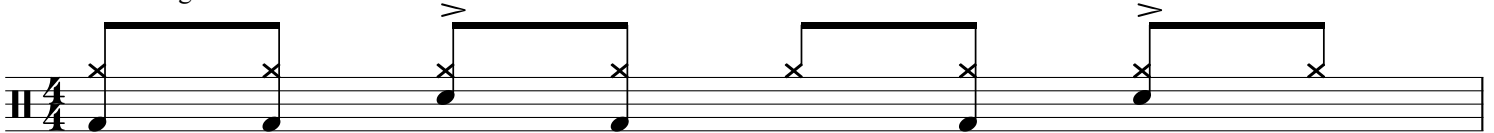


Funk Workout #1

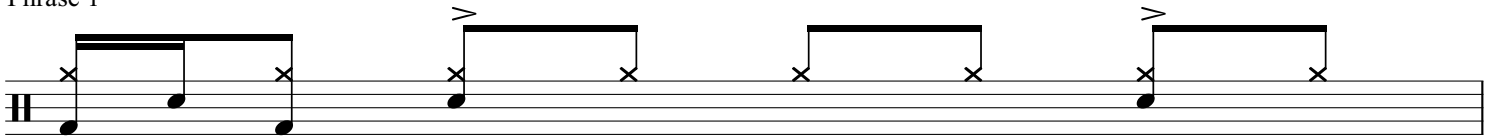
#478

Basic skeleton groove



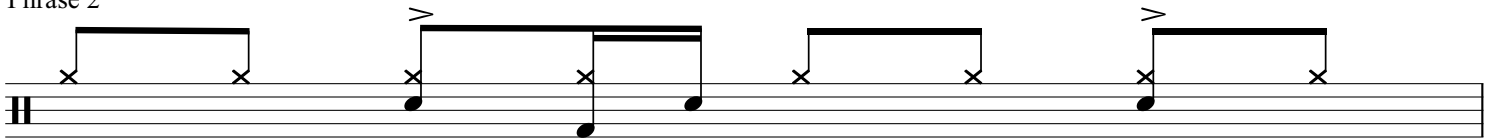
Basic skeleton groove notation on a single staff in 4/4 time. It consists of four measures of music. Each measure contains a pair of eighth notes on the same pitch, with an 'x' above each note. The first and third measures have a bar line above the notes. The second and fourth measures have an accent (>) above the first note. The notes are on the second line of the staff.

Phrase 1



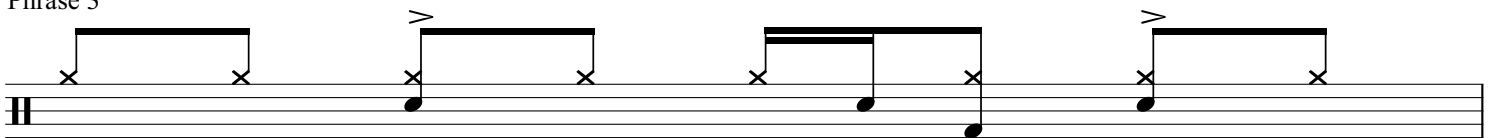
Phrase 1 notation on a single staff in 4/4 time. It consists of four measures of music. The first measure has a pair of eighth notes on the second line with 'x' above each. The second measure has an accent (>) above the first note. The third measure has a pair of eighth notes on the second line with 'x' above each. The fourth measure has an accent (>) above the first note. The notes are on the second line of the staff.

Phrase 2



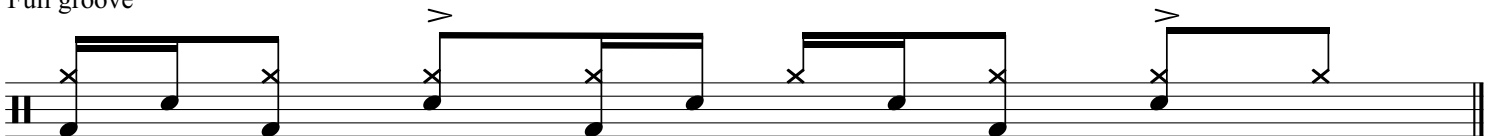
Phrase 2 notation on a single staff in 4/4 time. It consists of four measures of music. The first measure has a pair of eighth notes on the second line with 'x' above each. The second measure has an accent (>) above the first note. The third measure has a pair of eighth notes on the second line with 'x' above each. The fourth measure has an accent (>) above the first note. The notes are on the second line of the staff.

Phrase 3



Phrase 3 notation on a single staff in 4/4 time. It consists of four measures of music. The first measure has a pair of eighth notes on the second line with 'x' above each. The second measure has an accent (>) above the first note. The third measure has a pair of eighth notes on the second line with 'x' above each. The fourth measure has an accent (>) above the first note. The notes are on the second line of the staff.

Full groove



Full groove notation on a single staff in 4/4 time. It consists of four measures of music. The first measure has a pair of eighth notes on the second line with 'x' above each. The second measure has an accent (>) above the first note. The third measure has a pair of eighth notes on the second line with 'x' above each. The fourth measure has an accent (>) above the first note. The notes are on the second line of the staff.