeting: "A Simplified
Management of Pain"
April 16, 2012 Pierce County Medical Society Annual meeting: "Chronic Pain,
Homeostasis and Neuroglia"
Feb 2012 American Academy of Pain Medicine Faculty: Safe Opioid Prescribing
course
Dec 2011 Evergreen Hospital Grand Rounds-"Washington State Pain Rule" Mar 25
2011 Pierce County Medical Society Pain Management Symposium "Washington
State Pain Rule"
Dec 16, 2010 Washington State Pharmacy and Therapeutics Committee "The
Evidence Against a Ruling of Similar Safety of Methadone Within the Class of Long
Acting Opioids"
Dec 3, 2010 Snohomish Family Physicians "A Simplified Approach to Pain" 1 hour
Cat 1 CME
Dec 2, 2010 Edmonds Family Practice "A Simplified Approach to Pain" 1 hr Cat1
CME Dec 1, 2010 Snohomish Family Physicians "A Simplified Approach to Pain" 1
hour Cat 1 CME

Nov 10, 2010 Washington Academy of Pain Management "Rulemaking Update"

Nov 11, 2010 King County Family Practice Association "Chronic Pain and Washington State Rules" 1 hr Cat 1 CME

Nov 11, 2010 Washington State Medical Association Executive Committee "Testimony on Status of Chronic Pain Rulemaking in Washington State"

Oct 8, 2010 Univ. Washington Dept of Psychiatry "Opioid Shared Decision-Aid Tools"

Sept 25, 2010 Swedish Medical Center Annual Pain Symposium "Battlestar Narcotica-Future Directions in Pain Management"

Aug 31, 2010 Testimony Washington State Pain Management Rules committee

Aug 19, 2010 Testimony Washington State Pain Management Rules committee

June 10, 2010 Testimony Washington State Pain Management Rules committee

April 30, 2010 Evergreen Hospital Grand Rounds "Emerging Issues in the Use of Opioids for Chronic Pain" 1hr Cat 1 CME

April 20, 2010 Physician's Insurance Risk Management Coleville WA "Balancing Risk in the Management of Chronic Pain" Cat 1 CME

April 13, 2010 Matheson Symposium Bellevue WA "Suffering as a Contagious Disease: Avoiding Judgment in the Face of Pain"

April 3, 2010 St Peter's Health System- Pain Management Update Olympia WA "State and Federal Initiatives Responding to Prescription Mortality" Cat 1 CME

April 3, 2010 St Peter's Health System- Olympia WA "Recognizing and Responding to Addictive Behavior" Cat 1 CME

March 25 2010 Association of Community Health Centers Medical Directors Sea-Tac WA "The Impact of HB 2876 on Physicians, Patients, and Public Health"

March 18 2010 Physician's Insurance Risk Management Vancouver WA "Balancing Risk in the Management of Chronic Pain" Cat 1 CME (Chair-Development Committee, course delivery Gordon Irving MD)

March 5 2010 Pierce County Medical Society "Prescription Hygiene: Mitigating Opioid Risk" CAT 1 CME

Mar 4 2010 XII Annual Fundamentals of Addiction Providence Everett at Tulalip Casino "State And Federal Initiatives Responding to Opioid Mortality" CAT 1 CME

DEA Toolkit- Resources for Physicians Prescribing and Dispensing Controlled Substances. A Resource for members of Washington State Chapter of the American Society of Addiction Medicine created in collaboration with regional DEA field agents.

Feb 6 2010 American Bar Association 2010 Orlando FL: Report to the Standing Committee on Substance Abuse "Substitution Therapy"

Feb 18 2010 Testimony to Washington State Senate Health and Long Term Care Committee re: HB 2876 Concerning Pain Management

February 18 2010 Physician's Insurance Risk Management Everett WA "Balancing Risk in the Management of Chronic Pain" 2 hr Cat 1 CME (Chair-Development Committee, course delivery Gordon Irving MD)

January 14 2010 Physician's Insurance Risk Management Seattle WA "Balancing Risk in the Management of Chronic Pain" 2 hr Cat 1 CME (Chair-Development Committee, course delivery Gordon Irving MD)

January 12, 2010 Testimony to Washington State Legislature House Health Care and Wellness Committee re: HB 2876 Concerning Pain Management

Dec 7 2009 Report to Regence Blue Shield Physician Advisory Committee and Chairman Joe Gifford MD "Managing the Spectrum: Utilization Management and Complications from Opioid Therapy"

Dec 3 2009 Physician's Insurance Risk Management Lynnwood WA "Balancing Risk in the Management of Chronic Pain" 2 hr Cat 1 CME

Nov 11 2009 Molina Dinner Lecture Series Bellingham WA Prescription Hygiene: Mitigating Opioid Risk CAT 1 CME

Oct 29 2009 release "Recognizing and Responding to Addictive Behavior" A one-hour online course for physicians and affiliated providers who address pain complaints. 1 hr CAT 1 CME www.phyins.com

Oct 27 2009 Molina Dinner Lecture Series Vancouver WA "Prescription Hygiene: Mitigating Opioid Risk" CAT 1 CME

