

## ***More Than a Game***

By Brittani VanWinkle and Michaela Forkenbrock

For most high school athletes, playing their last game at the end of their senior year is heart breaking. But, under some circumstances, athletes might get in an extra unscheduled game or two. In Trystan Pringle's case, he earned the opportunity to participate in an added football game this summer. We will see Trystan on the East Team in the upcoming Kansas Shrine Bowl on July 29th.

Late in the regular football season Trystan managed to tear his ACL along with spraining his MCL and meniscus. Since then, he has underwent surgery and now attends physical therapy in attempt to get his knee back in working order. Getting through physical therapy and working his knee back to it's fullest potential will be Trystan's biggest struggle in preparation for the game. In fact, if his physical therapy doesn't go as planned, Trystan's knee might not be able to handle the stress of the game at all. "Hopefully I can work through physical therapy and get back to 100% before I play, but I will probably not be quite to where I was before the injury," Trystan added.

Regardless of the tough preparations Trystan will endure, he is ecstatic to be a part of the Shrine Bowl. After all, the Shrine Bowl is no regular football game, it brings people from all over the state together through a series of events so that children in Shriners Hospitals can reap the benefits. "I feel like the Shrine Bowl is just thought of as a game, but from what I've learned, there is a lot more to it than just playing," mentioned Trystan, who is especially looking forward to attending the Shriners Hospital and meeting the children who are patients there.

To get to be a part of the Kansas Shrine Bowl, an athlete's coach must fill out and send in a nomination form. Only 68 seniors across the state are chosen to play in this all star game. Trystan feels as if it was his hard work and dedication to football rather than his skills that got him selected for the game. He is honored to have been chosen as a participant and is looking forward to play football again, especially with players from all over the Kansas. "Trystan's selection for the Shrine Bowl validates all the hard work he's put in the past four years. I'm happy for him," added coach Brent Hoelting.

The Lyndon community is proud of Trystan and can't wait to cheer on the East Team at the 2017 Shrine Bowl.