

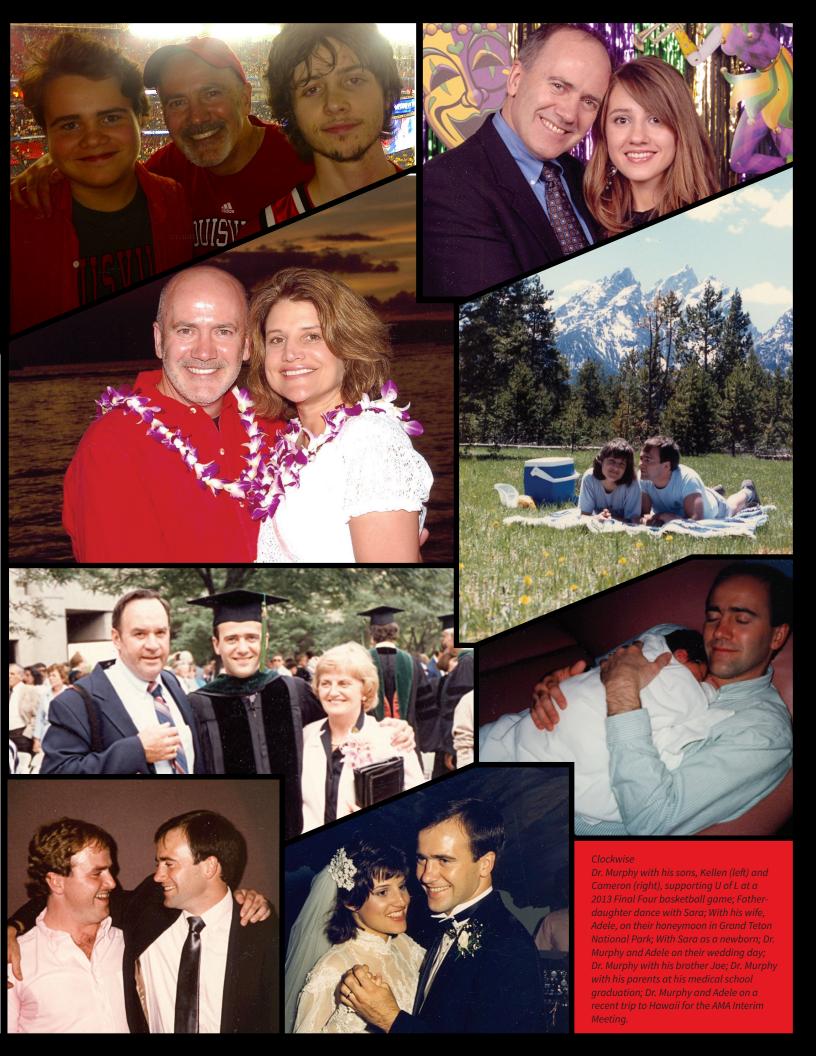
WILLIAM J. DURKAN, MD

ur paths first crossed at the Naval Hospital in San Diego. Pat, a flight surgeon, volunteered for active duty during the buildup to Desert Storm. Two years later, he finished his residency, and we started an Anesthesia practice in Elizabethtown. Pat led our group to become the Anesthesia provider for Hardin County. After reaching this goal, Pat wanted to go further in his specialty. We studied intensely together to pass the pain boards, but board certification was not enough of a challenge for Pat. Even after becoming one of the first board-certified pain specialists in the country, he decided to get further training by the best in the field and secured a fellowship at the Mayo Clinic.

Pat sets definitive goals and has core values that do not waver. He can be counted on as a passionate ally of those in pain, a crusader against the scourge of prescription drug abuse, a tireless defender of the patient-physician relationship and a staunch advocate for

work are a few of Pat's other interests. He is recognized locally, nationally and internationally as an expert in the fields of Pain Medicine and Addiction Medicine. When Pat told me he was granted the privilege of serving as president of the Greater Louisville Medical Society, I could sense the excitement in his voice and knew this journey had amazing potential.

Pat has told me that he wishes there were two of him. As enthusiastic as he is about being a physician, he is very passionate about his role as husband and father. In May, he will be married 28 years to Adele – an amazing person herself – who just finished her year as president of the Greater Louisville Medical Society Alliance. Their children, Sara (22), Cameron (20) and Kellen (14), are imaginative individuals, each on artistic journeys just like their dad. Pat's father, Jim, is his hero - a church deacon, Little League coach and City of Louisville firefighter for 31 years. His mother, Jo Anne, is his inspiration. After Pat and his brother Joe entered middle school, Jo Anne went back to school herself and achieved (continued on page 22)







(continued from page 20)

her dream of becoming a registered nurse. Jo Anne's devotion to caring for the ill and Jim's steadfast service to his community were the major reasons Pat decided to go into medicine.

Pat is a creative individual. His mnemonics helped me pass my own board exam. During his fellowship at the Mayo Clinic, his pain pump "music video" prompted standing ovations. He once donned a body suit painted with nerves to teach injection technique to anesthesia residents. In recognition of his communications skills, Pat was chosen for the Mayday Fellowship, which supports pain-related media and policy initiatives. He was the winner of *Louisville Medicine's* Richard Spear, MD, Memorial Essay Contest in 2010 for "The Fawn." To better acquaint you with Pat, read it online and prepare to be moved (www.glms.org/Content/User/Documents/Essays/TheFawn.pdf).

The path of Pat's career offers another glimpse into who he is. After graduating from Durrett High School in Louisville, Pat enrolled at Westminster College in Missouri and majored in English. At Westminster, Pat discovered his love of theatre but never lost sight of his ultimate goal of a career in medicine. He received the Family Practice award in medical school, trained in Psychiatry during his internship, studied Aerospace Medicine in the Navy and served as a flight surgeon onboard the aircraft carrier USS Enterprise.

After returning to Louisville, his clinical focus was Pain Medicine. He also was a pediatric anesthesiologist for Kosair Children's Hospital and volunteered for Operation Smile missions. After building his reputation locally as an interventional pain specialist, he embraced *multidisciplinary* management, including responsible use of controlled substances, becoming one of Kentucky's first physicians board-certified in Pain Medicine *and* Addiction Medicine.

By now, it should not surprise you that his favorite quote is from a poem by Rudyard Kipling: "If you can fill the unforgiving minute with sixty seconds' worth of distance run, yours is the Earth and everything that's in it."

And perhaps he may have a few extra unforgiving minutes these days, since on May 17 he completed his studies and graduated from the University of Southern California's Marshall School of Business with a Master of Medical Management degree.

Pat is primed to take over the helm at GLMS. Expect energy, innovation and inspiration from my colleague and friend James Patrick Murphy. L_M

Note: Dr. Durkan is an anesthesiologist in Elizabethtown, Kentucky.

Top to bottom

Dr. Murphy "bleeding red" at a Cardinal blood drive; In the Smokies with Phil Ward, a friend who performed with ComedySportz at the GLMS Presidents' Celebration; Acting in a play during his undergraduate years; Leaping from "The Y" in the Smoky Mountains; Sequoia National Park, his favorite place to hike; Dr. Murphy in the Navy with the tower of the USS Enterprise; Running a half-marathon with his dog Homer.