Oct 2 2009 Addiction 101: WSMA Annual Meeting Spokane WA "State and Federal Initiatives Responding to Opioid Mortality" CAT 1 CME

Sept 25 2009 Swedish Pain Symposium "Rational Responses to Emotional Hooks"

Sept 25 2009 Swedish Pain Symposium "Urine Drug Screening Assessment Tools in Pain Management" (handout)

Sept 12 2009 Annual Meeting of the Washington State Society of Anesthesiologists: Seattle WA CME Planning Committee

Sept 12 2009 Annual Meeting of the Washington State Society of Anesthesiologists: Seattle WA "Unfolding State and Federal Initiatives: What Every Anesthesiologist Should Know" CAT 1 CME

Sept 12 2009 Annual Meeting of the Washington State Society of Anesthesiologists: Seattle "Prescription Opioids: Explosive Trends in Mortality and Morbidity" Sept 12 2009 Annual Meeting of the Washington State Society of Anesthesiologists: Seattle "When Airway Protection is Not on the Prescription" CAT 1 CME

Aug 13 2009 Report to the Washington State Agencies' Medical Directors' Group Expert Opioid Dosing Guideline Revision Committee "Washington State Medical Association Opioid Risk Workgroup"

Manuscripts

E- learning Module(Cat 1): Washington State Pain Rule-Physician's Insurance (2012)
E- learning Module(Cat 1): Shared Decision-Making in Chronic Pain Management (2012)
Editorial - Washington State Pain Rule- Pierce County Medical Society Interleukin-1 and Genetic Determinants in Osteoarthritis 2011 (under review)

A History of ESHB 2876 and its Effects on Pain Care (A White Paper drafted for the Executive Committee of the Washington State Medical Association)
Methadone Safety, Informed Consent, and Preferred Drug Lists. Delivered to State Pharmacy and Therapeutics committee. Dec 2010
Rational Responses to Emotional Hooks (handout) Sept 25 2009 Swedish Pain Symposium
Urine Drug Screening Assessment Tools in Pain Management Sept 25 2009 Swedish Pain Symposium
Spotting drug-seeking patients Medical Economics April 6 2007 Getting Patients to Commit Medical Economics April 7 2006
Barker WH, Schiesser M, Cheek PR. Changes in certification of cause of death among confirmed strokes 1967-71 and 1981-85. Stroke. 1998; 29: 283. Abstract.
Outpatient Narcotics User Surveillance System (ONUSS). A Washington State Model for Prescription Monitoring Oct 2001 (non-published)
Schiesser M, Barker WH, Economic Modeling of Smoking Attributable Costs in Monroe County New York 1992 (non-published)
A Mathematical Model for HIV vector transmission. 1989 (Undergraduate Thesis)

Honors and Awards

"Washington's Best Doctor's" Washington Travel and Leisure Magazine 2008
"Seattle's Top Docs" Seattle Magazine 2004
Regence Blue Shield- Quality Award 2005
Charles Mills Award for Excellence in Writing-Nazareth College 1989

Media Contributions:

A Leader's Guide Audio Companion iTunes Podcast 2015 www.aleadersguide.com
"Patients who Must Have Pain Medicine Now" Medscape 2015
Primary informant for Seattle Times, Pulitzer Prize winning Investigative series "Methadone, and the Politics of Pain" Dec 2011.
2007 Hosted Live Radio series Health Dimensions
Addiction Treatment Horizons : An Interview with NIDA researcher Frank Vocci PhD.
The Biology of Self Control - An Interview With Addiction Psychiatrist Leslie Lundt, MD
Opiate Dependence- A Nursing Professional's Personal Account Effects of Napping on Cognitive Performance

Sleep Disorders in Children

Light Therapy for Seasonal Affective Disorder, Jet Lag, and other Sleep Rhythm Problems

Sleep Related Breathing Problems-What you Need to Know Snoring and Sleep Apnea - A Dentist's Perspective

How Easy is it to Develop a Dependence on Opiates? Addiction is Treatable

A Dynamic Look at Sleep Issues Sleep And Sexual Health

An Addiction Specialist's own Battle with Addiction: Interview with Mark Menestrina MD

Interviewed live in 16 of the top 25 radio markets relating to treatment for opiate dependence. (2007)

Reach MD Satellite Radio – “The Pitfalls of Pay for Performance”,

Reach MD Satellite Radio – “Malingering and Screening for Opiate Dependence”,

Reach MD Satellite Radio - "Office Based Screening for Drugs of Abuse",

"Podcasting for MD's" (2008)

Media Features

Seattle Times, Pulitzer Prize winning Investigative series "Methadone, and the Politics of Pain" Dec 2011.

Cover- “The Rating Game”, Medical Economics Dec 5 2008 Brandon Glenn Doctors Rated but Can't Get a Second Opinion: Inaccurate Data About Physicians' Performance

Can Harm Reputations, Washington Post Wednesday, July 25, 2007, Ellen Nakashima

Cover - Internal Medicine News “Doctors Sue over ‘Quality’ Exclusion”. Nov 1, 2006,

Jane Anderson

“Backfire at Boeing: Misadventure in High-Performance Health Care”, Workforce Management February 26, 2007, Jeremy Smerd

“Fighting Back Tiers” AMA Voice , March
