

# 17 Stroke Roll

#579

Basic rudiment

RR LL RR LL RR LL RR LL R      LL RR LL RR LL RR LL RR L

1.

RLRLR L RLRLR L RLRL R L RLRLR L RLRLRLRLR LRLRLRLRL  
LRLRL R LRLRL L R LRLR L R LRLRL R LRLRLRLRL RLRLRLRLR

RLRL RL R LRLRL R LRLRLRLR L LRLRLRLRL RLRL RLRLRLRL  
LRLR LRL RLRL R L RLRLRLRL LRLRLRLRL RLRLRLRLRL RLRLRLRLRL

2.

R L R R L R L L RL etc.      R L R R L R L L R L R R LR etc.      L R L L