

**Michael A. Carlish, Ph.D.**  
**CA License PSY 24938**

**Personal Information**

41 years old

Male

Born in Los Angeles, CA

United States citizen

Married for 13 years with 5 children

**Professional Experience**

- **Indian Health Council:** Valley Center, CA.  
*Clinical Psychologist*, providing individual and group therapy and formal psychological assessment to children, adults, and seniors on a Native American reservation. *Program Coordinator* for the clinic's American Indian Child Abuse Treatment Program.  
*April 2012 to present*
  
- **Senior Medical Associates:** Vista, CA.  
*Clinical Psychologist*, providing individual psychotherapy and brief cognitive / psychological evaluations at skilled nursing facilities.  
*April 2014 to present*
  
- **Sharp Mesa Vista Hospital:** San Diego, CA.  
*Intake Coordinator* at an acute inpatient psychiatric hospital and *Mobile Clinician*, performing emergency mental health assessments in three of Sharp HealthCare's Emergency Departments.  
*February 2006 to present*
  
- **Psychologist, private practice:** Vista, CA.  
Provided individual and group psychotherapy (Dialectical Behavior Therapy and Cognitive Behavioral Therapy) at Affinity Hills Assisted Living Center.  
*September 2012 to July 2013*

- **Palomar Medical Center:** Escondido, CA.  
*Psychiatric Social Worker* on an acute inpatient psychiatric unit, responsible for mental health assessments, discharge planning, and interaction with the legal system.  
*January 2008 to August 2012*
- **Alvarado Parkway Institute:** La Mesa, CA.  
*Intake Coordinator* at an acute inpatient psychiatric hospital and *Mobile Clinician*, performed emergency mental health assessments at Alvarado Medical Center's Emergency Department.  
*June 2005 to January 2008*
- **Sharp Grossmont Hospital:** La Mesa, CA.  
*Psychiatric Liaison*, performed emergency mental health assessments in the hospital's Emergency Department.  
*February 2006 to October 2007*
- **Aurora Behavioral Health Care:** San Diego, CA.  
*Intake Coordinator* at an acute inpatient psychiatric hospital.  
*October 2004 to October 2007*
- **Tri-City Medical Center:** Oceanside, CA.  
*Psychiatric Liaison*, performed emergency mental health assessments in the hospital's Emergency Department.  
*August 2005 to April 2006*
- **University Community Medical Center:** San Diego, CA.  
 (The facility's name has since changed to **Promise Hospital**).  
*Intake Coordinator* at an acute inpatient psychiatric hospital.  
*September 2004 to August 2006*
- **Vista Balboa Crisis Center:** San Diego, CA.  
*Residential Counselor* at a short-term, acute, residential treatment center.  
*July 2001 to May 2006*
- **CARES: Center for Autism Research, Evaluation, and Service:** San Diego, CA.  
*Behavioral Therapist*, provided in-home Discrete Trial Therapy for children with autism.  
*January 2001 to January 2002*

## Education

- **Ph.D. in Clinical Psychology: August 2010.**  
Alliant International University (formerly California School of Professional Psychology): San Diego, CA.  
*Dissertation: Humor and Mental Illness: A Validity Study of the Humor Styles Questionnaire in a Mood-Disordered Population.*
- **Master of Arts in Counseling Psychology: May 2001.**  
California School of Professional Psychology: San Diego, CA.
- **Bachelor of Arts with High Honors in Psychology: July 1998.**  
University of California at Santa Barbara: Santa Barbara, CA.

## Professional Training

### Practicum

- **Isis Center: San Diego, CA.**  
*Residential Counselor* at a short-term, acute, residential treatment center.  
*September 2000 to July 2001*

### Pre-Doctoral Internships

- **Bayview Hospital: Chula Vista, CA.**  
*Psychology Intern*, provided individual and group therapy and formal psychological assessment services at an acute inpatient psychiatric hospital.  
*July 2001 to July 2002*
- **Springall Academy: La Jolla, CA.**  
*Psychology Intern*, provided individual and group therapy at a school for children with Learning Disabilities and Severe Emotional Disturbances.  
*August 2003 to July 2004*

## **Post-Doctoral Internship**

- **Palomar Pomerado Health:** Escondido, CA.  
*Psychiatric Social Worker* at Palomar Medical Center's acute inpatient psychiatric unit.  
*August 2010 to August 2011*

## **Professional Interests**

- Psychological Assessment
- Solution-Focused Therapy
- Process groups
- Grief and loss

## **Personal Interests**

- Making dreamcatchers
- Woodworking